

## Narrative Review Checklist

Section/Topic	Item No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
<b>TITLE</b>				
Title	1	Identify the report as a Narrative Review of ...	Page 1, line 2-3	Title
<b>ABSTRACT</b>				
Unstructured summary	2	Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.	Page 2, line 1-18	Abstract/Para 1
<b>INTRODUCTION</b>				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	Page 2, line 21-Page 3, line 22	Introduction/Para 1
Objectives	4	Specify the key question(s) identified for the review topic.	Page 3 line 22-Page 4, line 4	Introduction/Para 1
<b>METHODS</b>				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	Page 4 line 7-12	Method/all Para
<b>DISCUSSION/SUMMARY</b>				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	1) Page 4 line 15-20 Page 6 line 4-11 Page 6 line 21-Page 7, line 5 Page 8 line 2-4 Page 8 line 18-19 Page 9 line 9-17 2) Page 5, line 3-5, line 9-10, line 20-22 Page 10, line 2-5 3. Page 5, line 22- Page 6, line 1 Page 10 line 8-9 Page 4 line 17	1) Discussion/Para 1 Discussion/Para 2. Discussion/Para 3 Discussion/Para 4 Discussion/Para 5 Discussion/Para 6 2) Discussion/Para 1 Discussion/Para 6 3) Discussion/Para 1 Discussion/Para 6

Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	Page 10.line 11-16	Conclusion/all Para
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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copy editing and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.