

Exploration on Gleason score variation trend of patients with prostate carcinoma from 1996 to 2019: a retrospective single center study

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Background: Gleason score (GS) is one of the stronger prognostic factors and is integral to the management of prostate carcinoma. Subsequent modifications, recommended by the International Society of Urological Pathology in 2005 and 2014, enabled accurate prediction of prognosis. The present study investigated GS variation trend of patients with prostate carcinoma from 1996 to 2019 and offered an overview of GS changes with age, specimen type, histopathological type and serum prostate specific antigen (PSA).

Methods: One thousand three hundred and seventy-six patients, admitted to Peking University People's Hospital in 1996 to 2019, were divided into 1996 to 2006, 2007 to 2015 and 2016 to 2019 groups. Data, including demographic characteristics, GS, primary and secondary grade and percentage of primary and secondary grade of each group, were collected and analyzed. The population distribution and average of GS was evaluated, after segmented and stratified by age, type of specimen, histopathological type and PSA.

Results: The average of age and PSA of each cohort had no obvious change. The average of total GS fluctuated among three cohorts with statistically significant differences. The distribution of age and PSA did not differ among cohorts. The distribution of total and primary GS shifted, with more patients detected as total GS higher than 6 (86.1%), and more primary grade higher than 3 (56.7%) in 2016–2019. After segmented and stratified by age, specimen type, histological type and PSA, the population percentage of GS over 6 was significantly higher in 2016–2019 than 1996–2006 and 2007–2015 in patients aged younger than 80 years (age <60, 89.6%, age 60–69, 82.0%, age 70–79, 87.7%). Patients, aged below 80 years in 2016–2019, were detected with higher total GS.

Conclusions: In the present study, GS in patients with prostate carcinoma showed a upward trend. Primary grade, age, serum PSA and specimen type were the main reasons for GS changing while secondary grade, tissue types and diagnostic criteria influenced less.

Keywords: Prostate carcinoma (PCa); Gleason score; the type of specimen; age; prostate specific antigen (PSA)

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Introduction

Prostate carcinoma (PCa) is the most commonly diagnosed solid-organ malignancy in men in China, according to data from the National Central Cancer Registry of China with an estimated 80,000 new prostate cancer in 2015 (1). Gleason grading system was born in 1966, and was one of considerable prognostic factors. The scoring system is based on the histological appearance of prostate cancer cells, consisted of a primary grade for the predominant histological pattern and a secondary grade for the highest pattern, both on a scale of 1 to 5 based on the glandular differentiation and the growth pattern in the stroma (2). The current system was modified in 2005 and 2014 by International Society of Urological Pathology (ISUP) (2,3). As GS elevated, the prognosis got worsen (4-6). Pierorazio et al. (7) reported that the 5-year survival percentage was 96.6%, 88.1%, 69.7%, 63.7% and 34.5% respectively for GS ≤ 6 , 3+4, 4+3, 8 and 9–10. For now, GS is still an important indicator for PCa's prognosis.

In 2001, Gilliland et al. (8) proposed that there was a small but statistically rising trend of GS. In 2003, Chism et al. (9) found a statistically increases in GS. And in 2009, Zareba et al. (10) confirmed that there was a shift towards higher GS on biopsy and prostatectomy. In 2015, Danneman et al. (11) also reported there has been a gradual shift towards higher Gleason grading, which started before 2005 but became more evident after the ISUP 2005 revision. The literatures mentioned above presented an increased trend of GS over time. Chang in the early performed in decrease of 2-5 GS, which caused by over-diagnosis. In addition, change in type of specimen may lead to change of GS. Incidental prostate cancer was detected in all populations by mainly transurethral resection of prostate (TURP), with no obvious time trends in prevalence but lower percentage in all PCa specimen (12). GS of TURP specimen was lower and reduce of its quantity resulted in increase of GS. Modify of diagnostic criteria also leaded to GS shift (13,14). Besides, age (15), histopathological type (16) and serum prostate specific antigen (PSA) (17) were relevant to GS. Physicians in China have applied Gleason Score system in diagnosis of PCa for years. There was no individual study on whether GS in China changed or existed the same changing trend as above. And the reasons for GS change remained unclear. Thus, it was necessary to carry out study to explore the PCa GS change trend of Chinese population.

We present the following article in accordance with the

STROBE reporting checklist (available at http://dx.doi. org/10.21037/gs-20-659).

Methods

Study design

The present study analyzed retrospectively all cases of prostate carcinoma diagnosed in Peking University People's Hospital over a period of 23 years (from January 1996 to December 2019). The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). This study was approved by Ethics Committee of Peking University People's Hospital (No. 2017PHB143) and performed in line with international ethics norms. Written informed consent was waived for the nature of retrospective study.

Patients and groups

Diagnostic criteria of PCa was with reference to the 2016 WHO Classification of Tumors of the Urinary System and Male Genital Organs (18). Patients were eligible if they were histopathologically diagnosed with prostate carcinoma. The first guideline of urology in China was published in 2006. It was the first time that PSA was identified as a detection indicator nation-widely, influencing the diagnosis and monitoring of prostate cancer greatly, especially, the early detection. The Gleason score classification has undergone major modifications to reflect modern diagnostic and therapeutic practices in 2014 and the modified system was accepted by WHO and published in 2016. Thus, the patients were divided to three groups by the year of 2006 and 2015, namely the frontal group of 1996 to 2006, the middle group of 2007 to 2015 and the latter group of 2016 to 2019.

Data collection

Data including age, histopathological type, serum PSA, type of specimen and GS were collected. Type of specimen was classified as needle biopsy (NB), transurethral resection of prostate (TURP), radical prostatectomy (RP). When one patient underwent RP after NB, the data of RP was enrolled and the data of NB was excluded. Histopathological type was categorized as classic acini carcinoma and other types (including atrophy, false proliferative, foam, signet ring cell and ductal carcinoma). Serum PSA nearest to operation was included.

Prior to analysis, all specimens were collected, all of the pathology analysis was reevaluated by two pathologists according to the 2015 ISUP guidelines. When the two pathologists didn't reach agreement and a third pathologist couldn't reconciles the result, the corresponding data was excluded.

Statistical analysis

The data were presented as means \pm standard deviation. Patients' demographic, clinical and tumor characteristics, the GS, primary and secondary grade were compared least significant difference (LSD), One-way Anova, and χ^2 or Fisher's exact test for categorical variables. P values of <0.05 were considered statistically significant. Statistical analyses were performed using IBM SPSS version 19.0 (SPSS Inc., Chicago, IL, USA).

Results

A total of 1,376 patients with prostate adenocarcinoma were included. Histopathological data was obtained by NB of patients with abnormal serum PSA or prostatic tubercles, RP of patients diagnosed with PCa, and TURP of patients with incidental prostate cancer. PCa patients, admitted to our center, accelerated year by year. The total score, primary and secondary grade of Gleason floated by year. Several peaks and valleys shifted effected by factors, such as the application of PSA, the publication of China Urology Association guidelines, the increasing medical examination. The result of Gleason variation trend was caused by many reasons (Figure S1). The average of age stayed stable, even though the national population aging. Slightly upward trend of serum PSA was observed. Incidental prostate carcinoma detected by TURP occurred every year with very low rate. The rate of RP climbed year by year with the rate of NB scaled down. The pathological pattern of prostate acinar carcinoma occupied over 90% even as time goes on (Figure 1).

The average of age and PSA of each cohort had no obvious difference. The average of total Gleason score was volatile among three cohorts with statistically significant differences (P=0.000). The distribution of age and PSA did not differ among cohorts. Proportion of RP increased significantly in 2016–2019 compare to 1996–2006 and 2007–2015 (P=0.000). The distribution of total and primary Gleason score shifted, with more patients detected as total Gleason score higher than 6 (86.1%, P=0.002), and more primary grade higher than 3 (56.7%, P=0.015) in 2016-2019. The distribution of histopathological type and serum PSA stable unchanged (Table 1). For digging deep into the factor influencing the GS shift, data of age, specimen type, histopathological type and PSA was segmented and stratified. Then the population distribution in total Gleason score less or equal to 6, equal to 7 and more or equal to 8 in three cohorts was analyzed. The population percentage of Gleason score over 6 was significantly higher in 2016–2019 than 1996-2006 and 2007-2015 in patients aged younger than 80 years (age <60, 89.6%, P=0.000, age 60-69, 82.0%, P=0.005, age 70-79, 87.7%, P=0.000). But patients aged over 80 years didn't show the feature of distribution shift. Divided by specimen type, histopathological type and PSA, the same distribution characters remained with significantly statistical difference. After segmented and stratified, larger population in the latter group occupied in high GS than the frontal and middle group (Table 2).

The average of GS, primary grade and secondary grade in three cohorts was analyzed after segmented and stratified by age, type of specimen histopathological type and PSA. Patients, aged below 80 years in 2016-2019, were detected with higher total Gleason score than 1996-2006 and 2007-2015 (P<0.05). Specimen from RP, in 2016–2019, showed an increasing total Gleason score with significantly difference, compared with 1996-2006 and 2007-2015 (P=0.000), while specimen from NB and TURP didn't. The patients diagnosed with classic acini prostate carcinoma or at all level of serum PSA showed the same trend with significantly difference with significantly statistical difference (Table 3). Patients, aged between 70 and 79, in 2016-2019, were detected with higher primary grade than these others with significantly difference (P=0.000). Specimen from NB and RP in 2016–2019, were detected with higher primary grade than these others with significantly difference (P<0.05). The same trend was observed in patients diagnosed with classic acini prostate carcinoma or at all level of serum PSA (Table 4). Patients, aged below 80 years in 2016-2019, were detected with higher secondary score (P<0.05). Specimen from RP, in 2016–2019, showed an increasing secondary score with significantly difference, compared with 1996-2006 and 2007-2015 (P=0.000), while specimen from NB and TURP didn't. The patients diagnosed with classic acini prostate carcinoma or at all level of serum PSA showed the same trend with significantly difference (P=0.000) (Table 5).

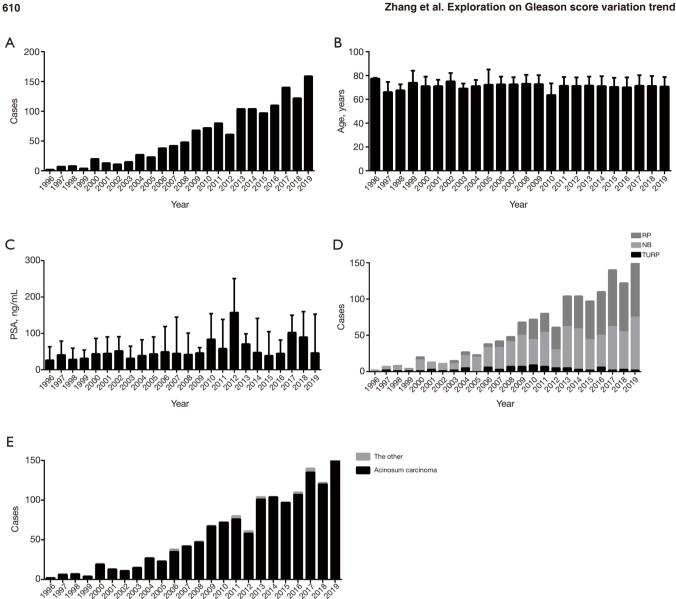


Figure 1 The overview of the PCa population. PCa patients accelerated year by year (A). The average of age stayed stable, even though the national population aging (B). Elevated serum PSA was observed (C). Incidental prostate carcinoma detected by TURP occurred every year with very low rate. The rate of radical prostatectomy climbed year by year with the rate of needle biopsy scaled down (D). The pathological pattern of prostate acinar carcinoma occupied over 90% even as time goes on (E).

Discussion

Current researches have proved an upward trend of GS. Chism et al. (9) developed a nomogram that percentage of GS 6 in 1992-1994 decreased significantly compared with 1996–1997 while percentage of GS 7 increased significantly. Zareba et al. (10) found that average of NB GS increased from 6.34 in 2000-2004 to 6.49 in 2005-2007, and RP

Year

increased from 6.58 to 6.78. In 2015, Danneman et al. (11) reported percentage of GS 7-10 in low-risk cancer (T1c and S-PSA 4-10 ng/mL) increased from 16% in 1998 to 40% in 2011, and before 2005 it was 19% while after 2005 33%. The same situation was in high-risk cancer (T3 and S-PSA 20-50 ng/mL). Percentage of GS 2-5 decreased from 27% in 1998 to 1% in 2011, and percentage of GS 2-4 almost disappeared. In our research, percentage of GS ≤ 6

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Table 1 Basic information of PCa in three cohorts

	The frontal	The middle	The latter	P value
Age, years				0.610
Mean ± SD	71.58±7.678	70.82±8.166	70.99±8.361	
PSA				0.486
Mean ± SD	44.88±48.814	66.01±262.623	72.03±267.970	
Total Gleason score				0.000
Mean ± SD	7.22±1.150	7.02±1.045	7.42±0.98	
Age, years				0.351
<60	4 (2.4)	68 (10.1)	48 (9.0)	
60–69	58 (34.5)	193 (28.6)	172 (32.4)	
70–79	83 (49.4)	332 (49.1)	231 (43.5)	
≥80	23 (13.7)	83 (12.3)	80 (15.1)	
Type of specimen				0.000
NB	123 (73.2)	369 (54.6)	229 (43.1)	
TURP	22 (13.1)	48 (7.1)	13 (2.4)	
RP	23 (13.7)	259 (38.3)	289 (54.4)	
Histopathological type				
Classic acini carcinoma	163 (97.0)	664 (98.2)	512 (96.4)	0.709
Other types	5 (3.0)	12 (1.8)	19 (3.6)	
Total Gleason Score				0.002
≤6 points	53 (31.5)	249 (36.8)	74 (13.9)	
7 points	56 (33.3)	252 (37.3)	271 (51.0)	
≥8 points	59 (35.1)	175 (25.9)	186 (35.1)	
Primary grade				0.015
≤ grade 3	78 (46.4)	398 (58.9)	230 (43.4)	
grade 4	63 (37.5)	226 (33.4)	268 (50.5)	
grade 5	27 (16.1)	52 (7.7)	33 (6.2)	
Secondary grade				0.054
≤ grade 3	96 (57.1)	386 (57.1)	204 (38.4)	
grade 4	53 (31.5)	213 (31.5)	235 (44.3)	
grade 5	19 (11.3)	77 (11.4)	92 (17.3)	
PSA				0.085
<4	9 (5.7)	56 (8.5)	37 (7.1)	
4–10	22 (13.8)	168 (25.5)	154 (29.4)	
>10	128 (80.5)	435 (66.0)	332 (63.5)	

GS, Gleason score, NB, needle biopsy, TURP, transurethral resection of the prostate, RP, radical prostatectomy, prostate-specific antigen.

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Table 2 Distribution of GS in age, type of specimen and histopathological type in three cohorts

Items	Stratification	GS	The frontal	The middle	The latter	P value
Age, years	<60	≤6	1 (25.0)	30 (44.1)	5 (10.4)	0.000
		7	1 (25.0)	25 (36.8)	28 (58.3)	
		≥8	2 (50.0)	13 (19.1)	15 (31.3)	
	60–69	≤6	25 (43.1)	65 (33.7)	31 (18.0)	0.005
		7	18 (31.0)	71 (36.8)	83 (48.3)	
		≥8	15 (25.9)	57 (29.5)	58 (33.7)	
	70–79	≤6	21 (25.3)	125 (37.7)	38 (12.2)	0.000
		7	27 (32.5)	127 (38.3)	160 (51.4)	
		≥8	35 (42.2)	80 (24.1)	113 (36.3)	
	≥80	≤6	6 (26.1)	29 (34.9)	0 (0.0)	0.242
		7	10 (43.5)	29 (34.9)	0 (0.0)	
		≥8	7 (30.4)	25 (24.1)	0 (0.0)	
ype of specimen	NB	≤6	36 (29.3)	110 (29.8)	31 (13.5)	0.030
		7	38 (30.9)	139 (37.7)	108 (47.2)	
		≥8	49 (39.8)	120 (32.5)	90 (39.3)	
	TURP	≤6	5 (22.7)	28 (58.3)	7 (53.8)	0.000
		7	11 (50.0)	3 (6.3)	4 (30.8)	
		≥8	6 (27.3)	17 (35.4)	2 (15.4)	
	RP	≤6	12 (52.2)	111 (42.9)	36 (12.5)	0.000
		7	7 (30.4)	110 (42.5)	159 (55.0)	
		≥8	4 (17.4)	38 (14.7)	94 (32.5)	
listopathological type	Classic acini	≤6	52 (31.9)	248 (37.3)	74 (14.5)	0.004
	carcinoma	7	55 (33.7)	249 (37.5)	261 (51.0)	
		≥8	56 (34.4)	167 (25.2)	177 (34.6)	
	Other types	≤6	1 (20.0)	1 (8.3)	0 (0.0)	0.000
		7	1 (20.0)	3 (25.0)	10 (52.6)	
		≥8	3 (60.0)	8 (66.7)	9 (47.4)	
PSA	<4	≤6	3 (33.3)	40 (70.2)	16 (30.2)	0.000
		7	3 (33.3)	11 (19.3)	16 (30.2)	
		≥8	3 (33.3)	6 (10.5)	21 (39.6)	
	4–10	≤6	12 (54.5)	91 (54.2)	31 (20.1)	0.000
		7	4 (18.2)	52 (31.0)	88 (57.1)	
		≥8	6 (27.3)	25 (14.9)	35 (22.7)	
	>10	≤6	38 (27.7)	119 (26.3)	27 (8.4)	0.004
		7	49 (35.8)	189 (41.8)	163 (50.9)	
		≥8	50 (36.5)	144 (31.9)	130 (40.6)	

GS, Gleason score, NB, needle biopsy, TURP, transurethral resection of the prostate, RP, radical prostatectomy, prostate-specific antigen.

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Table 3 Trend of GS in age, type of specimen and histopathological type								
Items	Ctratification	Total Gleason score						
	Stratification	The frontal	The middle	The latter	P			

Items	Otwatifiaatian		Total Gleason	score	
	Stratification -	The frontal	The middle	The latter	P value
Age, years	<60	8.00±1.826	6.93±1.097	7.42±0.942	0.016
	60–69	6.95±1.099	7.09±1.055	7.39±1.057	0.005
	70–79	7.35±1.120	6.96±0.992	7.45±0.994	0.000
	≥80	7.30±1.185	7.17±1.177	7.40±0.789	0.358
Type of specimen	NB	7.34±1.179	7.21±1.080	7.41±0.921	0.058
	TURP	7.14±0.889	6.98±1.436	6.85±1.281	0.802
	RP	6.65±1.071	6.76±0.838	7.45±1.006	0.000
Histopathological type	Classic acini carcinoma	7.21±1.159	7.00±1.034	7.40±0.978	0.000
	Other types	7.40±0.894	8.08±1.165	7.84±0.958	0.461
PSA	<4	7.22±1.202	6.43±0.735	7.34±1.176	0.000
	4–10	6.91±1.231	6.65±0.910	7.18±0.937	0.000
	>10	7.30±1.132	7.23±1.056	7.55±0.946	0.000

Table 4 Trend of primary grade in age, type of specimen and histopathological type

Items	Otwatification	Primary grade				
	Stratification —	The frontal	The middle	The latter	P value	
Age, years	<60	3.75±0.795	3.46±0.657	3.46±0.582	0.665	
	60–69	3.48±0.682	3.52±0.630	3.62±0.615	0.240	
	70–79	3.82±0.751	3.46±0.632	3.65±0.621	0.000	
	≥80	3.78±0.671	3.53±0.687	3.70±0.488	0.096	
Type of specimen	NB	3.77±0.755	3.62±0.646	3.71±0.550	0.033	
	TURP	3.55±0.596	3.50±0.851	3.46±0.660	0.949	
	RP	3.43±0.662	3.30±0.536	3.57±0.626	0.000	
Histopathological type	Classic acini carcinoma	3.69±0.740	3.47±0.630	3.62±0.600	0.000	
	Other types	3.80±0.447	4.25±7.54	3.79±0.535	0.119	
PSA	<4	3.67±0.500	3.27±0.556	3.58±0.719	0.020	
	4–10	3.45±0.671	3.26±0.547	3.51±0.608	0.001	
	>10	3.74±0.696	3.60±0.655	3.70±0.565	0.033	

decreased from 31.5% in 1996–2006 and 36.8% in 2007–2015 to 13.9% in 2016–2019, percentage of GS7 increased from 33.3% in 1996–2006 and 37.3% in 2007–2015 to 51.0% in 2016–2019, and percentage of GS \geq 8 remained constant. Average of GS increased from 7.22 in 1996–2006 and 7.02 in 2007–2015 to 7.42 in 2016–2019. In specimen

from NB and RP, average of GS increased with significant statistical difference. Upward trend of GS in prostate cancer was observed in patients from our center in accord with previous studies.

Gleason score was defined 5 patterns according to the degree of differentiation. The largest area decided primary

lite and a	Stratification –	Second grade					
Items	Stratification –	The frontal	The middle	The latter	P value		
Age, years	<60	3.504.25±0.957	3.47±0.680	3.96±0.683	0.000		
	60–69	3.47±0.627	3.56±0.720	3.77±0.734	0.003		
	70–79	3.54±0.721	3.51±0.671	3.80±0.671	0.000		
	≥80	3.52±0.790	3.64±0.774	3.70±0.683	0.583		
Type of specimen	NB	3.58±0.724	3.59±0.713	3.70±0.675	0.127		
	TURP	3.59±0.590	3.48±0.743	3.38±0.768	0.692		
	RP	3.22±0.671	3.47±0.666	3.88±0.735	0.000		
Histopathological	Classic acini carcinoma	3.53±0.714	3.53±0.696	3.78±0.713	0.000		
type	Other types	3.60±0.548	3.83±0.835	4.05±0.780	0.467		
PSA	<4	3.56±0.882	3.16±0.371	3.75±0.731	0.000		
	4–10	3.45±0.739	3.39±0.619	3.67±0.657	0.001		
	>10	3.56±0.696	3.63±0.723	3.85±0.739	0.000		

Table 5 Trend of secondary grade in age, type of specimen and histopathological type

grade while the second decided secondary grade, and the sum was GS (18). Primary grade is the most important factor influencing GS and secondary grade less. The past literatures always focused on GS but lacked study on primary and secondary grade. Proportion of GS \leq 3 decreased to 43.4% in 2016–2019, and proportion of 4 increased to 50.5%. That means PCa of primary grade \leq 3 was diagnosed less and less while GS 4 more and more. The change is most responsible to the change of GS mentioned above. The GS of secondary grade remained stable. Secondary grade affected GS less than primary grade. Primary grade is the main factor influencing GS change followed by secondary grade.

GS changed with type of specimen. Proportion of GS $\leq 6, 7$ and ≥ 8 in NB accounted for 41%, 48.9% and 10.1%, respectively (10); 21.5%, 68.8% and 9.7% respectively in RP (19); 81.4%, 14.1% and 4.5% respectively in TURP (20). Mehta *et al.* (21) reported that 32.7% cases with GS 6 in NB turned out to 7 or more in RP. From that, GS in TURP is lowest and NB lower than RP. According to the distribution of specimen in our research, proportion of NB and TURP inclined while RP increased. It was speculated that GS in our research may go up. Average GS of RP increased from 6.65 in 1996–2006 and 6.76 in 2007–2015 to 7.45 in 2016–2019, which was in correspondence with our speculation. Results in RP specimen explained reasonable to this situation, showed that proportion of GS

≤6 and 7 decreased and ≥8 increased, in other words, GS had a upward trend. Percentage of GS ≤6 in NB decreased from 29.3% in 1996–2006 and 29.8 in 2007–2015 to 13.5 in 2016–2019, GS 7 increased from 30.9% in 1996–2006 and 37.7% in 2007–2015 to 47.2% in 2016–2019, and GS ≥8 almost remained stable, that meant a upward trend of GS. It was corresponded to GS changing trend after 2006 reported by literature. In Treurniet's opinion, GS in RP was lower than that in NB (22). Average of RP was higher than NB and TURP in 2016–2019, and the proportion of RP raised to 54.4%, resulting in elevation of GS. GS of TURP was lower and reduction of sum contributed to GS upward trend to a certain extent. It was consistent with literatures (8).

There was no significantly difference of GS between age \leq 55 year old and >56 found by Billis (23). Richstone (24) reported that mean GS of age \geq 70 turned out higher than <70. Alibhai (15) held opinion that GS went up by age. With results from the present study, average of age and age distribution remained fairly static throughout three cohorts, but after segmented and stratified by age every ten years, difference emerged. Proportion of GS \leq 6 decreased in patients below 80 years in 2016–2019 compared with 1996–2006 and 2007–2015. In every age stage below 80, the average of GS increased significantly. The population ageing was not responsible to the upward shifting according to the present study.

Difference of histopathological type distribution

in various times may lead to change of GS. Now that prostatic ductal carcinoma Gleason score was 4+4=8 (10). Hanses (16) held opinion that sarcomatoid carcinoma was a high-level cancer with GS ranking 7 to 10. Change of histopathological type may result in change of GS. PCa GS varied from histopathological type. Classic acinar carcinoma occupied a dominant position in our research, the other types less and affected less. Proportion of classic acinar carcinoma decreased, and the same change took place in mean of GS, primary and secondary grade. As for GS distribution, no significant diversification in GS ≤ 6 , 7 and ≥ 8 . Different histopathological type influenced change of GS just a little.

Zivković *et al.* (25) believed PSA had a close relationship with GS. Gofrit *et al.* (17) reported that serum PSA could predict GS. Serum PSA more than 12 ng/mL in NB predicted 62% PCa, and less than 12 ng/mL 18% PCa. Elevated serum PSA was observed year by year. Patients with serum PSA in the gray zone and GS over 6 occupied 79.8% in 2016–2019 compared with 45.5% in 1996–2006 and 45.9% in 2007–2015. And patients with serum PSA over 10 ng/mL and GS over 6 occupied 91.5% in 2016– 2019 compared with 72.3% in 1996–2006 and 73.7% in 2007–2015. GS in this two groups increased significantly (P<0.05).

Change of diagnostic criteria may lead to change of GS (13). ISUP system was recommended for Gleason score after 2005 and modify system was used before 2005. Main difference between ISUP system and modify system: Branch shape or size changes remarkably complex glands, small lumens dysplastic glands to modify the system definition level 3 cancer, ISUP system level 4 carcinoma. These changes caused quantity of level 3 cancer got less while level 4 more (10,26), and proportion of GS 6 went down while GS 7 went up. That's might be the main reason of GS increasing after 2005.

In summary, primary grade, age, serum PSA and specimen type were the main reasons for GS changing while secondary grade, tissue types and diagnostic criteria influenced less. PCa incidence was relatively low in China, and study on PCa started lately. After efforts of 20 years, great progress was made by application of serum PSA and prostate biopsy in PCa screening, and early diagnosis and treatment of prostate had gotten some progress in China. Change of GS would impact on treatment of PCa. Clinicians should square up the change combined with other clinical and radiological data, provide chance of operation to more patients and improve the prognosis of PCa patients.

Conclusions

Our research found the upward changing trend of PCa GS. However, there were also shortage in our research, such as lack of complete follow-up data. We are going to collect follow-up data in the next step and observe the relationship of GS change and prognosis. Tumor heterogeneity should be discussed in next step.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the local ethics committee of Peking University People's Hospital (PKUPH) (No. 2017PHB143) and individual consent for this retrospective analysis was waived.

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Supplementary

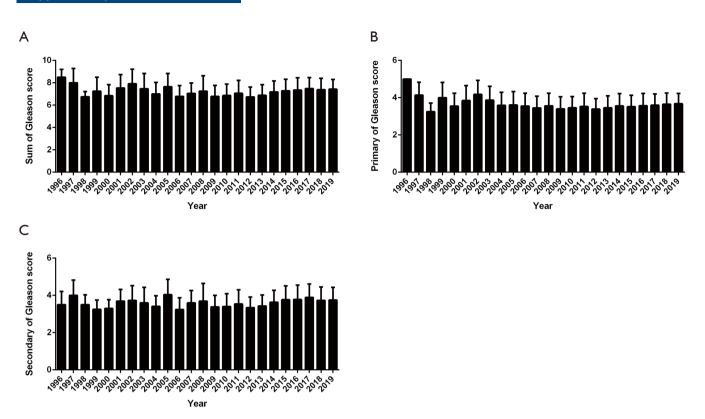


Figure S1 The total score, primary and secondary grade of Gleason floated by year. Several peaks and valleys shifted effected by factors, such as the application of PSA, the publication of China Urology Association guidelines, the increasing medical examination.