

# Development and validation of a preoperative noninvasive predictive model based on circular tumor DNA for lymph node metastasis in resectable non-small cell lung cancer

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**Background:** Clinical lymph node staging in resectable non-small cell lung cancer (NSCLC) patients not only indicates prognosis, but also determines primary treatment strategy. The demand of noninvasive tool for preoperative lymph node metastasis prediction remains significant. This study aimed to develop and externally validate a preoperative noninvasive predictive model based on circular tumor DNA (ctDNA) for the lymph node metastasis in resectable NSCLC patients.

**Methods:** Resectable NSCLC patients in TRACERx cohort were included as training group. Potential preoperative noninvasively accessible predictors were incorporated into the development of a nomogram via multivariate logistic regression. The predictive model was externally validated by a similar cohort from our hospital.

**Results:** Overall, 58 patients from TRACERx cohort were included as training group and 37 patients from our hospital were included as external validation group. Variant allele frequency (VAF) level of ctDNA was significantly associated with lymph node metastasis (OR: 4.89, 95% CI: 1.22–19.54, P=0.03). The predictive model incorporating age, tumor size and VAF demonstrated satisfactory discrimination and calibration in both training group (AUC =0.77, 95% CI: 0.65–0.90, P=0.001) and external validation group (AUC =0.84, 95% CI: 0.70–0.99, P=0.005).

**Conclusions:** High VAF level in preoperative ctDNA may indicate lymph node metastasis of resectable NSCLC. And a preoperative noninvasive predictive model based on ctDNA for the lymph node metastasis in resectable NSCLC patients was developed and externally validated with satisfactory discrimination and calibration.

Keywords: Circulating tumor DNA (ctDNA); non-small cell lung cancer (NSCLC); lymph node metastasis

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# Introduction

Lung cancer is one of the most prevalent and deadly cancers in the world (1), with non-small cell lung cancer (NSCLC) constituting approximately 80% of the diagnosed cases. The eighth edition TNM staging system is currently the most widely used prognosis tool and primary treatment determinant (2). Regional lymph node involvement is a core aspect of TNM staging. The 5-year survival rates are in descending order for clinical N0, N1 and N2 patients as 37%, 23% and 9% respectively. Moreover, primary treatment strategy differs depending on clinical N stage. For resectable NSCLC without mediastinal lymph node involvement, surgical resection remains as the primary option. However, for NSCLC patients with mediastinal lymph node involvement, the National Comprehensive Cancer Network (NCCN) guideline recommends definitive concurrent chemoradiation or induction chemotherapy as the primary treatment (3).

Chest computed tomography and positron emission tomography/computed tomography are usually the first steps of preoperative lymph node staging. For resectable NSCLC patients with negative mediastinal lymph node results, surgical resection may proceed. Meanwhile for positive results, further pathological confirmation by invasive techniques is required (3,4). These include endoscopy needle biopsy, mediastinoscopic lymph node evaluation, and sometimes even video-assisted thoracic surgery for lymph node evaluation. Unfortunately, certain number of patients are wrongfully proceeded to surgical resection due to the occasional false negative results in radiological examination. Furthermore, these invasive techniques, though with proven sensitivity and specificity, are accompanied with the risk of potentially severe complications and patients' discomfort. Therefore, the demand of noninvasive tool for preoperative lymph node metastasis prediction remains significant.

Circular tumor DNA (ctDNA), referring to the tumoral DNA fragment detected in patients' plasma, has been widely used for the diagnosis of driver mutations in advanced stage NSCLC (5). Several pioneering studies have demonstrated the feasibility and potential application of ctDNA in the screening and detection of postoperative minimal residual disease in early stage NSCLC (6-9). A comprehensive review and data analysis of these studies has revealed variant allele frequency (VAF) to be closely correlated with the stage of NSCLC, as more advanced stage patients have higher level VAF (10). Moreover, preoperative ctDNA analysis of TRACERx cohort [Tracking Non-Small-Cell Lung Cancer Evolution through Therapy (Rx)] has demonstrated that larger tumor size is associated with higher VAF level (6,11). Therefore, VAF may be a tumor burden indicator and potentially useful in preoperative lymph node metastasis prediction in NSCLC patients.

To the best of our knowledge, no previous study has applied preoperative ctDNA in NSCLC lymph node metastasis prediction, and the relationship between VAF and lymph node metastasis remains unclear. In this study, we utilized the publicly available data of the TRACERx study (6,11), and we aimed to build a preoperative noninvasive predictive model for the lymph node metastasis of resectable NSCLC based on ctDNA. Furthermore, we used a separate cohort from our hospital to externally validate the prediction model. We present the following article in accordance with the STROBE reporting checklist (available at http://dx.doi.org/10.21037/tlcr-20-593).

#### **Methods**

#### Study design

Related clinicopathological factors and single nucleotide variation data were extracted from the publicly available baseline preoperative cohort of the TRACERx study (6,11). The primary outcome in this study was pathological lymph node metastasis, which was evaluated with systemic lymph node sampling or dissection during surgery. We aimed to develop a prediction model based on ctDNA and preoperative noninvasively accessible clinical factors. The discrimination and calibration of the model were evaluated and the model underwent external validation by a similar cohort from our hospital.

# Study population

The selection criteria of the TRACERx group was described



Figure 1 Patient selection flow of the training group and external validation group. \*, detailed selection criteria of the TRACERx 100 cohort has been described previously by Jamal-Hanjani *et al.* 

previously (6,11) and summarized as follows: (I) resectable stage I-IIIA NSCLC adult patients; (II) patients received preoperative ctDNA test and at least one single-nucleotide variants (SNV) was detected; (III) patients underwent primary tumor resection and intraoperative systemic lymph node sampling or dissection; (IV) patients received any anticancer neoadjuvant therapy were excluded; (V) patients with any other current malignancy or previous malignancy diagnosed or relapsed within the recent 5 years were excluded. A similar cohort was retrospectively identified in our hospital and used as the external validation group. Overall, 58 patients from TRACERx cohort were selected into the training group, and 37 patients from our hospital were selected into the external validation group from 2018.7.1 to 2019.8.31 (Figure 1). This study was conducted in accordance with the Declaration of Helsinki and was approved by our hospital institutional review board, and informed consents were acquired from all participants. All data in this study was deposited in our hospital research data management committee website (RDDA2020001480) and could be accessed upon request.

#### ctDNA test

The preoperative ctDNA test method of the TRACERx study was described previously (6), and could be briefly reviewed as the following procedures: (I) cfDNA extraction from plasma; (II) cfDNA library construction with the Natera Library Prep kit; (III) SNV assay optimization and target enrichment; (IV) Sequencing with Illumina HiSeq 2500. On the other hand, the ctDNA test of the external validation group was performed with the 150 genes panel acquired from 3D Medicines, Inc. (Shanghai, China, Table S1). The testing procedure was summarized as follows: (I) collect 8-10 mL venous blood into EDTA tube and centrifuge to isolate the plasma within 4 hours; (II) cell free DNA (cfDNA) was extracted from the plasma with QIAamp Circulating Nucleic Acid kit (Qiagen) following the standard procedure, and the cfDNA was quantified by Qubit dsDNA HS Assay Kit (Life Technologies); (III) cfDNA libraries was established by Accel-NGS 2S Plus DNA Library Kit (SWIFT) with barcoding to tag individual cfDNA fragment following the manufacture manual; (IV) target enrichment was performed with 3DMed 150-Gen

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Lockdown Probe Kit following the standard procedure; (V) the captured libraries were sequenced with NextSeq500 (Illumina) following the manufacture manual. Called mutations with high VAF (>0.2) were excluded as they are likely to be germline mutations.

#### Statistical analysis

Discrete variables were presented with count and percentage, their difference between groups was compared with Pearson chi-square test (all expected values no less than 5) or Fisher's exact test (any expected values less than 5). Continuous variables were described with median and interquartile range and their difference between groups was compared with Mann-Whitney-Wilcoxon test. The mean of VAF (meanVAF) was calculated as the sum of all variant allele frequency (VAF) divided by the number of mutations within the same patient. Continuous variables were further transformed into binary variables with the optimal cutoff to facilitate model development and clinical appliance.

Preoperative noninvasively accessible factors were entered simultaneously in multivariate logistic regression analysis, and potential statistical significant factors (P<0.15) from the multivariate analysis were further included in the development of the nomogram. The nomogram was developed with "rms" package, which contained many useful functions of model development and visualization (12,13). The discriminative power was evaluated with area under the receiver operating characteristic curve (AUC). The range of AUC was 0.5-1.0, with 0.5 indicating random prediction and 1.0 indicating perfect prediction. The optimal sensitivity and specificity were determined by Youden Index. The model was calibrated and evaluated with Hosmer-Lemeshow test. The model was internally validated with Bootstrap resampling and externally validated with a similar cohort from our hospital. A two-sided P value <0.05 was considered statistically significant. All statistical analysis was conducted by IBM SPSS statistics version 25 and R version 3.6.1.

#### **Results**

### Study population and related clinicopathological factors

The training group comprised 58 patients from TRACERx cohort, and 37 patients from our hospital were selected into external validation group as shown by the selection flow (*Figure 1*). Lymph node metastasis occurred in 17 (29.3%)

patients in the training group and 7 (18.9%) patients in the external validation group. All related clinicopathological factors and meanVAF of the both groups were listed in *Table 1*.

# VAF comparison between patients with and without lymph node metastasis

The overall VAF distribution of the training group was shown in the boxplot and histogram (*Figure 2A,B*). The meanVAF was calculated within each patient, and when grouped by the status of the lymph node metastasis, there was a clear tendency that lymph node metastasis was associated with higher meanVAF (*Figure 2C,D*).

# Development of the predictive model for lymph node metastasis

In the univariate and multivariate analysis of preoperative noninvasively accessible variables, higher meanVAF level was significantly associated with lymph node metastasis (OR: 4.89, 95% CI: 1.22-19.54, P=0.03, Table 2). In addition, younger age at the time of diagnosis and larger tumor size were potentially associated with lymph node metastasis (P<0.15, Table 2). These 3 variables were further included to develop the predictive nomogram (Figure 3). In the nomogram, each subcategory within the variable was assigned a point by the point scale at top. Locate the sum of these points on the total point scale and the predicted lymph node metastasis probability can be found perpendicularly below. The AUC of the nomogram was 0.77 (95% CI: 0.65-0.90, P=0.001, Figure 4A) with the optimal sensitivity and specificity as 70.6% and 73.1% respectively, indicating satisfactory discriminative power. The nomogram was internally validated by bootstrap resampling and shown to be well calibrated, demonstrating fine agreement between predicted probability and actual probablity (Figure 4B, Hosmer-Lemeshow test: P=0.88).

#### External validation of the predictive model

In the external validation group, the prediction model also demonstrated satisfactory discriminative power with an AUC of 0.84 (95% CI: 0.70–0.99, P=0.005, *Figure 4C*). And the optimal sensitivity and specificity were 71.4% and 80.0% respectively. Moreover, the calibration plot in the external validation group demonstrated fine agreement between the predicted probability and actual probability

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Variables	Training group (n=58)		External validation group (n=37)	
	Median/count	IQR <sup>§</sup> /percentage	Median/count	IQR/percentage
Age	67.0	14.0	59.0	7.0
Gender				
Male	39	67.2%	21	56.8%
Female	19	32.8%	16	43.2%
Smoking				
No	4	6.9%	17	45.9%
Yes	54	93.1%	20	54.1%
Tumor size/mm	39.5	20.0	20.0	16.0
Lymph node metastasis				
No	41	70.7%	30	81.1%
Yes	17	29.3%	7	18.9%
Histology				
Adenocarcinoma	21	36.2%	34	91.9%
Squamous cell carcinoma	31	53.4%	1	2.7%
Other	6	10.3%	2	5.4%
TNM stage <sup>‡</sup>				
I	32	55.2%	25	67.6%
П	12	20.7%	6	16.2%
III	14	24.1%	6	16.2%
MeanVAF	1.53×1 <sup>0-3</sup>	3.42×10 <sup>-3</sup>	1.93×10 <sup>-3</sup>	1.36×10 <sup>-3</sup>

<sup>†</sup>, MeanVAF: the mean of variant allele frequency, calculated as the sum of all variant allele frequency (VAF) divided by the number of mutations within the same patient. <sup>‡</sup>, Eighth edition American Joint Committee on Cancer TNM stage. <sup>§</sup>, IQR, interquartile range, calculated as the difference between 75th and 25th percentiles.

(Figure 4D, Hosmer-Lemeshow test: P=0.99).

# Discussion

In this study, VAF level was discovered to be significantly associated with lymph node metastasis in resectable NSCLC patients. Previous studies had found a close association between VAF level and tumor burden in NSCLC patients, as higher level VAF was correlated with larger tumor size and more advanced stage (6,10). However, to the best of our knowledge, the specific relationship between VAF level and lymph node metastasis had never been clarified. We believe our finding is consistent with the previous perspective that higher VAF level is associated with higher tumor burden. And compared to NSCLC patients without lymph node metastasis, patients with lymph node metastasis can certainly have higher tumor burden. Therefore, VAF level can be a useful indicator for the lymph node metastasis and provide valuable information for preoperative clinical N staging.

Moreover, we built a lymph node metastasis predictive model based on this finding from ctDNA testing and other preoperative noninvasively accessible clinical factors (namely, age and tumor size). Previous studies had found that younger age at NSCLC diagnosis was more likely to be associated with lymph node metastasis, as their tumors were more aggressive and their diagnosis were often delayed (14,15). In addition, larger tumor size was well documented

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**Figure 2** The overall distribution of variant allele frequency (VAF) and the distribution comparison of meanVAF grouped by lymph node metastasis status. MeanVAF (the mean of variant allele frequency) was calculated as the sum of all VAF divided by the number of mutations within the same patient. (A,C) are box plots; their y axes are on a  $\log_{10}$  scale. The central line within the boxes represents their medians, and the lower and upper hinges of the boxplots correspond to the 25<sup>th</sup> and 75<sup>th</sup> percentiles, respectively. The upper and lower whiskers extend from the hinge to the largest and smallest value but no further than 1.5× the interquartile range from the hinge. Outliers beyond the end of the whiskers were plotted individually. (B,D) are histograms; their x axes are on a  $\log_{10}$  scale.

 Table 2 Univariate and multivariate logistic regression analysis of preoperative noninvasively accessible predictors of lymph node metastasis in the training group

Veriables	Univariate analysis	;	Multivariate analysis	
variables	OR (95% CI)	Р	OR (95% CI)	Р
Age <70	2.80 (0.78–10.07)	0.11	3.25 (0.78–13.53)	0.11
Male	1.88 (0.52–6.80)	0.34	1.42 (0.32–6.32)	0.65
Smoking	1.26 (0.12–13.08)	0.85	0.48 (0.03–7.36)	0.60
Tumor size ≥35 mm	4.33 (0.87–21.57)	0.07	4.03 (0.63–25.94)	0.14
$MeanVAF^{\dagger} \ge 1.53 \times 10^{-3}$	5.08 (1.41–18.34)	0.01	4.89 (1.22–19.54)	0.03

<sup>†</sup>, MeanVAF: the mean of variant allele frequency, calculated as the sum of all variant allele frequency (VAF) divided by the number of mutations within the same patient.

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**Figure 3** Preoperative noninvasively accessible nomogram based on circular tumor DNA for the lymph node metastasis in resectable nonsmall cell lung cancer. Each subcategory within the variable was assigned a point according to the point scale above; the predicted probability of lymph node metastasis can be found perpendicularly below the location of the sum of these points on the total point scale.



**Figure 4** Receiver operating characteristic curves and calibration plots of the training group (A,B) and the external validation group (C,D). The optimal sensitivity and specificity were determined by Youden's index, and the model was internally validated with bootstrap resampling.

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to have an association with lymph node metastasis (16-18). Thus, the final predictive model incorporated age, tumor size and VAF level.

The model demonstrated good discriminative power and calibration in both training group and extenal validation group. Actually, multiple lymph node metastasis prediction models with similar performance had been built previously (17-19). However, it should be noted that these models were based on postoperative pathological or genomic characteristics, therefore were limited in preoperative lymph node metastasis prediction. On the contrary, all predictors in our models can be acquired noninvasively before surgery, and we believe this predictive model can help improve the accuracy of preoperative clinical N staging.

Our study further validates the application prospect of ctDNA as a useful technique for preoperative lymph node metastasis prediction. And it should be noted that the full potential of ctDNA has yet to be unlocked in clinical practice. Early cancer detection via a simple blood draw has always been the final prize of ctDNA, which specifically includes early cancer screening and early postoperative minimal residual disease detection. This is no longer a fantasy as several pioneering studies have made great progress in advancing the ctDNA techniques (6-9). We believe the full potential of ctDNA as a noninvasive technique will soon be realized in the near future.

Several limitations are worth mentioning in this study. First, our predictive model lacked the capacity to further differentiate clinical N1 and N2 stage. We believe this limitation was caused by not only the limited discriminative power of included predictors, but also the limited sample size, especially the number of positive N2 patients. Second, the radiological characteristics of the lymph node, which were likely to be predictive, were not available in either training group or external validation group. Third, the concordance between ctDNA and primary tumor tissues whole-exome sequencing was less than ideal (20), as the tumor burden in resectable NSCLC was relatively small, and the trace amount of tumor DNA released into the plasma was technically challenging to be all correctly detected without missing. Fourth, this study was subjected to potential bias due to its retrospective nature. Therefore, future efforts should be directed toward prospective trial with larger sample size, improved technique and comprehensive evaluation.

In conclusion, the VAF level in ctDNA was demonstrated to be a useful indicator for the NSCLC lymph node metastasis. And a preoperative noninvasive predictive model based on ctDNA for the lymph node metastasis in resectable NSCLC patients was developed and externally validated with satisfactory discriminatory ability and calibration.

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# Footnote

*Reporting Checklist:* The authors have completed the STROBE reporting checklist. Available at http://dx.doi. org/10.21037/tlcr-20-593

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*Conflicts of Interest:* All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi. org/10.21037/tlcr-20-593). The authors have no conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. This study was conducted in accordance with the Declaration of Helsinki and was approved by our hospital institutional review board, and informed consents were acquired from all participants.

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# Supplementary

#### Table S1 Specific gene list of the ctDNA 150 genes panel (3D Medicines, Inc, Shanghai, China)

ACVR2A, AKT1, AKT2, ALK, APC, AR, ARAF, ARID1A, ARID2, ATM, ATR, AXIN1, BARD1, BCL2L11, BIRC5, BRAF, BRCA1, BRCA2, BRIP1, C11orf30, CBL, CCND1, CCND2, CCNE1, CD274, CDH1, CDK12, CDK4, CDK6, CDKN1B, CDKN2A, CHEK1, CHEK2, CREBBP, CRKL, CTNNB1, CYP2C19, CYP2D6, DDR2, DPYD, EGFR, EP300, EPHB1, ERBB2, ERBB3, ERBB4, ERRFI1, ESR1, EZH2, FAM135B, FAT1, FBXW7, FGF19, FGFR1, FGFR2, FGFR3, FLT1, FLT3, FLT4, GATA3, GLI3, GNA11, GNAQ, GNAS, HNF1A, HRAS, IDH1, IDH2, IRS2, JAK2, JAK3, KDR, KEAP1, KIT, KMT2A, KRAS, LRP1B, MAP2K1, MAP2K2, MAP2K4, MAP3K1, MCL1, MET, MLH1, MRE11A, MSH2, MSH6, MTOR, MYC, MYCL, MYCN, NF1, NFE2L2, NKX2-1, NOTCH1, NOTCH2, NOTCH3, NRAS, NRG1, NRG3, NTRK1, NTRK2, NTRK3, PALB2, PDCD1LG2, PDGFRA, PDGFRB, PIK3CA, PIK3R1, PREX2, PTCH1, PTEN, PTK2, PTPN11, RAD50, RAF1, RB1, RBM10, RET, RICTOR, RIT1, RNF43, ROS1, RUNX1T1, SETD2, SLIT2, SMAD2, SMAD3, SMAD4, SMARCA2, SMARCA4, SMO, SOX2, SPEN, SPTA1, SRC, STK11, TBX3, TCF7L2, TERT, TGFBR2, TP53, TPMT, TSC1, TSC2, UGT1A1, VEGFA, VHL, ZNF217, ZNF703