

The clinical significance of arterial transit artifact on arterial spin labeling in patients with acute ischemic stroke

Naoto Kohno¹, Kazunori Okada², Shingo Yamagata³, Hiroyuki Takayoshi⁴, Shuhei Yamaguchi⁴

¹Department of Internal Medicine, Seto Inland Sea Hospital, Imabari, Japan; ²Ohda Silver Clinic, Ohda, Japan; ³Department of Internal Medicine, Ohda Municipal Hospital, Ohda, Japan; ⁴Department of Neurology, Faculty of Medicine, Shimane University, Izumo, Japan *Correspondence to:* Naoto Kohno, MD, PhD. Department of Internal Medicine, Seto Inland Sea Hospital, Kitahorai-cho 2-4-9, Imabari 794-0028, Japan. Email: kohnonaoto@gmail.com.

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Arterial spin labeling (ASL) is a noninvasive magnetic resonance imaging (MRI) technique used to assess brain perfusion quantitatively in humans. Many studies have reported the safety and utility of ASL in acute ischemic stroke (AIS); however, few reports have investigated the clinical significance of arterial transit artifact (ATA) in AIS. In this report, we focus on the utility of ATA in AIS.

de Havenon et al. evaluated 38 patients with AIS who underwent 3 tesla (3T) MRI, including diffusion-weighted imaging (DWI) and ASL, within 3 d of stroke onset (1). They defined ASL collaterals (ASLcs) as the presence of curvilinear areas of hyperintensity, known as ATA, along 10% or more of the border of the ASL hypoperfusion area that corresponded to the DWI lesion. They retrospectively analyzed the association between the occurrence of ASLcs and clinical prognosis. ASLcs were detected in 25 of 38 patients (65.8%) and were significantly associated with a good clinical outcome [i.e., a modified Rankin scale (mRS) score of 0-2 at discharge and 1-point decrease in the mRS score at discharge]. They identified two key features of ATA that were critical for correctly identifying a high signal in collateral vessels: (I) the high signal must be curvilinear (intravascular) along the expected trajectory of the circle of Willis vessels and/or overlying the greater convexities (representative of pial collateral vessels); and (II) the adjacent target tissue must be hypoperfused relative to nonischemic brain regions. These two features were mutually dependent, as affected tissue in AIS was typically ischemic because of delayed arterial transit time,

which permitted simultaneous evaluation of cerebral hypoperfusion and collateral vessels. This study suggests a novel MRI technique for assessing collateral blood supply in AIS.

Regarding the clinical utility of the ASL technique in AIS, we recently evaluated 103 patients with AIS (mean age: 79.0 years) within 24 h after stroke onset and reported the utility of ASL depending on the stroke subtype: transient ischemic attack (TIA), lacunar infarction (LI), atherothrombotic infarction (AT), and cardiogenic embolic (CE) infarction (2). ATA was observed in 44.4% of patients with TIA, 11.1% with LI, 45.2% with AT, and 80.6% with CE. ATA was observed in 33% of patients without DWI lesions, 12% of those with a small DWI lesion, 69% of those with a medium DWI lesion, and 77% of those with a large DWI lesion. We additionally analyzed the relationship between ATA and clinical prognosis in the 103 patients; we did not detect a significant association between ATA and the mRS or the National Institutes of Health Stroke Scale score upon discharge. The discordance between de Havenon's study and ours might be due to differences in clinical features, such as the subject age (61 vs. 79 years), imaging device used (3T vs. 1.5T MRI), post-labeling delay (PLD) (1,800 vs. 1,525 ms), time from stroke onset (3 vs. 1 d), and symptom severity at onset.

Early restoration of blood flow in AIS, particularly to regions of ischemic penumbra, improves the recovery and the prognosis of patients (3). Information on collateral flow is important to predict the prognosis of patients with AIS. ATAs are often seen proximal or distal to the arterial occlusion site and provide an important diagnostic clue for detection and localization of arterial occlusion sites in patients with AIS (4). Furthermore, ATA represents slow stagnant and collateral flow, for example, through the ophthalmic artery in patients with acute internal carotid artery (ICA) occlusion (5). In animal models of AIS, the perfusion of penumbra was correlated with the perfusion of adjacent tissue regions more strongly than was the perfusion of regions undergoing infarction (6). This was interpreted as an effect of preserved collateral blood flow. Treatment with collateral therapeutics to the penumbra was associated with lower infarct volumes and a greater probability of a good functional outcome (7). This indicates the importance of collateral vessels in the penumbra in improving the prognosis of patients with AIS.

van den Wijngaard assessed collateral filling with dynamic computed tomography angiography (CTA) and its relationship with infarct volume at follow-up (8). Dynamic CTA provides a more detailed assessment of collaterals than does singlephase CTA, and collaterals have a stronger relationship with infarct volume at follow-up. The extent of collateral flow is more important in determining tissue fate than is the velocity of collateral filling. The timing of dynamic CTA acquisition in relation to intravenous contrast administration is critical for optimal assessment of the extent of collaterals.

Akiyama *et al.* estimated collateral vessels in five patients with unilateral occlusion or stenosis of the ICA (9). The ASL revealed low cerebral blood flow (CBF) with a 1.5-s PLD in the target area and improved CBF with a 2.5-s PLD. By visual inspection, they compared ASL findings with digital subtraction angiography (DSA) findings at 1.5 and 2.5 s after injection of the contrast. DSA revealed that the hypovascular areas observed at 1.5 s were improved via primary and secondary collaterals and delayed anterograde flow at 2.5 s. ATAs, which appeared in nearly the same configuration for both PLDs, were attributed to stagnant collaterals and flow in the M2 portion of the middle cerebral artery (MCA) and ICA during the late venous phase. The use of both PLDs was validated by the DSA findings.

ATA using both PLDs is also useful to differentiate well-developed and stagnant collateral vessels from focal hyperperfusion. Lou *et al.* assessed the associations of leptomeningeal collateral perfusion scores based on ASL with four PLDs (1.5, 2, 2.5, and 3 s) and investigated the outcome of endovascular treatment in patients with AIS in the MCA territory (10). Higher leptomeningeal collateral perfusion scores on cerebral blood volume (CBV) images by ASL may be a specific marker of good clinical outcomes after endovascular treatment in patients with acute MCA ischemic stroke.

ATA is almost compatible with the susceptibility vessel sign (SVS) in patients with cardioembolic cerebral infarction (11). The SVS on T2-weighted MR angiography was detected more frequently in CE than in AT. Moreover, the proximal intra-arterial signal (IAS) on ASL and the distal IAS on fluid-attenuated inversion recovery MRI was detected less frequently in chronic occlusion than in acute occlusion due to cardioembolic or *in situ* stenosis. Multivariate regression analysis indicated that the SVS was significantly associated with CE.

Clinical features of acute stroke with major intracranial vessel occlusion vary depending on the etiology. The SVS and ATA are useful for distinguishing CE from AT (12). Multiple hypointense vessels (MHVs) on susceptibilityweighted imaging (SWI) are associated with an increased oxygen demand in acute cerebral ischemia. Occasionally, some patients exhibit extensive MHVs on SWI despite negative DWI, a phenomenon called total DWI-SWI mismatch. Total DWI-SWI mismatch is associated with good collateral flow and may be a predictor of a good response to treatment in patients with AIS (13).

ATA reflects the hemodynamic pathology of acute obstruction of a major arterial trunk. Conversely, the lack of ATA development may be attributed to gradual progression of arterial occlusion in AIS (2). ATA used in conjunction with other MRI modalities may help reveal the pathophysiology underlying the stroke-related hemodynamic state and guide treatment decision-making for patients with AIS. Further studies in a larger population are needed to confirm the clinical significance of ATA, particularly as a diagnostic tool for assessing collateral hemodynamics.

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