



Does the gut microbiota play a key role in PD-1/PD-L1 blockade therapy?

Satoshi Watanabe, Toshiaki Kikuchi

Department of Respiratory Medicine and Infectious Diseases, Niigata University Graduate School of Medical and Dental Sciences, Niigata, Japan

Correspondence to: Satoshi Watanabe, MD, PhD. Niigata University Graduate School of Medical and Dental Sciences, 1-757 Asahimachidori, Chuouku, Niigata 951-8510, Japan. Email: satoshi7@med.niigata-u.ac.jp.

Provenance and Peer Review: This is an invited article commissioned by the Editorial Office, *Translational Lung Cancer Research*. The article did not undergo external peer review.

Comment on: Katayama Y, Yamada T, Shimamoto T, *et al.* The role of the gut microbiome on the efficacy of immune checkpoint inhibitors in Japanese responder patients with advanced non-small cell lung cancer. *Transl Lung Cancer Res*. 2019;8:847-53.

Submitted Feb 27, 2020. Accepted for publication Mar 11, 2020.

doi: 10.21037/tlcr.2020.03.31

View this article at: <http://dx.doi.org/10.21037/tlcr.2020.03.31>

Immune checkpoint inhibitors (ICIs), including anti-programmed cell death-1 (PD-1) and anti-PD-ligand-1 (PD-L1) antibodies have revolutionized the treatment of lung cancer. Most advanced lung cancer patients without driver mutations receive ICIs or ICIs combined with chemotherapy as a first line treatment. Although 10–40% of non-small cell lung cancer (NSCLC) patients have durable responses to ICIs, approximately 30–40% of patients show disease progression 6–8 weeks after the start of ICI treatments if they are treated with anti-PD-1/PD-L1 monotherapies (1,2). To select patients most likely to respond to ICI treatment, predictive biomarkers have been extensively explored. The expression of PD-L1 on tumor cells is the most established biomarker for anti-PD-1 therapy. However, there are unresolved problems regarding the use of PD-L1 expression as a predictive biomarker, including intratumoral heterogenic expression of PD-L1, dynamic changes in PD-L1 expression during cancer treatments, and the unresponsiveness of patients even when their tumors express high levels of PD-L1.

The gut microbiota plays an important role in gut health to enhance epithelial barrier integrity and protect against pathogens. The interactions between the gut microbiota and the host immune system have been reported (3,4). Recent studies have demonstrated the association between the gut microbiota and the antitumor effects of ICIs. Sivan *et al.* found the enhancement of spontaneous antitumor immunity and antitumor efficacy of anti-PD-L1 antibodies

in mice with a specific species of bacteria, *Bifidobacterium* in the gut (5). Dendritic cell function and the accumulation of CD8⁺ T cells in the tumor microenvironment were increased in mice with *Bifidobacterium*. Similar correlations between the gut microbiota and antitumor efficacy of PD-1/PD-L1 blockade therapy have been reported in human cancer patients. The fecal samples from NSCLC patients who were enrolled in the CheckMate 078 and the CheckMate 870 trials and received nivolumab were analyzed (6). High microbiota density and the enrichment of *Alistipes putredinis*, *Bifidobacterium longum* and *Prevotella copri* were associated with improved outcomes, whereas the enrichment of *Ruminococcus unclassified* was correlated with poor responses to anti-PD-1 antibodies. Routy *et al.* evaluated 249 patients, including 140 NSCLC patients, and found that 69 patients (28%) were administered antibiotics 2 months before and 1 month after the start of anti-PD-1/PD-L1 therapy (7). These 69 patients had significantly worse survival than patients who did not receive antibiotics (median overall survival 11.5 versus 20.6 months, $P < 0.001$). The authors further found that the transplantation of fecal microbiota from cancer patients who responded to ICI treatments, but not from nonresponders, into germ-free mice improved tumor control. This relationship between the gut microbiota and the antitumor effects of anti-PD-1/PD-L1 therapy is supported by other researcher results (8,9). The following possible mechanisms underlying the modulation of antitumor immunity by the gut microbiota

were suggested: the activation of IFN- γ pathways, production of IL-12, induction of the Th1 immune response in the tumor-draining lymph nodes through the activation of dendritic cells (DCs), and the maintenance of regulatory T cells (5,7,10,11).

In *Translational Lung Cancer Research*, Yuki Katayama and colleagues reported a retrospective study evaluating the association between the gut microbiota and the antitumor effects of PD-1 blockade therapy using linear discriminate analysis coupled with effect size measurements (12). They collected stool samples from 17 patients who were treated with anti-PD-1 therapy. Previous studies reported that several species of bacteria in the gut microbiota are associated with good clinical outcomes following ICI. Katayama *et al.* newly found that patients with highly abundant *Lactobacillus*, *Clostridium* and *Syntrophococcus* tended to have an increased time to treatment failure with anti-PD-1 monotherapy, whereas patients with an increased abundance of *Bilophila* and *Sutterella* tended to have a decreased time to treatment failure. The authors suggested that *Lactobacillus* promotes DC maturation and mediates antitumor immunity. Because several factors including genetic background, the environment and food culture, could affect the composition of the gut microbiota and the interaction between the microbiota and antitumor immunity in cancer patients, further studies and the accumulation of data from various regions are warranted.

Recent evidence has demonstrated that immune-related adverse events (irAEs) are also affected by the gut microbiota. Liu *et al.* reported an association between immune-related diarrhea and the gut microbiota (13). They analyzed fecal samples from 26 lung cancer patients and found that patients with immune-related diarrhea had a significantly greater abundance of *Veillonella* than patients without diarrhea. In contrast, significantly reduced amounts of *Parabacteroides* and *Phascolarctobacterium* were detected in patients with diarrhea. Chaput *et al.* categorized metastatic melanoma patients receiving ipilimumab, anti-cytotoxic T-lymphocyte-associated antigen 4 antibodies, according to the composition of the gut microbiota (14). Patients with cluster A, which was enriched in *Faecalibacterium* and other *Firmicutes*, had better outcomes than patients with cluster B, which was enriched in *Bacteroides*. In addition, belonging to cluster A was associated with a reduced colitis-free cumulative incidence. The authors further demonstrated that patients with immune-related colitis had a reduced percentage of Tregs and reduced levels of IL-6, IL-8 and soluble CD25 before the start of ipilimumab

treatment. The authors suggested that the serum levels of systemic inflammatory proteins at baseline might reflect the composition of the gut microbiota and predict the development of ICI-induced colitis.

Preclinical models have shown that the administration of specific kinds of bacteria improves the outcomes of tumor-bearing hosts. Tanoue *et al.* isolated 11 bacterial species from healthy human donors that are able to stimulate DCs and induce IFN- γ producing CD8⁺ T cells in the intestine (15). Transplantation of these 11 strains into tumor-bearing mice resulted in the augmentation of the antitumor effects of ICIs. A number of clinical studies are ongoing to investigate whether the transplantation of microbiota from responders to ICIs effectively increases the antitumor effects of ICIs. Interestingly, some of these studies are evaluating the effects of microbiota transplantation on chemo-immunotherapy.

Although immunotherapy is a game changer for the treatment of lung cancer, not all NSCLC patients benefit from ICIs. Further prospective studies are warranted to not only develop a predictive biomarker for ICIs but also develop a new combinational strategy consisting of ICIs and the modulation of the gut microbiome.

Acknowledgments

Funding: None.

Footnote

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <http://dx.doi.org/10.21037/tlcr.2020.03.31>). SW reports personal fees from AstraZeneca, personal fees from Chugai Pharma, personal fees from Ono Pharmaceutical, personal fees from Bristol-Myers, personal fees from Boehringer Ingelheim, personal fees from Eli Lilly, personal fees from MSD, personal fees from Taiho Pharmaceutical, personal fees from Pfizer, personal fees from Novartis, personal fees from Daiichi Sankyo, outside the submitted work. TK reports grants and personal fees from Chugai Pharma, grants and personal fees from Boehringer Ingelheim, grants and personal fees from Eli Lilly, grants and personal fees from MSD K.K., personal fees from Astellas Pharma Inc., grants and personal fees from Taiho Pharmaceutical CO., LTD, personal fees from Bristol-Myers Squibb Company, personal fees from Pfizer Japan Inc., grants and personal fees from Daiichi Sankyo CO., LTD, personal fees from Taisho Toyama Pharmaceutical Co., Ltd., personal fees

from Janssen Pharmaceutical K.K., personal fees from Japan BCG Laboratory, grants and personal fees from Ono Pharmaceutical Co., Ltd., personal fees from Novartis Pharma K.K., personal fees from Mylan N.V., grants and personal fees from AstraZeneca, personal fees from Roche Diagnostics K.K., grants and personal fees from Shionogi & Co., Ltd., grants from TEIJIN PHARMA Ltd., grants from KYORIN Pharmaceutical Co., Ltd., outside the submitted work.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Open Access Statement: This is an Open Access article distributed in accordance with the Creative Commons Attribution-NonCommercial-NoDerivs 4.0 International License (CC BY-NC-ND 4.0), which permits the non-commercial replication and distribution of the article with the strict proviso that no changes or edits are made and the original work is properly cited (including links to both the formal publication through the relevant DOI and the license). See: <https://creativecommons.org/licenses/by-nc-nd/4.0/>.

References

1. Reck M, Rodríguez-Abreu D, Robinson AG, et al. Pembrolizumab versus Chemotherapy for PD-L1-Positive Non-Small-Cell Lung Cancer. *N Engl J Med* 2016;375:1823-33.
2. Mok TSK, Wu YL, Kudaba I, et al. Pembrolizumab versus chemotherapy for previously untreated, PD-L1-expressing, locally advanced or metastatic non-small-cell lung cancer (KEYNOTE-042): a randomised, open-label, controlled, phase 3 trial. *Lancet* 2019;393:1819-30.
3. Honda K, Littman DR. The microbiota in adaptive immune homeostasis and disease. *Nature* 2016;535:75-84.
4. Thaiss CA, Zmora N, Levy M, et al. The microbiome and innate immunity. *Nature* 2016;535:65-74.
5. Sivan A, Corrales L, Hubert N, et al. Commensal Bifidobacterium promotes antitumor immunity and facilitates anti-PD-L1 efficacy. *Science* 2015;350:1084-9.
6. Jin Y, Dong H, Xia L, et al. The Diversity of Gut Microbiome is Associated With Favorable Responses to Anti-Programmed Death 1 Immunotherapy in Chinese Patients With NSCLC. *J Thorac Oncol* 2019;14:1378-89.
7. Routy B, Le Chatelier E, Derosa L, et al. Gut microbiome influences efficacy of PD-1-based immunotherapy against epithelial tumors. *Science* 2018;359:91-7.
8. Gopalakrishnan V, Spencer CN, Nezi L, et al. Gut microbiome modulates response to anti-PD-1 immunotherapy in melanoma patients. *Science* 2018;359:97-103.
9. Matson V, Fessler J, Bao R, et al. The commensal microbiome is associated with anti-PD-1 efficacy in metastatic melanoma patients. *Science* 2018;359:104-8.
10. Vétizou M, Pitt JM, Daillère R, et al. Anticancer immunotherapy by CTLA-4 blockade relies on the gut microbiota. *Science* 2015;350:1079-84.
11. Atarashi K, Tanoue T, Oshima K, et al. Treg induction by a rationally selected mixture of Clostridia strains from the human microbiota. *Nature* 2013;500:232-6.
12. Katayama Y, Yamada T, Shimamoto T, et al. The role of the gut microbiome on the efficacy of immune checkpoint inhibitors in Japanese responder patients with advanced non-small cell lung cancer. *Transl Lung Cancer Res* 2019;8:847-53.
13. Liu T, Xiong Q, Li L, Hu Y. Intestinal microbiota predicts lung cancer patients at risk of immune-related diarrhea. *Immunotherapy* 2019;11:385-96.
14. Chaput N, Lepage P, Coutzac C, et al. Baseline gut microbiota predicts clinical response and colitis in metastatic melanoma patients treated with ipilimumab. *Ann Oncol* 2017;28:1368-79.
15. Tanoue T, Morita S, Plichta DR, et al. A defined commensal consortium elicits CD8 T cells and anti-cancer immunity. *Nature* 2019;565:600-5.

Cite this article as: Watanabe S, Kikuchi T. Does the gut microbiota play a key role in PD-1/PD-L1 blockade therapy? *Transl Lung Cancer Res* 2020;9(3):438-440. doi: 10.21037/tlcr.2020.03.31