CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/ line 1-2	Title section / 1st p.
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2/ line 49	After abstract
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2/ line 27-29	Abstract/ 1st p.
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2/ line 30-40	Abstract/ 2nd p.
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2/ line 41-46	Abstract/ 3rd p.
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3-4/ line 50-76	Introduction/ 1-4 p.
Patient Information	5a	De-identified patient specific information	Page 5/ line 79	Case presentation/ 1st p.
	5b	Primary concerns and symptoms of the patient	Page 5/ line 79-84	Case presentation/ 1st p.
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 5/ line 85-89	Case presentation/ 1st p.
	5d	Relevant past interventions with outcomes	Page 5/ line 81-83	Case presentation/ 1st p.
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 5/ line 90-97	Case presentation/ 2nd p.
Timeline	7	Historical and current information from this episode of care organized as a timeline	N/A	N/A
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 5-6/ line 90-103	Case presentation/ 2nd
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 6/ line 105-110	Case presentation/ 4th p.
	8c	Diagnosis (including other diagnoses considered)	Page 6-7/ line 113-129	Case presentation/ 5th p.
	8d	Prognosis (such as staging in oncology) where applicable	Page 7/ line 131-134	Case presentation/ 6th p.
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 6,7/ line 105-110,	Case presentation/ 4t,6h p.
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 7/ line 131-134	Case presentation/ 6th p.
	9c	Changes in therapeutic intervention (with rationale)	N/A	N/A

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 7/line 137-138	Case presentation/ 6th p.
	10b	Important follow-up diagnostic and other test results	N/A	N/A
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 7/line 134-136	Case presentation/ 6th p.
	10d	Adverse and unanticipated events	Page 6,7/ line 112,135-136	Case presentation/ 4,6th p.
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 8/ line 160-164,	Discussion/ 2nd, 7th p.
	11b	Discussion of the relevant medical literature **with references**	Page 8-9/ line 147-191	Discussion/ 1st-6th p.
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 9-10/ line 174-198	Discussion/ 5-8th p.
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 10/ line 213-217	Discussion/ 10th p.
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.