# Building blocks of the viral safety margins of industrial plasma products

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Abstract: The development and large scale production of human plasma-derived medicinal products has been amongst the earliest successes of industrial scale biotechnology, and has enabled significant progress in the treatment of several at the time unmet medical challenges: human serum albumin was a much needed treatment for critical care of trauma and burn victims during World War II, cryo-precipitate and the more purified factor VIII, factor IX and anti-inhibitor concentrates allowed for the treatment of hemophilia, and immune globulins provided for a treatment of immune deficiencies, and later autoimmune disorders. These early successes did, however, also reveal biological safety challenges, in that the collection of plasma from many thousands of donors as needed for large scale production resulted in the potential for exposure of plasma product recipients to the microbial risk of the donors contributing to the plasma collection process, which resulted in a dramatic number of virus transmissions. To mitigate these fatal consequences, an array of interventions was rapidly developed and implemented, and finally codified in regulatory requirements. The combination of measures in the area of donor selection, donation testing, and virus inactivation and removal, together called reduction processes, now firmly established as the safety tripod, have effectively addressed these earlier safety concerns, and today plasma products feature significant safety margins. The concept has proven so successful that it is now equally applied to and codified for cell-based biotechnology manufacturing platforms, and as we witness the rapid progress of advanced therapy medicinal products (ATMPs), it will be important to ensure that the learnings from more traditional biotechnology will help to avoid any unwelcome reminder of the universal presence of microbiological agents.

Keywords: Viral safety; safety tripod; virus reduction

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# Background

Plasma-derivatives have been amongst the earliest successes of medicinal biotechnology, with human serum albumin (HSA) first developed by Cohn and coworkers under the impression of the medical needs that arose from the dramatic battlefield mortalities during World War II (1). In the 1950s, Bruton recognized the possibility of replacing the missing serum electrophoresis gamma globulin band in one of his patients suffering from recurring infectious diseases by substitution with gamma globulin from fractionated plasma, thus providing for an initial success in the treatment of immune deficiency (2). The 1960s saw Judith Graham Pool developing the cryoprecipitate fraction of human plasma which contains some concentrated clotting factors, including factor VIII, into an effective treatment for hemophilia (3). These early accomplishments were, however, overshadowed from the early 1980s by the recognition of virus transmission through these medically important plasma-derived products (4), as reviewed by Evatt, the CDC lead investigator at the time (5). While blood transfusions at the time also transmitted human immunodeficiency virus (HIV), the complications associated with plasma products were more impactful to the treated communities, as the pooling of thousands of plasma units for a single batch of product

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resulted in a significant amplification of transmission, potentially from single or few donors to a large number of recipients. As information about the causative agent became available, preventive measures such as the exclusion of individuals at higher risk of carrying HIV from the donor pool, testing initially for surrogate markers (hepatitis B core antigen) and later the virus itself (6), and finally virus inactivation by implementation of heat treatments for liquid or lyophilized factor concentrates, were rapidly instituted.

Today, plasma-derived products, through the implementation of this array of measures, now commonly referred to as the safety tripod (*Figure 1*), feature very substantial safety margins. And while the volatile microbiological environment of human plasma donors is understandably beyond perfect control, it is all the more important to recognize that the virus inactivation and removal processes, as embedded into current state-ofthe-art manufacturing processes of plasma derivatives, are the quantitatively most important stronghold to avoid any unwelcome reminders of past exposures in the future. To substantiate this claim, the experimental and epidemiological evidence that supports the notion will be reviewed.

## Selection

The first intervention that became available to reduce the likelihood of virus transmissions, while still keeping the medically so successful plasma-derived treatment options available to those in need, was the selection of healthy donors and the deferral of donors with known risk of carrying infectious disease agents. History may help to understand debates of today, as the virus-caused immune deficiency now called AIDS was initially termed gay-related immune deficiency (GRID) by the lay press (7), due to an overrepresentation of HIV infections in the community engaged in the respective sexual practices of higher risk for HIV transmission. The exclusion of these individuals at statistically elevated risk of carrying an infectious disease form blood and also plasma donation was thus a most

logical choice. Similarly, other life style indicators, such as tattooing and piercing, which at unregulated parlors were associated with an increased risk of contracting an infectious disease, were and are still used to defer people from donation. The increasing regulatory oversight of application practices for tattoos and piercings has greatly reduced the risk of infectious complications now. In addition, these body styling actions have earlier symbolized identification with the margins of society, which for other reasons may have had an increased risk of contracting infectious diseases, whereas they are now common throughout many segments of society, including, students. With these developments the actual value of this deferral practice may have become questionable.

Still to date though, the selection of plasma donors of the desired safety profile is part of the quality management process around plasma collection. A comprehensive set of voluntary standards for plasma fractionation has been developed by the Plasma Products Therapeutics Association (PPTA), and is certified against within the International Quality Plasma Program (IQPP) (8). To illustrate one of the accomplishments, a comparison of the rates of HIV, hepatitis B virus (HBV) and hepatitis C virus (HCV) infections in the general US population, versus qualified plasma donors as defined by PPTA's IQPP\* is helpful. As can be seen (Figure 2), the US population rates of infection with these viruses are around 1,000 per 100,000, i.e., ~1%, yet the rates for qualified donors are approximately 1,000-fold lower. The IQPP quality management system thus generates an up to 1,000-fold or 3  $\log_{10}$  improvement of safety margins by selection of a donor pool of superior health status with respect to these infectious diseases.

## Testing

The application of testing to plasma for fractionation has certainly improved safety margins of plasma derivatives, but was and is at the same time insufficient to, by itself, completely safeguard those products. The scientific reason explaining this situation is the difference between a "non-

<sup>\*</sup>Potential donors must pass two separate medical screenings and testing for HIV, HBV and HCV on two different occasions. Only after satisfactory screenings and negative test results does that person become a qualified donor. If a donor does not return within 6 months, that person loses his/her qualified donor status and must qualify again. This standard means that plasma from a one-time-only donor (even when all test results are negative) cannot be used for further manufacture. The standard results in committed donors and eliminates the risk that so-called "test-seekers" are accepted. Available online: http://www.pptaglobal.org/safety-quality/standards/iqpp; accessed October 13, 2017



**Figure 1** The safety tripod. The estimated quantitative contributions of the selection of lower risk donors, the testing for contaminants, and finally pathogen reduction, i.e., the cumulative effect of inactivation or removal, to the overall risk reduction, and thus pathogen safety profile of final product, illustrate the essential value of robust reduction processes.



**Figure 2** Risk reduction by donor selection. Data kindly provided by Dr. Georg Schreiber, PPTA US population HIV, HBV, HCV infection rates as published by CDC (www.cdc.gov), versus Qualified Donor positivity rates as presented at IPFA/BCA Global Symposium on the Future for Blood and Plasma Donations, September 11-12, 2017, Atlanta, Georgia.

reactive" test result, i.e., the concentration of a marker for the presence of, or the infectious agent itself, is below the limit of detection of the respective assay, versus the complete absence of an infectious agent that cannot be ascertained by testing ever.

As best illustrated by the historical sequence of implementing different tests for infectious agents for units of blood collected for transfusion, which is as a good surrogate for the effect of similar testing for the safety of plasma collected for fractionation, the risk of using contaminated units has been significantly reduced over time. Quantitatively, these improvements in final product safety margins were in the range of ~100-fold for HBV, i.e.,  $2 \log_{10}$ , or 10,000-fold for HIV, i.e.,  $4 \log_{10}$  (9).

This increase in safety margins as afforded by testing is, however, limited to infectious agents that are known to circulate in the donor community. And, as the blood and plasma products communities have come to witness over time, there has been a steady stream of newly discovered or newly emerging infectious agents that might enter the potential donor pool, often resulting in questions about the safety margins of the respective products. Inherently, all of these emerging challenges cannot be eliminated by testing before becoming potentially impactful for blood- or plasma-product recipients, and even after an exposure has been recognized, the development of adequately sensitive, yet affordable, test systems has taken and will still need time with current testing approaches.

For the safety margins of blood components for direct transfusion, the testing of donations combined with the selection of low-risk donors have been the only interventions traditionally used to enhance final product safety margins. This is fundamentally different to the safety margins of plasma derivatives which, beyond the contributions of donor selection and donation testing, enjoy the additional contributions of the particularly potent virus inactivation and removal processes embedded into their manufacturing processes: quantitatively, their contributions to final product safety margins are orders of magnitude more potent than selection and testing.

## Reduction

Driven by the events of the early 1980s, new manufacturing processes were designed for plasma derived medicinal products, with the major goal to implement additional steps with the sole purpose of inactivation or removal of viruses, i.e., dedicated virus reduction steps. With the implementation of each of those steps, the virus safety margins of plasma derivatives were increased on a logarithmic scale.

Technically, the first approach taken was the use of heat for virus inactivation, either by pasteurization for liquid product formulations, or by dry heat or vapor heat for lyophilized product. Not much later, a group around Bernhard Horowitz developed what became one of the most effective ways to inactivate lipid-enveloped viruses, while maintaining the biological activity of essentially all plasma proteins, the solvent-detergent treatment (10). Mechanistically, it is assumed that treatment of a lipidenveloped virus particle with various solvent-detergent combinations deprives the particle of its lipid envelope, and thus of recognition by the surface receptor proteins, which renders the virus non-infectious (11,12). Due to its powerful inactivation capacity for lipid-enveloped viruses, while preserving the biological function of medicinal products, solvent-detergent processes are now almost universally used, beyond plasma-derived products also for recombinant protein therapies that were developed much later.

In the 1990s then, nanofilters became available, i.e., filters with a particularly well-controlled pore size distribution in the nanometer (nm) range that allowed for the effective removal of virus particles, while passage of the therapeutic proteins was almost completely maintained. With filters of nominal pore sizes in the 35 nm range initially limited to the removal of viruses of somewhat larger size (13,14), or smaller viruses bound by antibodies which significantly increases their effective filtration size (15), filters with pore sizes in the 15-20 nm range are now widely available that allow for the effective removal of really any of the viruses of concern for human health, as well as potentially prions (16), the causative agents for the now practically extinct and originally man-made diseases bovine spongiform encephalopathy (BSE) and variant Creutzfeldt-Jacob disease (vCJD).

The implementation of these advancements in virus reduction technologies into the production processes of plasma derivatives was strongly encouraged by and quickly reflected in regulatory guidance around the viral safety of plasma products in general, particularly noteworthy the European guidelines on virus validation studies (17) and on plasma-derived medicinal products (18), which were both developed and issued in the first year of existence of the then new European regulatory body.

The quantitative differences in the contributions of donor selection, donation testing and virus reduction by dedicated manufacturing process steps to final product safety margins became apparent in great clarity with the emergence of West Nile virus (WNV) in the US in 1999, which also resulted in transmission of the virus through transfusion of blood components from 2002 and onwards, but did not challenge the safety margins of stable plasmaderivatives as manufactured at industrial scale.

The data collected from donor deferral and donation testing algorithms as applied to many millions of transfused

blood donations (19) allowed for the calculation of the relative quantitative contributions of these interventions (20): the selection of (apparently) healthy donors has, based on the absence of any symptoms in approximately 80% of those carrying the virus in their blood, provided a rather marginal contribution to transfused blood component safety margins, that is, a reduction of risk by approximately 20% or 0.1 log. Application of what is still the most modern technology available for large-scale testing of blood donations, that is, nucleic acid testing (NAT), has reduced WNV transmissions through transfused blood components by approximately 90% or 1 log. For manufactured plasma derivatives, the inclusion of pathogen reduction steps, validated for WNV reduction after the first cases of blood transfusion transmission had been reported, demonstrated a risk reduction in the range of million-fold or higher per dedicated virus reduction step, that is, a reduction of risk by more than 6 log per step. And as expected from these significant quantitative differences, rare cases of transfusion-associated WNV infection still do occur (21,22), despite use of the most modern NAT and algorithms, yet plasma derivatives have maintained their pristine safety record, based on the significant virus inactivation and removal capacity of their manufacturing processes that was experimentally verified for WNV (23).

The history of emerging and re-emerging or translocated viruses, reflective of the volatile microbiological environment of humans as well as the massive streams of global travel and commerce that have literally made the world the "global village" as originally economists have called it, did, however, not stop with WNV. Since the turn of the millennium the safety margins of human-derived medicinal products have been challenged by epidemics of several of the generally more easily inactivated lipidenveloped viruses, such as H5N1 influenza virus (H5N1), Chikungunya virus (CHIKV), and most recently Zika virus (ZIKV), but then also by typically more resistant nonlipid enveloped virus such as the hepatitis E virus (HEV). All of these episodes have generated an understandable level of unease and anxiety, and to address these legitimate concerns, as well as to support regulatory decision-making processes, the assumptions around products safety margins vis-à-vis these new challenges needed a critical appraisal. With large parts of the safety margins of plasma products based on the virus reduction capacity of their manufacturing processes, experimental verification of earlier conclusions was and is considered prudent, if not necessary.

With the emergence of BSE, a man-made infectious

disease of cattle that was generated by making them feed on the proteinaceous remains of their likes, and the consequential transmission through the food chain which resulted in a new disease of humans, vCJD, the area of human-derived medicinal products experienced yet another, and in some ways unprecedented challenge: the potential for transmission of an infectious agents that, after research that resulted in two Noble prizes, for now, is understood to be the misfolded conformation of a protein only. With the recognition that indeed vCJD was transfusion-transmissible (24), the natural questions around the safety margins of plasma derivatives also had to be answered. And as in some ways expected, the manufacturing processes of plasma derivatives did what they were designed to do, i.e., remove a large number of different proteins that co-exist with any therapeutically interesting protein in plasma to purify the final medicinal product. This purification also resulted in a significant level of removal for the prion protein, as was experimentally verified by studies with various prion proteins (25), and further substantiated by collaborative efforts of the plasma products industry (26).

The results of several of these experimental verification studies which required newly established virus culture systems or even prion *in vitro* and *in vivo* infectivity assays, which could often only be conducted under significant biosafety containment conditions, and always under fairly dramatic time pressure to not repeat any mistakes of the past, have in part been made public, ultimately to provide for peace of mind for the plasma protein user communities; for reference, see examples on WNV (23), H5N1 (27), CHIKV (28), ZIKV (29-31), and HEV (32-34), as well as prion diseases (25,26).

## Labile blood components for transfusion

Donor selection and donation testing have also been implemented into the system designed to provide for a safe supply with labile blood components for transfusion. Beyond these efforts though, we are witnessing the implementation of the contribution that has been so powerful in enhancing virus safety margins for plasma derivatives also for blood components, i.e., adoption of virus inactivation processes into their manufacturing schemes.

Specifically, the INTERCEPT<sup>™</sup> (Cerus Corporation, USA), Mirasol<sup>®</sup> (Terumo BCT, USA) and THERAFLEX<sup>®</sup> UV (Macopharma, France) virus inactivation technology platforms are at various stages of development or licensure, or even available at the market for platelets and plasma; for a recent review see (35). As all these technologies have

limitations with respect to the inactivation capacity against certain viruses, e.g., INTERCEPT could not prevent HEV transmission (36), Mirasol incompletely inactivated HIV and WNV (37), and THERAFLEX had a rather modest level of effectiveness against HIV (38), their use will not make the currently employed virus testing regimes obsolete. However, an algorithm that would allow for testing of blood donations in a cost-effective mini-pool scheme rather than the currently utilized single unit practice to identify and then to remove and discard the highly loaded units, combined with a virus inactivation technology that could handle the lower residual virus loads, is conceptually attractive. It is worth mentioning that with the described approach the savings generated by reduced numbers of virus tests might-at least in part-offset the additional cost for virus inactivation. Combined with the results of initiatives that are in the process of refining guidelines for the administration of optimal amounts of blood products in hemotherapy (39) which have already reduced the volume of transfused units, the new approach towards transfusion safety here described may not dramatically change the overall system cost while embedding better safety margins against existing and potentially emerging virus concerns. In addition, the currently available inactivation technologies have all shown significant potential in eliminating infectious bacteria, spirochetes and parasites (35).

# **Biotechnology, and advanced therapy medicinal products (ATMPs)**

As the measures taken to eliminate virus concerns around the use of plasma derivatives have been particularly successful, a conceptually very similar approach has been taken to enhance the safety margins of biotechnology products, and the principle has been embedded into applicable guidance documents (40): three principal, complementary approaches have evolved to control the potential viral contamination of biotechnology products: (I) selecting and testing cell lines and other raw materials, including media components, for the absence of undesirable viruses which may be infectious and/or pathogenic for humans; (II) assessing the capacity of the production processes to clear infectious viruses (= reduction); (III) testing the product at appropriate steps of production for absence of contaminating infectious viruses.

The line of thought is another description of the safety tripod (*Figure 1*).

Equally, for ATMPs, the same safety tripod principles

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shall be applied, i.e., product safety as a result of the contribution of selection, testing and reduction. With our industry's proclivity for innovation and sometimes forgotten lessons of the past [Charlene Banard (41)], however, it is of unchanged importance now to keep those learnings from the past fresh in our minds, and to utilize the concepts developed for mitigation of earlier concerns, to avoid future complications: those who cannot remember the past are condemned to repeat it (42).

And already, the first unfortunate complication has been seen, quite unfortunately, with the biological manufacturing platform of the first licensed gene therapy product found contaminated with an adventitious virus (43), despite all the compendial cell bank testing necessary for a successful license application. It may be noted that the contaminant was an insect virus unlikely to be infectious for human recipients of the treatment, but a likelihood argument is clearly not the appropriate approach towards the biological safety of medical products.

Where the active ingredient for some of these innovative products may itself be a virus, or even whole cells in the case of cell-based therapies and tissue engineering applications, arguably the implementation of virus reduction steps as traditionally designed into the downstream manufacturing process may be difficult, if not impossible. More innovatively, these interventions will likely have to move into the upstream, to form a virus barrier there, ideally followed by a functionally closed downstream manufacturing process to avoid any contamination there. For the technical embodiment, however, the utility of hightemperature short time (HTST), ultraviolet irradiation (UV) as well as nanofiltration has been demonstrated already, with nanofiltration probably the least process invasive and most universally usable approach. In support of the approach, an increasing number of virus filters specifically designed for the needs of upstream applications are now becoming available, i.e., filters that can tolerate even larger volumes at affordable cost.

## **Conclusions and outlook**

Driven by the challenges associated with the transmission of infectious disease through industrial plasma products, different pathogen safety measures have been deployed and proven to be effective in safeguarding these important medicines. Conceptually, these interventions can be summarized in the safety tripod, i.e., the combination of donor selection, donation testing and finally, and quantitatively most importantly, virus inactivation and removal processes as embedded into their manufacturing processes. The virome of human plasma for fractionation has now been tested and analyzed by modern metagenomics/molecular biology methods, and has not revealed any surprises (44), so that plasma derivatives currently on the market enjoy substantial safety margins.

Still, the microbiological environment of human remains volatile, and thus continuous vigilance is a prime responsibility for those in charge of pathogen safety for any biological medicinal product. And with every emerging concern the reassessment and potentially verification of assumptions around product safety margins is prudent.

Due to the proven value of the safety tripod, the concept has been used to keep biotechnology products safe, and currently we witness the application of the very same principles to ATMPs.

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