Impact of preoperative magnetic resonance imaging in breast cancer patients candidates for an intraoperative partial breast irradiation

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Objective: Partial breast irradiation (PBI) could be a reasonable option in patients with early breast cancer (BC) provided that an adequate patient selection, based on robustly established criteria is performed. A preoperative magnetic resonance imaging (MRI) in patient selection for PBI is not consensual. The aim of this retrospective study was to assess the impact of preoperative MRI on patient eligibility for PBI.

Methods: Since March 2012, patients with early BC, meeting the Inca's criteria for PBI were offered the possibility of shortened treatment through intra-operative radiation therapy, either in a prospective trial or off protocol. Eligibility criteria based on physical examination, mammography and ultrasound, and a pathological exam of biopsy, were as follows: menopaused woman 55 years or older with a T1, N0, hormonal-receptor-positive and HER2-negative, invasive, non-lobular epithelioma, without extensive intraductal component (defined as more than 25% of ductal component on biopsy), non-fast-growing tumor, without lymphovascular invasion (LVI), without criteria for adjuvant chemotherapy. A contrast-enhanced MRI was not routinely performed, but at the discretion of the physician as was the rule in TARGIT-A trial.

We assessed the rate of additional cancer revealed by the preoperative MRI, remote in the same breast not detected by mammography and/or ultrasound.

Results: Between March 2012 and February 2014, 179 early BC patients meeting the required criteria were planned for an intraoperative radiotherapy (IORT)-PBI. Seventy nine percent of them (141/179) underwent a breast MRI as part of preoperative assessment. ACR3-ACR4 abnormalities not detected by mammograms or ultrasound were found in 44 patients (31%), which prompted a focused mammary ultra-sound, and a biopsy was realized in 29/141 patients (21%). A second breast carcinoma was found in 10 patients (7% of patients with a preoperative MRI, 4 ipsilateral lesions, 5 contralateral lesions, and one both ipsi- and contralateral lesion, precluding IORT-PBI in 5/141 patients (4%).

Conclusions: The use of preoperative MRI in patient staging leads to diagnosis of an ipsilateral second BC in 4% of cases, which appears substantial in a highly selected population. We therefore support the routine use of this exam for the staging of patient candidate for a PBI.

Keywords: Breast cancer (BC); breast cancer recurrence; intraoperative radiotherapy (IORT); magnetic resonance imaging (MRI); partial breast irradiation (PBI)

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Introduction

Breast conserving surgery (BCS) followed by whole breast irradiation (WBI) is recognized as the standard of care for early breast cancer (BC). Based upon local failure patterns, partial breast irradiation (PBI) (targeting the tumor bed) has been considered for early BC patients, in order to shorten the treatment time, reduce the radio-induced toxicity, therefore improving quality of life. However, treatment's de-escalation remains to be proven equivalent in terms of local control to the gold standard WBI, and PBI is currently still debated due to lack of results of randomized trials with sufficient follow-up. Nonetheless, PBI is increasingly used due to its convenience for patients and its advantages related to radiation facilities access. If this shortened treatment would become standard, only highly selected patients would benefit from this kind of treatment. Currently, many questions regarding appropriate patient selection criteria still exist, despite the fact that both the American and European societies of Radiology and Oncology (ASTRO, GEC-ESTRO) provided recommendations for patients treated off clinical trials, based on tumor- and patient characteristics, recommendations that slightly differ between each society (1,2). These patient selection criteria are likely the cornerstone of PBI's success. The challenge is to avoid this "lightest" treatment for patients with a high ipsilateral recurrence risk. Magnetic resonance imaging (MRI) is a highly sensitive exam in detecting clinically occult BC, not highly specific, and has never been proven improve local recurrence rates (LRR) when used as part of preoperative staging in patients treated with BCS followed by WBI (3,4). On the contrary, the routine use of breast MRI for preoperative staging is not recommended since it may modify the surgery type thus increasing the mastectomy rate (3). In patients planned for a PBI, conditions are different because an occult cluster, remote in the ipsilateral breast will be ignored by the partial breast treatment and may result in an increase of LRR. That is why the value of breast MRI for preoperative staging in this setting deserves assessment. ASTRO Task Force does not support the routine use of preoperative breast MRI in patient selection for PBI. Neither in the TARGIT-A trial, nor in the ELIOT trial, preoperative breast MRI was required, and was just performed at the discretion of the physician. Intraoperative radiotherapy (IORT) using low-energy X-rays of 50 kV is one of the methods of PBI used in France, currently under investigation in clinical trials and used sometimes off protocol. Patient selection for PBI varies according to the

clinical trial, but is usually based on recommendations close to those provided by both ASTRO and GEC-ESTRO. This retrospective study was conducted in order to assess the impact of preoperative MRI on patient eligibility for PBI, and to determine the rate of unsuspected ipsilateral second cancer on mammography, in a highly selected population. It was also to assess the number of additional exams prompted by MRI abnormalities and MRI's relevance, in order to avoid useless exams for those patients at supposed very low risk of second ipsilateral cancer.

Methods

Patients

From March 2012 through February 2014, BC patients meeting the Inca's criteria for PBI were offered the possibility of a shortened treatment through IORT, either in a prospective trial or off protocol (all patients gave written or oral consent, registered in the medical chart). Data were monitored prospectively. The eligibility criteria, based on physical examination, mammography and ultrasound, and a biopsy pathological exam, were as follows: menopaused woman, 55 years or older with T1, N0, hormonal-receptor-positive and HER2-negative, invasive non-lobular epithelioma, without extensive intraductal component (defined as more than 25% of ductal component on biopsy), without fastgrowing tumor, without lymphovascular invasion (LVI), without criteria for adjuvant chemotherapy. Preoperative assessment included a tumor biopsy for pathological assessment that had to provide as many information as possible for selecting patients meeting the required criteria.

Breast MRI

Breast MRI was performed on a 1.5-T GE MR scanner HDxT (General Electric, Milwaukee, WI) using a dedicated phased array bilateral breast coil. Patients were imaged in the prone position. First, morphologic sequences were acquired using an axial echo gradient 3D T1-weighted sequence (TR/TE: 8/4; flip angle: 15°; no gap; field of view: 35 cm; matrix: 512/320; number of excitations: 0.7; scanning time: 90 sec) and a 2D T2-weighted sequence (TR/TE: 3220/85; flip angle: 90°; no gap; field of view: 35 cm; matrix: 352/352; number of excitations: 2; scanning time: 4 min 40 sec). Then, an axial 3D dynamic contrast-enhanced T1-weighted fatsaturated gradient-echo sequences was acquired (TR/TE: 5.4/2.6; flip angle: 15°; slice thickness: 2 mm; no gap; field of view: 35 cm; matrix: 416/416; number of excitations: 0.7; scanning time: 7 min 25 sec). These sequences were acquired before and six times after bolus injection of gadolinium chelate (Dotarem, Guerbet, France) (0.1 mmol·kg⁻¹ body weight) given via a power injector (Mallinckrodt, St Louis, MO, USA). All of the MR images were reviewed on the ADW console (General Electric). A board certified radiologist with 10 years of experience in breast MRI, reviewed all the breast MRI. The radiologist first interpreted the MR images and looked for the presence or absence of additional lesions. An additional lesion was defined as a lesion separate from the index tumor undetected by conventional methods (mammography and ultrasonography) but detected by sequentially performed contrast-enhanced breast MRI. If additional lesions were detected on MRI, the reader classified the lesions based on the second edition of BI-RADS MR lexicon and assigned a BI-RADS category.

Treatments

IORT was performed for all patients in a single surgical procedure. The sentinel node biopsy as well as instantaneous pathological analysis were performed before IORT which was maintained if the results were negative. Surgical excision was performed from the skin up to the pectoral fascia in every case. Margin status was assessed intraoperatively through a fast frozen section analysis to ensure clear margins before the IORT procedure; if this margin was positive or close, a re-resection was performed before IORT. The skin was spared from radiation dose by properly applied water-coated gauze and was maintained at more than 10 mm from the applicator surface. A radiation shield material was applied on the pectoral muscle to avoid a high single radiation dose in the ribs.

Data collection and procedures

For this retrospective analysis, we reviewed all MRI reports from patients scheduled for PBI (having had a preoperative MRI), and searched for abnormalities not detected by mammograms or ultrasound. We recorded the location of the occult foci (same quadrant or remote in the breast), their distance relative to the index lesion and the results of pathologic evaluation when subsequent biopsy was performed. The supplemental foci classified as ACR 3-4, prompted a second-look focused ultrasound which, either has invalidated a supplemental lesion, or confirmed a suspicious lesion which therefore has led to a pathologic assessment through a micro-biopsy. The supplemental foci, classified ACR5, were systematically submitted to biopsy. Multifocal disease was defined as one (or more) additional lesion, biopsy-proven, in the same quadrant, whereas multicentric disease was defined as one (or more) additional lesion, biopsy-proven, at more than 4 cm from the index lesion or in another quadrant. Mammographic breast density was described for all patients using the BIRADS lexicon of the American College of Radiology. The breast density was divided in four categories: a breast entirely fatty, was defined as a "density 1"; Breast with scattered fibroglandular densities (approximately 25-50% glandular): "density 2"; Breast with scattered fibroglandular densities (approximately 51-75% glandular): "density 3" and finally, an extremely dense breast tissue more than 75% glandular was defined as a "density 4".

Statistical analysis

Patient's treatments and tumors' characteristics were summarized using means, standard deviations, medians and ranges for quantitative variables and counts and percentages for categorical variables. The incidence of additional ipsilateral BC in the present study population was defined as the primary evaluation criterion. The proportion of patients presenting an ipsilateral additional BC was estimated with 95% confidence intervals using an exact binomial method (5). Statistical analysis was performed using SAS v9.3 sofware (SAS institute Inc. Cary, NC, USA). This retrospective study was approved by our institutional review board.

Results

Between March 2012 and February 2014, 179 early BC patients meeting the required criteria were planned for PBI. Seventy nine percent of them (141/179) underwent an MRI as part of preoperative staging, and constituted the study population. Thirty eight patients did not performed a pre-operative MRI, mainly due to surgeon's preference (27/38 patients) or due to MRI contraindication (5 patients), or patient refusal (4 patients) or other cause (2 patients).

Patient characteristics

Clinical and pathological characteristics of the 141 patients who underwent a preoperative MRI are detailed in *Table 1*. Median age was 67 years (range, 55-90 years). Three fourth of patients were classified as T0N0 and median pathologic Translational Cancer Research, Vol 4, No 2 April 2015

Table 1 Patient characteristics					
Characteristics	Clinical	Pathological			
Age (median, range)	67 [55-90]				
Tumor size	Т	рТ			
0	104 (72%)	0 (0)			
1a	0 (0)	16 (11%)			
1b	12 (9%)	40 (29%)			
1c	27 (19%)	69 (49%)			
2	0 (0)	16 (11%)			
Median pT		12 mm			
Grade		Post-op			
1		63 (45%)			
2		65 (46%)			
3		13 (9%)			
LVI		Pos-top			
Yes		23 (16%)			
no		118 84%)			
рN					
0		107 (76%)			
0 (i+)		4 (3%)			
1mi		8 (5%)			
1		18 (13%)			
2		4 (3%)			
LVI, lymphovascular invasion.					

Table 2 New abnormalities detected by MRI, ignored by conventional exam					
Side	ACR3-ACR4 abnormalities' rate: 31% (44/141 pts)				
Side	Ν	Biopsy	Second	IORT	
	(%)	(%)	cancer (%)	cancelled (%)	
Ipsilateral	33 [23]	21 [15]	5 [4]	5 [4]	
ACR3	21	12	2		
ACR4	12	8	3		
Contralateral	19 [13]	15 [11]	6 [4]	1	
ACR3	10	8	1		
ACR4	8	6	4		
ACR5	1	1	1		
MRI, magnetic resonance imaging; IORT, intraoperative					

radiotherapy.

size was 12 mm. The tumor grade was correctly assessed on biopsy. LVI was missed by biopsy in 16% of patients and lymph-node involvement has also been ignored by clinical exam and imaging in 16% of patients. 151

Breast MRI new abnormalities and second cancer rate

The preoperative breast MRI has identified ACR3-4 new abnormalities in 31% of patients (44/141), either in ipsilateral or contralateral breast or both (Table 2). Overall, subsequently to focused ultrasound, a biopsy has been required for 29/141 patients (21%). Suspicious ipsilateral lesions were found in 33/141 patients (23%), distributed as shown in Table 2, and were invalidated by focused ultrasound in 12 patients; thus the ipsilateral MRI abnormalities have prompted a biopsy for 21/141 patients (15%). A second ipsilateral cancer was confirmed in one fourth of biopsied patients, and led to the IORT-PBI cancellation in 4% of patients having had a preoperative MRI. Suspicious contralateral lesions were found in 19/141 patients (13%). Focused ultrasound have invalidated four of them, having required a biopsy for 15 patients (11%; some of them have already been accounted due to bilateral additional abnormalities). A contra-lateral BC was found in 6/141 patients (4.3%; 95% CI: 1.5-9.0), and IORT-PBI was cancelled only for the patient presenting both an ipsilateral and contralateral second cancer. In other words, a contralateral synchronous BC has not precluded the planned IORT treatment, which has sometimes been performed for the two sides.

Additional ipsilateral cancer location

The distance between the external edges of the two ipsilateral lesions was found to be 45 to 90 mm (mean 50 mm), with two bifocal lesions, in the same quadrant, becoming bi-centric due to the distance of more than 40 mm between the two lesions, two bi-centric lesions (in two different quadrants) and one multicentric lesion. Breast density for these patients was two in most of cases.

Discussion

BCS followed by WBI is recognized as the standard of care for early BC. WBI consists of 50 Gy/2 Gy per fraction/25 fractions/5 weeks in the whole breast followed by a 10-16 Gy boost to the tumor bed. This regimen has been proven being able to allow a 5- and 10-year LRR of 4% and 8% respectively for unselected patients more than 50 years old (6). In selected patients, >50 years old with favorable tumor characteristics, lower LRR could be expected. Any change in radiotherapy schedule must guarantee the same LRR without increasing toxicity. The rationale for PBI is based upon the fact that although more than half of specimens of mastectomies undertaken for small BC harbor occult cancer foci remote from the index lesion (7,8), at least three fourth of LR are true recurrences (occurring in the initial tumor bed) (9). This fact has been observed in patients treated with BCS followed by WBI, as well as in patients treated with BCS alone (without WBI) (9). Nonetheless, BC recurrence outside the index quadrant appears to be significantly lowered by adjuvant WBI, from 1.5-3.5% to 0.5-1% (9-11). In other words, the role of WBI is to reduce the recurrence risk in the tumor bed, as well as remote in the breast. It could be argue that the risk of recurrence outside of the initial tumor bed is so low that slightly increasing this risk is acceptable when, on the other side 3 to 5 weeks of radiation treatment is avoided. But this 1.5% to 3.5% recurrence risk, remote from the index lesion, observed when adjuvant WBI is omitted, is not so far from the 4% of occult second cancer in the ipsilateral breast revealed by breast MRI, and can therefore be avoided by a preoperative MRI. And it has also been suggested that patients are willing to accept treatments inconvenience for an expected 1% benefit on recurrence risk (12). Noteworthy, in this situation, it's not treatment convenience which is discussed but only an additional exam to lower the recurrence risk. The use of preoperative MRI has been accused to unnecessarily increase the mastectomy rate. This is actually true only when a histologic confirmation is not done. The TARGIT-A, a prospective randomized trial, have reported the non-inferiority of intraoperative PBI compared to WBI in terms of LR (5-y LR: 2.1% in the IORT arm vs. 1.1% in the WBI arm; P=0.31, for the subgroup of 2298 patients treated with IORT concurrently with lumpectomy or lumpectomy followed by WBI), with a median follow-up of 2 years and 5 months for the whole cohort (13). Patients included in this trial had to be ≥45 years old, T2-3 unifocal invasive ductal BC (lobular carcinoma was not permitted), suitable for breastconserving surgery, N0-1 nodal status. Preoperative breast MRI was not mandatory. This non-inferiority study was powered to detect a 2.5% absolute difference in local recurrence between the two arms. The authors concluded that IORT concurrent with lumpectomy within a riskadapted approach should be considered as an option for eligible patients with BC carefully selected as per the TARGIT-A trial protocol, as an alternative to postoperative WBI. It seems that the recurrence rate remote from the index lesion is until then the same in the two arms, with a relatively short follow-up, not long enough to definitely conclude. The results of the ELIOT trial have recently

been reported (14). This randomized controlled trial has included 1,305 patients randomly assigned to IORT or WBI. Patient selection was less stringent than in TARGIT-A trial, (more advanced disease). The authors have detailed the sites of recurrence and reported an increased ipsilateral recurrence rate both in the tumor bed and remote from the index lesion. Patients receiving WBI did not experienced any recurrence outside the tumor bed at 5 years, whereas patients in the IORT group had a 1.9% recurrence rate remote from the index lesion (P=0.0001). Several studies have examined the potential of preoperative breast MRI to improve patient's selection for PBI (15-20). The rate of ipsilateral additional BC was reported ranging from 2.8% to 10%, depending of the robustness of patient selection and correlated with known prognostic factors for local recurrence such as tumor size, age less than 50 years, LVI and HER2-positive tumors (19). Our data show that in highly selected patients considered as candidates for IORT, 4% presented with a bifocal tumor, which could result in a 4% recurrence rate in the follow-up (excluding true LR), higher than that expected. These results compare favorably with those from other series having tested the role of preoperative MRI in patient selection for PBI. MRI seems therefore an interesting exam in selecting candidates for PBI and should be performed systematically despite its high level of false positive, in order to not sentencing PBI for the wrong reasons. This practice has been approved by the EUSOMA working group with a high level (B) of recommendation (21). The limitations of this study include its retrospective nature, the small study population and small number of events precluding an analysis of clinical or pathological factors correlated with the presence of additional cancer. We would be for example interested in defining or exclusion of the risk depending on the breast density. Finally, the real significance of these occult additional lesions is not known and it is not clear if these lesions could be indolent lesions. That is why comparison of patients treated with PBI with or without the routine use of preoperative MRI would answer this question.

Conclusions

The use of preoperative MRI in patient staging leads to diagnosis of an ipsilateral second BC in 4% of cases, which appears substantial in a highly selected population. We therefore support the routine use of this exam for the staging of patient candidate for a PBI.

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