CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/Line 1-2	Title section/Paragrah 1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2/Line 38-39	Abstract Secton/Paragraph
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2/Line 24-27	Abstract Secton/Paragraph
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2/Line 28-33	Abstract Secton/Paragraph 2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2/Line 34-37	Abstract Secton/Paragraph
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 2-3/Line 42-65	Introduction
Patient Information	5a	De-identified patient specific information	Page 4/Line 68	Case presentation
	5b	Primary concerns and symptoms of the patient	Page 4/Line 68-69	Case presentation
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 4/Line 70-71	Case presentation
	5d	Relevant past interventions with outcomes	Page 4-6/Line 82-117	Case presentation
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4/Line 71-81	Case presentation
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 4/Line 69-70	Case presentation
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 6-7/Line 128-137	Case presentation
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 6-7/Line 128-137	Case presentation
	8c	Diagnosis (including other diagnoses considered)	Page 6-7/Line 128-137	Case presentation
	8d	Prognosis (such as staging in oncology) where applicable	Page 7/Line 137-138	Case presentation
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 7/Line 137-138	Case presentation
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 7/Line 137-138	Case presentation
	9c	Changes in therapeutic intervention (with rationale)	Page 7/Line 137-138	Case presentation

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 7/Line 137-138	Case presentation
	10b	Important follow-up diagnostic and other test results	Page 6-7/Line 128-137	Case presentation
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 7/Line 137-138	Case presentation
	10d	Adverse and unanticipated events	Page 7/Line 137-138	Case presentation
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 10/Line 208-215	Discussion
	11b	Discussion of the relevant medical literature **with references**	Page 7-10/Line 141-206	Discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 8/Line 157-172	Discussion
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page 10-11/Line 218-223	Discussion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not applicable	Not applicable
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

Article information: https://dx.doi.org/10.21037/gpm-22-34
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.