CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	page 1, line 2-3	Title page
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	page 3 , line 48	Abstract
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	page 2, line 21-33	Abstract
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	page 2, line 34-42	Abstract
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	page 3, line 43-46	Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	page 5, line 71-83	Introduction/ 2nd parag
Patient Information	5a	De-identified patient specific information	page 6, line 104-105;	Case description/2nd
	5b	Primary concerns and symptoms of the patient	page 7, line 110-113;	Case description/2nd
	5c	Medical, family, and psycho-social history including relevant genetic information	page 6, line 106-110;	Case description/2nd
	5d	Relevant past interventions with outcomes	N/A (No past	N/A (No past
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	page 7, line 116	Case description/2nd parag
Timeline	7	Historical and current information from this episode of care organized as a timeline	page 7, line 107-126;	Case description/2nd
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	page 7, line 124-126;	Case description/2nd
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	page 7, line 110-113;	Case description/2nd
	8c	Diagnosis (including other diagnoses considered)	page 7, line 126; page	Case description/2nd
	8d	Prognosis (such as staging in oncology) where applicable	page 8, line 134-136;	Case description/2nd
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	page 7, line 122,	Case description/2nd
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	page 8, line 127-133;	Case description/2nd
	9c	Changes in therapeutic intervention (with rationale)	N/A (no changes in	N/A (no changes in

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	N/A (not available)	N/A (not available)
	10b	Important follow-up diagnostic and other test results	page 8, line 134-136;	Case description/2nd
	10c	Intervention adherence and tolerability (How was this assessed?)	page 8, line 132; page	Case description/2nd
	10d	Adverse and unanticipated events	N/A(no adverse and	N/A(no adverse and
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	page 10, line 169-175	Discussion/ 2nd parag
	11b	Discussion of the relevant medical literature **with references**	page 10, line 177-189	Discussion/ 3rd parag
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	page 11, line 191-210	Discussion/ 4th parag
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	page 13, line 241-245	Conclusion/ 1st parag
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A (not available)	N/A (not available)
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.