# Strategy of laparoscopic suprapancreatic lymph node dissection for advanced gastric cancer

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**Abstract:** The lymph nodes (LNs) that distribute along the celiac artery (CA) system in the suprapancreatic area include LNs around the root of the left gastric vessels (No. 7, No. 8a, No. 9 and No. 11p) and the right gastric vessels (No. 5 and No. 12a). Due to the high rate of LNs metastasis and the various vascular anatomies in this area, the suprapancreatic LN dissection is a crucial and demanding procedure for radical resection in the treatment of patients with advanced gastric cancer (AGC). Laparoscopic gastrectomy with D2 LN dissection has not yet been widely adopted for advanced stages because it is technically complicated. The initial segment of the splenic artery (SpA) approach is recommended as the ideal approach for laparoscopic suprapancreatic LN dissection in AGC.

**Keywords:** Stomach neoplasms; laparoscopy; suprapancreatic lymph node dissection (suprapancreatic LN dissection); the proximal splenic artery approach (the proximal SpA approach); vascular anatomy

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### Introduction

The lymph nodes (LNs) that distribute along the celiac artery (CA) system in the suprapancreatic area include LNs around the root of the left gastric vessels (No. 7, No. 8a, No. 9 and No. 11p) and the right gastric vessels (No. 5 and No. 12a) (1) (*Figure 1*). There is a high rate of lymph node metastasis (LNM) in this area (No. 5, 7, 8a, 9, 11p, and 12a) for patients with advanced gastric cancer (AGC). We retrospectively analyzed the clinic and pathological features of 1,551 cases with AGC, and the result showed the suprapancreatic LNM rate was 51.8% (804/1,551) (2) (*Figure 2*). Based on the 3th edition of Japanese Gastric Cancer Treatment Guidelines, complete clearance of LNs in the suprapancreatic area is crucial importance during radical gastrectomy with D2 LN dissection for gastric cancer (3). Clinically, LN dissection in this area

is both greatly important and technically demanding for laparoscopic radical gastrectomy for patients with gastric cancer.

# Operative approach to suprapancreatic lymphadenectomy

Selecting the appropriate surgical approach is the beginning of successful surgery, and also the premise of smooth procedure in laparoscopic radical resection for gastric cancer. We dissected the suprapancreatic LNs using a left approach during laparoscopic gastrectomy with D2 LN dissection for gastric cancer (4). In this approach, the initial segment of the splenic artery (SpA) was firstly exposed at the posterior pancreatic space on the left side of gastropancreatic fold (GPF) (*Figure 3*). From left to right, we removed the Page 2 of 9

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Figure 1 The LNs in the suprapancreatic area. LN, lymph node.



Figure 2 The positive LNs in the suprapancreatic area. LN, lymph node.



Figure 3 Exposure of initial segment of the SpA. SpA, splenic artery.

No. 11p LNs at first, then followed by the No. 9, 7 and 8a LNs. And the removal of the No. 5 and 12a LNs was completed finally (*Figure 4*). Lymphadenectomy in



**Figure 4** The sequence of LN dissection using a left approach. LN, lymph node.



**Figure 5** The LNs are removed from the rear of the stomach. LN, lymph node.

each station in this order would provide convenience for subsequent station. During this procedure, we don't transect the duodenum from the beginning in order to ward off the left lateral liver by using the hepatogastric ligament, by this way we denude the vessels and remove fatty lymphatic tissue from the rear of the stomach (*Figure 5*).

# Patient's position and surgeons' locations

The patient is commonly maintained in the supine position with two legs separated. The operating table inclines about  $10^{\circ}-20^{\circ}$  into the reverse Trendelenburg position (*Figure 6*). Generally, the surgeon and the assistant stand on the patient's left and right side, respectively. While the camera operator located between the patient's legs (*Figure 7*). Five trocars are usually inserted in patient's abdominal wall (*Figure 8*).

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Figure 6 Patient in the supine and reverse Trendelenburg position.



Figure 7 Surgeon and assistant general locations.



Figure 8 Locations of the trocars.

#### Advantages of the left approach

In our center, the initial segment of the SpA is chosen as the ideal approach for the LNs dissection in the suprapancreatic area mainly based on the following five reasons (2,4,5); firstly, its location is relatively constant with less anatomic



Figure 9 The initial segment of SpA with lesser anatomic variation. SpA, splenic artery.



**Figure 10** The initial segment of SpA with closest distance to the suprapancreatic border. SpA, splenic artery.

variation and as well larger diameter (*Figure 9*); secondly, it is located the closest to the suprapancreatic border and thus easy to be exposed after the pancreatic capsule being peeled off (*Figure 10*); thirdly, there is a low risk of bleeding because of fewer branching vessels in this area, and which provides a large operating field and clearly exposed vision after the dissection of No. 11 LN (*Figure 11*); fourthly, the initial segment of the SpA may serve as the anatomic landmark for further rightward exposing the CA, the left gastric artery (LGA) and the common hepatic artery (CHA) (*Figure 12*); lastly in our previous literature, the result showed there was the lowest rate of LNM in No. 11p LN among all the suprapancreatic LNs, which would decrease the difficulty of lymphadenectomy here (2).

# Procedure of suprapancreatic area LN dissection

The application of reasonable and programmed procedure

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Figure 11 This area with a low risk of bleeding because of fewer branching vessels.



Figure 12 Serving as the anatomic landmark for searching CA, LGA and CHA. CA, celiac artery; LGA, left gastric artery; CHA, common hepatic artery.

would simplify the operation process, which makes the complex laparoscopic surgery simple and routine, and further improves the operation efficiency. In order to enable the procedure to achieve routinization, we separate the process of LN dissection in the suprapancreatic area with a left approach into two steps (4,6). The first step is to remove the left-side LNs in this area including No. 7, No. 9 and No. 11p (*Figure 13*), and the second step is to remove the right-side LNs in this area including No. 8a, No. 5 and No. 12a (*Figure 14*).

# Dissection of the No. 7, No. 9 and No. 11p LNs

### Exposure methods

Using noninvasive grasper forceps, the assistant's left



Figure 13 The dissection of No. 7, No. 9, and No. 11p LNs. LN, lymph node.



Figure 14 The dissection of No. 5, No. 8a, and No. 12a LNs. LN, lymph node.

hand lifts upward the junction of upper and middle GPF, and the right hand pushes the posterior wall of duodenal bulb rightward. The operator's left hand presses gently downward the bulging body of the pancreas with a small gauze. In this way, the GPF will be sufficiently kept tensed and the suprapancreatic area can be spread out to facilitate the LN dissection (*Figure 15*). During the process, the assistant's right hand can flexibly use different techniques (such as lifting, holding, pulling, and pushing) with a forceps or an aspirator to aid the surgeon in separating and exposing the surgical field.

### **Operative** procedures

The operator uses the ultrasonic scalpel to smoothly peel off the pancreatic capsule closely on the pancreatic surface

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**Figure 15** The assistant lifts upward the GPF, the operator presses the pancreas body. GPF, gastropancreaticf fold.



Figure 16 Peeling off the pancreatic capsule.



Figure 17 The exposure of the initial segment of SpA. SpA, splenic artery.

up to its superior border (*Figure 16*), and then open the GPF to enter the posterior pancreatic space, where the



Figure 18 LN dissection of the No. 11p. LN, lymph node.



**Figure 19** LN dissection of the No. 9 along the left edge of CA. LN, lymph node; CA, celiac artery.

initial segment of the SpA is further separated and exposed (Figure 17). Next, the operator uses non-functional face of the ultrasonic scalpel to carefully remove the fatty lymphatic tissue along the surface of the SpA until near the posterior gastric artery (PGA), and finish the dissection of the No. 11p LNs (Figure 18). The No. 9 LNs is dissected directly from the origin of the SpA. Then, the operator uses the ultrasonic scalpel to remove fatty lymphatic tissue along anatomical space on the left edge of the CA (Figure 19) toward the crus of the diaphragm, until the left edge of the LGA root is exposed (Figure 20). Subsequently from the origin of the CHA, the operator separates and exposes the left gastric vein (LGV) along the anatomical space on the right edge of the CA (Figure 21). The connective tissues around the LGV are removed on the superior edge of the CHA, and the LGV is vascularized then divided at its root with the clips (Figure 22). After that, the operator dissects

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**Figure 20** LN dissection of the No. 7 along the left edge of LGA. LN, lymph node; LGA, left gastric artery.



Figure 21 The separation and exposure of the LGV. LGV, left gastric vein.



**Figure 22** The division of the LGV on the superior edge of CHA. LGV, left gastric vein; CHA, common hepatic artery.

the fatty lymphatic tissue along the right edge of the CA surface (*Figure 23*). The LGA is then denuded on its right edge and divided at its root with the clips (*Figures 24,25*).



**Figure 23** Dissecting the No. 9 LN along the right edge of CA. LN, lymph node; CA, celiac artery.



**Figure 24** Dissecting the No. 7 LN along the right edge of LGA. LN, lymph node; LGA, left gastric artery.

With this, the dissection of the No. 7 and No. 9 LNs is completely finished.

#### Dissection of the No. 8a, No. 5 and No. 12a LNs

# Exposure methods

Using noninvasive grasper forceps, the assistant's left hand lifts upward the posterior wall of gastric antrum, meanwhile the right hand pushes the duodenal bulb rightward. The operator's left hand presses gently downward the bulging head of pancreas near the fork of CHA with a small gauze. In this way, the hepatoduodenal ligament (HDL) will be kept tensed and the suprapyloric area can be sufficiently exposed at the rear of the stomach to facilitate the LN dissection (*Figure 26*). During the process, the assistant's right hand can flexibly use different exposure ways to help the operator to dissect No. 8a, No. 5 and No. 12a LNs.

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Figure 25 The division of the LGA at its root. LGA, left gastric artery.



**Figure 26** The assistant lifts the posterior wall of gastric antrum, the operator presses gently the pancreas head.



Figure 27 Dissection of the No. 8a LNs. LN, lymph node.

## **Operative** procedures

Along the anatomical space on the anterosuperior surface of the CHA, the operator uses the ultrasonic scalpel to

**Figure 28** Dissection of the No. 8a LNs until the fork of CHA. LN, lymph node; CHA, common hepatic artery.



**Figure 29** Opening the medial edge of the HDL along the CHA. HDL, hepatoduodenal ligament; CHA, common hepatic artery.

meticulously remove fatty lymphatic tissue toward the duodenum (Figure 27), until it reaches the fork where the CHA gives off the gastroduodenal artery (GDA) and proper hepatic artery (PHA) (Figure 28). The anterosuperior LNs along the CHA is completely removed, and we finish the dissection of No. 8a LNs. From the medial border of PHA original part, the operator uses the ultrasonic scalpel to open the medial border of the HDL along the course of the PHA (Figure 29), then separate and expose the root of the right gastric artery (RGA) (Figure 30). The RGA is carefully vascularized and divided at its root with the clips (Figure 31). At this point, we finish the dissection of No. 5 LNs. Then along the anatomical space on the anterosuperior surface of PHA, the operator uses the ultrasonic scalpel to meticulously dissect fatty lymphatic tissue toward the hepatic hilum, until it reaches the fork where the PHA gives off the left and right hepatic arteries (HA) (Figure 32).

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**Figure 30** Exposure and denuding of the root of RGA. RGA, right gastric artery.



Figure 31 The division of RGA at its root. RGA, right gastric artery.

The anterosuperior LNs along the PHA are removed *en bloc*, and we finish the dissection of No. 12a LNs. By this time, suprapancreatic LN dissection is achieved smoothly (*Figure 33*).

# Familiar with normal anatomy and anatomic variation of suprapancreatic vessels

During the laparoscopic radical gastrectomy for gastric cancer, we should not only understand well normal anatomy and trend of perigastric vessels, but also be very familiar with their variations. Clinically, lack of sufficient understanding of vascular anatomical variations would usually cause vascular injury to bleeding and make the process of procedure unfavorable. Based on clinical practice of more than 3,000 cases undergoing laparoscopic gastrectomy in our center, we summarized the anatomical



**Figure 32** The dissection of No. 12a LNs along the PHA. LN, lymph node; PHA, proper hepatic artery.



**Figure 33** The accomplishment of LN dissection in the suprapancreatic area. LN, lymph node.

variations of perigastric vessels in detail. In our opinions, we should pay attention to two kinds of common trend and three kinds of variable trend of LGV (5-7), as well six types of replaced HA due to absence of CHA (5,8) during laparoscopic suprapancreatic LN dissection using a left approach, which facilitates surgeons to decrease the incidence of intraoperative bleeding from injured vessels and improve the surgical safety at to the greatest extent.

#### Summary

In summary, laparoscopic suprapancreatic LNs dissection using a left approach could be technically safe and feasible. Additionally, without transecting the duodenum might be more convenient in laparoscopic procedure for AGC. Finally, the stable team and harmonious cooperation should be the most crucial for this procedure.

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# Footnote

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*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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