

CARE Checklist of information to include when writing a case report



Торіс	ltem No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	page 1 (line 2)	Title page
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	3 (21)	Below abstract
Abstract (Structured summary)	За	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	3 (2-7)	Abstract/paragraph (p)1
	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	2 (8-14)	Abstract/p2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	3 (15-19)	Abstract/p3
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	4 (1-16)	Introduction/p1
Patient Information	5a	De-identified patient specific information	4 (17-24); 5 (1-5)	The Case/p1&2
	5b	Primary concerns and symptoms of the patient	4 (19-21)	The Case/p1
	5c	Medical, family, and psycho-social history including relevant genetic information	4 (18-24); 5 (1-5)	The Case/p1&2
	5d	Relevant past interventions with outcomes	4 (22-24); 5 (1)	The Case/p1&2
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	5 (6-10)	The Case/p3
Timeline	7	Historical and current information from this episode of care organized as a timeline	4 (18-24);5 (1-25);6 (1-6)	The Case/p1-5; Figure 1
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	5 (6-24); 6 (1-5)	The Case/p3-5
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	4 (22)	The Case/p1
	8c	Diagnosis (including other diagnoses considered)	5 (14-19);6 (1-5);7 (20-4)	Case/p3-5; Discussion/p6
	8d	Prognosis (such as staging in oncology) where applicable	6 (5-6)	The Case/p5
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	5 (11-25)	The Case/p4
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	5 (11-25)	The Case/p4
	9c	Changes in therapeutic intervention (with rationale)	n/a	n/a

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	6 (5-6)	The Case/p5
	10b	Important follow-up diagnostic and other test results	6 (1-5)	The Case/p5
	10c	Intervention adherence and tolerability (How was this assessed?)	n/a	n/a
	10d	Adverse and unanticipated events	n/a	n/a
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	8 (9-23)	Discussion/p5&6
	11b	Discussion of the relevant medical literature with references	6 (7-24);7 (1-25); 8(1-23)	Discussion/p1-9
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	7 (20-25); 8 (1-9)	Discussion/p6&7
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	8 (9-19)	Discussion/p8
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	n/a	n/a
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes 🖌	No

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.