

Spermatic cord paratesticular tumor: a rare case report

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Abstract: Paratesticular tumors account for 5% of tumors originating in the scrotum. Angiomyofibroblastomalike tumor is a rare benign mesenchymal soft tissue tumor found in the genital region in both sexes and is even rarer in the spermatic cord. The origin of this tumor remains the object of speculation, but it is believed to originate from perivascular mesenchymal cells. The purpose of the present case report is to expand knowledge on the histology of this rare paratesticular tumor.

Keywords: Angiomyofibroblastoma; immunohistochemical markers; paratesticular tumor

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Introduction

Angiomyofibroblastoma (AMF) is a rare tumor that occurs predominantly in the external female genitalia (vulva, vagina, pelvis and perineum) (1,2). AMF is rarer in men and tends to occur in the inguinal region, scrotum, perineum and spermatic cord (3). There are even rarer reports of growths in other sites, such as the foot (2). From the clinical standpoint, the tumor is well defined, asymptomatic and has slow growth (4). In this paper, we report a case of a paratesticular tumor of the spermatic cord and offer a review comparing it to the main differential diagnosis: angiomyxoma.

Case presentation

A 34-year-old male with no relevant medical history sought medical care in 2017 after noticing a painless, progressive increase in scrotum volume on the left side over a five-year period. Doppler ultrasound revealed a left parascrotal nodule of unknown etiology. The study of markers was negative for all testicular tumors. Contrast magnetic resonance revealed a heterogeneous tumor in the scrotum, which was defined as a nodule of unknown etiology. Leiomyoma was the hypothetical diagnosis (*Figure 1*).

After months of deliberation, the decision was made to

perform radical treatment with orchiectomia through the inguinal route. The exploratory procedure was performed in February 2018, which revealed a well-defined tumor adjacent to the testicle with a fibroelastic consistency measuring approximately 6 cm at its largest diameter. Based on this finding, excision of the tumor was performed with the preservation of the testicle. The surgical specimen was sent for anatomopathological analysis. The growth measured $6.5~\rm cm \times 5.0~\rm cm \times 4.5~\rm cm$, weighed $86.0~\rm g$, had a cream to brown color and was finely granulous, suggesting AMF, which was confirmed by the immunohistochemical markers (*Table 1*).

Discussion

Angiomyofibroblastoma was first described by Fletcher *et al.* in 1992 as a tumor that occurs rarely in the reproductive system of older women (4), particularly in the vulva, *labia majora*, vagina and perineum as well as around the clitoris.

Histopathologically, AMF has different regions containing either few or thousands of cells with diverse cellular morphology, low mitotic activity and fusiform cells with limited atypia. The major characteristics are prominent vascularization with perivascular fibrinoid hyalinization. AFM is a well-defined superficial tumor (5,6).

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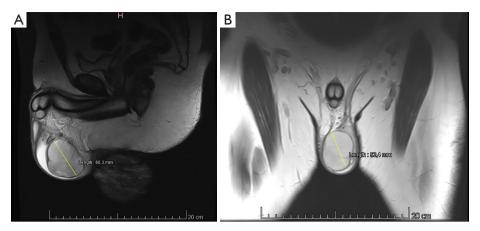


Figure 1 Magnetic resonance imaging showing tumor and its largest dimension in sagittal (A) and coronal (B) cuts (T2 sequence).

Table 1 Immunohistochemical profile

Antibodies	Results
CD 34	Positive (vessels)
Smooth muscle actin	Positive (vessels)
Desmin	Positive (vessels)
S100 protein	Positive focal
Estrogen receptor	Positive (80%)-stroma
Progesterone receptor	Positive (80%)-stroma
Androgen receptor	Positive (80%)—stroma

Iwasa and Fletcher examined 51 cases of inguinoscrotal cellular angiofibroma in 25 men and vulvovaginal angiofibroma in 26 women. CD34 was expressed in 60% of cases, smooth muscle actin in 21% and desmin in 8%. S-100 protein was negative in all cases (7). In the immunohistochemical analysis, AMF reacts positively and diffusely with vimentin, with the variable expression of CD34, smooth muscle actin as well as estrogen and progesterone receptors (8). In the present case, all these antibodies were positive, including estrogen, progesterone and androgen receptors.

The main differential diagnosis is angiomyxoma, which also develops in the pelvic and perineal region. This tumor is aggressive, locally infiltrative and invasive. It has no metastatic potential, but recurrences are frequent. In the immunohistochemical analysis, both AMF and aggressive angiomyxoma are positive for desmin and smooth muscle actin. The best criterion for differentiating these tumors is the high cellularity and more pronounced vascularization

in AMF, whereas smooth muscle cells are characteristically found around the vessels in angiomyxoma (7). Angiomyxoma is generally located deeper and has an invasive aspect, abundant mucin and frequent extravasation to the blood stream, whereas AMA is located more superficially, with a well-defined appearance and sparse mucin (9). The patient in the present report had a well-defined tumor with free margins and no invasion of the adjacent tissues.

Tumor regression has been seen in AMF (4). There is only one report of recurrence (after 13 years) and no cases of sarcoma or malignant transformation have been described. Recommended treatment is surgical excision with wide margin. Both short-term and long-term postoperative follow up is required (1,5).

Conclusions

Spermatic cord angiomyofibroblastoma can be considered an exception among paratesticular tumors, which are also rare. The literature offers little information on this histopathological type, but it has been demonstrated that simple excision of the tumor is curative in practically all cases. Divergences of opinion are found regarding the need for long-term follow up.

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Footnote

Conflicts of Interest: The authors have no conflicts of interest

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to declare.

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