

# Indian experience of AUS/FLUS diagnosis: is it different from rest of Asia and the West?—A systematic review and meta-analysis

# Prerna Guleria<sup>1</sup>, Kalaivani Mani<sup>2</sup>, Shipra Agarwal<sup>3</sup>

<sup>1</sup>Department of Laboratory Sciences and Molecular Medicine, Army Hospital Research and Referral, New Delhi, India; <sup>2</sup>Department of Biostatistics, <sup>3</sup>Department of Pathology, All India Institute of Medical Sciences, New Delhi, India

*Contributions:* (I) Conception and design: S Agarwal, P Guleria; (II) Administrative support: None; (III) Provision of study materials or patients: None; (IV) Collection and assembly of data: S Agarwal, P Guleria; (V) Data analysis and interpretation: K Mani; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

*Correspondence to:* Dr. Shipra Agarwal, MD. Associate Professor, Department of Pathology, All India Institute of Medical Sciences, New Delhi, India. Email: drshipra0902@gmail.com.

**Background:** Atypia of undetermined significance/follicular lesion of undetermined significance (AUS/ FLUS) is the most heterogeneous subcategory of the Bethesda system for thyroid cytopathology with laid down permissible limits of frequency and risk of malignancy (ROM). Due to differences in thyroid clinical practice worldwide, variations have been found in frequency, resection rates (RR) and ROM. Therefore, this systematic review and meta-analysis of AUS/FLUS across different regions was conducted and comparison of data from India was done with the rest of Asia and the West.

**Methods:** We searched PubMed and Google search engines from January 2009–Dec 2019 using terms "AUS Thyroid" and "FLUS Thyroid". Meta-analysis was performed using DerSimonian-Laird method and 95% confidence intervals were calculated using random effects model. Independent samples t-test was used to compare frequency, RR, and ROM of AUS/FLUS between India, rest of Asia and the West.

**Results:** Out of 15,000 studies on internet, 60 (18 Indian, 12 Asian and 30 Western) were included. Total aspirates were 201,657; 14,279 Indian, 62,448 Asian, 124,930 Western. Pooled estimates were: frequency 7.3% (6.3–8.3%), RR 41.9% (37.4–46.6%), ROM 33.3% (26.8–39.9%). Pooled prevalence of rate did not vary significantly across the three regions. Pooled prevalence of RR was highest in India (52.9%) and lowest in rest of Asia (26.5%); of ROM was highest in Asia (45.9%), lowest in the West (26.3%) (P<0.01). Statistical analysis demonstrated publication bias, limited to Indian and Western studies. Papillary thyroid carcinoma was the most common surgical diagnosis (87.9%; 1,082/1,231).

**Conclusions:** This meta-analysis showed differences in thyroid clinical practice followed in India, rest of Asia and the West. Although pooled prevalence of rate of AUS/FLUS was similar across the three, pooled RR and ROM varied. AUS/FLUS nodules were more frequently resected in Indian and Western studies than in rest of Asia. ROM was higher than recommended values in all three areas, being intermediate for India.

**Keywords:** Atypia of undetermined significance/follicular lesion of undetermined significance thyroid (AUS/ FLUS thyroid); resection rate (RR); risk of malignancy (ROM); Indian; meta-analysis

Submitted Mar 24, 2020. Accepted for publication May 13, 2020. doi: 10.21037/gs-20-392 View this article at: http://dx.doi.org/10.21037/gs-20-392

## Introduction

Fine needle aspiration cytology (FNA) forms an important means of detecting thyroid pathologies with a substantial amount of reliability, influencing clinical management. To provide universal reporting guidelines to all cytopathologists, the Bethesda System for Reporting Thyroid Cytopathology (TBSRTC) was formulated in 2007 (1) and later revised in 2017 (2,3). This system classifies a thyroid FNA into six diagnostic categories namely (I) non-diagnostic, (II) benign, (III) atypia of undetermined significance/follicular lesion of undetermined significance (AUS/FLUS), (IV) follicular neoplasm/suspicious for follicular neoplasm, (V) suspicious for malignancy, and (VI) malignant; each category having an implied risk of malignancy (ROM) and recommended management protocol. The system has been widely adopted across the world for thyroid cytology reporting (4).

The AUS/FLUS category is the most heterogeneous among the six subcategories, defined by a set of nine distinct diagnostic criteria. TBSRTC has laid down guidelines for permissible frequency and ROM of the AUS/FLUS to prevent overuse and for quality control (1). Meta-analysis studies have documented a wide range in the frequency and ROM of AUS/FLUS (5-9). However, most of the data analyzed in these studies is derived from western publications. Also, differences in thyroid clinical practice have been documented between Asia and the West (10-14), but lack detailed meta-analysis work-up.

India, owing to iodine-deficiency, has a high prevalence of endemic goitre. A recent meta-analysis on the status of thyroid cytology in India reported a high ROM in the AUS/ FLUS subcategory (15).

Therefore, the present systematic review and metaanalysis aimed to review the literature on AUS/FLUS across the globe, assessing the category's prevalence, resection rate (RR) and ROM, while comparing the data from India with the rest of Asia and the West. We present the following article in accordance with the Preferred Reporting Items for Systematic Review and Meta-analysis (PRISMA) reporting checklist (available at http://dx.doi.org/10.21037/gs-20-392).

## Methods

## Search strategy and study identification

We searched for relevant articles in PubMed and Google search engines from January 2009 till Dec 2019. We searched using the terms "AUS Thyroid" and "FLUS Thyroid". All studies which were found on the internet were evaluated. Additionally, we carried out a thorough evaluation of the citations within the included publications and reviews. We followed the recommendations of the PRISMA statement (16).

#### Selection criteria and abstract screening

After searching electronic databases, search results were imported into Mendeley (Elsevier, Amsterdam, Netherlands). Two reviewers (PG, SAG) independently screened the titles and abstracts for potential articles. Studies fulfilling the following criteria were included: (I) use of TBSRTC 2007 for reporting thyroid cytopathology, with (II) availability of data regarding the total number of thyroid FNAs, the distribution of cases according to TBSRTC 2007 or at least mentioning the total number of AUS cases reported, the number of AUS cases undergoing resection, and number of AUS cases with a malignant diagnosis.

The exclusion criteria were: (I) use of other classification systems or TBSRTC 2017 for reporting, (II) inadequate data provided to calculate the frequency, RR or ROM of the AUS category, e.g., studies based only on cases with available surgical follow-up, (III) studies based on tru-cut biopsy, (IV) those dealing with only pediatric population, (V) those dealing solely with sub-centimetric nodules, (VI) studies using pre-operative ultrasound and molecular tests that can bias the RR and ROM, (VII) case reports, (VIII) reviews, (IX) conference-related proceedings, posters, theses, (X) use of a language other than English, and (XI) publications where only abstract was available. In case of more than one study being published from the same institute with overlapping time period, and potential of overlapping data, only the study with the higher number of cases was included. Diagnosis of repeat aspirations, in case performed, was not considered. Discrepancies, if any, were resolved by discussion and consensus.

## Full-text screening and data extraction

All the potential articles were screened by the two reviewers. The studies were segregated into three groups depending upon the location of the institute where the study was carried out, as those from India, (rest of) Asia or from the West. The data as defined above was recorded in an excel sheet with pre-defined headings. The various headings used in the excel were as follows: name of the researcher, year in which the study was published, institution, country, the total number of thyroid nodules aspirated, number of cases designated AUS, number of AUS aspirates that were resected and number of malignant cases at resection. As many studies included were published prior to 2016, to maintain uniformity Non-Invasive Follicular Thyroid neoplasm with Papillary-like nuclear features (NIFTP), wherever specified, was deemed malignant. Histopathology details of malignancies were also noted.

## Data analysis

The meta-analysis was performed using the DerSimonian-Laird method and their 95% confidence intervals (CI) were calculated using the random effects model. The frequency, RR and ROM of AUS were determined by calculating the proportion of AUS cases to the total number of aspirates, nodules resected to the total number of AUS aspirates and malignant nodules on resection to the total number of resected nodules (ROM-resection), respectively and then multiplied by 100. The overall ROM (ROM-overall) was calculated taking the total number of AUS aspirates as the denominator. Forest plots were generated displaying prevalence with corresponding 95% CI. The variation in the magnitude of the effect was examined and heterogeneity was quantified using I-squared statistic. Funnel plots were used to detect potential reporting bias and small/large study effects and the Egger's regression method was used to assess asymmetry. Sensitivity analysis was carried out to investigate the effect of studies that had very large prevalence. Oneway ANOVA test was used to compare frequencies, RR, and ROM among Indian, Asian and Western practices. A P value of <0.05 was considered statistically significant.

## **Results**

We found a total of 15,000 studies on the internet when we used the selected phrases for search in PubMed and Google search engines for the defined period. Of these, 60 studies [18 from India (13,17-33), 12 from Asia (13,34-44), and 30 from the West (8,45-73)] (*Table 1*) fulfilled all the inclusion and exclusion criteria. The study by Bychkov *et al.* (13), is an Asian multi-institutional study, from which the data from India was extracted, and analyzed with the rest of the studies from India. The studies by Faquin (53) and Zhou (73) were multi-institutional and both had data from the University of Pennsylvania. Hence, due to the possibility of there being an overlap, the patient data of the University of Pennsylvania was excluded from the paper by Zhou *et al.* (73).

There were a total of 201,657 thyroid FNAs out of which 14,279 were from Indian studies, 62,448 from the other Asian studies, and 124,930 were from the studies of the Western region.

Considering all studies from all three zones, pooled estimate of frequency was 7.3% (6.3–8.3%), of RR was 41.9% (37.4–46.6%), of ROM-resection was 33.3% (26.8–39.9%) and of ROM-overall was 11.1% (9.3–12.9%).

Considering the three areas separately (*Figures 1-3*), the pooled frequency of AUS ranged from 5.8% (India) to 8.7% (Asia) (*Table 2, Figures 1A,2A,3A*) and did not vary significantly across the three regions (*Table 3*). The pooled RR was highest in India (52.9%) and lowest in the rest of Asia (26.5%) (*Figures 1B,2B,3B*); pooled prevalence for ROM-resection was highest in Asia (45.9%) but lowest in the West (26.3%) (*Table 2; Figures 1C,2C,3C*) and was significantly different between the two regions (P<0.01) (*Table 3*). ROM-overall was similar across the three regions, ranging from 10.1% to 14.4% (*Figures 1D,2D,3D*).

Even after sensitivity analysis, heterogeneity across the studies persisted. The pooled estimate of RR in India decreased from 52.95% (38.56–67.35%) to 46.69% (32.87–60.51%) and the pooled estimate of ROM-resection in Asia decreased from 45.86 (32.15–59.56%) to 35.00% (22.05–47.96%).

Funnel plots demonstrated presence of publication bias mostly in Indian and Western studies (*Figure 4*).

Considering results of only those studies in which histopathological outcome of all malignancies was specified, papillary thyroid carcinoma (PTC) was the most common surgical diagnosis (87.9%; 1,082/1,231), but PTC subtypes were not detailed in all reports. Of the studies with details available, borderline tumors and low-grade cancers (NIFTP, follicular variant of PTC and tumors of uncertain malignant potential) constituted 41.7% (40/96) of the available diagnoses from India, 24.4% (82/336) from Asia and 51.8% (246/475) from the West. The rest of the malignant diagnoses included other PTC variants (including papillary microcarcinoma), follicular carcinoma, Hurthle cell carcinoma, poorly differentiated thyroid carcinoma, anaplastic thyroid carcinoma, medullary thyroid carcinoma, lymphoma and metastasis. There was no case of hyalinizing trabecular adenoma.

## **Discussion**

Thyroid cancer forms around 3% of all malignancies and is the most common endocrine malignancy (74). The incidence varies across the globe and even across different regions of a country. In India, the incidence is highest in the southern and north-eastern regions (75,76).

FNAC is the primary screening test performed for

## Guleria et al. AUS/FLUS in India: similarities and differences from rest of the world

	Table 1	Comprehensive	data of the studies	included in the meta-analys	sis
--	---------	---------------	---------------------	-----------------------------	-----

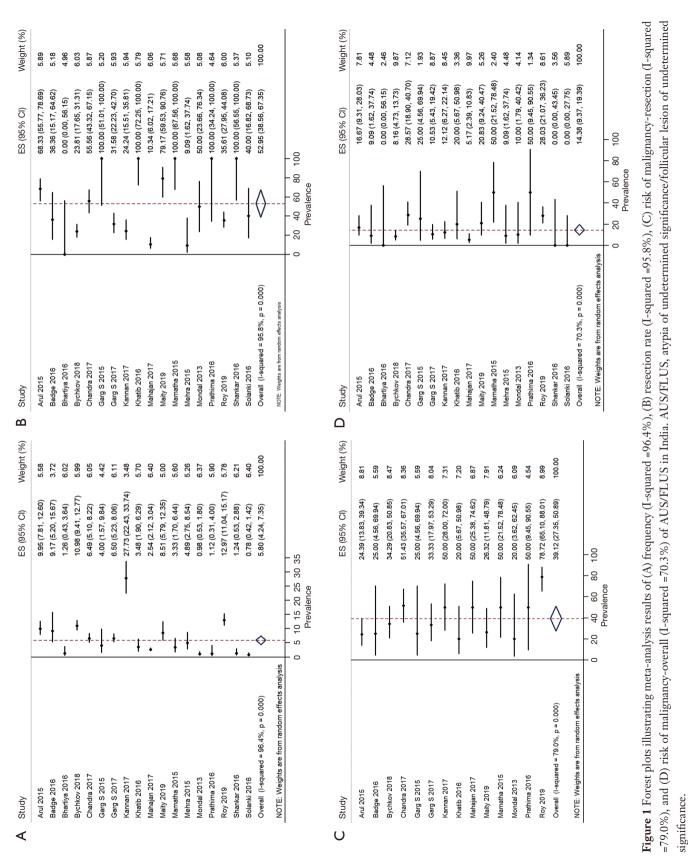
Serial No.	Study	Total FNA	No. of AUS	No. of resections	No. of malignar nodules
Indian studies					
1.	Arul 2015 (17)	603	60	41	10
2.	Badge 2016 (18)	120	11	4	1
3.	Bhartiya 2016 (19)	238	3	0	0
4.	Bychkov 2018 (13)*	1,339	147	35	12
5.	Chandra 2017 (20)	971	63	35	18
6.	Garg S 2015 (21)	100	4	4	1
7.	Garg S 2017 (22)	1,169	76	24	8
8.	Kannan 2017 (23)	238	66	16	8
9.	Khatib 2016 (24)	287	10	10	2
10.	Mahajan 2017 (25)	4,562	116	12	6
11.	Maity 2019 (26)	282	24	19	5
12.	Mamatha 2015 (27)	240	8	8	4
13.	Mehra 2015 (28)	225	11	1	1
14.	Mondal 2013 (29)	1,020	10	5	1
15.	Prathima 2016 (30)	178	2	2	1
16.	Roy 2019 (31)	1,018	132	47	37
17.	Shankar 2016 (32)	402	5	5	0
18.	Solanki 2016 (33)	1,287	10	4	0
sian studies					
19.	Alabdulqader 2015 (34)	252	25	4	1
20.	Al-Abbadi 2013 (35)	205	15	9	4
21.	Al Dawish 2017 (36)	1,433	131	42	6
22.	Bychkov 2018 (13)*	10,033	619	180	84
23.	Kim 2017 (37)	35,073	3,708	722	514
24.	Kim 2018 (38)	5,549	882	306	232
25.	Lee 2017 (39)	1,925	206	50	28
26.	Limlunjakorn 2017 (40)	2,762	108	29	11
27.	Liu 2017 (41)	2,838	195	21	15
28.	Mufti 2012 (42)	250	2	2	1
29.	Naz 2014 (43)	528	67	6	2
30.	Satoh 2017 (44)	1,600	171	47	7

Table 1 (continued)

Table 1 (continued)

Serial No.	Study	Total FNA	No. of AUS	No. of resections	No. of malignant nodules
Western studies					
31.	Bernstein 2016 (45)	2,939	233	187	86
32.	Bohacek 2012 (46)	1,000	8	8	1
33.	Bongiovanni 2012 (47)	3,724	248	132	19
34.	Bonzanini 2011 (48)	2,422	242	45	19
35.	Brandler 2016 (49)	11,481	976	264	88
36.	Can 2016 (50)	6,290	410	153	70
37.	Cristo 2016 (51)	328	37	16	2
38.	Deniwar 2015 (52)	723	94	65	22
39.	Faquin 2016 (53)	6,943	1,028	397	124
40.	Güney 2017 (54)	1,440	53	11	1
41.	Guo 2017 (55)	236	8	3	1
42.	Harvey 2013 (56)	3,432	72	31	5
43.	Ho 2014 (57)	8,862	709	350	135
44.	Horne 2012 (58)	6,205	171	58	29
45.	Jo 2010 (59)	3,080	104	53	9
46.	Kantola 2015 (60)	2,159	159	67	29
47.	Krauss 2016 (8)	5,574	238	55	14
48.	Lobo 2011 (61)	873	40	10	4
49.	Luu 2011 (62)	7,072	222	127	33
50.	Muratli 2014 (63)	1,607	140	19	5
51.	Nayar 2009 (64)	5,194	924	430	26
52.	Olson 2013 (65)	3,885	575	106	32
53.	Paajanen 2018 (66)	363	32	7	0
54.	Renshaw 2017 (67)	12,763	961	367	85
55.	Tepeoğlu 2014 (68)	1,021	100	79	10
56.	Ugurluoglu 2015 (69)	1,096	29	7	1
57.	Wu 2014 (70)	3,346	670	138	25
58.	Yang 2007 (71)	4,703	152	52	10
59.	Yassa 2007 (72)	3,589	144	84	20
60.	Zhou 2018 (73)	12,580	786	450	80

\*The study by Bychkov *et al.* (13) had cases from India and other Asian countries. Data from India and the other countries was segregated and evaluated. FNA, fine needle aspiration; AUS, atypia of undetermined significance.



#### Guleria et al. AUS/FLUS in India: similarities and differences from rest of the world

1802

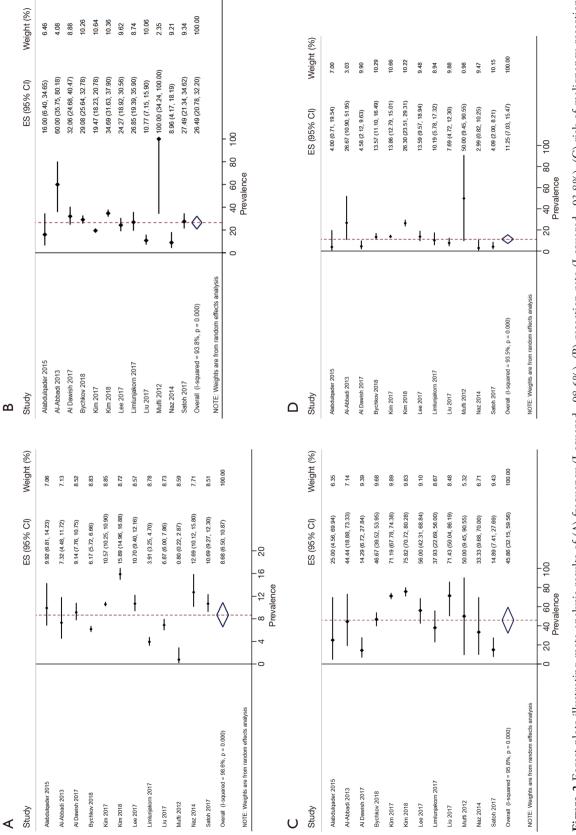


Figure 2 Forest plots illustrating meta-analysis results of (A) frequency (I-squared =98.6%), (B) resection rate (I-squared =93.8%), (C) risk of malignancy-resection (I-squared =95.8%), and (D) risk of malignancy-overall (I-squared =93.5%) of AUS/FLUS in rest of Asia. AUS/FLUS, atypia of undetermined significance/follicular lesion of undetermined significance.

## Gland Surgery, Vol 9, No 5 October 2020

#### 1804

#### Guleria et al. AUS/FLUS in India: similarities and differences from rest of the world

Study         Bernstein 2016         Bohacek 2012         Bongaini 2011         Brandler 2016         Can 2016         Guney 2017         Guney 2017         Harvey 2013         Ho 2014         Horne 2011         Jo 2010         Kantola 2015         Krauss 2016         Lobo 2011         Lub 2011         Muratli 2014         Nayar 2009         Olson 2013         Paajanen 2018         Renshaw 2017         Tepeoglu 2014         Ugurtuoglu 2015         Wu 2014         Yang 2007         Yasa 2007         Zhou 2018         Overall (I-squared = 99.1%, p = 0.000)         NOTE: Weights are from random effects analysis         0       4         Bernstein 2016         Bongaonni 2011         Brandler 2016         C         Bernstein 2016         Guney 2017         Harvey 2013         Ho 2014         Horne 2011         Jo 2010         Kantola 2015         Frauin 2016         Guney 2017	$\begin{array}{c c c c c c c c c c c c c c c c c c c $	Study           Bernstein 2016         Bohacek 2012           Bongiovanni 2012         Bonzanini 2011           Brandler 2016         Can 2016           Cristo 2016         Deniwar 2015           Faquin 2016         Guney 2017           Guo 2017         Harvey 2013           Ho 2014         Home 2011           Jo 2010         Krauss 2016           Lobo 2011         Luu 2011	+ + + + + + + + + + + + + + + + + + +	ES (95% Cl)         Weight (%           80.26 (74.67, 84.86)         3.50           100.00 (67.56, 100.00)         2.89           53.23 (47.01, 59.34)         3.46           18.60 (14.20, 23.97)         3.51           27.05 (24.36, 29.92)         3.56           37.32 (32.77, 42.10)         3.51           43.24 (28.67, 59.09)         2.96           69.15 (59.21, 77.58)         3.33           38.62 (35.69, 41.63)         3.55           0.75 (12.00, 33.46)         3.24           37.50 (13.88, 69.43)         2.09           43.06 (32.26, 54.56)         3.22           43.06 (32.70, 53.04)         3.54
Bohacek 2012 Bongiovanni 2012 Bonzaini 2011 Brandler 2016 Cristo 2016 Cristo 2016 Guney 2017 Guney 2017 Harvey 2013 Hore 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratii 2014 Yang 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 0 4 8 12 16 20 Prevaler Study Bernstein 2016 Bohacek 2012 Bongiovanni 2011 Brandler 2016 C Prevaler Study Bernstein 2016 Guney 2017 Harvey 2013 Hore 2017 Harvey 2013 Hore 2016 C Prevaler Study Horme 2011 Jo 2010 Kantola 2015 Krauss 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 	$\begin{array}{cccc} 0.80 & (0.41, 1.57) & 3.42 \\ 6.66 & (5.90, 7.51) & 3.40 \\ 9.99 & (8.86, 11.25) & 3.35 \\ 8.50 & (8.00, 9.03) & 3.42 \\ 6.52 & (5.93, 7.16) & 3.42 \\ 11.28 & (8.30, 15.16) & 2.81 \\ 13.00 & (10.74, 15.66) & 3.39 \\ 14.81 & (13.99, 15.66) & 3.39 \\ 3.68 & (2.82, 4.78) & 3.38 \\ 3.39 & (1.73, 6.55) & 3.10 \\ 2.10 & (1.67, 2.63) & 3.42 \\ 8.00 & (7.45, 8.58) & 3.42 \\ 2.76 & (2.38, 3.19) & 3.43 \\ 3.38 & (2.79, 4.07) & 3.41 \\ 7.36 & (6.34, 8.54) & 3.36 \\ 4.27 & (7.37, 4.83) & 3.42 \\ 4.58 & (3.38, 6.18) & 3.32 \\ 3.14 & (2.76, 3.57) & 3.43 \\ 8.71 & (7.43, 10.19) & 3.32 \\ \end{array}$	Bohacek 2012 Bongiovanni 2012 Bonzanini 2011 Brandler 2016 Can 2016 Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011	+ + + + + + + + + + + + + + + + + + +	
Bongiovanni 2012 Bonzanini 2011 Brandler 2016 Can 2016 Cristo 2016 Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Home 2011 Ju 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratii 2014 Nayar 2009 Olson 2013 Derivar 2015 Study Bernstein 2016 Bohacek 2012 Bonzanini 2012 Bonzanini 2012 Bonzanini 2015 Faquin 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2016 Guney 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Con 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratii 2014 Nayar 2009 Olson 2013 Ho 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratii 2014 Nayar 2009 Olson 2013	$\begin{array}{ccccc} 6.66 \left(5 90, 7.51\right) & 3.40\\ 9.99 \left(8.86, 11.25\right) & 3.35\\ 8.50 \left(8.00, 9.03\right) & 3.42\\ 6.52 \left(5.93, 7.16\right) & 3.42\\ 11.28 \left(8.30, 15.16\right) & 2.81\\ 13.00 \left(10.74, 15.65\right) & 3.09\\ 14.81 \left(13.99, 15.66\right) & 3.39\\ 3.68 \left(2.82, 4.78\right) & 3.38\\ 3.39 \left(1.73, 6.55\right) & 3.10\\ 2.10 \left(1.67, 2.63\right) & 3.42\\ 8.00 \left(7.45, 8.58\right) & 3.42\\ 2.76 \left(2.38, 3.19\right) & 3.43\\ 3.38 \left(2.79, 4.07\right) & 3.41\\ 7.36 \left(6.34, 8.54\right) & 3.36\\ 4.27 \left(3.77, 4.83\right) & 3.42\\ 4.58 \left(3.38, 6.18\right) & 3.32\\ 3.14 \left(2.76, 3.57\right) & 3.43\\ 8.71 \left(7.43, 10.19\right) & 3.32\\ \end{array}$	Bongiovanni 2012 Bonzanini 2011 Brandier 2016 Can 2016 Cristo 2016 Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011	+ + + + + + + + + + + + + + + + + + +	$\begin{array}{ccccc} 53.23(47.01, 59.34) & 3.46\\ 18.60(14.20, 23.97) & 3.51\\ 27.05(24.36, 29.92) & 3.56\\ 37.32(32.77, 42.10) & 3.51\\ 43.24(28.67, 59.09) & 2.96\\ 69.15(59.21, 77.58) & 3.33\\ 38.62(35.69, 41.63) & 3.55\\ 20.75(12.00, 33.46) & 3.24\\ 37.50(13.68, 69.43) & 2.09\\ 43.06(32.26, 54.56) & 3.22\\ \end{array}$
Bonzanini 2011 Brandler 2016 Can 2016 Cristo 2016 Guney 2017 Faquin 2015 Faquin 2015 Faquin 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Vassa 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yansa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 0 4 8 12 16 22 Prevaler Study Bernstein 2016 Bohacek 2012 Bonzanini 2011 Brandler 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2017 Harvey 2013 Ho 2014 Horne 2017 Harvey 2013 Ho 2014 Horne 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	Bonžanini 2011 Brandler 2016 Can 2016 Cristo 2016 Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Horme 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011		$\begin{array}{c} 1860(14,20,23,97) & 3.51\\ 2705(24.36,29.92) & 3.56\\ 37.32(32,77,42.10) & 3.51\\ 43.24(2867,59.09) & 2.96\\ 69.15(59.21,77.58) & 3.33\\ 8862(35,69,41.63) & 3.55\\ 20.75(12.00,33.46) & 3.24\\ 37.50(13.68,69.43) & 2.09\\ 43.06(32.26,54.56) & 3.22\\ \end{array}$
Brandler 2016 Can 2016 Cristo 2016 Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratii 2014 Yagsa 2009 Olson 2013 Pagianen 2018 Renshaw 2017 Tepeoglu 2014 Yugutoglu 2015 Wu 2014 Yagsa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 0 4 8 12 16 20 Prevaler Study Bernstein 2016 Bohacek 2012 Bongiovanni 2011 Brandler 2016 Cursto 2016 Cristo 2016 Cristo 2016 Cursto 2017 Harvey 2013 Ho 2014 Horne 2017 Harvey 2013 Ho 2014 Horne 2017 Harvey 2013 Ho 2014 Horne 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Cursto 2016 Cursto 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Horne 2013 Horne 2013 Horne 2013 Horne 2013 Horne 2013 Horne 2014 Horne	$\begin{array}{cccccc} 8.50 & (8.00 & 9.03) & 3.42 \\ 6.52 & (5.93 & 7.16) & 2.81 \\ 11.28 & (8.30 & 15.16) & 2.81 \\ 13.00 & (10.74 & 15.65) & 3.09 \\ 14.81 & (13.99 & 15.66) & 3.39 \\ 3.68 & (2.82 & 4.78) & 3.38 \\ 3.39 & (1.73 & 6.55) & 3.42 \\ 8.00 & (7.45 & 6.58) & 3.42 \\ 2.76 & (2.38 & 3.19) & 3.43 \\ 3.38 & (2.79 & 4.07) & 3.41 \\ 7.36 & (6.34 & 6.54) & 3.36 \\ 4.27 & (3.77 & 4.83) & 3.42 \\ 4.58 & (3.38 & 6.18) & 3.32 \\ 3.14 & (2.76 & 3.57) & 3.43 \\ 3.71 & (7.43 & 10.19) & 3.32 \\ \end{array}$	Brandler 2016 Can 2016 Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Ja 2010 Kantola 2015 Krauss 2016 Lobo 2011		$\begin{array}{c} 27.05 (24.36 (29.92) \\ 3.56 \\ 37.32 (32.77, 42.10) \\ 3.51 \\ 43.24 (2867, 59.09) \\ 2.96 \\ 69.15 (59.21, 77.58) \\ 3.38 \\ 62 (3569, 41.63) \\ 3.55 \\ 20.75 (12.00, 33.46) \\ 3.24 \\ 37.50 (13.66, 69.43) \\ 2.09 \\ 43.06 (32.26, 54.56) \\ 3.22 \end{array}$
Can 2016 Cristo 2016 Deniwar 2015 Faquin 2016 Guog 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Krauss 2016 Lobo 2011 Luu 2011 Muratii 2014 Mayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurtuoglu 2015 Wu 2014 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis C Prevaler Study Bernstein 2016 Bohzanini 2017 Harvey 2013 Ho 2014 Ugurtuoglu 2015 Study Bernstein 2016 Con 2016 Cristo 2017 Harvey 2013 Ho 2011 Jo 2010 Krauss 2016 Lobo 2011 Luu 2011 Muratii 2014 Mayar 2009 Olson 2013	$\begin{array}{cccc} 6.52 & (5.93, 7.16) & 3.42 \\ 11.28 & (8.30, 15.16) & 2.81 \\ 13.00 & (10.74, 15.65) & 3.09 \\ 14.81 & (13.99, 15.66) & 3.39 \\ 3.68 & (2.82, 4.78) & 3.38 \\ 3.39 & (1.73, 6.55) & 3.10 \\ 2.10 & (1.67, 2.63) & 3.42 \\ 8.00 & (7.45, 8.58) & 3.42 \\ 2.76 & (2.38, 3.19) & 3.43 \\ 3.38 & (2.79, 4.07) & 3.41 \\ 7.36 & (6.34, 8.54) & 3.36 \\ 4.27 & (3.77, 4.83) & 3.42 \\ 4.58 & (3.38, 6.18) & 3.32 \\ 3.14 & (2.76, 3.57) & 3.43 \\ 8.71 & (7.43, 10.19) & 3.32 \\ \end{array}$	Can 2016 Cristo 2016 Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011		$\begin{array}{cccc} 37.32 & (32.77, 42.10) & 3.51 \\ 43.24 & (28.67, 59.09) & 2.96 \\ 69.15 & (52.1, 77.58) & 3.33 \\ 38.62 & (35.69, 41.63) & 3.55 \\ 20.75 & (12.00, 33.46) & 3.24 \\ 37.50 & (13.68, 69.43) & 2.09 \\ 43.06 & (32.26, 54.56) & 3.22 \\ \end{array}$
Cristo 2016 Deniwar 2015 Faquin 2016 Gune 2017 Harvey 2013 Hore 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis C Study Bernstein 2016 Bonaainil 2011 Bernateir 2016 Can 2016 Cristo 2016 Cristo 2016 Con 2017 Harvey 2013 Ho 2017 Harvey 2013 Ho 2017 Harvey 2013 Ho 2016 Gune 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Cur 2016 Gune 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Cur 2016 Gune 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Muratil 2014 Mura	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Cristo 2016 Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011		43.24 (28.67, 59.09)         2.96           69.15 (59.21, 77.58)         3.33           38.62 (35.69, 41.63)         3.55           20.75 (12.00, 33.46)         3.24           37.50 (13.68, 69.43)         2.09           43.06 (32.26, 54.56)         3.22
Deniwar 2015 Faquin 2016 Guney 2017 Guney 2017 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lubo 2011 Luu 2011 Muratli 2014 Nayar 2009 Olson 2013 Prevaler Study Bernstein 2016 Guney 2017 Yuu 2014 Yang 2007 Yasa 2007 Zhou 2018 Bornacek 2012 Bongiovanni 2012 Bongiovanni 2015 Faquin 2016 Guney 2017 Guney 2017 Guney 2017 Fapel 2016 Guney 2017 Faquin 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Faquin 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Cristo 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Cuney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Cuney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lubo 2011 Luu 2011 Muratli 2014 Muratli 2014 Muratli 2014 Marvey 2013 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lubo 2011 Luu 2011 Muratli 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Horne 2013 Horne 2013 Horn	$\begin{array}{ccccccc} 13.00 & (10.74, 15.65) & 3.09 \\ 14.81 & (13.99, 15.66) & 3.39 \\ 3.68 & (2.82, 4.78) & 3.38 \\ 3.39 & (1.73, 6.55) & 3.10 \\ 2.10 & (1.67, 2.63) & 3.42 \\ 8.00 & (7.45, 8.58) & 3.42 \\ 2.76 & (2.38, 3.19) & 3.43 \\ 3.38 & (2.79, 4.07) & 3.41 \\ 7.36 & (6.34, 8.54) & 3.36 \\ 4.27 & (3.77, 4.83) & 3.42 \\ 4.58 & (3.38, 6.18) & 3.32 \\ 3.14 & (2.76, 3.57) & 3.43 \\ 8.71 & (7.43, 10.19) & 3.32 \\ \end{array}$	Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Ja 2010 Kantola 2015 Krauss 2016 Lobo 2011		69.15 (59.21, 77.58)         3.33           38.62 (35.69, 41.63)         3.55           20.75 (12.00, 33.46)         3.24           37.50 (13.68, 69.43)         2.09           43.06 (32.26, 54.56)         3.22
Faquin 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Yassa 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurtuoglu 2015 Wu 2014 Yassa 2007 Zhou 2018 Bernstein 2016 Bohacek 2012 Bonzanini 2011 Bonzanini 2016 Cristo 2016 Cristo 2016 Cristo 2016 Guney 2017 Harvey 2013 Ho 2014 Yang 2007 Zhou 2018 Bernstein 2016 Cristo 2016 Cristo 2016 Cristo 2016 Cristo 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Horne 2013 Horne 201	$\begin{array}{cccccc} 14.81 & (13.99, 15.66) & 3.39 \\ 3.68 & (2.82, 4.78) & 3.38 \\ 3.39 & (1.73, 6.55) & 3.10 \\ 2.10 & (1.67, 2.63) & 3.42 \\ 8.00 & (7.45, 8.58) & 3.42 \\ 2.76 & (2.38, 3.19) & 3.43 \\ 3.38 & (2.79, 4.07) & 3.41 \\ 7.36 & (6.34, 8.54) & 3.36 \\ 4.27 & (3.77, 4.83) & 3.42 \\ 4.58 & (3.38, 6.18) & 3.32 \\ 3.14 & (2.76, 3.57) & 3.43 \\ 8.71 & (7.43, 10.19) & 3.32 \\ \end{array}$	Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011		38.62 (35.69, 41.63)         3.55           20.75 (12.00, 33.46)         3.24           37.50 (13.68, 69.43)         2.09           43.06 (32.26, 54.56)         3.22
Gune 2017 Guo 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yassa 2007 Zhou 2018 Bernstein 2016 Bohacek 2012 Bongiovanni 2012 Bongiovanni 2015 Faquin 2016 Gune 2017 Harvey 2013 Ho 2010 Kantola 2015 Krauss 2016 Con 2016 Cristo 2016 Gune 2017 Harvey 2013 Ho 2010 Kantola 2015 Krauss 2016 Con 2016 Gune 2017 Harvey 2013 Ho 2010 Kantola 2015 Krauss 2016 Cub 2011 Luu 2011 Muratli 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Cub 2011 Luu 2011 Muratli 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Horne 2013 Horne 2013 Horn	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011		20.75 (12.00, 33.46)3.2437.50 (13.68, 69.43)2.0943.06 (32.26, 54.56)3.22
Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis O 4 8 12 16 20 Prevaler Study Bernstein 2016 Gun 2016 Gun 2016 Gun 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Kantola 2016 C	$\begin{array}{cccc} 3.39(1.73,6.55) & 3.10 \\ 2.10(1.67,2.63) & 3.42 \\ 8.00(7.45,8.58) & 3.42 \\ 2.76(2.38,3.19) & 3.43 \\ 3.38(2.79,4.07) & 3.41 \\ 7.36(6.34,8.54) & 3.36 \\ 4.27(3.77,4.83) & 3.42 \\ 4.58(3.38,6.18) & 3.32 \\ 3.14(2.76,3.57) & 3.43 \\ 8.71(7.43,10.19) & 3.32 \end{array}$	Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011		37.50 (13.68, 69.43)2.0943.06 (32.26, 54.56)3.22
Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis O 4 8 12 16 20 Prevaler Study Bernstein 2016 Gun 2016 Gun 2016 Gun 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Kantola 2016 C	$\begin{array}{cccc} 3.39(1.73,6.55) & 3.10 \\ 2.10(1.67,2.63) & 3.42 \\ 8.00(7.45,8.58) & 3.42 \\ 2.76(2.38,3.19) & 3.43 \\ 3.38(2.79,4.07) & 3.41 \\ 7.36(6.34,8.54) & 3.36 \\ 4.27(3.77,4.83) & 3.42 \\ 4.58(3.38,6.18) & 3.32 \\ 3.14(2.76,3.57) & 3.43 \\ 8.71(7.43,10.19) & 3.32 \end{array}$	Harvey 2013 Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011		43.06 (32.26, 54.56) 3.22
Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratii 2014 Nayar 2009 Olson 2013 Peajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis C Prevaler Study Bernstein 2016 Bohacek 2012 Bonzanini 2011 Brandler 2016 Can 2016 Cristo 2016 Cristo 2016 Gune 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratii 2014 Mayar 2009 Olson 2013 Hore 2015 Hore 20	$\begin{array}{cccc} 2.10 \left(167,263\right) & 3.42 \\ 8.00 \left(745,8,58\right) & 3.42 \\ 2.76 \left(2.38,3.19\right) & 3.43 \\ 3.38 \left(2.79,407\right) & 3.41 \\ 7.36 \left(6.34,8,54\right) & 3.36 \\ 4.27 \left(3.77,483\right) & 3.42 \\ 4.58 \left(3.38,6,6,18\right) & 3.32 \\ 3.14 \left(2.76,3,57\right) & 3.43 \\ 8.71 \left(7.43,10,19\right) & 3.32 \end{array}$	Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011		
Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurtuoglu 2015 Wu 2014 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis C Prevaler Study Bernstein 2016 Bonjavanni 2012 Bongiavanni 2012 Bongiavanni 2015 Faquin 2016 Cristo 2016 Cristo 2016 Cristo 2016 Gune 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Nayar 2009 Olson 2013	$\begin{array}{cccc} 8.00 & (745,858) & 3.42 \\ 2.76 & (2.38,3.19) & 3.43 \\ 3.38 & (2.79,4.07) & 3.41 \\ 7.36 & (6.34,8.54) & 3.36 \\ 4.27 & (3.77,4.83) & 3.42 \\ 4.58 & (3.38,6.18) & 3.32 \\ 3.14 & (2.76,3.57) & 3.43 \\ 8.71 & (7.43,10.19) & 3.32 \\ \end{array}$	Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011		49.37 (45.70, 53.04) 3.54
Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lubo 2011 Luu 2011 Muratli 2014 Vayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yans 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis O 4 8 12 16 20 Prevaler Study Bernstein 2016 Bohacek 2012 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2015 Faquin 2016 Gune 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lubo 2011 Muratli 2014 Nayar 2009 Olson 2013	$\begin{array}{ccccccc} 2.76 & (2.38, 3.19) & 3.43 \\ 3.38 & (2.79, 4.07) & 3.41 \\ 7.36 & (6.34, 8.54) & 3.36 \\ 4.27 & (3.77, 4.83) & 3.42 \\ 4.58 & (3.38, 6.18) & 3.32 \\ 3.14 & (2.76, 3.57) & 3.43 \\ 8.71 & (7.43, 10.19) & 3.32 \end{array}$	Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011		
Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis C Study Bernstein 2016 Bohacek 2012 Bongiovanni 2012 Bongaiovanni 2012 Bongaiovanni 2015 Gune 2016 Cristo 2016 Cristo 2016 Cristo 2016 Gune 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Horne 2013 Horne 2013	$\begin{array}{cccc} 3.38 & (2.79, 4.07) & 3.41 \\ 7.36 & (6.34, 8.54) & 3.36 \\ 4.27 & (3.77, 4.83) & 3.42 \\ 4.58 & (3.38, 6.16) & 3.32 \\ 3.14 & (2.76, 3.57) & 3.43 \\ 8.71 & (7.43, 10.19) & 3.32 \\ \end{array}$	Kantola 2015 Krauss 2016 Lobo 2011	↓ <del>↓ </del>	33.92 (27.25, 41.30) 3.43
Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013 Peajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurtuoglu 2015 Wu 2014 Yans 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 0 4 8 12 16 20 Prevaler Study Bernstein 2016 Bonjaovanni 2012 Bonzanini 2011 Brandler 2016 Gune 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lub 2011 Muratil 2014 Nayar 2009 Olson 2013 Horne 2	7.36 (6.34, 8.54)         3.36           4.27 (3.77, 4.83)         3.42           4.58 (3.38, 6.18)         3.32           3.14 (2.76, 3.57)         3.43           8.71 (7.43, 10.19)         3.32	Krauss 2016 Lobo 2011	↓ →	50.96 (41.49, 60.36) 3.31
Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013 Peajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurtuoglu 2015 Wu 2014 Yans 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 0 4 8 12 16 20 Prevaler Study Bernstein 2016 Bonjaovanni 2012 Bonzanini 2011 Brandler 2016 Gune 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lub 2011 Muratil 2014 Nayar 2009 Olson 2013 Horne 2	4.27 (3.77, 4.83)         3.42           4.58 (3.38, 6.18)         3.32           3.14 (2.76, 3.57)         3.43           8.71 (7.43, 10.19)         3.32	Lobo 2011		42.14 (34.74, 49.91) 3.40
Lobo 2011 Luu 2011 Maratti 2014 Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis O 4 8 12 16 20 Prevaler Study Bernstein 2016 Bohacek 2012 Bonzanin 2012 Bonzanin 2011 Brandler 2016 Cristo 2016 Cristo 2016 Cristo 2016 Gune y 2017 Harvey 2013 Ho 20214 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratti 2014 Muratti 2014 Nayar 2009 Olson 2013	4.58 (3.38, 6.18) 3.32 3.14 (2.76, 3.57) 3.43 8.71 (7.43, 10.19) 3.32		+	23.11 (18.21, 28.87) 3.49
Luu 2011 Muratii 2014 Nayar 2009 Olson 2013 Peajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 0 4 8 12 16 20 Prevaler Study Bernstein 2016 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2012 Harvey 2013 Ho 2014 Horne 2011 Ju 2010 Krauss 2016 Cub 2011 Muratil 2014 Nayar 2009 Olson 2013	3.14 (2.76, 3.57) 3.43 8.71 (7.43, 10.19) 3.32	Luu 2011	_ <b>→</b> _!	25.00 (14.19, 40.19) 3.10
Muratli 2014 Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis C Prevaler Study Bernstein 2016 Bohacek 2012 Bongiovanni 2012 Bongaiovanni 2012 Bongaiovanni 2012 Bongaiovanni 2015 Faquin 2016 Gune y 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Nayar 2009 Olson 2013	8.71 (7.43, 10.19) 3.32		<b>↓</b>	57.21 (50.63, 63.54) 3.45
Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Yassa 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 0 4 8 12 16 20 Prevaler Study Bernstein 2016 Bohacek 2012 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2016 Can 2016 Cristo 2016 Cristo 2016 Gune y 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lubo 2011 Luu 2011 Muratli 2014 Nayar 2009 Olson 2013		Muratli 2014	<b>★</b>	13.57 (8.86, 20.23) 3.48
Olson 2013         Paajanen 2018         Renshaw 2017         Tepeoglu 2014         Ugurluoglu 2015         Wu 2014         Yassa 2007         Zhou 2018         Overall (I-squared = 99.1%, p = 0.000)         NOTE: Weights are from random effects analysis         C         Prevaler         Study         Bernstein 2016         Bonjavanni 2011         Bronzanini 2011         Branker 2016         Can 2016         Cristo 2016         Guu 2017         Harvey 2013         Ho 2014         Horne 2011         Jo 2010         Kantola 2015         Krauss 2016         Lobo 2011         Luu 2011         Muratil 2014         Nayar 2009         Olson 2013		Nayar 2009	I . I <sup>♠</sup>	46.54 (43.34, 49.76) 3.55
Pajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 0 4 8 12 16 20 Prevaler Study Bernstein 2016 Bohacek 2012 Bongiovanni 2012 Bonzanki 2016 Can 2016 Can 2016 Can 2016 Can 2016 Can 2016 Can 2016 Guney 2017 Harvey 2013 Ho 2014 Horney 2013 Ho 2014 Horney 2013 Ho 2014 Horney 2013 Horney 2015 Horney 20	14.80 (13.72, 15.95) 3.36	Olson 2013	•	18.43 (15.48, 21.81) 3.55
Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis NOTE: Weights are from random effects analysis C Prevaler Study Bernstein 2016 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2015 Faquin 2016 Gune 2016 Gune 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013	8.82 (6.31, 12.18) 2.96	Paajanen 2018		21.88 (11.02, 38.75) 3.05
Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis C Prevaler Study Bernstein 2016 Bongiovanni 2012 Bongiovanni 2012 Bonzanini 2016 Cristo 2016 Deniwar 2015 Faquin 2016 Gune 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013	7.53 (7.08, 8.00) 3.43	Renshaw 2017	•	38.19 (35.17, 41.30) 3.55
Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 0 4 8 12 16 20 C Prevaler Study Bernstein 2016 Bohacek 2012 Bongiovani 2012 Bongiovani 2012 Bongiovani 2016 Can 2016 Can 2016 Can 2016 Can 2016 Can 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013	9.79 (8.12, 11.77) 3.23	Tepeoglu 2014		79.00 (70.02, 85.83) 3.39
Wu 2014     Yang 2007       Yassa 2007     Yassa 2007       Zhou 2018     Overall (I-squared = 99.1%, p = 0.000)       NOTE: Weights are from random effects analysis     0       Variation     0       4     8 12 16 20       C     Prevaler       Study     Bernstein 2016       Bongiovanni 2012     Home 2016       Bongiovanni 2015     Home 2016       Guu 2017     Harvey 2013       Horne 2011     Home 2011       Jo 2010     Harvey 2013       Home 2011     Home 2015       Kantola 2015     Krauss 2016       Lubo 2011     Huratil 2014       Muratil 2014     Home 2011       Jo 2010     Home 2011       Jo 2010     Home 2011       Jo 2010     Home 2011       Jo 2011     Huratil 2015       Krauss 2016     Home 2011       Jo 2011     Home 2011       Jo 2010     Home 2011       Jo 2011     Home 2011       Jo 2013     Home 2013	2.65 (1.85, 3.77) 3.38	Ugurluoglu 2015		24.14 (12.22, 42.11) 2.98
Yang 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis C Study Bernstein 2016 Bohacek 2012 Bonzanini 2011 Brandler 2016 Can 2016 Cristo 2016 Cristo 2016 Gune y 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luv 2011 Muratil 2014 Muratil 2014 Nayar 2009 Olson 2013	20.02 (18.70, 21.41) 3.32	Wu 2014	•	20.60 (17.71, 23.82) 3.55
Yassa 2007 Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 0 4 8 12 16 20 C Prevaler Study Bernstein 2016 Bohacek 2012 Bongiovanni 2012 Bongiovanni 2012 Bongavani 2016 Can 2016 Cristo 2016 Can 2016 Can 2016 Gune 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Lubo 2011 Lubo 2011 Muratli 2014 Muratli 2014 Nayar 2009 Olson 2013	3.23 (2.76, 3.78) 3.42	Yang 2007		34.21 (27.14, 42.06) 3.41
Zhou 2018 Overall (I-squared = 99.1%, p = 0.000) NOTE: Weights are from random effects analysis 0 4 8 12 16 20 Prevaler Study Bernstein 2016 Bongiovanni 2012 Bongiovanni 2012 Bongiovanni 2012 Bonzanini 2016 Can 2016 Cristo 2016 Deniwar 2015 Faquin 2016 Gune 2017 Harvey 2013 Ho 2014 Horme 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luv 2011 Muratil 2014 Nayar 2009 Olson 2013	4.01 (3.42, 4.71) 3.41	Yassa 2007		58.33 (50.17, 66.07) 3.39
Overail (I-squared = 99.1%, p = 0.000)         NOTE: Weights are from random effects analysis         0       4         8 12 16 20         Prevaler         Study         Bernstein 2016         Bohacek 2012         Bongiovanni 2012         Bonzanni 2016         Can 2016         Can 2016         Can 2016         Guney 2017         Harvey 2013         Ho 2014         Horne 2011         Jo 2010         Kantola 2015         Krauss 2016         Lobo 2011         Luu 2011         Muratil 2014         Nayar 2009         Olson 2013	6.25 (5.84, 6.68) 3.43	Zhou 2018	↓ <b>↓ ↓</b>	57.25 (53.77, 60.67) 3.54 41.96 (35.70, 48.21) 100.00
NOTE: Weights are from random effects analysis         0         4         8         12         16         20           C         Prevaler         Prevaler         9         14         16         20         16         20         16         20         16         20	7.47 (6.12, 8.81) 100.00	Overall (I-squared = 97.7%, p = 0.000)	Ý	41.96 (35.70, 48.21) 100.00
0         4         8         12         16         20           Prevaler         Prevaler           Study         Bernstein 2016         4	1.47 (0.12, 0.01)	NOTE: Weights are from random effects analy	/sis	
0       4       8 12 16 20         Prevaler         Study         Bernstein 2016         Bohacek 2012         Bongiovanni 2012         Bonzanini 2016         Can 2016         Cristo 2016         Deniwar 2015         Faquin 2016         Guney 2017         Harvey 2013         Ho 2014         Home 2011         Jo 2010         Kantola 2015         Krauss 2016         Lubo 2011         Luu 2011         Muratil 2014         Nayar 2009         Oison 2013	<del> </del>		0 20 40 60 80 1	
C Prevaler Study Bernstein 2016 Bonjacek 2012 Bongjavani 2012 Bonganini 2011 Brandler 2016 Cristo 2016 Cristo 2016 Gune 2017 Harvey 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratti 2014 Muratti 2014 Nayar 2009 Olson 2013				00
Study Bernstein 2016 Eohacek 2012 Bonjavanni 2012 Bonzanini 2011 Braniler 2016 Cristo 2016 Cristo 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratli 2014 Nayar 2009 Olson 2013		5	Prevalence	
Bernstein 2016 Bohacek 2012 Bonganini 2011 Brandier 2016 Can 2016 Cristo 2016 Deniwar 2015 Faquin 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Krauss 2016 Lobo 2011 Luw 2011 Muratil 2014 Nayar 2009 Olson 2013	5	D		
Bohacek 2012 Bongiovanni 2012 Bonzanini 2011 Brandler 2016 Cristo 2016 Cristo 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krause 2016 Lobo 2011 Luu 2011 Muratli 2014 Nayar 2009 Olson 2013	ES (95% CI) Weight (%)	Study		ES (95% Cl) Weight (%)
Bongiovanni 2012 Bonzanini 2011 Brandler 2016 Cristo 2016 Deniwar 2015 Faquin 2015 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Krauss 2016 Lobo 2011 Lubo 2011 Muratil 2014 Nayar 2009 Olson 2013	45.99 (39.00, 53.14) 3.91	Bernstein 2016 Bohacek 2012		36.91 (30.97, 43.27) 3.13 - 12.50 (2.24, 47.09) 0.74
Bonzanini 2011 Brandler 2016 Can 2016 Cristo 2016 Guney 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Krauss 2016 Cristo 2014 Horne 2017 Harvey 2013 Horne 2011 Jo 2010 Krauss 2016 Lobo 2011 Muratil 2014 Nayar 2009 Olson 2013	12.50 (2.24, 47.09) 2.38	Bongiovanni 2012		7.66 (4.96, 11.65) 3.84
Brandler 2016 Can 2016 Cristo 2016 Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kratusa 2015 Krauss 2016 Lobo 2011 Lubo 2011 Muratil 2014 Nayar 2009 Olson 2013	14.39 (9.41, 21.39) 3.99	Bonzanini 2011		7.85 (5.08, 11.94) 3.82
Can 2016 Cristo 2016 Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Krauss 2016 Lobo 2011 Lubo 2011 Muratil 2014 Nayar 2009 Olson 2013	42.22 (28.97, 56.70) 3.25	Brandler 2016		
Cristo 2016 Deniwar 2015 Faquin 2016 Guney 2017 Harvey 2017 Harvey 2013 Ho 2014 Horme 2011 Jo 2010 Kantola 2015 Krautse 2016 Lobo 2011 Muratil 2014 Muratil 2014 Nayar 2009 Olson 2013	33.33 (27.92, 39.22) 4.01	Can 2016	T	
Deniwar 2015 Faquin 2016 Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013	45.75 (38.06, 53.65) 3.85	Cristo 2016		17.07 (13.74, 21.02) 3.78 5.41 (1.50, 17.70) 2.62
Faquin 2016 Gune 2017 Harvey 2013 Ho 2014 Home 2011 Jo 2010 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013	12.50 (3.50, 36.02) 3.00	Deniwar 2015		
Guney 2017 Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Muratil 2014 Mayar 2009 Olson 2013	33.85 (23.53, 45.96) 3.53	Faquin 2016		23.40 (15.99, 32.90) 2.53 12.06 (10.21, 14.20) 4.09
Guo 2017 Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Krauss 2016 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Mayar 2009 Olson 2013	31.23 (26.87, 35.95) 4.08	Guney 2017		1.89 (0.33, 9.94) 3.49
Harvey 2013 Ho 2014 Horne 2011 Jo 2010 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013	9.09 (1.62, 37.74) 2.81	Guo 2017 Guo 2017		- 12.50 (2.24, 47.09) 0.74
Ho 2014 Horne 2011 Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Muyar 2009 Olson 2013	<ul> <li>33.33 (6.15, 79.23)</li> <li>1.38</li> </ul>	Harvey 2013		6.94 (3.00, 15.25) 3.14
Home 2011 Jo 2010 Krauss 2015 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013	16.13 (7.09, 32.63) 3.37	Harvey 2013 Ho 2014		19.04 (16.32, 22.09) 3.94
Jo 2010 Kantola 2015 Krauss 2016 Lobo 2011 Muratil 2014 Nayar 2009 Olson 2013	38.57 (33.62, 43.77) 4.05	Horne 2011		16.96 (12.08, 23.29) 3.27
Kantola 2015 Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013	50.00 (37.54, 62.46) 3.40	Jo 2010		8.65 (4.62, 15.63) 3.30
Krauss 2016 Lobo 2011 Luu 2011 Muratil 2014 Nayar 2009 Olson 2013		Kantola 2015		18.24 (13.01, 24.97) 3.17
Lobo 2011 Luu 2011 Muratii 2014 Nayar 2009 Olson 2013	16.98 (9.20, 29.23) 3.65	Krauss 2016		5.88 (3.54, 9.63) 3.90
Luu 2011 Muratil 2014 Nayar 2009 Olson 2013	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50	Lobo 2011		10.00 (3.96, 23.05) 2.28
Muratil 2014 Nayar 2009 Olson 2013	16.98 (9.20, 29.23) 3.65	Luu 2011		14.86 (10.78, 20.14) 3.52
Nayar 2009 Olson 2013	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50	Muratli 2014	· ·	3.57 (1.53, 8.09) 3.86
Olson 2013	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81, 38.30) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87		+	2.81 (1.93, 4.09) 4.20
	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81, 38.30) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87 26.32 (11.81, 48.79) 2.76		+	5.57 (3.97, 7.75) 4.11
	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81, 38.30) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87	Nayar 2009		0.00 (0.00, 10.72) 3.34
	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81, 38.30) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87 26.32 (11.81, 48.79) 2.76	Nayar 2009 Olson 2013	4	8.84 (7.21, 10.81) 4.12
Tepeoglu 2014 🔶	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81, 38.30) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87 26.32 (11.81, 48.79) 2.76 6.05 (4.16, 8.71) 4.18	Nayar 2009 Olson 2013 Paajanen 2018		10.00 (5.52, 17.44) 3.18
Ugurluoglu 2015	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81, 38.30) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87 26.32 (11.81, 48.79) 2.76 6.05 (4.16, 8.71) 4.18 30.19 (22.27, 39.49) 3.78	Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017		3.45 (0.61, 17.18) 2.58
Wu 2014	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81) 38.00) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87 26.32 (11.81, 48.79) 2.76 6.05 (4.16, 8.71) 4.18 30.19 (22.27, 39.49) 3.78 23.16 (19.14, 27.74) 4.09	Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014		3.73 (2.54, 5.45) 4.16
Yang 2007	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81, 38.30) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87 26.32 (11.81, 48.79) 2.76 6.05 (4.16, 8.71) 4.18 30.19 (22.27, 39.49) 3.76 23.16 (19.14, 27.74) 4.09 12.66 (7.02, 21.76) 3.89 14.29 (2.57, 51.31) 2.21	Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015		6.58 (3.61, 11.69) 3.68
Yassa 2007	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81, 38.30) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87 26.32 (11.81, 48.79) 2.76 6.05 (4.16, 8.71) 4.18 30.19 (22.27, 39.49) 3.78 23.16 (19.14, 27.74) 4.09 12.66 (7.02, 21.76) 3.89 14.29 (2.57, 51.31) 2.21 18.12 (12.58, 25.38) 3.96	Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014		
Zhou 2018	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81) 38.00 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87 26.32 (11.81, 48.79) 2.76 6.05 (4.16, 8.71) 4.18 30.19 (22.27, 39.49) 3.78 23.16 (19.14, 27.74) 4.09 12.66 (7.02, 21.76) 3.89 14.29 (2.57, 51.31) 2.21 18.12 (12.58, 25.38) 3.96 19.23 (10.80, 31.90) 3.60	Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007		
Overall (I-squared = 93.2%, p = 0.000)	$\begin{array}{c} 16.98 (9.20, 29.23) & 3.65 \\ 43.28 (32.10, 55.19) & 3.50 \\ 25.46 (15.81, 38.30) & 3.53 \\ 40.00 (16.82, 68.73) & 2.07 \\ 25.98 (19.14, 34.24) & 3.87 \\ 26.32 (11.81, 48.79) & 2.76 \\ 6.05 (4.16, 8.71) & 4.18 \\ 30.19 (22.27, 39.49) & 3.78 \\ 23.16 (19.14, 27.74) & 4.09 \\ 12.66 (7.02, 21.76) & 3.89 \\ 14.29 (2.57, 51.31) & 2.21 \\ 18.12 (12.58, 25.38) & 3.96 \\ 19.23 (10.80, 31.90) & 3.60 \\ 23.81 (15.97, 33.94) & 3.75 \\ \end{array}$	Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007		13.89 (9.17, 20.48) 3.26
	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81, 38.30) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87 26.32 (11.81, 48.79) 2.76 6.05 (4.16, 8.71) 4.18 30.19 (22.27, 39.49) 3.78 23.16 (19.14, 27.74) 4.09 12.66 (7.02, 21.76) 3.89 14.29 (2.57, 51.31) 2.21 18.12 (12.58, 25.38) 3.96 19.23 (10.80, 31.90) 3.60 23.81 (15.97, 33.94) 3.75 17.78 (14.52, 21.58) 4.13	Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Zhou 2018		13.89 (9.17, 20.48) 3.26 10.18 (8.25, 12.49) 4.07
NOTE: Weights are from random effects analysis	$\begin{array}{c} 16.98 (9.20, 29.23) & 3.65 \\ 43.28 (32.10, 55.19) & 3.50 \\ 25.46 (15.81, 38.30) & 3.53 \\ 40.00 (16.82, 68.73) & 2.07 \\ 25.98 (19.14, 34.24) & 3.87 \\ 26.32 (11.81, 48.79) & 2.76 \\ 6.05 (4.16, 8.71) & 4.18 \\ 30.19 (22.27, 39.49) & 3.78 \\ 23.16 (19.14, 27.74) & 4.09 \\ 12.66 (7.02, 21.76) & 3.89 \\ 14.29 (2.57, 51.31) & 2.21 \\ 18.12 (12.58, 25.38) & 3.96 \\ 19.23 (10.80, 31.90) & 3.60 \\ 23.81 (15.97, 33.94) & 3.75 \\ \end{array}$	Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 92.4%, p = 0.000)	+  +  +  +  +  +	13.89 (9.17, 20.48) 3.26
0 20 40 60	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81, 38.30) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87 26.32 (11.81, 48.79) 2.76 6.05 (4.16, 8.71) 4.18 30.19 (22.27, 39.49) 3.78 23.16 (19.14, 27.74) 4.09 12.66 (7.02, 21.76) 3.89 14.29 (2.57, 51.31) 2.21 18.12 (12.58, 25.38) 3.96 19.23 (10.80, 31.90) 3.60 23.81 (15.97, 33.94) 3.75 17.78 (14.52, 21.58) 4.13	Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Zhou 2018	+ + + + +	13.89 (9.17, 20.48) 3.26 10.18 (8.25, 12.49) 4.07
Prevaler	16.98 (9.20, 29.23) 3.65 43.28 (32.10, 55.19) 3.50 25.45 (15.81, 38.30) 3.53 40.00 (16.82, 68.73) 2.07 25.98 (19.14, 34.24) 3.87 26.32 (11.81, 48.79) 2.76 6.05 (4.16, 8.71) 4.18 30.19 (22.27, 39.49) 3.78 23.16 (19.14, 27.74) 4.09 12.66 (7.02, 21.76) 3.89 14.29 (2.57, 51.31) 2.21 18.12 (12.58, 25.38) 3.96 19.23 (10.80, 31.90) 3.60 23.81 (15.97, 33.94) 3.75 17.78 (14.52, 21.58) 4.13 26.29 (21.05, 31.54) 100.00	Nayar 2009 Olson 2013 Paajanen 2018 Renshaw 2017 Tepeoglu 2014 Ugurluoglu 2015 Wu 2014 Yang 2007 Yassa 2007 Zhou 2018 Overall (I-squared = 92.4%, p = 0.000)		13.89 (9.17, 20.48) 3.26 10.18 (8.25, 12.49) 4.07

**Figure 3** Forest plots illustrating meta-analysis results of (A) frequency (I-squared =99.1%), (B) resection rate (I-squared =97.7%), (C) risk of malignancy-resection (I-squared =93.2%), and (D) risk of malignancy-overall (I-squared =92.4%) of AUS/FLUS in West. AUS/FLUS, atypia of undetermined significance/follicular lesion of undetermined significance.

all thyroid swellings, aiding in segregating benign from malignant. To maintain uniformity in reporting across the World and facilitate easy interpretation by the clinicians, TBSRTC was formulated in 2007 (1). Of the six cytology categories described under TBSRTC, category III (AUS/ FLUS) is the most heterogeneous. Its use has to be limited to less than 7% (revised to 10%) of the thyroid aspirates at any given center (1-3).

Table 2 Pooled frequency, resection rate, ROM-re
--

Parameters assessed	Pooled prevalence in % (95% CI); I-squared				
Parameters assessed	India	Asia	West		
Frequency	5.80 (4.24–7.35); 96.4%	8.68 (6.50–10.87); 98.6%	7.47 (6.12–8.81); 99.1%		
Resection rate	52.95 (38.56–67.35); 95.8%	26.49 (20.78–32.20); 93.8%	41.96 (35.70–48.21); 97.7%		
ROM-resection	39.12 (27.35–50.89); 79.0%	45.86 (32.15–59.56); 95.8%	26.29 (21.05–31.54); 93.2%		
ROM-overall	14.38 (9.37–19.39); 70.3%	11.25 (7.03–15.47); 93.5%	10.13 (8.01–12.25); 92.4%		

ROM, risk of malignancy; CI, confidence interval.

Table 3 P values comparing the pooled frequency, resection rate, ROM-resection, ROM-overall amongst India, Asia and the West

Parameters assessed	ANOVA test, P value				
Farameters assessed	India vs. Asia	India vs. West	Asia vs. West		
Frequency	0.75	1.00	1.00		
Resection rate	0.12	0.47	0.89		
ROM-resection	0.88	0.07	0.00		
ROM-overall	1.00	0.21	0.84		

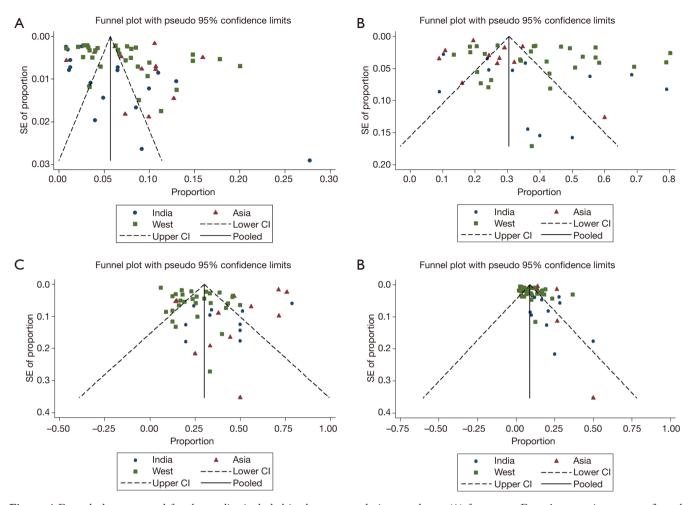
ROM, risk of malignancy.

An AUS/FLUS nodule on resection, may turn out to be non-neoplastic or neoplastic. TBSRTC 2007 recommends AUS/FLUS aspirates to be managed by repeat FNA and resection to be done only if the nodule is clinically or radiologically suspicious. The implied ROM of AUS/FLUS as per TBSRTC 2007 was 5–15% (1), which, in the recent edition of TBSRTC, has been revised to 10–30% if NIFTP is considered malignant and 6-18%, on excluding NIFTP from the malignant group (2,3). Due to the presence of data implicating geographic differences in thyroid practice (10-14), we performed this systematic meta-analysis to assess differences, if any, between the frequency, RR and ROM of AUS/FLUS across India, rest of Asia and the West.

Marked heterogeneity was found across the studies from all the zones for all the parameters assessed (I-squared ranged from 70.3% to 99.1%), as was also noted in previously published meta-analyses (6-9). This stems partly from the non-specific diagnostic criteria of AUS/FLUS. Focal/extensive but mild cytological and/or architectural atypia not enough to be classified into a higher category; atypia in follicular/lymphoid or other cells, all are grouped under AUS/FLUS (1). Hence, most of the neoplastic and non-neoplastic thyroid pathologies can show AUS/ FLUS cytology, though high-grade malignancies are less represented in this category (77-80). There may also be regional and individual differences in the interpretation of the Bethesda criteria. A more robust application of TBSRTC and the practice of taking consensus before reporting, may help reduce this heterogeneity.

The overall pooled estimate of frequency of AUS/FLUS was 7.3% in our analysis. Against the recommended 7% cut-off (1), pooled estimates of frequency were marginally high in the West (7.5%) and Asia (8.7%), but low in India (5.8%).

Despite similar frequencies, the pooled estimates of RR and ROM-resection were quite different across the three geographical regions. Asia recorded the lowest RR (26.5%), suggesting that Asian clinicians took a more selective surgical approach; to avoid overtreatment, a conservative management of active follow-up is preferred for low-risk thyroid carcinomas (12), most of which show indeterminate cytology (TBSRTC categories III/IV/ V). India had the highest pooled RR (53%). The reason why these patients were operated upon: whether repeat aspirate showed a higher Bethesda category, patient's choice or due to institutional preference, is not clear. Being a developing nation, there is always a concern regarding patients being lost to follow-up, especially those from the lower socio-economic group. The western studies also showed a relatively high pooled RR (42%). Hence, patients



**Figure 4** Funnel plots prepared for the studies included in the meta-analysis to evaluate: (A) frequency. Egger's regression test confirmed presence of publication bias in Indian (P=0.00) and Western studies (P=0.01), but none in Asian studies (P=0.77). (B) Resection rate. Egger's regression test showed absence of publication bias in Indian (P=0.08), Asian (P=0.38) and Western studies (P=0.35). (C) Risk of malignancy-resection. Egger's regression test confirmed presence of publication bias only in Western studies (P=0.01), but none in Indian (P=0.26) and Asian (P=0.07) studies. (D) Risk of malignancy-overall. Egger's regression test confirmed presence of publication bias in Indian (P=0.03) and Western (P=0.01) studies, but none in Asian (P=0.52) studies.

in the West and India are more likely to be operated upon following a diagnosis of AUS than in the rest of Asia.

While the implied ROM for AUS/FLUS, as per TBSRTC 2007 is 5–15% (1), the pooled ROM-resection, considering all the included studies, was 33.3%. ROM-resection of the three zones when evaluated separately, ranged from 26–46%. Although the implied ROM has been enhanced to 10–30% in the revised TBSRTC (2,3), the values derived from Asian and Indian studies remained higher than others. A low RR is one of the causes for a high ROM-resection (46%) in the Asian population where stricter clinical and radiological criteria are followed for

surgery. The opposite holds for the Western studies, and the pooled estimates of ROM of the Asian and western studies were statistically different. The pooled estimate of ROM-resection in the Indian studies was intermediate between that of Asia and West despite the highest RR. This discrepancy is difficult to explain. One of the reasons could be variability in making a decision in borderline cases with doubtful PTC-type nuclear features. A low threshold for nuclear features will lead to a cytological diagnosis of "suspicious for PTC", decreasing the ROM of AUS/ FLUS (12). This especially holds true for the follicular variant of PTC (FVPTC) and its borderline counterpart

NIFTP, which show subtle nuclear features, and are more susceptible to observer variation (10,81-83). It has been documented that AUS/FLUS diagnosis recognizes low-risk PTC, mostly FVPTC and low-stage PTC in contrast to a malignant FNA diagnosis which is associated with highrisk PTC (77-80). A decrease in ROM has also been seen in the West but not so much in Asia, when cases of NIFTP are removed from malignancy (12,13), thereby suggesting that besides the lower RR of indeterminate nodules, the diagnostic threshold of PTC-type nuclear features is higher in Asia than in the West (12). Bychkov et al., in their study based on data derived from six tertiary thyroid cancer centers representing five Asian countries, documented a 6% absolute decrease in ROM of AUS/FLUS after excluding NIFTP (13), in contrast to 11% (95% CI: 4-19%) reported in a meta-analysis based on four datasets from the western population (84). In the current study, low-grade cancers were the least common (24.4%) in the Asian cohort, followed by Indian (41.7%), and Western (51.8%). This also suggests that the threshold of Indian pathologists for nuclear features is intermediate between Asian and Western pathologists. Studies comparing inter-observer variation among India, Asian and Western pathologists may help in confirming or refuting this possibility. Hirokawa in 2002 documented lack of inter-observer reproducibility between Japanese and American pathologists in interpretation of encapsulated follicular thyroid lesions on histology. The latter were more likely to diagnose them as FVPTC than the former (10). A recent study found inter and intraobserver variation in interpretation of nuclear features of NIFTP among nine Asian pathologists (82), in contrast to excellent inter-observer agreement seen in another study in which pathologists from California, Japan and UK participated (85).

To accommodate for the high ROM reported by various studies, TBSRTC 2017 recommended sub-classification of AUS/FLUS depending upon the nature (nuclear and/ or architectural) of atypia present and the type of cells involved (follicular, Hurthle, lymphoid) along with detailed description of the case to improve pathologist-clinician communication and understanding; but the recommended management plan remains uniform across the subtypes, and includes the option of molecular testing or lobectomy besides repeat FNA (2,3). Sub-classification can help in predicting the type of likely neoplasia, which in turn can help in deciding further management (80). As we analyzed studies which had used TBSRTC 2007, the cases had not been sub-classified. Availability of molecular facilities and adequate follow-up services also impact the RR and ROM across countries as well as individual centers.

Another important factor influencing ROM is disease prevalence, which varies not only from country to country but also within different geographical areas of a country (74-76) as well as from institute to institute depending upon the level of hospital care provided. A tertiary care hospital or a cancer center is bound to have higher ROM than regional hospitals. It has also been shown that higher the ROM of all operated nodules, higher will be the ROM of each category (12). Lastly, publication bias will also affect statistics.

While the ROM-resection confers with malignancy rate among all resected nodules, the ROM-overall, which ranged from 10–14%, conveys the proportion of malignancies to total AUS aspirates. As only a proportion of the AUS/FLUS nodules get resected, the actual ROM will be somewhere between the two values. Interestingly, pooled proportions of ROM-overall were similar across the three regions (*Table 2*), suggesting that AUS is still a relatively homogeneous category under TBSRTC.

There are some limitations of our study. Besides the publication bias, we envisage a selection bias also as our data analysis is retrospective. Also, we had to exclude many studies where it was not possible to calculate frequency, RR or ROM of AUS/FLUS, or studies in which pre-operative radiology or molecular analyses were used which could have biased the RR and the ROM. Another limitation was the substantial heterogeneity among the included studies.

## Conclusions

Our meta-analysis provides an updated assessment of the thyroid cytology practice in India with reference to the most heterogeneous Bethesda category of AUS/FLUS, and its comparison with the rest of Asia and the west. All the studies showed marked heterogeneity. While the pooled prevalence of AUS/FLUS was similar across the Indian, Asian and Western cohorts, and neared the recommended upper limit of 7%, the pooled RR and ROM-resection varied across the three geographical zones. The RR of AUS/FLUS in India was the highest, probably reflecting the clinician's apprehension of patients being lost to followup. RR was the lowest in the rest of Asia owing to their policy of active surveillance in indeterminate aspirates with otherwise benign clinical findings. ROM of AUS/FLUS in all the three regions was higher than the recommended range; being lowest for West followed by India and highest

for Asia, due to varying RRs, observer variations and cancer prevalence. All these factors lead to marked regional differences in thyroid clinical practice, much different from the prescribed international guidelines.

# **Acknowledgments**

We thank Dr. Kennichi Kakudo for his invaluable inputs and guidance during the conduct of the study (Kennichi Kakudo, MD, PhD. Department of Pathology and Thyroid Disease Center, Izumi City General Hospital, Izumi City, Osaka 594-0073, Japan); we thank Dr. Huy Gia Vuong for guiding us in collection and analysis of data (Huy Gia Vuong, MD, PhD. Department of Pathology, Oklahoma University Health Sciences Center, Oklahoma City, OK 73104, USA); we thank Dr. Andrey Bychkov for his inputs during data collection and evaluation (Andrey Bychkov, MD, PhD. Department of Pathology, Kameda Medical Center, Kamogawa City, Chiba 296-8602, Japan). *Funding*: None.

# Footnote

*Provenance and Peer Review:* This article was commissioned by the Guest Editor (Kennichi Kakudo) for the series "Asian and Western Practice in Thyroid Pathology: Similarities and Differences" published in Gland Surgery. The article was sent for external peer review organized by the Guest Editor and the editorial office.

*Reporting Checklist:* The authors have completed the PRISMA reporting checklist. Available at http://dx.doi. org/10.21037/gs-20-392

*Conflicts of Interest:* All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi.org/10.21037/gs-20-392). The series "Asian and Western Practice in Thyroid Pathology: Similarities and Differences" was commissioned by the editorial office without any funding or sponsorship. The authors have no other conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

*Open Access Statement:* This is an Open Access article distributed in accordance with the Creative Commons Attribution-NonCommercial-NoDerivs 4.0 International License (CC BY-NC-ND 4.0), which permits the non-commercial replication and distribution of the article with the strict proviso that no changes or edits are made and the original work is properly cited (including links to both the formal publication through the relevant DOI and the license). See: https://creativecommons.org/licenses/by-nc-nd/4.0/.

# References

- 1. Cibas ES, Ali SZ. The Bethesda System for Reporting Thyroid Cytopathology. Thyroid 2009;19:1159-65.
- Cibas ES, Ali SZ. The 2017 Bethesda System for Reporting Thyroid Cytopathology. J Am Soc Cytopathol 2017;6:217-22.
- Krane JF, Nayar R, Renshaw AA. Atypia of Undetermined Significance/ Follicular Lesion of Undetermined Significance. In: Ali SZ, Cibas ES. The Bethesda system for reporting thyroid cytopathology: definitions, criteria, and explanatory notes 2nd ed. Switzerland: Springer Nature, 2018:49-70.
- 4. Haugen BR, Alexander EK, Bible KC, et al. 2015 American Thyroid Association Management Guidelines for Adult Patients with Thyroid Nodules and Differentiated Thyroid Cancer: The American Thyroid Association Guidelines Task Force on Thyroid Nodules and Differentiated Thyroid Cancer. Thyroid 2016;26:1-133.
- Bongiovanni M, Spitale A, Faquin WC, et al. The Bethesda System for Reporting Thyroid Cytopathology: a meta-analysis. Acta Cytol 2012;56:333-9.
- Sheffield BS, Masoudi H, Walker B, et al. Preoperative diagnosis of thyroid nodules using the Bethesda System for Reporting Thyroid Cytopathology: a comprehensive review and meta-analysis. Expert Rev Endocrinol Metab 2014;9:97-110.
- Straccia P, Rossi ED, Bizzarro T, et al. A metaanalytic review of the Bethesda System for Reporting Thyroid Cytopathology: Has the rate of malignancy in indeterminate lesions been underestimated? Cancer Cytopathol 2015;123:713-22.
- Krauss EA, Mahon M, Fede JM, et al. Application of the Bethesda Classification for Thyroid Fine-Needle Aspiration: Institutional Experience and Meta-analysis. Arch Pathol Lab Med 2016;140:1121-31.

- Ahn SH, Kim SD, Jeong WJ. Comparison of risk of malignancy in a subgroup with atypia of undetermined significance/follicular lesion of undetermined significance: A meta-analysis. Head Neck 2017;39:1699-710.
- Hirokawa M, Carney JA, Goellner JR, et al. Observer variation of encapsulated follicular lesions of the thyroid gland. Am J Surg Pathol 2002;26:1508-14.
- Bychkov A, Hirokawa M, Jung CK, et al. Low Rate of Noninvasive Follicular Thyroid Neoplasm with Papillary-Like Nuclear Features in Asian Practice. Thyroid 2017;27:983-4.
- Kakudo K, Higuchi M, Hirokawa M, et al. Thyroid FNA cytology in Asian practice-Active surveillance for indeterminate thyroid nodules reduces overtreatment of thyroid carcinomas. Cytopathology 2017;28:455-66.
- Bychkov A, Keelawat S, Agarwal S, et al. Impact of noninvasive follicular thyroid neoplasm with papillary-like nuclear features on the Bethesda system for reporting thyroid cytopathology: a multi-institutional study in five Asian countries. Pathology 2018;50:411-7.
- Vuong HG, Tran TTK, Bychkov A, et al. Clinical impact of non-invasive follicular thyroid neoplasm with papillarylike nuclear features on the risk of malignancy in the Bethesda system for reporting thyroid cytopathology: a meta-analysis of 14,153 resected thyroid nodules. Endocr Pract 2019;25:491-502.
- Agarwal S, Jain D. Thyroid Cytology in India: Contemporary Review and Meta-analysis. J Pathol Transl Med 2017;51:533-47.
- Moher D, Liberati A, Tetzlaff J, et al. Preferred reporting items for systematic reviews and meta-analyses: the PRISMA statement. PLoS Med 2009;6:e1000097.
- 17. Arul P, Akshatha C, Masilamani S. A study of malignancy rates in different diagnostic categories of the Bethesda system for reporting thyroid cytopathology: An institutional experience. Biomed J 2015;38:517-22.
- Badge SA, Ovhal AG, Azad K, et al. Study of fine-needle aspiration cytology of thyroid lesions in rural area of Bastar district, Chhattisgarh. Int J Health Sci Res 2016;6:73-9.
- Bhartiya R, Mallik M, Kumari N, et al. Evaluation of thyroid lesions by fine-needle aspiration cytology based on Bethesda System for Reporting Thyroid Cytopathology classification among the population of South Bihar. Indian J Med Paediatr Oncol 2016;37:265-70.
- 20. Chandra S, Chandra H, Bisht SS. Malignancy rate in thyroid nodules categorized as atypia of undetermined significance or follicular lesion of undetermined significance: an institutional experience. J Cytol

2017;34:144-8.

- 21. Garg S, Desai NJ, Mehta D, et al. To establish Bethesda system for diagnosis of thyroid nodules on the basis of FNAC with histopathological correlation. J Clin Diagn Res 2015;9:EC17-21.
- 22. Garg S, Naik LP, Kothari KS, et al. Evaluation of thyroid nodules classified as Bethesda category III on FNAC. J Cytol 2017;34:5-9.
- 23. Kannan S, Raju N, Kekatpure V, et al. Improving Bethesda Reporting in Thyroid Cytology: A Team Effort Goes a Long Way and Still Miles to Go.... Indian J Endocrinol Metab 2017;21:277-81.
- Khatib Y, Mulla A, Patel RD, et al. Classification of thyroid FNA smears into Bethesda categories and their correlation with thyroid function tests. Sch J Appl Med Sci 2016;4:916-23.
- 25. Mahajan S, Srinivasan R, Rajwanshi A, et al. Risk of Malignancy and Risk of Neoplasia in the Bethesda Indeterminate Categories: Study on 4,532 Thyroid Fine-Needle Aspirations from a Single Institution in India. Acta Cytol 2017;61:103-10.
- 26. Maity P, Jha AK, Sengupta M, et al. Thyroid bethesda atypia of undetermined significance or follicular lesion of undetermined significance (AUS/FLUS): A heterogenous group. J Cytol 2019;36:200-4.
- 27. Mamatha M, Sekhar SC, Rani HS, et al. A comparative study between conventional system and the Bethesda system applied for reporting thyroid cytopathology. Int Arch Integr Med 2015;2:87-95.
- 28. Mehra P, Verma AK. Thyroid cytopathology reporting by the Bethesda system: a two-year prospective study in an academic institution. Patholog Res Int 2015;2015:240505.
- 29. Mondal SK, Sinha S, Basak B, et al. The Bethesda system for reporting thyroid fine needle aspirates: a cytologic study with histologic follow-up. J Cytol 2013;30:94-9.
- Prathima S, Suresh TN, Harendra Kumar ML, et al. Impact of the Bethesda system in reporting thyroid cytopathology. Thyroid Res Pract 2016;13:9-14.
- 31. Roy S, Prabhu AJ, Abraham DT, et al. An insight into the utility of sub-categorisation of atypia of undetermined significance for risk stratification: A retrospective study on an Indian cohort with histopathological correlation. Acta Cytol 2019;63:182-8.
- 32. Shankar SP, Meenakshisundaram K, Rajalakshmi V, et al. The Bethesda System for reporting thyroid cytopathology: A two year retrospective review in a tertiary care hospital. Indian J Pathol Oncol 2016;3:48-54.
- 33. Solanki R, Chaudhary VK, Sharma M, et al. Validity

assessment of 'the Bethesda System for Reporting Thyroid Cytopathology'. Int J Health Sci Res 2016;6:126-32.

- 34. Alabdulqader NA, Shareef SQ, Ali JA, et al. Application of the Bethesda System for Reporting Thyroid Cytopathology in the Eastern Province of Saudi Arabia: A Follow-Up Study. Acta Cytol 2015;59:233-8.
- 35. Al-Abbadi MA, Shareef SQ, Ali JA, et al. Application of the Bethesda System for Reporting Thyroid Cytopathology in the Eastern Province of Saudi Arabia: phase I pilot retrospective analysis. Acta Cytol 2013;57:481-8.
- 36. Al Dawish MA, Robert AA, Muna A, et al. Bethesda System for Reporting Thyroid Cytopathology: A threeyear study at a tertiary care referral center in Saudi Arabia. World J Clin Oncol 2017;8:151-7.
- 37. Kim M, Park HJ, Min HS, et al. The Use of the Bethesda System for Reporting Thyroid Cytopathology in Korea: A Nationwide Multicenter Survey by the Korean Society of Endocrine Pathologists. J Pathol Transl Med 2017;51:410-7.
- 38. Kim M, Kim JE, Kim HJ, et al. Cytologic Diagnosis of Noninvasive Follicular Thyroid Neoplasm with Papillarylike Nuclear Features and Its Impact on the Risk of Malignancy in the Bethesda System for Reporting Thyroid Cytopathology: An Institutional Experience. J Pathol Transl Med 2018;52:171-8.
- Lee YB, Cho YY, Jang JY, et al. Current status and diagnostic values of the Bethesda system for reporting thyroid cytopathology in a papillary thyroid carcinomaprevalent area. Head Neck 2017;39:269-74.
- 40. Limlunjakorn P, Keelawat S, Bychkov A. Evaluation of thyroid fine needle aspiration cytology by the Bethesda reporting system: a retrospective analysis of rates and outcomes from the King Chulalongkorn Memorial Hospital. J Med Assoc Thai 2017;100:783.
- Liu Z, Liu D, Ma B, et al. History and Practice of Thyroid Fine-Needle Aspiration in China, Based on Retrospective Study of the Practice in Shandong University Qilu Hospital. J Pathol Transl Med 2017;51:528-32.
- 42. Mufti ST, Molah R. The Bethesda System for Reporting Thyroid Cytopathology : A Five-Year Retrospective Review of One Center Experience. Int J Health Sci (Qassim) 2012;6:159-73.
- 43. Naz S, Hashmi AA, Khurshid A, et al. Diagnostic accuracy of Bethesda system for reporting thyroid cytopathology: an institutional perspective. Int Arch Med 2014;7:46.
- 44. Satoh S, Yamashita H, Kakudo K. Thyroid Cytology: The Japanese System and Experience at Yamashita Thyroid Hospital. J Pathol Transl Med 2017;51:548-54.

- 45. Bernstein JM, Shah M, MacMillan C, et al. Institutionspecific risk of papillary thyroid carcinoma in atypia/ follicular lesion of undetermined significance. Head Neck 2016;38 Suppl 1:E1210-5.
- Bohacek L, Milas M, Mitchell J, et al. Diagnostic accuracy of surgeon-performed ultrasound-guided fineneedle aspiration of thyroid nodules. Ann Surg Oncol 2012;19:45-51.
- Bongiovanni M, Crippa S, Baloch Z, et al. Comparison of 5-tiered and 6-tiered diagnostic systems for the reporting of thyroid cytopathology. Cancer Cytopathol 2012;120:117-25.
- 48. Bonzanini M, Amadori P, Morelli L, et al. Subclassification of the "grey zone" of thyroid cytology; a retrospective descriptive study with clinical, cytological, and histological correlation. J Thyroid Res 2011;2011:251680.
- Brandler TC, Aziz MS, Coutsouvelis C, et al. Young investigator challenge: Atypia of undetermined significance in thyroid FNA: Standardized terminology without standardized management—a closer look at repeat FNA and quality measures. Cancer Cytopathol 2016;124:37-43.
- Can N, Aytürk S, Taştekin E, et al. Malignancy Rates in Bethesda Category AUS/FLUS: Single Center Experience. Acta Oncol Turc 2016;49:158-63.
- 51. Cristo AP, Goldstein HF, Faccin CS, et al. Increasing diagnostic effectiveness of thyroid nodule evaluation by implementation of cell block preparation in routine US-FNA analysis. Arch Endocrinol Metab 2016;60:367-73.
- 52. Deniwar A, Hambleton C, Thethi T, et al. Examining the Bethesda criteria risk stratification of thyroid nodules. Pathol Res Pract 2015;211:345-8.
- 53. Faquin WC, Wong LQ, Afrogheh AH, et al. Impact of reclassifying noninvasive follicular variant of papillary thyroid carcinoma on the risk of malignancy in the Bethesda System for Reporting Thyroid Cytopathology. Cancer Cytopathol 2016;124:181-7.
- Güney G, Şahiner İT. Malignancy rates of thyroid cytology: Cyst fluid benign or non-diagnostic? Med Sci Monit 2017;23:3556-61.
- 55. Guo A, Kaminoh Y, Forward T, et al. Fine Needle Aspiration of Thyroid Nodules Using the Bethesda System for Reporting Thyroid Cytopathology: An Institutional Experience in a Rural Setting. Int J Endocrinol 2017;2017:9601735.
- 56. Harvey AM, Mody DR, Amrikachi M. Thyroid fine-needle aspiration reporting rates and outcomes before and after Bethesda implementation within a combined academic and community hospital system. Arch Pathol Lab Med

# 1810

2013;137:1664-8.

- Ho AS, Sarti EE, Jain KS, et al. Malignancy rate in thyroid nodules classified as bethesda category III (AUS/FLUS). Thyroid 2014;24:832-9.
- Horne MJ, Chhieng DC, Theoharis C, et al. Thyroid follicular lesion of undetermined significance: Evaluation of the risk of malignancy using the two-tier subclassification. Diagn Cytopathol 2012;40:410-5.
- Jo VY, Stelow EB, Dustin SM, et al. Malignancy risk for fine-needle aspiration of thyroid lesions according to the Bethesda system for reporting thyroid cytopathology. Am J Clin Pathol 2010;134:450-6.
- 60. Kantola S, Virani N, Haus C, et al. Prospective evaluation of impact of using the Bethesda System for Reporting Thyroid Cytopathology: an institutional experience. J Am Soc Cytopathol 2015;4:25-9.
- Lobo C, McQueen A, Beale T, et al. The UK Royal College of pathologists thyroid fine-needle aspiration diagnostic classification is a robust tool for the clinical management of abnormal thyroid nodules. Acta Cytol 2011;55:499-506.
- Luu MH, Fischer AH, Stockl TJ, et al. Atypical follicular cells with equivocal features of papillary thyroid carcinoma is not a low-risk cytologic diagnosis. Acta Cytol 2011;55:526-30.
- 63. Muratli A, Erdogan N, Sevim S, et al. Diagnostic efficacy and importance of fine-needle aspiration cytology of thyroid nodules. J Cytol 2014;31:73-8.
- 64. Nayar R, Ivanovic M. The indeterminate thyroid fineneedle aspiration: experience from an academic center using terminology similar to that proposed in the 2007 National Cancer Institute Thyroid Fine Needle Aspiration State of the Science Conference. Cancer 2009;117:195-202.
- 65. Olson MT, Boonyaarunnate T, Aragon Han P, et al. A tertiary center's experience with second review of 3885 thyroid cytopathology specimens. J Clin Endocrinol Metab 2013;98:1450-7.
- 66. Paajanen I, Metso S, Jaatinen P, et al. Thyroid FNA diagnostics in a real-life setting: Experiences of the implementation of the Bethesda system in Finland. Cytopathology 2018;29:189-95.
- Renshaw AA, Gould EW. Adequate sampling of multiple thyroid nodules by fine-needle aspiration. Cancer Cytopathol 2017;125:848-53.
- Tepeoğlu M, Bilezikçi B, Bayraktar SG. A histological assessment of the Bethesda system for reporting thyroid cytopathology (2010) abnormal categories: A series of 219 consecutive cases. Cytopathology 2014;25:39-44.

- 69. Ugurluoglu C, Dobur F, Karabagli P, et al. Fine needle aspiration biopsy of thyroid nodules: cytologic and histopathologic correlation of 1096 patients. Int J Clin Exp Pathol 2015;8:14800-5.
- Wu HH, Inman A, Cramer HM. Subclassification of "atypia of undetermined significance" in thyroid fineneedle aspirates. Diagn Cytopathol 2014;42:23-9.
- 71. Yang J, Schnadig V, Logrono R, et al. Fine-needle aspiration of thyroid nodules: a study of 4703 patients with histologic and clinical correlations. Cancer 2007;111:306-15.
- Yassa L, Cibas ES, Benson CB, et al. Long-term assessment of a multidisciplinary approach to thyroid nodule diagnostic evaluation. Cancer 2007;111:508-16.
- 73. Zhou H, Baloch ZW, Nayar R, et al. Noninvasive follicular thyroid neoplasm with papillary-like nuclear features (NIFTP): Implications for the risk of malignancy (ROM) in the Bethesda System for Reporting Thyroid Cytopathology (TBSRTC). Cancer Cytopathol 2018;126:20-6.
- 74. Bray F, Ferlay J, Soerjomataram I, et al. Global cancer statistics 2018: GLOBOCAN estimates of incidence and mortality worldwide for 36 cancers in 185 countries. CA Cancer J Clin 2018;68:394-424.
- 75. Comparison of cancer incidence and patterns of all population based cancer registries. In: National Centre for Disease Informatics and Research. National Cancer Registry Programme Indian Council of Medical Research. Three-year report of population based cancer registries 2012-2014. Bengaluru: NCDIR-NCRP, 2016:45,60.
- Smith RD, Mallath MK. History of the Growing Burden of Cancer in India: From Antiquity to the 21st Century. J Glob Oncol 2019;5:1-15.
- VanderLaan PA, Marqusee E, Krane JF. Features associated with locoregional spread of papillary carcinoma correlate with diagnostic category in the Bethesda system for reporting thyroid cytopathology. Cancer Cytopathol 2012;120:245-53.
- 78. Liu X, Medici M, Kwong N, et al. Bethesda categorization of thyroid nodule cytology and prediction of thyroid cancer type and prognosis. Thyroid 2016;26:256-61.
- 79. Evranos B, Polat SB, Baser H, et al. Bethesda classification is a valuable guide for fine needle aspiration reports and highly predictive especially for diagnosing aggressive variants of papillary thyroid carcinoma. Cytopathology 2017;28:259-67.
- Guleria P, Agarwal S, Iyer VK, et al. Subcategorisation of AUS/FLUS thyroid lesions as per the 2017 Bethesda System for Reporting Thyroid Cytopathology: a

retrospective study from a tertiary care centre analysing risk of malignancy (ROM) of the different subcategories. J Clin Pathol 2019;72:771-7.

- 81. Lloyd RV, Erickson LA, Casey MB, et al. Observer variation in the diagnosis of follicular variant of papillary thyroid carcinoma. Am J Surg Pathol 2004;28:1336-40.
- 82. Liu Z, Bychkov A, Jung CK, et al. Interobserver and intraobserver variation in the morphological evaluation of noninvasive follicular thyroid neoplasm with papillarylike nuclear features in Asian practice. Pathol Int 2019;69:202-10.
- 83. Mahajan S, Agarwal S, Kocheri N, et al. Cytopathology of non-invasive follicular thyroid neoplasm with papillary-like nuclear features: A comparative study with

**Cite this article as:** Guleria P, Mani K, Agarwal S. Indian experience of AUS/FLUS diagnosis: is it different from rest of Asia and the West?—A systematic review and meta-analysis. Gland Surg 2020;9(5):1797-1812. doi: 10.21037/gs-20-392

similar patterned papillary thyroid carcinoma variants. Cytopathology 2018;29:233-40.

- 84. Layfield LJ, Baloch ZW, Esebua M, et al. Impact of the Reclassification of the Non-Invasive Follicular Variant of Papillary Carcinoma as Benign on the Malignancy Risk of the Bethesda System for Reporting Thyroid Cytopathology: A Meta-Analysis Study. Acta Cytol 2017;61:187-93.
- 85. Thompson LDR, Poller DN, Kakudo K, et al. An International Interobserver Variability Reporting of the Nuclear Scoring Criteria to Diagnose Noninvasive Follicular Thyroid Neoplasm with Papillary-Like Nuclear Features: a Validation Study. Endocr Pathol 2018;29:242-9.

## 1812