CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	page 1, line2	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	page 1, line11	Key words
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	page 2, lines 41-42	Abstract (introduction and
	3b	Main symptoms and/or important clinical findings	page 2, lines 43-45	Abstract (symptoms and
	3c	The main diagnoses, therapeutic interventions, and outcomes	page 2, lines 45-47	Abstract (diagnosis,
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	page 2, lines 48-52	conclusion "take away"
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	page 3, lines 58-71	introduction
Patient Information	5a	De-identified patient specific information	page 3, lines 73	case presentation
	5b	Primary concerns and symptoms of the patient	page 3, lines 73-76	case presentation
	5c	Medical, family, and psycho-social history including relevant genetic information		
	5d	Relevant past interventions with outcomes		
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	page 3, lines 74-76	case presentation (clinical
Timeline	7	Historical and current information from this episode of care organized as a timeline	page 3, lines 73-75	case presentation and
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	page 3, lines 77-87	case presentation
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)		
	8c	Diagnosis (including other diagnoses considered)	page 3, lines 82-87	case presentation
	8d	Prognosis (such as staging in oncology) where applicable		
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	pages 4-5, lines 94-123	operative technique
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)		
	9c	Changes in therapeutic intervention (with rationale)		

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)		
	10b	Important follow-up diagnostic and other test results	page 5, lines 124-136	Outcome
	10c	Intervention adherence and tolerability (How was this assessed?)		
	10d	Adverse and unanticipated events	page 5, lines 128-134	Outcome (adverse event)
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	pages 5-6, lines 144-153	Comments(strengths and
	11b	Discussion of the relevant medical literature **with references**		
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	page 5, lines 138-143	Comments (conclusion)
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	page 5, lines 144-148	Comments (The main
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received		
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ○	**No** ●

Article information: http://dx.doi.org/10.21037/ales-2019-11
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.