

Limonin inhibits angiogenesis and metastasis of human breast cancer cells by suppressing the VEGFR2/IGFR1-mediated STAT3 signaling pathway

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Background: Limonin is one of the major active ingredients of citrus. In the present study, the antiangiogenic and anti-metastatic effects of limonin were investigated.

Methods: The Molecular docking assay was carried out to assess the binding ability of limonin with VEGFR2 receptor. MTS assay was used to detect the effect of limonin on the proliferation of breast cancer cells (MDA-MB-231, MCF-7). The Wound-healing and Transwell chamber invasion assays were used to detect the inhibition effect of limonin on migration and invasion of HUVECs cells or breast cancer cells. The capillary-like tube formation assay and Matrixgel plug experiment were used to further measure the *in vivo* anti-angiogenic activity of limonin. Western blot, RNA isolation, microarray data analysis and RT-PCR were used to explore the molecular mechanism of limonin in suppressing breast cancer angiogenesis and metastasis. Left ventricular tumor metastasis model and caudal vein tumor metastasis model of breast cancer were both applied to verify *in vivo* anti-metastatic effects.

Results: Limonin dose-dependently inhibited the vascular endothelial growth factor (VEGF)-mediated tyrosine phosphorylation of vascular endothelial growth factor receptor 2 (VEGFR2) by blocking VEGF binding to VEGFR2 and suppressing constitutive STAT3 activation in human umbilical vein endothelial cells. Limonin effectively inhibited VEGF-induced endothelial cell proliferation, migration and tubular-structure formation *in vitro* and markedly reduced VEGF-triggered neovascularization in mouse matrigel plugs *in vivo*. Moreover, limonin treatment led to a remarkable suppression of tumor metastasis by decreasing the phosphorylation of insulin growth factor receptor 1-mediated STAT3 and the expression levels of its downstream members MMP-9 and VEGF in breast cancer cells. The data further showed that limonin increased the levels of the negative STAT3 regulator SHP-1 in breast cancer cells.

Conclusions: Limonin is a promising anti-angiogenic and anti-metastatic candidate compound that can be further optimized as a therapeutic agent for breast cancer.

Keywords: Limonin; breast cancer; angiogenesis; metastasis; STAT3

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Introduction

Metastasis is a multi-step process. Cancer cells must migrate from the primary tumor, intravasate into the lymphatic and/or the circulation, evade immune surveillance, survive in the circulation and proliferate in remote organs (1,2). During these processes, the initiation of angiogenesis plays a key role in the growth and spread of the tumor cells (3). Given that vascular endothelial growth factor receptor 2 (VEGFR2) plays a predominant role in promoting angiogenesis, more than 10 angiogenesis inhibitors that specifically target VEGFR2 have been used in the clinic against cancer. However, several issues can not be ignored and remain to be solved (4). These agents only offer very limited survival benefits and possibly enhance tumor aggressiveness by stimulating treatment resistance (5,6). This indicates that the development of additional novel therapies for patients with metastasis is highly imperative (5,6). Recent studies have shown that specific compounds exhibit a dual inhibition of angiogenesis and metastasis and are even more effective since they exert synergistic inhibitory effects on the metastatic process (7).

Citrus is widely used as a dietary supplement for both nutrition and health-promoting purposes (8,9). Recent studies have shown that the most important bioactive molecules in citrus are carotenoids, flavonoids, and limonoids. Among them, limonin is one of the most bioactive components of the limonoid class that was initially reported to exert significant anti-schistosomal, anti-malarial, antiviral, anti-inflammatory, antioxidant and cholesterol-lowering activities (10-14). Subsequent studies have found that limonin exhibits anticancer potential via the induction of apoptosis in various human tumor cell lines (15,16). Notably, limonin induces apoptosis of melanoma and osteosarcoma cells and of lung, colon, oral and breast cancer cells *in vitro* (15,16). However, the effects of limonin on breast cancer progression have not been fully clarified.

In the present study, the anti-angiogenic and antimetastatic effects of limonin on human umbilical vein endothelial cells (HUVECs) and on the highly metastatic human breast cancer cells MDA-MB-231 and MCF-7 were investigated *in vitro* and *in vivo*. Moreover, the underlying molecular mechanisms were characterized. The findings indicate that limonin is a promising anti-angiogenic and anti-metastatic candidate compound that can be further optimized for breast cancer treatment. We present the following article in accordance with the ARRIVE reporting checklist (available at http://dx.doi.org/10.21037/tcr-20-1992).

Methods

Chemicals and reagents

Limonin (purity >99.37%) was purchased from Shanghai Winherb Medical Science. A 50 mmol/L stock solution was prepared in dimethyl sulfoxide (DMSO) (Sigma, St. Louis, MO), Regorafenib were purchased from Selleck Chemicals (Houston, TX). Growth factor-reduced Matrigel was purchased from BD Biosciences (San Diego, CA). Primary antibodies against phosphor-specific anti-VEGFR2 (Tyr¹¹⁷⁵), VEGFR2, phospho-STAT3 (Tyr⁷⁰⁵), STAT3, Bcl2, BCLxl, MMP-9 and SHP-1 were obtained from Cell Signaling Technology (Danvers, MA, USA; 1:1,000 dilution). VEGF (A-20), IGFR, phospho-IGFR(Tyr¹³¹⁶) was purchased from Santa Cruz Biotechnology (Santa Cruz, CA; 1:1,000 dilution). β-actin and GAPDH were obtained from Hangzhou Huaan Biotechnology Company(China; 1:1,000 dilution). Goat Anti-Rabbit IgG and HRP Goat Anti-Mouse IgG were provided from Abbkine (1:2,500 dilution). Anti-CD31 and anti-Ki67 were provided by Abcam (UK; 1:200 dilution). SiRNA and scrambled control was purchased from Santa Cruz Biotechnology (Santa Cruz, CA). Recombinant human VEGF (VEGF₁₆₅) was acquired from R&D Systems (MN, USA). All other reagents were obtained from Sigma-Aldrich (St Louis, MO, USA).

Cell culture

Primary human umbilical vein endothelial cells (HUVECs) and the luciferase-labeled human mammary adenocarcinoma MDA-MB-231 cell lines were gifted from Dr Mingyao Liu (The Institute of Biomedical Sciences and School of Life Sciences, East China Normal University, Shanghai, China) and cultured in endothelial cell culture medium (ECM) as described previously (17,18). The two human breast cancer cell lines, MCF-7 and MDA-MB-231, were from American Type Culture Collection. All these cells were maintained in a humidified atmosphere at 37 °C with 5% CO₂ using RPMI-1640 with 10% FBS.

Molecular docking

The docking assay was carried out to assess the binding ability of limonin with VEGFR2 receptor by using Autodock 4.2 as described previously (19). The ligands were drawn by using Chemoffice, and Openbabel without structural optimization imported ligand into 3D structure (20). The Gasteiger charges and hydrogen atoms were added to the ligand and receptor using the MGLTools1.5.6. The protein structure was obtained from Protein Data Bank (http://www.rcsb.org), and the next step was to remove water and salt ions. Docking Grid Box has size of 56Å*40Å*40Å and the centre of box was (-27.76, -0.681, -8.054). The graphics of molecule-protein interaction was visualized and analyzed using UCSF Chimera1.9 and LigPlot with default parameter.

Cell viability assay

Briefly, HUVECs or cancer cells were incubated in 96well plate at density of 4.5×10^4 – 5.5×10^4 cells per well and treated with or without VEGF (10 ng/mL) or increasing serial doses of limonin (0–500 µM) for 72 h. Thereafter, cell viability was determined using MTS kit as described previously (17,18). All of the experiments were performed in three independent experiments.

Wound-bealing assay

The assay was performed as described previously (17,18). HUVECs or tumor cells were incubated in 6-well plates and treated serum starvation for 24h before scratching. The cells were washed with PBS for three times, scratched with the 100 μ L tips and then incubated in growth medium with or without VEGF (10 ng/mL) or limonin at 40 and 60 μ M. After cultured 8–24 h, photos were taken using an inverted microscope (TE2000, Nikon, Japan). The migrated cells were observed from three randomly selected regions and quantified by manual calculation. Inhibition percentage was expressed as a percentage of the vehicle control (100%). All of the experiment were repeated independently at least three times.

Transwell chamber invasion assay

To check the impact of limonin on HUVECs cell motility and invasive ability *in vitro*, we performed cell migration assay using gelatin-coat Boyden inserts (8- μ m) (BD Biosciences) as reported previously (17,18). The assays were performed for 8–10 h after 0.5 h of pre-treatment with or without VEGF (50 ng/mL) or different doses of limonin (40 and 60 μ M). Cells that migrated to the side were fixed and stained with 0.5% crystal violet and then observed by the optical microscope.

Endothelial cell capillary-like tube formation assay

The capillary-like tube formation assay was conducted as described before (17,18). HUVECs $(7 \times 10^4 \text{ cells per}$ well) were cultured in ECM and subjected to different concentrations of limonin for 30 min, and then added to the matrigel and incubated at 37 °C for 10 h. The capillary-like morphogenesis of HUVECs in three random microscopic fields were examined using an inverted microscope (TE2000, Nikon, Japan) at 100× magnification. The numbers of branching nodes in three random fields per well were examined by manual counting. Cells in only ECM medium were served as a vehicle control. Each experiment was independently repeated at least three times.

Matrigel plug assay

Matrigel plug assay was performed as previously reported (17,18), 500 µL of Matrigel with or without 100 ng of VEGF, 20 units of heparin, and representing quantities of limonin (200 and 400 µg) were subcutaneously injected into the ventral region of C57BL/6 mice (n=3). Seven days after implantation, the complete basement membrane matrix plug was carefully removed and then fixed and embedded in the paraffin. Sections (4 µm) were stained with indicted antibodies. Microphotographs were taken using an OLYMPUS BX41 photomicroscope (magnification at 400×).

RNA isolation and microarray data analysis

MDA-MB-231 cells (2×10^6) were seeded in 10 cm cell culture dishes and then were treated with different limonin concentrations (0, 40, 60 µM) for 24 h. Cells were collected by using Trizol Reagent (Invitrogen Carlsbad, CA, USA), and mRNA microarray was analyzed according to specification by the Gene Tech Company Limited (Shanghai, China) by using Affymetrix Gene Chip Prime View Human Gene Expression array (Affymetrix). FatiGo of the Babelomics software was used to do the TFBS Enrichment Analysis. The differentially expressed genes (DFGs) were determined based on a false discovery rate threshold of 0.05 as previously reported (21).

Western blotting analysis

Western blots were performed as described previously

(17,18). Totally, 35 μ g of the cell lysates were separated on 8–12% SDS-PAGE and electrophoretically transferred to PVDF membranes. The membranes were blocked in 5% BSA, incubated with primary antibodies overnight at 4 °C, and then followed by subsequent incubation with secondary antibodies. Immunoreactive bands was performed by an enhanced chemiluminescence (ECL).

RNA isolation and reverse transcription PCR

Total RNA extracted from MDA-MB-231 cancer cells were treated with increasing serial doses of limonin for 24 h using the Trizol reagent. And cDNA was synthesized using a reverse transcriptase PCR (RT-PCR) kit (Thermo).

Transfection with SHP-1 siRNA

For siRNA-mediate knockdown of SHP-1 was performed as previously described (22). Briefly, MDA-MB-231 cells were seeded in a 6-well cell culture dish, then transfected with the SHP-1-siRNA or vehicle control for 24 h and used for subsequent experiments.

In vivo mammary tumor metastasis assays

All mouse experiments were carried out in accordance with the animal experimental regulations approved by the Animal Protection and Utilization Committee of Ningxia Medical University. All nude mice (6-8 weeks) were purchased from the Laboratory Animal Center of Ningxia Medical University and raised in SPF (Specific Pathogen Free) environment. Two kinds of mouse tumor metastasis models were established: left ventricular tumor metastasis model and caudal vein tumor metastasis model. The above models were divided into control group and limonin treatment group. Eight female BALB/c nude mice in each group were injected with MDA-MB-231-Luc cells (1×10⁶) through tail vein and left ventricle respectively. One week before tail vein and left ventricular injection, vehicle or limonin (25 mg/kg/d) was pretreated by intraperitoneal injection. The total experimental period of the former is 28 days, and the latter is 45 days. Drug intervention was carried out by intraperitoneal injection of limonin every other day. Tumorbearing mice are checked daily for their physical condition. During the experiment, no stress or abnormal behaviors due to tumor bearing were observed in the mice. Animals were placed onto the warmed stage inside the camera box and received continuous exposure to 2.5% isoflurane to sustain

sedation during imaging. Every group of mice was imaged for 30 s. IVIS detection system was used to image and quantify tumor metastasis. After the experiment, all mice were killed with excess amounts of anestheti and all efforts were made to minimize suffering. The tumor, heart, liver, spleen, lung and kidney were taken for further observation and study.

Immunobistochemistry analysis

IHC was performed as previously described protocols (17,18). Immunohistochemistry on 5-µm sections of paraffin-embedded specimens and staining with Ki-67, p-STAT3 and MMP9 antibodies. Images were gained from a Leica microscope (Leica, DM4000b).

Statistical analysis

Inter-group comparisons were performed by one-way analysis of variance and Dunnett's test. Data are expressed as mean \pm SD. P<0.05 was considered statistically significant.

Results

Limonin suppresses vascular endothelial growth factor (VEGF)/VEGFR2-mediated STAT3 signaling pathway by blocking VEGF binding to VEGFR2. The important role of the VEGF/VEGFR-2 axis in the regulation of endothelial mitogenesis and migration is widely accepted (23,24). The molecular structure of limonin is shown in Figure 1A. In the present study, it was hypothesized that limonin may bind to VEGFR-2 and affect the interaction of VEGF with VEGFR-2. In order to confirm this hypothesis, the binding mode of the inactive conformational structure of limonin to VEGFR-2 was analysed by molecular docking. The results indicated that limonin could occupy the activity pocket by interacting with specific amino acid residues by hydrophobic or hydrophilic interactions. The amino acid residues Val914, Leu889, Ile888, Arg1027, Ile892, His1026 and Asp1046 interacted with the protein by hydrophobic interactions (Figure 1B,C). In addition, the amino acid residues Glu885, Lys868, Cys1045, Val899, Ile1044, Ile1025 and Asp814 interacted with the protein through hydrophilic interactions (Figure 1B,C). Among them, K868, V899 and D1046 residues interacted with adenosine triphosphate (ATP) and limonin through different interaction patterns (Figure 1D). Furthermore,



Figure 1 The interaction of limonin with ATP-binding sites of VEGFR2 kinase domain. (A) Limonin's molecular structure. (B) 2-dimensional maps of the interaction between limonin and related amino acids of VEGR2 protein were obtained by using LigPlot software. The types of closely related interactions and bonds. (C) The ribbon structure of green VEGFR2 protein was created by Chimera program (D) ATP binding site of VEGFR2 crystal. (E) Western blotting analysis showed that limonin dose- dependently inhibited the activation of both VEGFR2 (Tyr¹¹⁷⁵) and downstream STAT3 (Tyr⁷⁰⁵) triggered by VEGF in endothelial cells.

western blot analysis demonstrated the effects of limonin on VEGFR2 and its downstream signaling pathway proteins in HUVEC cells. VEGF significantly activated VEGFR2 and its downstream targets, while limonin treatment suppressed markedly the VEGF-induced VEGFR-2 phosphorylation at the tyrosine1175 residue, resulting in the reduction of the phosphorylation of STAT3 without affecting its overall protein expression levels (*Figure 1E*). In summary, these findings indicated that limonin may exert anti-angiogenic effects by directly targeting VEGFR2, inhibiting the binding of ATP to its binding pocket and by antagonizing the VEGFR2-mediated STAT3 signaling cascades.

Limonin inhibits cell migration, capillary-like structure formation *in vitro* and blocks neovascularization *in vivo*. The ability of limonin to inhibit the *in vitro* angiogenesis of human endothelial cells induced by VEGF were investigated. VEGF increased HUVEC proliferation rate, while higher concentrations of limonin (240 μ M) displayed only marginal effects on the proliferation of HUVECs and its inhibitory rate was approximately <50% (Figure S1A). However, exposure to lower concentrations of limonin at 40 and 60 μ M significantly inhibited the migration of cells on the scratched area (P<0.01) following 8–10 h of VEGF and limonin treatment (*Figure 2A*). The migrated number of limonin-treated HUVECs was considerably lower than that of the vehicle control group (*Figure 2B*). The Transwell invasion assay further revealed that limonin dose-dependently impaired the chemotactic motility of HUVECs

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Figure 2 VEGF-induced angiogenesis in vitro and in vivo were inhibited by limonin. (A) VEGF-induced endothelial cells migration was

significantly inhibited by limonin in Wound Healing assays, Scale bar=100 µm. (B) Quantification of the data from the Wound Healing assays. Scale bar=100 µm (n=3). *, P<0.05; **, P<0.01; ***, P<0.001. (C) Limonin inhibited HUVECs cell invasive ability using gelatincoat Boyden inserts. (D) The formation of endothelial cell tubes was inhibited by limonin. Representative fields were displayed in each group (0.5% crystal violet staining, magnification at 100×). Columns, mean from three independent experiments with triplicate. *, P<0.05; **, P<0.01 versus VEGF control. (E,F) Representative matrigel plug images in each group (n=3). (G) Immunohistochemistry was used to analyze the anti-angiogenic effects of limonin on VEGFR2, CD31 and STAT3 on matrigel plug sections (magnification, 400×).

to a similar degree (Figure 2C).

In addition, tube formation of endothelial cells is another key step in vascular sprouting, which controls cell division, migration and the maintenance of cell shape. To characterize the effects of limonin on capillary-like structure formation, HUVECs were grown on matrigel and cultured in the presence of different concentrations of limonin. In the control group, HUVECs could form vessellike structures (Figure 2D). However, exposure to limonin (40 and 60 μ M) caused apparent suppression of microvessel sprouting. Therefore, the data suggested that, at the effective concentration of 40 and 60 µM, limonin strongly inhibited the VEGF-dependent cell migration, invasion, and tubulogenesis of the endothelial cells but not their

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proliferation.

Following these findings, the matrix gel plug experiment was carried out in the mouse angiogenic model to further measure the in vivo anti-angiogenic activity of limonin. The mice treated with limonin (200 or 400 µg per plug) inhibited the formation of new blood vessels in matrix plugs compared with those of the normal control group (Figure 2E,F). IHC staining with an anti-CD31 antibody (a specific-endothelial marker) further revealed that limonin treatment strongly reduced the number of CD31-positive endothelial cells inserted into the plug section (*Figure 2G*). Subsequent analysis of the inhibitory effects of limonin on the VEGFR2-mediated STAT3 signaling pathway was performed by IHC methods. The results indicated that the protein expression levels of VEGFR2 and STAT3 in the plugs with VEGF were increased, whereas those in the limonin-treated plugs were apparently decreased (Figure 2G). These findings were consistent with the in vitro experiment results. These results suggested that limonin could potently inhibit VEGF-induced angiogenesis in vitro and in vivo.

Limonin inhibits migration via the insulin growth factor receptor 1 (IGFR1)/STAT3 signaling in breast cancer cells. The previous findings had confirmed that limonin demonstrated potent inhibitory effects on VEGF-induced angiogenesis in HUVECs via the VEGFR2-mediated STAT3 signaling pathway. Since STAT3 is constitutively and aberrantly activated in the majority of cancer tissues (25), the effects of limonin on the inhibition of STAT3 were examined by transcription factor-binding site (TFBS) enrichment analysis. TFBS analysis revealed that limonin inhibited the expression levels of STAT3 (data not shown) as well as the levels of the majority of the downstream target genes, which were associated with the expression of disease genes in cell-cell interaction, metastasis and angiogenesis according to the MalaCards database (Figure 3A, Table S1). In the present study, the expression levels of two notable target genes, namely insulin growth factor receptor 2 (IGF2) and IGFR1 were significantly downregulated by limonin treatment at 40 and 60 μ M, as shown in the heatmap (Figure S1B). Therefore, the IGF2/IGFR1-mediated STAT3 signaling pathway was selected for further studies.

Western blot analysis indicated that limonin suppressed the phosphorylation of IGFR1 (at tyrosine 1131) with or without IGF2 (100 ng/mL) and the activation of the downstream target STAT3 (at tyrosine 705) dosedependently. In MDA-MB-231 breast cancer cells, the maximum inhibition was obtained at 60 µmol/L (*Figure 3B*). In addition, the control experiment included the treatment of the cells with the drug, regorafenib, which is one of the VEGFR2 inhibitors used in the clinic. The data demonstrated that limonin exhibited similar effects with those of regorafenib (26,27) (*Figure 3C*). However, the total expression levels of these proteins were not significantly affected.

Recent studies have reported that protein tyrosine phosphatase SHP-1 is considered a key negative regulator of STAT3 and is expressed in the majority of cancer cells (28,29). Therefore, the current study investigated whether limonin could regulate the expression of SHP-1 by western blot analysis. Limonin markedly upregulated the expression of SHP-1 at the protein level in a dose-dependent manner (Figure 3C). The effects of limonin on SHP-1 were similar to those of regorafenib. In order to further identify the target of limonin with regard to the inhibition of tumor cell migration, SHP-1 was silenced with specific small interference RNA. The results indicated that silencing of SHP-1 reversed the inhibition of tumor cell migration by limonin (*Figure 3D*,E), suggesting that SHP-1 is required for inhibiting tumor metastasis by limonin. Moreover, the analyses of the target gene products of STAT3 indicated that limonin preferentially reduced the expression levels of MMP-9 and VEGF at the transcriptional level in a dose-dependent manner, with an effective concentration of approximately 60 μ M (Figure 3F). By contrast, the expression levels of the anti-apoptotic and proliferative genes, such as Bcl-2 and Bcl-xL, were not significantly influenced at the same dose of treatment (Figure 3F). These results were further confirmed at the protein level (Figure 3G).

Since an association between IGFR1/STAT3 signaling and cancer metastasis has been previously shown (30), the effects of limonin on cancer cell migration were further evaluated using wound healing experiments. The data indicated that following 24 h of treatment, the control cells almost completely migrated to the initial transparent area, while limonin treatment significantly reduced the migration of MDA-MB-231 and MCF-7 breast cancer cells (Figure 3H). The data further indicated that the inhibitory activity of limonin on cell migration was not due to its cytotoxic effects, provided that the cell viability was not altered at the concentration ranges tested. The cell growth curves of both breast cancer cell lines were shown in Figure S1C. All the data indicated that limonin could inhibit breast cancer cell migration by blocking the IGFR1/ SHP-1/STAT3 signaling pathway.



Figure 3 The IGFR1/STAT3 signaling pathway is involved in anti-metastatic effects in limonin treated breast cancer MDA-MB-231 cells. (A) Path enrichment of differentially expressed genes in limonin treated MDA-MB-231 cells. The down-regulated gene subpopulation regulated by the STAT family was used for enrichment analysis. The bar plot showed the highest enrichment score ($_log$ (P value)) for the significant enrichment pathway, the *P* value cutoff is 0.05. (B) Limonin and Regorafenib dose-dependently inhibited the phosphorylation of both IGFR1 (Tyr¹³¹⁶) and STAT3 (Tyr⁷⁰⁵) in breast cancer cells. (C) Effects of limonin and Regorafenib on SHP-1 in MDA-MB-231 cells were analyzed by Western blotting assay. (D) Immunoblotting assay was used to detect the knockdown efficiency of SHP-1. (E) Transwell migration assay was used to test the inhibitory effect of limonin on MDA-MB-231 cell migration when silencing SHP-1, 0.5% crystal violet staining, Scale bar =100 µm. (F) RT-PCR and (G) Western blotting assays used to test the STAT3-dependent transcriptional activity of MMP9 and VEGF by suppressed of limonin and regorafenib. (H) Wound healing assay was used to examine the inhibition effect of limonin on breast cancer cells migration, Scale bar=100 µm.

Limonin inhibits breast cancer invasion via the STAT3 signaling pathway. Following the initial *in vitro* findings on the effects of limonin on the migration of MDA-MB-231 and MCF-7 cells, our analysis was extended to examine the effects of this compound on lung metastasis of MDA-MB-231 cancer cells in two mammary tumor metastasis models as follows: the mouse left ventricle injection tumor metastasis model and the mouse tail vein injection tumor

metastasis model. One week prior to tail vein injection, the mice were injected intraperitoneally with vehicle or limonin for 45 days (31,32). The development of lung metastases nearly disappeared in mice that received pretreatment with 25 mg/kg/day limonin compared with that of the control group. Moreover, the photon flux in the lungs of mice treated at this dose was significantly reduced (*Figure 4A*, 95% CI, 92.97% to 99.49%; P<0.001) 6828



Figure 4 Effect of prevention and treatment of limonin on mouse breast tumor metastasis by tail vein injection. (A) Bioluminescence analysis was used to determine tumor metastasis over a 45-day period. (B) Quantitative analysis of metastatic cells for use in lung bioluminescence analysis, ***, P<0.001. P values were calculated using a two sided Student's *t* test. p/sec/cm²/sr = photons/second/cm²/ steradian. (C) Quantitative analysis of incidence of lung metastasis. (D) Histological analyses of breast cancer cell lung metastases with administration of limonin or vehicle control (magnification, 400×).

compared with that noted in the control mice (*Figure 4B*). The respective incidence of lung metastasis in the control group and in the limonin (25 mg/kg) treatment group was 100% (8 of 8) and 25% (2 of 8), respectively (*Figure 4C*). To fully validate the possible anti-metastatic mechanisms of limonin *in vivo*, immunohistochemical (ICH) staining was performed at the end of the treatment. The results revealed that the expression levels of p-STAT3 and MMP9 were clearly decreased in the tumor tissues of mice treated with limonin, while the expression levels of the cell proliferation marker Ki-67 were not altered in the treated groups compared with those of the control mice (*Figure 4D*).

The mouse left ventricle injection tumor metastasis model was used to further investigate the inhibitory effects of limonin on mammary tumor metastasis. One week prior to the injection of MDA-MB-231 cells, the mice were injected intraperitoneally with vehicle or limonin at 25 mg/kg/day. The luciferase-labelled MDA-MB-231 mammary tumor cells metastasized to the lung area following 21 days in the control mice (*Figure 5A*). By contrast, treatment with limonin for 28 days significantly inhibited MDA-MB-231 cell lung metastases in the limonin-treated group (*Figure 5A*). The images were obtained from the typical metastatic target organs (lung,



Figure 5 Preventive effects of limonin on mouse breast tumor metastasis by left ventricle injection. (A) Bioluminescence analysis was used to determine the 28-day period tumor metastasis. (B) Limonin prevents metastasis in multiple organs *in vivo*.

heart, kidney, stomach, spleen, liver and gut) (*Figure 5B*). The results revealed that limonin treatment significantly reduced the metastatic node numbers in the target organs, indicating that this compound could act in a preventive mode of action.

Discussion

The prevention and suppression of tumor metastasis and angiogenesis using natural agents may be an effective method for the treatment of metastatic tumors (6,33). In

the present study, the anti-metastatic effects of limonin, a natural bioactive molecule in citrus, were investigated. This compound was used at a dose of 40 to 60 μ M and demonstrated potent inhibitory effects on the migration and formation of capillary structure of the angiogenic vessels. At these concentrations, limonin significantly inhibited the activity of VEGF and of its high-affinity receptor VEGFR2, which are the most widely studied factors in angiogenesis (23). In the present study, computational docking data indicated that the activity patches formed by K868, V899 and D1046 were mapped with the electrostatic surface. The furan ring of limonin interacted with the K868 and V899 residues, whereas its alkyl part interacted with D1046 through the hydrophobic interaction. Therefore, this binding mode of limonin to VEGFR2 may prevent the binding of ATP with its active pocket (18,34), leading to the inactivation of several downstream signaling events. The results revealed that limonin could significantly reduce the phosphorylation of VEGFR2 and its downstream target STAT3 in HUVECs induced by VEGF in a dose-dependent and time-dependent manner as demonstrated by western blot analysis, indicating that this compound played an anti-angiogenic role mainly through the VEGFR2/STAT3 signaling pathway.

In addition to the newly discovered anti-angiogenic function of limonin described in the present study, our findings further revealed the anti-metastatic effects of this compound on human breast cancer cells, with the maximum inhibition occurring at 40-60 µM. Recently, it was reported that constitutive and aberrant activation of IGFR1 and of the downstream transcription factor STAT3 could play a crucial role in the initiation of cancer transformation and progression (35). The activated form of STAT3 may translocate into the nucleus to regulate the expression of target genes involved in invasion (MMPs) and angiogenesis (VEGF), which participate in the degradation of the basement membrane and the extracellular matrix (18,34). This in turn facilitates cancer cell metastasis and angiogenesis (36,37). Therefore, decreasing the expression levels of MMPs, notably MMP-2 and MMP-9, could in theory inhibit angiogenesis-dependent intravasation and metastasis (38,39). In the present study, the data demonstrated that limonin treatment resulted in the preferential suppression of MMP9 expression, as well as in the downregulation of VEGF expression, at both the protein and mRNA levels. These effects were noted in MDA-MB-231 cells. It has been shown that SHP-1 is a critical negative regulator of STAT3 regulation. Silencing SHP-1 markedly reversed the inhibitory activity of limonin on MDA-MB-231 cell motility, indicating that SHP-1 was necessary for limonin-mediated inhibition of tumor invasion. Therefore, it was speculated that the anti-metastatic effects of limonin may be mediated by suppressing the activation of IGFR1/STAT3 and the expression levels of its downstream targets MMP9 and VEGF and by increasing the levels of the negative STAT3 regulator SHP-1 in breast cancer cells. However, further studies are required to validate this hypothesis.

Limonin is one of the major active ingredients of

citrus, which has been safely used as a dietary supplement for both nutrition and health-promoting purposes (40,41). In the present study, the data demonstrated that limonin effectively blocked breast cancer angiogenesis and metastasis, at least in part, via the VEGFR2/IGFR1mediated STAT3 signaling pathway. These characteristics render limonin a novel efficient angiogenesis inhibitor that differs from the available compounds used clinically. Limonin may successfully contribute to the prevention and/or delay of the therapeutic resistance noted during single anti-angiogenic therapy. The findings are significant since limited therapeutic options are currently available for highly metastatic breast cancer. Therefore, limonin may be considered a novel candidate agent for the inhibition of tumor invasion, metastasis and angiogenesis that shows promise for future clinical application. However, this experiment also has its limitations. In the two different animal metastasis models, we only give mice intraperitoneal injections without oral or intravenous limonin. The drug metabolism, pharmacokinetics and pharmacodynamics of this compound need to be further studied to determine whether the absorption of limonin is sufficient to function in breast cancer patients.

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Footnote

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of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All mouse experiments were carried out in accordance with the animal experimental regulations approved by the Animal Protection and Utilization Committee of Ningxia Medical University.

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