

CARE Checklist of information to include when writing a case report



Торіс	ltem No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	1/1	title page
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	1/31	title page
Abstract (Structured summary)	За	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	2/35-40	Abstract, paragraph 1
	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	2/38-41	Abstract, paragraph 2
	3c	Conclusion: summarize the main take-away lesson, clinical impact and potential implications.	2/47-49	Abstract, paragraph 3c
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	2/52-69	Introduction, paragraph1&2
Patient Information	5a	De-identified patient specific information	3/73-74	case description, p1
	5b	Primary concerns and symptoms of the patient	3/74-78	case description, p1
	5c	Medical, family, and psycho-social history including relevant genetic information	3/73-77	case description, p1
	5d	Relevant past interventions with outcomes	n/a no past interventions	first hernia surgery for pt
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	3/77-78	case description, p1
Timeline	7	Historical and current information from this episode of care organized as a timeline	3/73-97	case, p1 & p2
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	3/87-88	case description, p2
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	3/85-92	case description, p2
	8c	Diagnosis (including other diagnoses considered)	3/96-97	case description, p2
	8d	Prognosis (such as staging in oncology) where applicable	3/99с	case description, p3
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	3/87	case description, p2
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	3/85-96	case description, p2
	9c	Changes in therapeutic intervention (with rationale)	3/92-94	case description, p2

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	3/99-100	case description, p3
	10b	Important follow-up diagnostic and other test results	n/a no f/u needed for hernia	repaired, no f/u needed
	10c	Intervention adherence and tolerability (How was this assessed?)	3/99	case description, p3
	10d	Adverse and unanticipated events	n/a none reported	
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	4/117-153	discussion, p2-5
	11b	Discussion of the relevant medical literature with references	3-5/104-153	discussion, p1-5
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	4-5/129-153	discussion, p4-5
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	5/158-169	conclusion, p1
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	5/171-173	conclusion, p2
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes 🖌	No

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/ paragraph may be used as an alternative reference.