CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	1/1	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	1/11	Key words
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	2/7-10	Abstract
	3b	Main symptoms and/or important clinical findings	2/8-11	Abstract
	3c	The main diagnoses, therapeutic interventions, and outcomes	2/10-11	Abstract
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	2/12	Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	2/22-24	Introduction
Patient Information	5a	De-identified patient specific information	2/25	Case presentation
	5b	Primary concerns and symptoms of the patient	2/25	Case presentation
	5c	Medical, family, and psycho-social history including relevant genetic information	Not applicable	Not applicable
	5d	Relevant past interventions with outcomes	Not applicable	Not applicable
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	2/30 and 31	Case presentation
Timeline	7	Historical and current information from this episode of care organized as a timeline	5	Not applicable
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	2/26	Case presentation
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Not applicable	Not applicable
	8c	Diagnosis (including other diagnoses considered)	2/39	Case presentation
	8d	Prognosis (such as staging in oncology) where applicable	2/39	Case presentation
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	2/33	Case presentation
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	2/33	Case presentation
	9c	Changes in therapeutic intervention (with rationale)	Not applicable	Not applicable

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	3/2 and 3	Case presentation
	10b	Important follow-up diagnostic and other test results	3/3-7	Case presentation
	10c	Intervention adherence and tolerability (How was this assessed?)	3/2	
	10d	Adverse and unanticipated events	3/3	
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	3/37 and 38	Discussion
	11b	Discussion of the relevant medical literature **with references**	3/9-38	Discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Not applicable	
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	4/1-3	Discussion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	not applicable	
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☐	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.