

# Prognostic significance of the number of lymph nodes dissection in esophageal adenocarcinoma patients

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**Background:** Esophagectomy combined with lymphadenectomy has been considered as the preferred treatment option for esophageal cancer (EC). However, for a long time, no consensus is reached on the optimal number and scope of lymph node dissection (LND). In particular, related research on esophageal adenocarcinoma remains lacking at present. To determine the relationship between the number of LND and the prognosis for esophageal adenocarcinoma patients, this study was conducted based on the United States Surveillance, Epidemiology and End Results (SEER) database.

**Methods:** Data were extracted from esophageal adenocarcinoma patients undergoing esophagectomy from 2000 to 2016 based on the SEER database. Thereafter, the enrolled patients were divided into five groups according to the number of LND, namely, 0, 1–10, 11–20, 21–30 and >30 LNDs groups. Besides, the Kaplan-Meier product method was applied in estimating the impact of LND number on the overall survival (OS) and disease-specific survival (DSS) of patients. Moreover, the Cox proportional hazard model was employed to analyze the covariates that might affect the results.

**Results:** After adjusting for age, gender, race, grade, T stage, tumor location, tumor size and number of positive lymph nodes, differences in OS and DSS were statistically significant among those five groups, and only groups receiving >20 LNDs were related to the improved OS and DSS. Also, it was discovered that, difference in OS was of statistical significance across those five groups in the <50,  $\geq$ 50 years old, male, Grade I, Grade II, Grade II, T1, T2, T3, and tumor size >4 cm subgroups.

**Conclusions:** The number of LND can serve as an independent prognostic factor for OS and DSS among esophageal adenocarcinoma patients. In addition, we recommend that esophageal adenocarcinoma patients should undergo LND to dissect at least 20 lymph nodes.

Keywords: Esophagostomy; lymphadenectomy; esophageal adenocarcinoma; prognosis

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## Introduction

Esophageal cancer (EC) is one of the most common malignancies in the world (1). As reported by the 2018 Global Cancer Statistics, there are approximately 572,034 EC patients and 508,585 EC-related deaths worldwide (1). EC can be mainly classified as two types, namely, squamous cell carcinoma and adenocarcinoma. Among them, esophageal squamous cell carcinoma (ESCC) is the most common subtype of EC in the world, but the incidence of esophageal adenocarcinoma has increased sharply rapidly in numerous western countries over the past few decades, which even surpasses that the incidence of ESCC in the United Kingdom (UK), the Netherlands, Ireland, New Zealand, the United States (US), Australia, Denmark, Canada, and Sweden (2-4). Esophageal adenocarcinoma is considered as one of the fatal digestive tract malignancies, with the 5-year survival rate of as low as 16% (5). Esophagectomy combined with lymphadenectomy has long been adopted as the main treatment for EC, but there is no consensus on the number and scope of lymph node dissection (LND) among surgeons (6,7). A large number of relevant studies mainly involve ESCC, however, the relationship between the LND number and the prognosis for esophageal adenocarcinoma remains unclear and should be explained in further studies (8-11). Some researchers believe that, expanding the scope and number of LNDs contributes to removing more hidden positive lymph nodes and provides more accurate information on pathological staging, thus bringing superior prognosis for patients (11-13). Nonetheless, other researchers consider that, LND has limited benefit for EC patients; as a result, it is unnecessary to expand the score and number of LND, and they believe that this approach will not only bring more benefits to the patients, but also result in increased surgical risks and postoperative complications (7,12,14).

It remains controversial about whether more LNDs will lead to a longer survival, but most scholars generally believe that too few LNDs will not give rise to superior prognosis. In addition, no uniform conclusion is drawn concerning the minimal number of LND (14). In addition, it is noteworthy that most researchers do not apply different standards of LND scope and number for different tumor types. However, studies have shown that esophageal adenocarcinoma and ESCC possess different characteristics in lymph node metastasis (LNM) (15,16).

Therefore, this study aimed to analyze the relationship between LND number and the prognosis for esophageal adenocarcinoma patients based on the Surveillance, Epidemiology and End Results (SEER) database.

#### Methods

In this study, data were extracted from the SEER-18 registry of the US National Cancer Institute. Meanwhile, the SEER\* Stat software version 8.3.6 was utilized to search and download data. Approval from the Institutional Review Board (IRB) was not needed since our data were extracted from a database.

#### Data selection

Relevant data were downloaded from all EC patients based on the SEER database from 2000 to 2016. Only nonmetastatic primary EC was included in this study, while and excluded metastatic tumors from other sites were excluded. In the meantime, cases with incomplete survival information were also ruled out from this study. Patient treatment was limited to esophagectomy, and information on the number of LNDs should be included. Only esophageal adenocarcinoma patients were included in our study, and other cancer types were excluded. The following codes were classified as adenocarcinoma according to the International Classification of Diseases for Oncology third edition (ICD-O3), including 8140, 8144, 8210, 8261 and 8263.

The following information was also collected from those finally included cases, namely, age at diagnosis, gender, ethnicity, American Joint Committee on Cancer (AJCC) stage, tumor location, classification, the number of harvested lymph nodes, the number of harvested positive lymph nodes, tumor size, cause-specific death, vital status recoding, and survival (month).

For statistical analysis, the following continuous variables were transformed into categorical ones by according to age (<50,  $\geq 50$  years old group), the number of harvested lymph nodes (0, 1–10, 11–20, 21–30, >30 group), the number of harvested positive lymph nodes (0, 1–2, 3–4, 5–7, >7 group), and tumor size (0.1–1.0, 1.1–2.0, 2.1–3.0, 3.1–4.0, >4.0 cm group)

#### Statistical analysis

The SPSS 20 software was used for statistical analysis. Differences in categorical variables between groups were compared using  $\chi^2$  test. The Kaplan-Meier product method was utilized for estimating the overall survival (OS) rate and disease-specific survival (DSS) among different LND groups. Afterwards, patients were stratified according to age, gender, grade, T stage and tumor size to analyze the relationship between the OS rate and the LND number. Besides, the Kaplan-Meier product method was utilized for estimation, whereas the log-rank test was used for comparison. The Cox proportional hazard model was employed to adjust the following confounding covariates, namely, age, gender, race, grade, T stage, tumor location, tumor size, and the number of positive nodes, so as to analyze the impact of LND number on OS and DSS after



Figure 1 Flow diagram of the patients inclusion and exclusion process.

adjustment. All tests were two-sided, and a difference of P<0.05 were considered statistical significance.

#### Results

#### Patient characteristics

Data were obtained from 64,627 EC patients based on the SEER database, and 6,534 of them were finally included in our study according to the inclusion criteria. Among them, 8.9% patients had no lymph node harvested, 37.4% had 1–10 lymph nodes dissected, 34.1% had 11–20 lymph nodes harvested, 13.7% had 21–30 LND and 5.9% had over 30 lymph node harvested. *Figure 1* shows the case selection process, and *Table 1* presents the characteristics of each LND group.

## Multivariate analysis for OS and DSS

According to the multivariate analysis results, the <50 (vs. >50 years old), women (vs. men), Grade I (vs. Grade III), T1 (vs. T2, T3), smaller tumor, no positive lymph node, and

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the number of harvested lymph nodes in 21–30 and >30 (vs. no harvested lymph node group) groups were associated with higher OS and DSS (*Table 2*). Moreover, results on the LND number suggested no statistical difference in OS and DSS for 0, 1–10 group [OS: hazard ratio (HR): 0.94, 95% confidence interval (CI): 0.559–1.58; DSS: HR: 0.934, 95% CI: 0.522–1.669], and 11–20 group (OS: HR: 0.693, 95% CI: 0.412–1.165; DSS: HR: 0.706, 95% CI: 0.395–1.262). In addition, the 21–30 group (OS: HR: 0.546, 95% CI: 0.323–0.924; DSS: HR: 0.541, 95% CI: 0.301–0.973) and >30 group (OS: HR: 0.542, 95% CI: 0.318–0.923; DSS: HR: 0.517, 95% CI: 0.285–0.939) had better OS and DSS compared with those of 0 group.

### Survival outcomes and subgroup analysis

Figures 2,3 presents the Kaplan-Meier curve of OS and DSS for different LND number groups. Table 3 summarizes the results of subgroup analysis, and the Kaplan-Meier curve of OS for each subgroup is summarized in Figures S1-S16. According to the age-stratified subgroup analysis, there were statistically significant differences in the number of LND between <50 and  $\geq 50$  years old groups. Typically, the 21-30 lymph nodes resected group had the longest median survival (95 months) in <50 years old Group, while the >30 lymph nodes resected group had the shortest median survival (20 months). In the  $\geq$ 50 years old group, the 21-30 lymph nodes resected group had the longest median survival (46 months), and the 1-10 lymph nodes resected group had the shortest median survival (31 months). In gender-stratified subgroup analysis, statistical differences were only detected in the male subgroup, and the 21-30 lymph nodes resected group had the longest median survival (49 months), while the 1-10 lymph nodes resected group had the shortest median survival (31 months). In Grade-stratified subgroup analysis, there were statistical differences in Grade I, Grade II and Grade III subgroups. In the Grade I subgroup, the 21-30 lymph nodes resected group had the longest median survival, and 1-10 lymph nodes resected group had the shortest median survival (73 months). In Grade II subgroup, the 21–30 lymph nodes resected group had the longest median survival (75 months), while the 0 lymph node resected group had has the shortest median survival (32 months). In Grade III subgroup, both the 21-30 lymph nodes resected group and the >30 lymph nodes resected group had the longest median survival (29 months), and the 1-10 node resected group has the shortest median survival (21 months). In T stage-stratified

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Table 1 Baseline characteristics of the included patien	ts
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Catagoni	Number of lymph nodes dissected, no. (%)					
Galegory	0	1–10	11–20	21–30	>30	- P value
Age (years old)						0.242
<50	86 (14.7)	307 (12.5)	253 (11.4)	103 (11.6)	47 (12.2)	
≥50	499 (85.3)	2,140 (87.5)	1,974 (88.6)	786 (88.4)	339 (87.8)	
Sex						0.389
Male	518 (88.5)	2,199 (89.9)	1,978 (88.8)	787 (88.5)	353 (91.5)	
Female	67 (11.5)	248 (10.1)	249 (11.2)	102 (11.5)	33 (8.5)	
Race						0.014
White	563 (96.2)	2,357 (96.3)	2,132 (95.7)	848 (95.4)	359 (93.0)	
Black	10 (1.7)	44 (1.8)	32 (1.4)	16 (1.8)	17 (4.4)	
Other	11 (1.9)	44 (1.8)	59 (2.6)	23 (2.6)	8 (2.1)	
Unknown	1 (0.2)	2 (0.1)	4 (0.2)	2 (0.2)	2 (0.5)	
Grade						<0.001
Grade I	51 (8.7)	187 (7.6)	142 (6.4)	49 (5.5)	18 (4.7)	
Grade II	227 (38.8)	950 (38.8)	861 (38.7)	362 (40.7)	165 (42.7)	
Grade III	189 (32.3)	1,023 (41.8)	986 (44.3)	382 (43.0)	168 (43.5)	
Unknown	118 (20.2)	287 (11.7)	238 (10.7)	96 (10.8)	35 (9.1)	
T stage						<0.001
T1	147 (25.1)	528 (21.6)	454 (20.4)	177 (19.9)	72 (18.7)	
T2	51 (8.7)	258 (10.5)	257 (11.5)	102 (11.5)	53 (13.7)	
Т3	133 (22.7)	781 (31.9)	875 (39.3)	390 (43.9)	164 (42.5)	
T4	23 (2.9)	89 (3.6)	87 (3.9)	43 (4.8)	15 (3.9)	
Unknown	231 (39.5)	791 (32.3)	554 (24.9)	177 (19.9)	82 (21.2)	
Tumor location						0.028
Upper third	6 (1.0)	16 (0.7)	11 (0.5)	5 (0.6)	3 (0.8)	
Middle third	30 (5.1)	124 (5.1)	92 (4.1)	43 (4.8)	20 (5.2)	
Lower third	480 (82.1)	2,122 (86.7)	1,955 (87.8)	786 (88.4)	337 (87.3)	
Unknown	69 (11.8)	185 (7.6)	169 (7.6)	55 (6.2)	26 (6.7)	
Tumor size, cm						<0.001
0.1–1.0	31 (5.3)	158 (6.5)	125 (5.6)	54 (6.1)	27 (7.0)	
1.1–2.0	23 (3.9)	205 (8.4)	215 (9.7)	66 (7.4)	28 (7.3)	
2.1–3.0	39 (6.7)	225 (9.2)	240 (10.8)	112 (12.6)	43 (11.1)	
3.1–4.0	39 (6.7)	221 (9.0)	224 (10.1)	91 (10.2)	38 (9.8)	
>4.0	83 (14.2)	477 (19.5)	543 (24.4)	261 (29.4)	106 (27.5)	
Unknown	370 (63.2)	1,161 (47.4)	880 (39.5)	305 (34.3)	144 (37.3)	

Table 2 Cox proportional hazards regression models for all-cause r	mortality and disease	-specific mortality
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		OS		DSS		
Category	No. (%) of patients	HR (95% CI)	P value	HR (95% CI)	P value	
Age (years old)						
<50	796 (12.2)	Reference		Reference		
≥50	5,738 (87.5)	1.391 (1.258–1.538)	<0.001	1.23 (1.106–1.367)	<0.001	
Sex						
Male	5,835 (89.3)	Reference		Reference		
Female	699 (10.7)	0.836 (0.751–0.93)	0.001	0.819 (0.727–0.923)	0.001	
Race						
White	6,259 (95.8)	Reference		Reference		
Black	119 (1.8)	0.942 (0.735–1.207)	0.636	0.939 (0.717–1.23)	0.648	
Other	145 (2.2)	0.906 (0.71–1.156)	0.426	0.908 (0.697–1.184)	0.478	
Unknown	11 (0.2)					
Grade						
Grade I	447 (6.8)	Reference		Reference		
Grade II	2,565 (39.3)	1.146 (0.99–1.328)	0.068	1.192 (1.004–1.417)	0.045	
Grade III	2,748 (42.1)	1.491 (1.288–1.726)	<0.001	1.638 (1.381–1.944)	<0.001	
Unknown	774 (11.8)					
T stage						
T1	1,378 (21.1)	Reference		Reference		
T2	721 (11.0)	1.401 (1.225–1.602)	<0.001	1.541 (1.324–1.793)	<0.001	
Т3	2,343 (35.9)	1.821 (1.632–2.032)	<0.001	2.002 (1.766–2.27)	<0.001	
T4	257 (3.9)	1.795 (1.504–2.143)	<0.001	1.929 (1.586–2.345)	<0.001	
Unknown	1,835 (28.1)					
Tumor location						
Upper third	41 (0.6)	Reference		Reference	Reference	
Middle third	309 (4.7)	1.49 (0.929–2.391)	0.098	1.489 (0.876–2.531)	0.142	
Lower third	5,680 (86.9)	1.174 (0.747–1.844)	0.487	1.131 (0.68–1.881)	0.635	
Unknown	504 (7.7)					
Tumor size, cm						
0.1–1.0	395 (6.0)	Reference		Reference		
1.1–2.0	537 (8.2)	1.274 (1.033–1.569)	0.023	1.407 (1.094–1.81)	0.008	
2.1–3.0	659 (10.1)	1.348 (1.102–1.65)	0.004	1.553 (1.219–1.977)	<0.001	
3.1–4.0	613 (9.4)	1.401 (1.142–1.72)	0.001	1.624 (1.273–2.072)	<0.001	
>4.0	1,470 (22.5)	1.352 (1.116–1.638)	0.002	1.592 (1.264–2.005)	<0.001	
Unknown	2,860 (43.8)					

Table 2 (continued)

Catagon	No. (0/) of potionto	OS		DSS		
Category	No. (%) of patients	HR (95% CI)	P value	HR (95% CI)	P value	
Number of nodes resected						
0	585 (9.0)	Reference Reference		Reference	÷	
1–10	2,447 (37.5)	0.94 (0.559–1.58)	0.815	0.934 (0.522–1.669)	0.817	
11–20	2,227 (34.1)	0.693 (0.412–1.165)	0.166	0.706 (0.395–1.262)	0.24	
21–30	889 (13.6)	0.546 (0.323–0.924)	0.024	0.541 (0.301–0.973)	0.04	
>30	386 (5.9)	0.542 (0.318–0.923)	0.024	0.517 (0.285–0.939)	0.03	
Number of nodes positive						
0	3,535 (54.1)	Reference	ierence Reference			
1–2	1,237 (18.9)	1.718 (1.578–1.871)	<0.001	1.922 (1.751–2.111)	<0.001	
3–4	510 (7.8)	2.601 (2.326–2.908)	<0.001	2.986 (2.649–3.365)	<0.001	
5–7	324 (5.0)	2.903 (2.546–3.312)	<0.001	3.352 (2.915–3.854)	<0.001	
>7	311 (4.8)	4.983 (4.346–5.714)	<0.001	5.769 (4.994–6.664)	<0.001	
Unknown	617 (9.4)					

Table 2 (continued)

OS, overall survival; DSS, disease-specific survival; HR, hazard ratio; CI, confidence interval.



**Figure 2** Kaplan-Meier curves for the OS of each lymph node group. LND, lymph node dissection; OS, overall survival.

subgroup analysis, there were statistical differences in T1, T2, and T3 subgroups. In the T1 subgroup, 21–30 nodes resected group has the longest median survival, while the 0 lymph node resected group showed the shortest median survival (88 months). In the T2 subgroup, the 21–30 lymph nodes resected group and the >30 lymph nodes resected group had the longest median survival (124 months), whereas the 1–10 lymph nodes resected group displayed the shortest median survival (36 months). In the T3 subgroup, both the 21–30 lymph nodes resected group and the >30 lymph nodes the shortest median survival (36 months). In the T3 subgroup, both the 21–30 lymph nodes resected group and the >30 lymph nodes the shortest median survival (36 months). In the T3 subgroup, both the 21–30 lymph nodes resected group and the >30 lymph nodes resected group and the shortest median survival (36 months).



Figure 3 Kaplan-Meier curves for the DSS of each lymph node group. LND, lymph nodes dissected; DSS, disease-specific survival.

lymph nodes resected group exhibited the longest median survival (29 months), while the 1–10 lymph nodes resected group had the shortest median survival (23 months). In the tumor size-stratified subgroup analysis, differences in 3.1–4.0 and >4 cm. In the tumor size of 3.1–4.0 cm subgroup, the >30 lymph nodes resected group showed the longest median survival (46 months), whereas the 0 lymph node resected group had the shortest median survival (22 months). In the tumor size of >4 cm subgroup, the 0 lymph node resected group displayed the longest median

Ostanon		Median survival time (months)					
Calegory	0	1–10	11–20	21–30	>30	Total	- P value
Age (years old)							
<50	47	39	49	95	20	43	<0.001
≥50	35	31	38	46	40	36	<0.001
Sex							
Male	32	31	39	49	38	36	<0.001
Female	82	47	51	76	28	50	0.373
Grade							
Grade I	81	73	83	NA	174	84	0.07
Grade II	32	38	49	75	45	44	<0.001
Grade III	24	21	26	29	29	24	0.01
T stage							
T1	88	102	154	NA	NA	120	0.006
T2	43	36	55	124	120	51	0.001
Т3	26	23	28	29	29	26	0.007
T4	30	23	28	27	18	25	0.110
Tumor size, cm							
0.1–1.0	NA	101	NA	NA	NA	NA	0.279
1.1–2.0	52	55	70	124	91	65	0.532
2.1–3.0	48	32	32	59	52	36	0.177
3.1–4.0	22	25	37	33	46	30	0.002
>4.0	39	24	30	33	28	29	0.003

Table 3 Survival results in different subgroups

NA, not available.

survival (39 months), while the 1–10 lymph nodes resected group had the shortest median survival (24 months).

## Discussion

Our results indicated that, the number of LND was an independent prognostic factor for OS and DSS, and that the LND number of >20 was associated with superior OS and DSS. It was also found in subgroup analysis that, differences in the OS for different LND groups was statistically significant in <50,  $\geq$ 50 years old, male, Grade I, Grade II, Grade III, T1, T2, T3 and tumor size >4 cm subgroup. Our results were similar to previous studies, indicating the importance of LND to prognosis (17-22). It has been discovered for several centuries that, LNM is associated

with the poor prognosis for cancer patients (23,24). Afterwards, a large number of scholars have continuously explored the specific mechanism of LNM in the poor prognosis and the theoretical basis of LND. Some evidence proves that tumor cells metastasizing from lymphatic vessels to lymph nodes can enter the blood circulation through a thoracic catheter (23). In addition, two studies using tumorbearing mouse models show that, the metastatic tumor cells in sentinel lymph nodes can enter the lymph node blood vessels and spread to distant organs (25,26). Therefore, the existing evidence proves that, it is of great significance to remove lymph nodes with occult metastasis to reduce the risk of distant metastasis and improve patient prognosis.

The appropriate number and scope of LND have always been controversial among surgeons, and numerous studies

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have been conducted to confirm their conclusions. Notably, three- and two-field LNDs are currently the two most well-recognized approaches. Compared with two-field LND, three-field LND has added cervical LND (12,27). A large number of retrospective studies are conducted to examine the survival rate, but no consistent conclusion is reached at present (9). Nonetheless, it is proved in two randomized controlled trials (RCTs) that, three-field LND can provide better survival results (28,29). Additionally, two meta-analyses of retrospective studies have reached the same conclusion, suggesting that a wider LND scope often indicates a larger number of lymph nodes harvested, a higher possibility of removing the occult lymph nodes, and an important role in the accurate staging of lymph nodes (9,30). Noteworthily, not all the number of lymph nodes harvested plays a role. As figured out from our results, a too low number of LND did not improve the prognosis for esophageal adenocarcinoma patients, and only the LND number of over 20 was effective. However, there are no unified conclusions on the suitable scope of LND among EC patients from different studies. Yuan et al. showed in their study on ESCC that, at least 29 lymph nodes should be removed to maximize the postoperative survival (31). Groth et al. analyzed based on the SEER database and discovered that the dissection of over 12 lymph nodes improved patient outcomes, and that the risk of death significantly reduced when over 30 lymph nodes were dissected (18). Additionally, Almhanna et al. from a tertiary cancer center demonstrated that, only the LND number of 13-20 improved patient prognosis (32). All the above-mentioned studies suggest that, only a sufficient number of LNDs improves patient prognosis, and there is still no uniform conclusion on the optimal scope of dissection; in particular, there is even scarce related research on esophageal adenocarcinoma. Therefore, more high-quality studies are warranted to determine the optimal scope of LND.

Until now, a large number of studies on the scope and number of LND in EC do not treat adenocarcinoma in a different way from squamous cell carcinoma (9,30). However, some studies reveal significant differences in LNM between esophageal adenocarcinoma and ESCC. According to a propensity matching study by Deng *et al.*, esophageal adenocarcinoma was associated with a higher number of positive lymph nodes and a higher rate of LNM than those of EC (15). Besides, Rice *et al.* showed that esophageal adenocarcinoma was more prone to LNM than ESCC (16). Therefore, it is necessary to explore the surgical methods to expand or reduce the scope and number of LND according to the LNM characteristics of different tumor types.

Apart from the number of LNM that can serve as the prognostic factor for patients with esophageal adenocarcinoma, our results also showed that age, gender, differentiation degree, T stage, tumor size, and number of positive lymph nodes were also the prognostic factors. In addition, multiple studies indicate that, tumor response to neoadjuvant chemotherapy or radiochemotherapy, the patient performance status, co-morbidities, and healthrelated quality of life can also serve as the prognostic factors for esophageal adenocarcinoma patients (2).

At present, researchers still have diverse views on the treatment for esophageal adenocarcinoma, but the current major treatment strategies are quite similar. Among them, the endoscopic treatment for early esophageal adenocarcinoma has gradually become the mainstream treatment (33). However, EC at T1sm2-3 stage is excluded from endoscopic treatment, since it is associated with significantly higher risk of LNM than that at T1sm1 stage (33), as proved by our results from T1 stage subgroup analysis. LND affects the prognosis for T1 stage patients; therefore, it is necessary to further refine the treatment strategies according to the depth of tumor invasion. For patients with locally advanced esophageal adenocarcinoma, surgery remains the preferred treatment (5). Compared with patients treated with surgery alone, those receiving combined perioperative adjuvant therapy have superior prognosis (5,34). For patients who are deprived of the chance of surgery or can not tolerate surgery, radiotherapy and chemotherapy are the definite treatment options. Meanwhile, some evidence proves that, the multimodal therapy of radiotherapy and chemotherapy seems to result in superior prognosis (5).

Nonetheless, certain limitations should be noted in this study. First of all, there was inevitable selection bias in this study due to its retrospective nature. Secondly, information on comorbidities, pulmonary function, perioperative radiotherapy and chemotherapy, surgical procedure, and specific LND areas is lacking in the database, so they were not incorporated in multivariate analysis.

#### Conclusions

To sum up, the number of LND serves as an independent prognostic factor for OS and DSS in patients with esophageal adenocarcinoma. In addition, we recommend that esophageal adenocarcinoma patients should undergo

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LND to dissect at least 20 lymph nodes.

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# Footnote

*Conflicts of Interest:* All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi. org/10.21037/tcr-19-2802). The authors have no conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. Approval from the Institutional Review Board (IRB) was not needed since our data were extracted from a database.

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## Supplementary



**Figure S1** Kaplan-Meier curves for the OS of each lymph node group in <50 years old subgroup. LND, lymph node dissection; OS, overall survival.



Figure S2 Kaplan-Meier curves for the OS of each lymph node group in  $\geq$ 50 years old subgroup. LND, lymph node dissection; OS, overall survival.



**Figure S3** Kaplan-Meier curves for the OS of each lymph node group in male subgroup. LND, lymph node dissection; OS, overall survival.



Figure S4 Kaplan-Meier curves for the OS of each lymph node group in female subgroup. LND, lymph node dissection; OS, overall survival.



**Figure S5** Kaplan-Meier curves for the OS of each lymph node group in Grade I subgroup. LND, lymph node dissection; OS, overall survival.



Figure S6 Kaplan-Meier curves for the OS of each lymph node group in Grade II subgroup. LND, lymph node dissection; OS, overall survival.



Figure S7 Kaplan-Meier curves for the OS of each lymph node group in Grade III subgroup. LND, lymph node dissection; OS, overall survival.



**Figure S8** Kaplan-Meier curves for the OS of each lymph node group in T1 subgroup. LND, lymph node dissection; OS, overall survival.



**Figure S9** Kaplan-Meier curves for the OS of each lymph node group in T2 subgroup. LND, lymph node dissection; OS, overall survival.



**Figure S10** Kaplan-Meier curves for the OS of each lymph node group in T3 subgroup. LND, lymph node dissection; OS, overall survival.



**Figure S11** Kaplan-Meier curves for the OS of each lymph node group in T4 subgroup. LND, lymph node dissection; OS, overall survival.



**Figure S12** Kaplan-Meier curves for the OS of each lymph node group in 0.1–1.0 cm subgroup. LND, lymph node dissection; OS, overall survival.



**Figure S13** Kaplan-Meier curves for the OS of each lymph node group in 1.1–2.0 cm subgroup. LND, lymph node dissection; OS, overall survival.



**Figure S14** Kaplan-Meier curves for the OS of each lymph node group in 2.1–3.0 cm subgroup. LND, lymph node dissection; OS, overall survival.



Figure S15 Kaplan-Meier curves for the OS of each lymph node group in 3.1–4.0 cm subgroup. LND, lymph node dissection; OS, overall survival.



**Figure S16** Kaplan-Meier curves for the OS of each lymph node group in >4.0 cm subgroup. LND, lymph node dissection; OS, overall survival.