

# Predictive factors of activity of anti-programmed death-1/programmed death ligand-1 drugs: immunohistochemistry analysis

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**Abstract:** Anti-programmed death-1 (anti-PD1)/programmed death ligand-1 (PD-L1) therapeutic antibodies targeting regulatory pathways in T cells have recently shown to promising clinical effectiveness in several solid tumors by enhancing antitumor immune response. Immune checkpoint therapy has propelled therapeutic efforts opening a new field in cancer treatment. However, durable clinical response has been achieved only in a fraction of patients, underlining the need to predictively select those patients most likely to respond, e.g., by detecting predictive biomarkers. Immunohistochemistry (IHC) detection of PD-L1 in tumor cells has been used in various trials of anti-PD-1/PD-L1 agents to try to select those patients most likely to respond. However, since there are different techniques and scoring systems, results have not been conclusive. Thus efforts are needed to develop standardized IHC assays as well as to explore additional biomarkers to evaluate and predict immune responses elicited by anti-PD-1/PD-L1 therapies.

**Keywords:** PD-1; programmed death ligand-1 (PD-L1); immunohistochemistry (IHC); biomarker; immunotherapy

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## Introduction

Lung cancer currently remains the leading cause to cancer-related deaths globally; each year 1.8 million people are diagnosed with lung cancer (1). Lung cancer has traditionally been classified into small cell lung cancer (SCLC) and non-small cell lung cancer (NSCLC), with latter accounting for about 85% of all cases. Despite development of clinical diagnostic techniques, approximately 75% of all the NSCLC cases are diagnosed at an advanced or metastatic stage, thus leading to poor prognosis. With limited successful treatment options, surgery remains the standard treatment in the early stages of the NSCLC; for aggressive NSCLC, first-line of treatment is chemotherapy.

In the past decade, there have been several studies highlighting the role of EGFR and its mutations in lung tumorigenesis and response to EGFR small-molecule inhibitors (2). Even though identification of treatable mutations and development of new molecular targeted agents, the number of patients with these aberrations with access to these medications remain less than 20% (3). Thus, the prognosis of NSCLC remains grim, with a 5-year overall survival of high-stage patients approximately of 1% (4). Obviously, there is great need for a novel therapeutic approach that could improve the outcome for these NSCLC patients.

During the past few decades, there have been great advances in the understanding of the interaction between

immune system and tumor progression. As such, lack of immunological control has been recognized as one of the tenets of cancer. Currently, there is increasing evidence pointing towards the formation of a tumor immune microenvironment that fosters tumorigenesis. Tumor cells disrupt host immune checkpoints thus escaping immune surveillance and avoiding their elimination from the host immune system. Transformation of normal to malignant cell involves several genetic and epigenetic changes, which can produce neoantigens that could be recognized by host immune system, thus triggering the body's immune response. Under normal physiological conditions, T-cells would recognize cancer cells as abnormal and populate cytotoxic T-lymphocytes (CTLs) at the site thus infiltrating and killing cancer cells in the process. However, cancer cells utilize several pathways to up-regulate negative signals blocking T-cell activation and induction of cell death, thus promoting tumor growth and eventual metastases. Increasing number of studies and clinical trials show that an immunotherapeutic approach to utilizing antibodies against immune checkpoint modulators can release inhibitory signals and facilitate antitumor activity of the immune system.

In the current review, we would include the PD-1/programmed death ligand-1 (PD-L1) signaling in lung cancer and current efforts to employ immunohistochemical analysis to predict clinical response to anti-programmed death-1 (anti-PD1) and anti-PD-L1 medications.

### Tumor immunogenicity

Early trials with various vaccines and immunostimulatory agents such as interleukin-2 that induces CTL proliferation failed to achieve satisfactory therapeutic outcome (5). Only a limited subset of NSCLC patients benefited with moderate survival benefits. However, there were immune-related side effects (6) leading to the belief that lung cancer is insensitive to immunotherapy.

In contrast, recent clinical data indicate that lung cancer is a suitable candidate for immunotherapy; patients with increased tumor-infiltrating lymphocytes (TILs), CTLs, T-helper cells, dendritic cells (DCs) and natural killer (NK) cells, have been shown to have a better prognosis (7-9). Lung tumors have also been shown to have high population of immunosuppressive cells like T-regulatory cells (T-regs) and myeloid-derived suppressor cells (MDSCs) thus disrupting killer cell activity (10). In addition, lung cancer cells secrete cytokines, interleukins, prostaglandins and

growth factors attenuating T-cell response (11-14). There is also decrease in the levels of MHC class I expression in lung tumors facilitating the escape from routine antigen processing and evading immune surveillance (15). There are new and exciting data showing an improved rate of clinical response to antibodies targeting immune checkpoints (16). One of the goals of such immune checkpoint therapy is to remove the inhibitory pathways that block antitumor T cell response. Thus, the mechanism differs from traditional therapies targeting tumor or tumor vasculature, and earlier immunostimulatory.

Currently, research work in the field of immune checkpoint therapy is mainly focused on PD-1 and its ligand PD-L1 (B7H1). PD-1/PD-L1 axis regulates T cell activation in the later stages of tumor development. Antibodies targeting the PD-1/PD-L1 pathway have shown clinical responses in various cancers including NSCLC (17,18).

### PD-1 and PD-L1

PD-1 was initially discovered while characterizing the role of *de novo* RNA synthesis in the apoptotic cell death of murine thymocytes (19), and earlier studies showed that it is a type 1 trans-membrane protein belonging to extended CD28/CTLA-4 immunoglobulin family and encoded by the PDCD1 gene (20). PD-1 is one the most important inhibitory co-receptors expressed on activated T cells. The PD-1 molecule comprises of an extracellular IgV domain, a hydrophobic transmembrane region, and an intracellular domain containing potential phosphorylation sites that are located in the immune tyrosine-based inhibitory motif (ITIM) and immune receptor inhibitory tyrosine-based switch motif (ITSM). Earlier mutagenic studies have shown that activated switch motif (ITSM) is required for the inhibitory effect of PD-1 on active T cells (21). Like other inhibitory co-receptors PD-1 is expressed by activated T cells, along with B cells, monocytes, NK cells, DCs, TILs, and activated T-regs, facilitating the proliferation of T-reg and thus, impeding immune response (22,23).

The PD-1 receptor has two ligands, PD-L1 (B7-H1 or CD274) and PD-L2 (B7-DC or CD273), which are shared by a co-inhibitory receptor CD80 (B7-1) (24,25). PD-L1 is expressed upon resting T cells, B cells, macrophages, DCs, pancreatic islet cells and endothelial cells. On the other hand, PD-L2 has restricted tissue distribution and is expressed only on antigen-presenting cells (APC). These differences in tissue distribution pattern suggest that

these two molecules have separate function in immune modulation. This restricted expression of PD-L2 to macrophages and DC is in line with its role in regulating T-cell priming; in contrast, broadly expressed PD-L1 is involved in protecting peripheral tissues from excess of inflammation and autoimmune pathologies. PD-L1 has been found to be overexpressed in a wide variety of cancers *viz.* melanoma, glioblastoma, multiple myeloma, leukemias, and gastric, renal cell, bladder, hepatocellular, cutaneous, and NSCLC (26-32). PD-L1 is heterogeneously expressed in cancer and is found to be located in the cytoplasm and plasma membrane of cancer cells (33). PD-L2 is also expressed by various tumor cells, including lung adenocarcinomas (34).

PD-L1 expression is induced by various proinflammatory molecules such as interferon- $\gamma$  (IFN- $\gamma$ ), tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), vascular endothelial growth factor (VEGF), granulocyte-macrophage colony-stimulating factor (GM-CSF), and cytokines like IL-10. The tumor microenvironment has activated T helper cells, which produce IFN- $\gamma$  and TNF- $\alpha$ , and tumor stromal cells secreting VEGF and GM-CSF, thus upregulating PD-L1 expression in tumor cells and facilitating immune suppression. This phenomenon has been named “adaptive immune resistance” (33). IFN- $\gamma$ -induced PD-L1 expression in human cholangiocytes is shown to be regulated microRNA-513 (35). mir-531 is complementary to the 3'-UTR of PD-L1 mRNA, thus it prevents its translation. In addition, expression of PD-L1 is also regulated by phosphatase and tension homolog deleted on chromosome ten (PTEN), a tumor suppressive gene. PTEN is often mutated in tumor cells, resulting in the activation PI3K/AKT pathway and downstream effector mTOR-S6K1 signaling cascade, which causes increased translation of PD-L1 mRNA and high expression of PD-L1 protein in the cancer cells (36,37). In melanoma, the higher levels of PD-L1 protein in tumor cells were found to be correlated to the CD8+ T-cells (38).

In tumor cells as well as in T cells, PD-L1 can act both as a ligand and receptor. PD-L1, in absence or unavailability of its receptor PD-1, is capable of stimulating T cells (39,40). Stimulatory signal for activating T cell is received through binding of CD28 surface molecule to CD80 and CD86 molecules expressed on the APCs, on the other hand, interaction of CTLA-4 with these molecules down regulates T cell activity (41). However, T cells can also express CD80 and its docking with PD-L1 could induce T cell tolerance, and at this point CD80 acts an additional T cell counter

receptor for PD-L1 with inhibitory function (24).

### PD-1/PD-L1 signaling pathway

Under normal physiological conditions, PD-1 regulates the activity of effector T-cells in peripheral tissues in response to infection. This is a critical step in protecting human body against tissue damage upon the activation of immune system. PD-L1 and PD-L2 expressed on the APC surface exert suppressive action via T-cell receptors. The binding of PD-L1 or PD-L2 leads to recruitment of tyrosine phosphatases generating an inhibitory signal that blocks downstream effects of PI3K/Akt signaling resulting in cell cycle arrest and suppressed T-cell activation (21,42,43). However, when cancer cells are attacked by immune system they start overexpressing PD-L1 and PD-L2, which bind to PD-1 receptors on T-cells suppressing them and in the process resulting in tumor immune escape (44).

In dynamic tumor microenvironment, PD-1 and its ligand PD-L1 down regulate T-cell response by various mechanisms. Recently, Duraiswamy & coworkers showed that overexpression of PD-L1 on tumor cells, tumor-associated macrophages, DCs, and MDSCs positively correlated with the exhaustion of TILs in tumor (45). PD-L1 down regulates phospho-Erk and increases PTEN causing inhibition of Akt/mTOR/S6 signaling pathway, hence, promoting generation of induced T-regs, which restrain the activity of effector CD8 T cell (23). Also, earlier reports show that PD-1 induces cell death in activated T cells via inhibiting PI3K activation leading to down regulation of anti-apoptotic protein Bcl-xL (46). Anti-PD-L1 antibody has been shown to decrease the apoptosis of T cells, and could help in achieving tumor immunity. In addition, PD-1 could also inhibit phosphorylation of PKC- $\theta$ , which is required for production growth stimulatory IL-2, thus resulting in cell cycle arrest and blocking T cell proliferation (47).

PD-L1 is overexpressed in various malignancies *viz.* melanoma, glioblastoma, and renal, gastric, head and neck squamous cell, colon, pancreas, breast, cervical, ovarian, and lung carcinoma (31,32,48-57). PD-L1 protein expression is a poor prognostic biomarker in NSCLC and found to be associated with tumor differentiation (58). Studies have shown that lung cancer patients with EGFR mutations have higher levels of PD-L1 expression than the wild-type samples and high PD-L1 expression is associated with the presence of EGFR mutation (59). In lung cancers not harboring EGFR mutation, the PD-L1 over expression

conveys poor prognosis (60). Also, a recent study revealed a direct link between tumor-related genes and imbalance of immune regulation. The authors showed that either *EML4-ALK* fusion gene or activating mutations of the EGFR upregulated PD-L1 expression in NSCLC cell lines by activating PI3K-AKT and MEK-ERK signaling pathways (61). There was also a direct correlation between the levels of EML4-ALK and PD-L1 expression in NSCLC tissue specimens.

### Agents targeting PD-1/PD-L1

Currently, several immune-oncology agents targeting PD-1/PD-L1 are being developed. These novel promising immune checkpoint blockers have shown benefits in recent clinical trials, including the NSCLC patients.

As described above, PD-1 is an immunoregulatory receptor that is expressed by activated T cells (62). Although not all the cells expressing PD-1 are exhausted, postulating a theory that blocking PD-1 can restore the function of T cells (63). Nivolumab (BMS-936558 or MDX1106b) is a human IgG4 antibody against PD-1, and lacks detectable antibody-dependent cellular toxicity (ADCC). In phase I clinical trials Nivolumab showed remarkable regression in various tumors, including NSCLC (64), and in a recent study, previously treated metastatic squamous-cell NSCLC patients had a significantly better overall survival, response rate, and progression-free survival with Nivolumab than with Docetaxel (65). In March 2015, by the United States Food and Drug Administration (FDA) approved nivolumab to be used in treating patients with metastatic squamous NSCLC that progressed on or after platinum-based chemotherapy.

Pembrolizumab (MK-3475) is another highly selective anti-PD-1 humanized monoclonal IgG4 kappa isotype antibody that contains mutation at C228P designed to prevent Fc-mediated cytotoxicity. It can disrupt the engagement of PD-1 and PD-L1, resulting tumor recognition by cytotoxic T cells. In a recent phase-I trial, Pembrolizumab showed antitumor activity and had an acceptable toxicity profile in patients with advanced NSCLC (66).

Another strategy of attenuating PD-1 and PD-L1 signaling cascade is by anti-PD-L1 antibody binding with PD-L1 molecules. Targeting PD-L1 might also result in less treatment-related toxicity partly by instigating selective immune response in the tumor micro milieu. BMS-936559/MDX1105 and MPDL3280A are anti-PD-L1 monoclonal

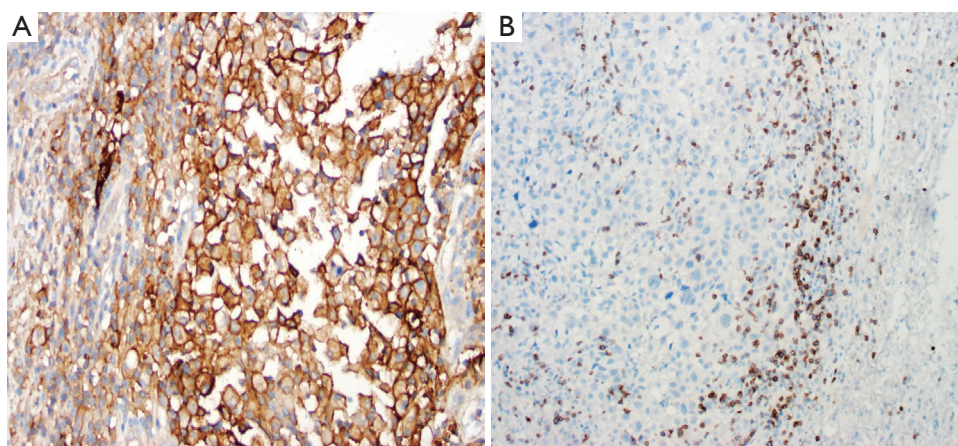
antibodies reacting specifically with PD-L1, and preventing its docking with PD-1 and CD80. BMS-936559/MDX1105 is a high affinity, fully humanized IgG4 antibody, whereas MPDL3280A is an engineered, human monoclonal IgG1 antibody with modified Fc component so as not to activate ADCC. In a multicentric, dose-escalation phase I trial in advanced solid tumors that included 75 NSCLC patients, 6–17% of objective response rate (ORR) and prolonged stabilization of disease (12–41% at 24 weeks) were observed (67). In a phase I trial of MPDL3280A, 175 patients (with 53 NSCLC cases) were enrolled and had a 21% ORR with 39% having stable disease (68).

### Predictive biomarkers for immune-modulatory agents

With the development of targeted and more personalized therapies, there is a need to identify predictive biomarkers with which to select patients for treatment with a particular agent. In recent years, there have been various reports exploring PD-L1 expression as a criterion for selecting anti-PD-1/PD-L1 therapies (69).

The initial phase I Nivolumab trial in 296 patients reported 18% ORR in NSCLC patients reported (17 of 76 patients), 28% among patients with melanoma (26 of 94 patients), and 27% among patients with renal-cell carcinoma (9 of 33 patients). Immunohistochemical analysis on pretreatment tumor samples revealed that patients with PD-L1 positive ( $\geq 5\%$  tumor cells with PD-L1 expression) tumor specimens had an excellent 36% ORR. On the other hand, patients with PD-L1 negative tumor specimens did not have any objective response (70). Similarly, in a phase I study with anti-PD-L1 antibody (MPDL3280A) across various solid tumors, responses (as evaluated by RECIST, version 1.1) were observed in patients with tumors expressing high levels of PD-L1, especially when PD-L1 was expressed by tumor-infiltrating immune cells (68). However, in a randomized, multicentric, phase-3 study that compared Nivolumab monotherapy with Docetaxel monotherapy in patients with advanced squamous-cell NSCLC in whom the disease progressed during or after one prior platinum-containing chemotherapy regimen authors found that the PD-L1 expression was neither prognostic nor predictive of therapeutic benefit (65). These conflicting reports call into question the potential role of PD-L1 as a predictive biomarker to select a patient subgroup for anti-PD-1/PD-L1 therapy.

These contradicting observations of PD-L1



**Figure 1** Immunohistochemical labeling for programmed death ligand-1 (PD-L1) performed with an anti-PD-L1 [clone EPR1161 [2]] & PD-1 [clone (NAT105)] from Abcam (Cambridge, MA, USA) with HIER using citrate buffer & LSAB method (Dako, Carpinteria, CA, USA). (A) Melanoma cells showing strong, uniform reaction in tumor cells (magnification,  $\times 200$ ); (B) PD-L1 negative in tumor cells, there is a positive reaction in immune cells in the tumor stroma and TILs (magnification,  $\times 200$ ). anti-PD-L1, anti-programmed death-1; HIER, heat-induced epitope retrieval; LSAB, labeled streptavidin biotin; TILs, tumor-infiltrating lymphocytes.

immunoexpression and possible correlation with tumor response may be attributed to the use of various antibodies for detecting PD-L1 by immunohistochemistry (IHC) in clinical trials. Initial report from Topalian used a murine antihuman PD-L1 monoclonal antibody 5H1 (70); Herbst *et al.*, used a an anti-human PD-L1 rabbit monoclonal antibody clone SP142 from Ventana, Tucson (68), whereas, Brahmer and coworkers used a rabbit monoclonal, antihuman PD-L1 antibody (clone 28–8, Abcam) (65). In an in-depth review by Teixidó *et al.* they consolidated an extensive list of PD-L1 antibodies used to-date for immunohistochemically detecting PD-L1 expression in various studies (69). All three studies examined PD-L1 expression in formalin-fixed paraffin-embedded (FFPE) tissue sections, however tissue fixation, epitope stability and processing could impact the outcome of immunohistochemical reactions (71).

Whereas frozen specimens can be stained very specifically, FFPE material could result in weaker staining and high background. Such observations have been confirmed by others using PD-L1 monoclonal antibody 5H1 (33,72). Unmasking of the epitopes that are masked by protein linkage during formalin fixation is performed via heat-induced epitope retrieval (HIER) using buffer solutions [citrate buffer (pH 6), ethylenediaminetetraacetic acid (EDTA) buffer (pH 9), and Tris buffer (pH 10)], which includes high-temperature heat-induced cleavage of the protein—protein cross-links produced during fixation

of tissues in neutral-buffered formalin (73). In various studies published so far there is limited information on methodology for PD-L1 staining; specifically whether a low- or high-pH antigen retrieval buffer was used is unclear. However, it has been documented that HIER with a citrate buffer (pH 6) can produce results superior to those obtained with buffers with a higher pH (74).

In our laboratory, we have performed immunohistochemical analysis of PD-L1 protein expression in FFPE sections of melanoma lesions using a rabbit monoclonal antibody against PD-L1 [clone EPR1161 [2] Abcam, Cambridge, MA, USA] at dilution 1:100, after HIER with citrate buffer (pH 6). We have observed a predominantly membranous pattern along with occasional cytoplasmic staining (*Figure 1A*). For PD-1 immunostaining, after HIER using citrate buffer (pH 6), we have used mouse monoclonal antibody against PD-1 of human origin [clone (NAT105); Abcam, Cambridge, MA, USA] at dilution 1:250, and have observed only membranous staining in the lymphocytes (*Figure 1B*). For both these antibodies we have used labeled streptavidin biotin (LSAB) method (Dako, Carpinteria, CA, USA), which compared to ABC method results in less background staining.

Furthermore, even if the immunohistochemical study is correctly performed, it may be difficult to determine a cutoff that defines a clinically significant positive and predictive value. Furthermore, the goal is to determine which patients will likely benefit of the treatment. Although most studies have regarded PD-L1 membranous labeling

of the tumor cells as the most significant one, PD-L1 expression can be detected by IHC in both tumor cells and in immune effector cells (tumor infiltrating immune cells) (17,70,75).

Regarding evaluation of the immunohistochemical slides, there may be different cut-offs, such as  $\geq 1\%$ ,  $\geq 5\%$ , or  $\geq 10\%$  of cells (68);  $\geq 5\%$  cells (70); or 1%, 5% or 10% cells in at least 100 evaluable tumor cells (65). A possible pitfall in some of these studies is the fact that PD-L1 is heterogeneously expressed in tumor cells and thus examination of tissue microarrays or even just a small biopsy of a large tumor may not project an accurate picture of PD-L1 pattern of expression.

In addition to evaluating PD-L1 expression, other biomarkers that play a role in antitumor response induced by immunotherapy may also be identified through genetic analysis of tumor cells. In patients treated with MPDL3280A, high expression of CTLA4 (an important regulator during T-cell expansion) in pre-treatment specimens was observed to correlate with response to therapy (68).

## Conclusions

Based upon the studies reported so far, use of PD-L1 expression as a predictive biomarker for anti-PD-1/PD-L1 immunotherapy remains a possible method for selection or exclusion of patients for treatment (28). However, due to the existence of various available antibodies for detecting PD-L1 expression with different scoring systems, epitope stability, usage of varying sample types *viz.* small biopsies, cytology specimens and large tumor samples, and intra- and inter-laboratory reproducibility, it remains to be determined the optimal, standardized method for clinical trials.

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## Footnote

**Conflicts of Interest:** The authors have no conflicts of interest to declare.

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