

Nomogram based on albumin and neutrophil-to-lymphocyte ratio for predicting postoperative complications after pancreaticoduodenectomy

Haoquan Huang[#], Chengli Wang[#], Fengtao Ji, Zhixiao Han, Hui Xu, Minghui Cao

Department of Anesthesiology, Sun Yat-Sen Memorial Hospital, Sun Yat-Sen University, Guangzhou, China

Contributions: (I) Conception and design: H Huang, C Wang; (II) Administrative support: M Cao; (III) Provision of study materials or patients: H Huang, F Ji, H Xu; (IV) Collection and assembly of data: H Huang, Z Han; (V) Data analysis and interpretation: H Huang, F Ji; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

[#]These authors contributed equally to this work.

Correspondence to: Minghui Cao. Department of Anesthesiology, Sun Yat-Sen Memorial Hospital, Sun Yat-Sen University, 107 Yanjiang West Road, Guangzhou 510120, China. Email: caomh@mail.sysu.edu.cn.

Background: The aim of this study was to identify a preoperative inflammatory marker with the most predictive value for postoperative complications after pancreaticoduodenectomy (PD). We then combined it with other perioperative variables to construct and validate a nomogram for complications after PD.

Methods: A total of 223 patients who received PD from January 2014 to July 2019 at a high-volume (>60 PDs/year) pancreatic centers in China were included in this retrospective study. All of the PDs were performed by the same surgeon who is beyond the learning curve with more than 100 PDs over the previous 3 years before 2014. 15 preoperative inflammatory markers were collected, including neutrophils, lymphocytes, high-sensitivity C-reactive protein and lactic dehydrogenase. The inflammatory markers' predicting abilities for complications were analyzed by calculating the values of an area under the curve (AUC). The complications included surgical complications (such as pancreatic fistula, delayed gastric emptying and bile leakage) and medical complications (such as sepsis, pneumonia, urinary tract infection, acute heart failure and acute liver failure) in this study. Univariable and multivariable logistic regression analyses were performed to investigate the perioperative features for independent risk factors for complications after PD. Nomograms with or without the most predictive inflammatory for complications were subsequently developed based on multivariable logistic regression using Akaike information criterion. Nomograms' performance was quantified and compared in terms of calibration and discrimination. We studied the utility of the nomograms using decision curve analysis.

Results: The albumin/ NLR score (ANS) exhibited the highest AUC value (0.616) for predicting postoperative complications. ANS and approach method were identified as independent risk factors for complications. The nomogram with ANS had higher C-index (0.725) and better calibration. The NRI compared between nomograms was 0.160 (95% CI: 0.023–0.296; P=0.022). By decision curve analysis, the model with ANS had higher clinical value.

Conclusions: The ANS is a useful predictor and an independent risk factor for postoperative complications after PD. The nomogram with ANS was constructed with better performance and more clinical benefit for predicting postoperative complications.

Keywords: Nomogram; inflammatory maker; postoperative complications; pancreaticoduodenectomy (PD); albumin and neutrophil-to-lymphocyte ratio

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Introduction

Pancreaticoduodenectomy (PD) is a complex surgery, which is a common treatment method for both malignant tumors and benign diseases arising from the periampullary lesions. With improved surgical techniques and perioperative care, mortality rate after PD has been decreased to less than 5% (1,2). However, the postoperative morbidity rate of PD remains relatively high, ranging from 30–50% (3,4). The main complications following PD include pancreatic fistula (PF) (5), delayed gastric emptying (DGE) (6), pneumonia and systemic sepsis (4). The occurrence of complications is significantly associated with prolonged hospital length of stay and increased medical costs (7-9). Therefore, identifying risk factors for postoperative complications is of great importance in order to develop preventive and treatment strategies.

Previously, several risk factors for postoperative complications after PD have been identified, including age, sex, functional status and several abnormal laboratory results (4,5,10-12). Most of the relevant researches merely focused on PF (5,11) and DGE (6,12). However, since PD is an extensive abdominal surgical procedure, other adverse events, included pneumonia and sepsis, should also be taken into consideration. To identify risk factors for predicting a serious of complications after PD, one study has developed a risk calculator with good discriminatory performance (4). However, the predictive model was constructed with more than twenty variables (4). A more concise model is needed to predict complications after PD. In addition, since PD is one of the most complicate operations in general surgery, the prognosis may differ obviously for different surgeons because they are at different stages of the learning curve (13). For the related researches (4,5,10,12), the cases were performed by different surgeons and thus, there was bias influencing the accuracy of the predicting model.

There is increasing evidence that systemic inflammatory response markers, included neutrophil-to-lymphocyte ratio (NLR), platelet-to-lymphocyte ratio (PLR) and prognostic nutritional index (PNI), are significantly associated with postoperative complications and prognosis in patients undergoing different surgeries (14-18). Albumin, a negative acute phase protein, decreases when inflammation or other situation occurs, included increased age and malnutrition (19-21). Preoperative malnutrition has been associated with several poor postoperative outcomes, including infection and mortality (4,21). A growing number of studies have shown that preoperative hypoalbuminemia has predictive value for postoperative complications in different surgical fields (4,21). Therefore, if the systemic inflammatory marker is combined with albumin, the predictive value of it might increase. The Albumin/ NLR Score (ANS) combines albumin and NLR. Specially, albumin values below the optimal cutoff value, which is determined by the Youden index, are given 1 point. As for NLR, values over its optimal cutoff value are given 1 point. Each patient had an ANS score ranging from 0 to 2. Recently, several studies demonstrated ANS played an important role in predicting complication and prognosis for patients with oral and gastric cancer (22-24). However, there is still no study assessing whether the simple and novel ANS has predictive ability for complications in patients with PD. Thus, in order to build a simple and reliable predictive model for postoperative complications after PD, a preoperative inflammatory marker with the most predictive value should be found out and subsequently incorporated into the predictive model.

Nomogram is a statistical tool employed to predict an individual's particular outcome, which has been widely used in clinical practice (22,24,25). The aim of this study was to find out the most predictive inflammatory marker and subsequently combine it with other perioperative variables to develop a nomogram to predict the likelihood of postoperative complications after PD, using data from one of the high-volume (>60 PDs/year) pancreatic centers in China (13,26).

We present the following article in accordance with the STROBE reporting checklist (available at http://dx.doi. org/10.21037/gs-20-789).

Methods

Patients

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by institutional ethics committee of Sun Yat-Sen Memorial Hospital (NO. SYSEC-KY-KS-2020-186) and individual consent for this retrospective analysis was waived. Patients who underwent classic Whipple PD for any indication by the same surgeon in our hospital between January 2014 and July 2019 were included. The surgeon had performed >100 PDs over the previous 3 years before 2014, and thus, considered to be beyond the learning curve (13,26). The exclusion criteria included age below 18 years, emergency surgery and missing data. Emergency surgery was defined as an emergency procedure performed within

12 h after admission or after the onset of related symptoms. Missing data in this study was defined as any unknown variables for demographic characteristics, preoperative laboratory tests, surgical variables and postoperative variables.

Data collection

Patient demographic characteristics including age, sex, weight, American Society of Anesthesiologists (ASA) status and comorbidities (hypertension, diabetes, coronary heart disease, stroke, chronic obstructive pulmonary disease (COPD) and others) were obtained.

Preoperative laboratory tests including hemoglobin, platelet, neutrophils, lymphocytes, international normalized ratio (INR), high-sensitivity C-reactive protein (hsCRP), total bilirubin (T-Bil), alanine aminotransferase (ALT), lactic dehydrogenase (LDH), alkaline phosphatase (ALP), cholinesterase (CHE) and albumin were also collected. The neutrophil-to-lymphocyte ratio (NLR), platelet-tolymphocyte ratio (PLR) and ANS were calculated. Youden index integrates sensitivity and specificity information under circumstances that emphasize both sensitivity and specificity. The maximum value of the index provides the best tradeoff between sensitivity and specificity, and it can be used as a cut-off for numerical diagnostic tests (22,27). Therefore, Youden index was employed in our study in order to find out the cut-off value that represents the maximum potential effectiveness of albumin and NLR. The cut-off value for albumin was 37.45 g/L and the NLR's cur-off value was 3.7758 in this study. ANS is a combination of albumin and NLR, there are three potential types of combination for each patient's ANS, including low albumin plus low NLR, low albumin plus high NLR and high albumin plus high NLR. Both low albumin level and high NLR level have been reported to be associated with higher rate of complications after surgeries (16-18,21). In order to assign scores to three combination of albumin and NLR, we set the rule that the higher ANS value, the higher complication rate. This rule is consistent with previous related studies (22-24). Therefore, values of albumin below 37.45 g/L were given 1 point. As for NLR, values over 3.7758 were given 1 point. Each patient had an ANS score ranging from 0 to 2.

Surgical variables including approach method, estimated blood loss, intraoperative transfusion, total fluid, total crystalloid, total colloid, intraoperative infusion rate, intraoperative urine and operation time were recorded. Postoperative variables included intensive care unit (ICU) admission, Clavien-Dindo severity classification of complications. The postoperative complications included PF, DGE, bile leakage, postoperative bleeding, gastrointestinal anastomotic obstruction, wound infection, wound dehiscence, abdominal infection, sepsis, pneumonia, urinary tract infection, acute heart failure and acute liver failure. Occurrence of pancreatic fistula was classified according to the ISGPF classification as Biochemical Fistula, B, or C (27); Delayed gastric emptying was classified based on the International Study Group on Pancreatic Surgery guidelines as A, B, or C (28); Postoperative bleeding was classified according to the International Study Group on Pancreatic Surgery guidelines (29). Each postoperative complication was classified according to Clavien-Dindo severity classification (30). The primary outcome of this study was the occurrence of postoperative complication, which was defined as a Clavien-Dindo classification grade II or higher complication.

Comparison of AUC values among laboratory tests

To compare the discriminative abilities for postoperative complications of the laboratory tests, a receiver operating characteristic (ROC) curve analysis was employed to calculate the area under the curve (AUC) of each parameter. After comparison, ANS was selected for further analyses because it had the highest AUC value. Subsequently, in order to evaluate whether ANS has significant impact on postoperative complications, comparisons of the rate and the severity of complication among three subgroups according to the ANS stages was carried out. Continuous variables were assessed by one-way Analysis of Variance (ANOVA) or Kruskal-Wallis test according to the normality and homogeneity for variables. Categorical variables were analyzed by chi-square test or Fisher exact test according to the frequencies of variables.

Univariable and multivariable logistical regressions

Univariable and multivariable logistical regressions were employed to identify risk factors for postoperative complications. Variance inflation factor (VIF) was used to detect multicollinearity in regression analysis, with a reference value of 10. The values of VIF of neutrophils, lymphocytes, platelet, albumin, PLR, NLR, ANS, total fluid, total crystalloid, total colloid and intraoperative urine and intraoperative infusion rate were higher than 10, 880

indicating these variables were correlated. In order to retain the most important variable among the collinear variables, we refer to the results of univariable logistic regression. Therefore, neutrophils, lymphocytes, albumin, PLR, NLR, total fluid, total crystalloid, total colloid and intraoperative urine were excluded for multivariable logistical regression.

Development and validation of the nomograms

To build the predictive models, the Akaike information criterion (AIC) was employed with and without ANS to select variables through a backward step-down process from the full multivariable regression model. Selected variables were incorporated into the nomograms to predict the probability of postoperative complications for PD. The concordance index (C-index) was used to assess the discrimination of nomograms. Calibration curves were employed to determine the calibration. Each calibration curve was corroborated with 1,000 resamples conducted for validation, reducing the overfit bias which would overstate the accuracy of the nomogram. The C-indexes, calibration curves, net reclassification improvement (NRI) of two models were compared to assess the accuracy difference of two models. The decision curve analysis (DCA) was carried out to evaluate and compare the potential net benefit between the two predictive models (31).

Statistical analyses

Continuous variables were reported as median and interquartile range (IQR), which were assessed by *t*-test or Mann-Whitney *U*-test according to the distribution of variables. Categorical variables were reported as whole numbers and percentages, which were analyzed by chi-square test or Fisher exact test according to the frequencies of variables. The difference among patient demographic characteristics, preoperative laboratory tests, surgical variables and postoperative variables were compared between patients with and without postoperative complications.

All statistical analyses were performed through R software version 3.4.2 (Institute for Statistics and Mathematics, Vienna, Austria; https://www.r-project. org/). The development and validation of nomograms were performed with "rms" R package, and DCA was carried out using "rmda" R package. A two-tailed P value <0.05 was considered to be statistically significant.

Results

Patients characteristics

249 patients who underwent PD between January 2014 and July 2019 were extracted from the database. 26 patients were excluded because of missing information including preoperative laboratory tests (hemoglobin: n=3; hsCRP: n=22) and surgical variables (operation time: n=1). After selection, 223 patients were included for analysis. 107 (48.0%) patients developed at least one grade II or higher postoperative complication, which was defined as postoperative complication for subsequent analyses in this study. The grade II or higher complications included PF (38, 17.0%), DGE (21, 9.4%), bile leakage (14, 6.3%), postoperative bleeding (20, 9.0%), gastrointestinal anastomotic obstruction (2, 0.9%), wound infection (1, 0.4%), wound dehiscence (1, 0.4%), abdominal infection (36, 16.1%), sepsis (7, 3.1%), pneumonia (29, 13.0%), urinary tract infection (2, 0.9%), acute heart failure (2, 0.9%) and acute liver failure (2, 0.9%). Reoperation was carried out in 10 (4.5%) patients. With regard to the Clavien-Dindo severity classification, while 84 (37.7%) patients had grade II postoperative complications, 23 (9.9%) patients had grade III or greater one.

Table 1 shows patients' demographic characteristics, preoperative laboratory tests, surgical variables and postoperative variables stratified by postoperative complications. Patients who developed complications were more likely to have higher neutrophils level [4.19 $(3.42-5.50) \times 10^{9}$ /L vs. 3.62 (2.78–4.93) $\times 10^{9}$ /L; P=0.005], higher T-Bil level [48.70 (14.30-148.90) µmol/L vs. 21.70 (10.35-118.40) umol /L; P=0.017], higher LDH level [196.00 (168.00-237.00) U/L vs. 184.50 (158.00-225.25) U/L; P=0.042], lower albumin level [36.60 (31.70-40.50) g/L vs. 38.00 (33.73-41.48) g/L; P=0.101], higher NLR level [3.38 (2.15-4.64) vs. 2.44 (1.75-3.75); P=0.006] and higher ANS stage (ANS =2: 29.0% vs. 17.2%; P=0.004). In addition, patients in the postoperative complication-positive group were more prone to have open operation (41.1% vs. 18.1%; P<0.001), have larger amount of estimated blood loss [150.00 (100.00-400.00) vs. 100.00 (50.00-200.00) mL; P=0.006] and lager amount of intraoperative urine [400.00 (300.00-650.00) vs. 350.00 (200.00-495.00) mL; P=0.009].

In the present study, the rate of total laparoscopy, open and conversion to laparotomy was 62.3%, 29.1% and 8.5%, respectively. In addition, there was significant difference for the complication rate of total laparoscopy,

Table 1 Patients characteristics stratified by postoperative co	complications
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	Complication-negative group (n=116)	Complication-positive group (n=107)	Statistic value	Р
Age (years)	60.00 [50.25, 64.88]	62.00 [54.00, 68.00]	-1.627ª	0.104*
Sex				
Female	50 (41.4%)	41 (40.2%)	0.033°	0.856
Male	66 (58.6%)	66 (59.8%)		
Weight	57.00 [50.00, 64.88]	59.00 [53.00, 65.00]	-1.314ª	0.189*
ASA status				
1-11	24 (20.7%)	23 (21.5%)	0.022°	0.883
III-IV	92 (79.3%)	84 (78.5%)		
Comorbidities				
No	53 (45.7%)	51 (47.7%)	0.087°	0.768
Yes	63 (54.3%)	56 (52.3%)		
Preoperative				
Hemoglobin (g/L)	124.00 [111.25, 135.00]	120.00 [104.00, 136.00]	1.548 ^b	0.123
Platelet (×10 ⁹ /L)	254.00 [199.25, 295.00]	256.00 [205.00, 342.00]	-1.194ª	0.233*
Neutrophils (×10 ⁹ /L)	3.62 [2.78, 4.93]	4.19 [3.42, 5.50]	-2.827ª	0.005*
Lymphocytes (×10 ⁹ /L)	1.52 [1.17, 1.89]	1.54 [1.16, 1.86]	-0.092ª	0.926*
INR	1.04 [0.98, 1.10]	1.03 [0.97, 1.10]	-0.879ª	0.380*
hsCRP (mg/L)	3.87 [1.22, 14.37]	5.66 [2.19, 17.51]	-1.482ª	0.138*
T-Bil (µmol/L)	21.70 [10.35, 118.40]	48.70 [14.30, 148.90]	-2.384ª	0.017*
ALT (U/L)	44.00 [20.25, 102.25]	61.00 [18.00, 127.00]	-0.481ª	0.631*
LDH (U/L)	184.50 [158.00, 225.25]	196.00 [168.00, 237.00]	-2.036ª	0.042*
ALP (U/L)	136.00 [81.25, 327.25]	225.00 [85.00, 404.00]	-1.614ª	0.106*
CHE (U/L)	6,300.00 [4,898.75, 7,527.75]	6,050.00 [4,558.00, 7,370.00]	1.623 ^b	0.106
Albumin (g/L)	38.00 [33.73, 41.48]	36.60 [31.70, 40.50]	-1.639ª	0.101*
PLR	162.73 [116.87, 239.22]	173.17 [129.49, 262.05]	-0.803ª	0.422*
NLR	2.44 [1.75, 3.75]	3.38 [2.15, 4.64]	-2.742 ^a	0.006*
ANS				
0	58 (50.0%)	31 (29.0%)	10.808°	0.004
1	38 (32.8%)	45 (42.1%)		
2	20 (17.2%)	31 (29.0%)		
Approach method				
Total laparoscopy	84 (72.4%)	55 (51.4%)	14.323°	<0.001
Open	21 (18.1%)	44 (41.1%)		
Conversion to laparotomy	11 (9.5%)	8 (7.5%)		

Table 1 (continued)

Table 1 (continued)

	Complication-negative group (n=116)	Complication-positive group (n=107)	Statistic value	Р
Estimated blood loss (mL)	100.00 [50.00, 200.00]	150.00 [100.00, 400.00]	-2.773ª	0.006*
Intraoperative transfusion				
No	84 (72.4%)	72 (67.3%)	0.695°	0.404
Yes	32 (27.6%)	35 (32.7%)		
Total fluid	2,675.00 [2,100.00, 3,475.00]	2,750 [2,250, 3,250]	-0.268ª	0.789*
Total crystalloid	2,000.00 [1,500.00, 3,000.00]	2,000.00 [1,750.00, 2,500.00]	-0.475 ^ª	0.635*
Total colloid	500.00 [100.00, 600.00]	500.00 [100.00, 600.00]	-0.250ª	0.802*
Intraoperative infusion rate [mL/(kg×h)]	9.24 [6.81, 11.86]	8.77 [7.06, 10.14]	-1.762ª	0.078*
Intraoperative urine (ml)	350.00 [200.00, 495.00]	400.00 [300.00, 650.00]	-2.601ª	0.009*
Operation time (min)	315.00 [245.00, 360.00]	325.00 [280.00, 370.00]	-1.873ª	0.061*
Postoperative ICU admission				
No	108 (93.1%)	92 (86.0%)	2.331°	0.127
Yes	8 (6.8%)	15 (14.0%)		

*, Mann-Whitney U test; ^a, Z value for Mann-Whitney U test; ^b, T value for *t*-test; ^c, Chi-square value for chi-square test. Complication was defined as a Clavien-Dindo classification grade II or higher complication. ASA status, the American Society of Anesthesiologists physical status; INR, international normalized ratio; hsCRP, high-sensitivity C-reactive protein; T-Bil, total bilirubin; ALT, alanine aminotransferase; LDH, lactic dehydrogenase; ALP, alkaline phosphatase; CHE, cholinesterase; PLR, Platelet-to-lymphocyte ratio; NLR, Platelet-to-lymphocyte ratio; ANS, Albumin/NLR Score; ICU, intensive care unit.

open and conversion to laparotomy with 39.6%, 67.7% and 42.1%, respectively (P<0.001). Compared to patients with laparotomy, those who underwent total laparoscopy had significant lower rates of PF (12.9% vs. 27.7%, P=0.017) and DGE (5.8% vs. 15.4%, P=0.046). The detailed description of complications stratified by approach method was shown in Table S1.

Comparison of the predictive value of potential indicators

Calculating the AUC value of each candidate parameter, the predictive ability among them were compared. As shown in *Table 2*, the AUC values of ANS, neutrophils, lymphocytes, platelet, NLR and PLR were 0.616, 0.598, 0.504, 0.546, 0.567 and 0.531, respectively. Since ANS was the most predictive one with the AUC value 0.616 among 15 candidate parameters, it was selected to further analysis. *Table 3* shows both the rate of postoperative complication and the Clavien-Dindo severity classification of complication were significantly different among different ANS stages.

Univariable and multivariable analyses between the complication-positive and complication-negative groups

Table 4 shows the univariable and multivariable analyses between patients with and without postoperative complications. In univariable analysis, neutrophils, T-Bil, LDH, ALP, ANS, approach method, intraoperative infusion rate, intraoperative urine and operation time were significantly associated with postoperative complications after PD. In the full multivariable analysis, ANS and approach method were identified as significantly independent risk factors for postoperative complications after PD.

Construction of nomograms

When ANS was not included in the AIC-based multivariable analysis, age, preoperative LDH, approach method, estimated blood loss and intraoperative infusion rate were identified as independent risk factors for postoperative complications after PD (*Table 5*). When ANS was included in the analysis, preoperative LDH, ANS, approach method,

intraoperative infusion rate and operation time were identified as independent risk factors for postoperative complications (*Table 5*). These identified risk factors were employed to construct Model 1 (nomogram without ANS)

 Table 2 Comparison of the predictive value of potential indicators

	AUC
ANS	0.616
Neutrophils	0.598
T-Bil	0.592
LDH	0.579
NLR	0.567
Albumin	0.564
ALP	0.563
hsCRP	0.557
CHE	0.550
Hemoglobin	0.546
PLR	0.531
INR	0.534
ALT	0.519
Platelet	0.546
Lymphocytes	0.504

AUC, area under the curve; INR, international normalized ratio; hsCRP, high-sensitivity C-reactive protein; T-Bil, total bilirubin; ALT, alanine aminotransferase; LDH, lactic dehydrogenase; ALP, alkaline phosphatase; CHE, cholinesterase; PLR, Plateletto-lymphocyte ratio; NLR, Platelet-to-lymphocyte ratio; ANS, Albumin/NLR Score.

Table 3 Patients characteristics stratified by ANS stages

and Model 2 (nomogram with ANS), respectively (Figure 1).

Comparison of predictive accuracy between two nomograms

The C-indexes of the nomograms were 0.710 and 0.725 in Model 1 (nomogram without ANS) and Model 2 (nomogram with ANS), respectively. These results indicated that the discrimination ability of Model 2 was better than the ability of Model 1. To assess the calibration, calibration curves were employed (*Figure 2A,B*). The calibration curves demonstrated that compared with Model 1 (*Figure 2A*), there was higher agreement between the nomogram prediction and actual outcomes in Model 2 (*Figure 2B*). In addition, the NRI compared between the two models was 0.160 (95% CI: 0.023–0.296) and there was a significant difference (P=0.022), indicating that Model 2 has better predictive accuracy than Model 1.

Evaluation of clinical benefit between two nomograms

In order to evaluate the improvement of the nomograms bringing on decision-making, DCA for each model was built (*Figure 2C*). It was assumed that the treatment decision for a patient was made if the predictive probability was above the threshold probability, while the predictive probability under the threshold would produce a decision otherwise. When the threshold probability was given between around 30% and 80%, both of the models were applicable since the benefit of them were beyond the "treat all patients" strategy and "treat none" strategy. Compared with Model 1 (nomogram without ANS), there was a higher net benefit of Model 2 (nomogram with ANS) (*Figure 2C*).

	ANS =0 (n=89)	ANS =1 (n=83)	ANS =2 (n=51)	Statistic value	Р
Complication				13.011ª	0.001#
No	59 (66.3%)	38 (45.8%)	19 (37.3%)		
Yes	30 (33.7%)	45 (54.2%)	32 (62.7%)		
Clavien-Dindo severity classification of complication				13.411 ª	0.009#
None or Grade I	59 (66.3%)	38 (45.8%)	19 (37.3%)		
Grade II	24 (27.0%)	36 (43.4%)	24 (47.1%)		
Grade III or greater	6 (6.7%)	9 (10.8%)	8 (15.7%)		

Complication was defined as a Clavien-Dindo classification grade II or higher complication. [#]Chi-square test. ^aChi-square value for chi-square test. ANS, albumin/NLR score.

	Table 4 Univariable and r	nultivariable logistic re	egression analysis of factor	s associated with complications
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	Uni	ivariable logistic regression		Full mu	ultivariable logistic regressio	n
	β coefficient	OR (95% CI)	Р	β coefficient	OR (95% CI)	Р
Age (years)	0.02	1.02 (1.00–1.05)	0.097	0.02	1.02 (0.99–1.06)	0.129
Sex						
Female		Reference			Reference	
Male	0.05	1.05 (0.62–1.80)	0.856	0.20	1.22 (0.65–2.33)	0.540
Weight	0.01	1.01 (0.99–1.04)	0.321	-0.002	1.00 (0.96–1.04)	0.921
ASA status						
1-11		Reference			Reference	
III-IV	-0.05	0.95 (0.50–1.82)	0.883	-0.18	0.84 (0.38–1.86)	0.657
Comorbidities						
No		Reference			Reference	
Yes	-0.08	0.92 (0.54–1.56)	0.768	0.15	1.16 (0.60–2.26)	0.648
Preoperative						
Hemoglobin (g/L)	-0.01	0.99 (0.98–1.00)	0.215	0.0001	1.00 (0.98–1.02)	0.991
Platelet (×10 ⁹ /L)	0.001	1.001 (0.999–1.004)	0.355	0.0006	1.001 (0.997–1.004)	0.712
Neutrophils (×10 ⁹ /L)	0.17	1.18 (1.02–1.38)	0.034			
Lymphocytes (×10 ⁹ /L)	-0.05	0.95 (0.62–1.47)	0.830			
INR	0.83	2.29 (0.47–16.34)	0.340	0.44	1.546 (0.27–14.20)	0.643
hsCRP (mg/L)	0.003	1.003 (0.996–1.012)	0.392	-0.003	0.997 (0.991–1.011)	0.513
T-Bil (µmol/L)	0.003	1.003 (1.000–1.005)	0.042	0.001	1.001 (0.997–1.004)	0.719
ALT (U/L)	0.001	1.001 (0.998–1.003)	0.575	-0.002	0.998 (0.995–1.002)	0.342
LDH (U/L)	0.01	1.007 (1.001–1.012)	0.022	0.01	1.005 (0.998–1.013)	0.148
ALP (U/L)	0.001	1.001 (1.000–1.003)	0.021	0.001	1.001 (0.999–1.003)	0.309
CHE (U/L)	0.0001	0.9999 (0.9998–1.0000)	0.220	0.0001	1.0001 (0.9999–1.0003)	0.238
Albumin (g/L)	-0.04	0.96 (0.91–1.00)	0.080			
PLR	0.001	1.001 (0.999–1.004)	0.375			
NLR	0.10	1.10 (0.99–1.25)	0.110			
ANS						
0		Reference			Reference	
1	0.80	2.22 (1.21–4.12)	0.011	0.76	2.14 (1.05–4.43)	0.038
2	1.06	2.90 (1.44–5.98)	0.003	1.04	2.84 (1.08–7.65)	0.035
Approach method						
Total laparoscopy		Reference			Reference	
Open	1.16	3.20 (1.74–6.04)	<0.001	1.08	2.94 (1.45–6.16)	0.003
Conversion to laparotomy	0.11	1.11 (0.41–2.92)	0.832	-0.08	0.92 (0.28–2.87)	0.889

Table 4 (continued)

Table 4 (continued)

	Uni	variable logistic regression	Full mu	Iltivariable logistic regressior	ו	
	β coefficient	OR (95% CI)	Р	β coefficient	OR (95% CI)	Р
Estimated blood loss (mL)	0.0002	1.0001 (0.9996–1.0008)	0.570	0.0004	1.0003 (0.9996–1.0011)	0.352
Intraoperative transfusion						
No		Reference			Reference	
Yes	0.24	1.28 (0.72–2.27)	0.405	0.03	1.03 (0.44–2.43)	0.943
Total fluid	0.00003	0.9999 (0.9997–1.0003)	0.831			
Total crystalloid	0.000004	1.0000 (0.9996–1.0004)	0.981			
Total colloid	0.0001	1.000 (0.999–1.001)	0.816			
Intraoperative infusion rate [mL/(kg×h)]	-0.12	0.89 (0.82–0.97)	0.007	-0.13	0.88 (0.76–1.00)	0.063
Intraoperative urine (mL)	0.001	1.001 (1.000–1.002)	0.036			
Operation time (min)	0.004	1.004 (1.000–1.007)	0.037	0.003	1.003 (0.998–1.008)	0.217

Complication was defined as a Clavien-Dindo classification grade II or higher complication. OR, odds ratio; CI, confidence interval; ASA status, the American Society of Anesthesiologists physical status; INR, international normalized ratio; hsCRP, high-sensitivity C-reactive protein; T-Bil, total bilirubin; ALT, alanine aminotransferase; LDH, lactic dehydrogenase; ALP, alkaline phosphatase; CHE, cholinesterase; PLR, platelet-to-lymphocyte ratio; NLR, neutrophil-to-lymphocyte ratio; ANS, albumin/NLR score.

Table 5 Risk factors for postoperative complication derived from AIC-based multivariable logistic regression

		Model 1				
	β coefficient	OR (95% CI)	Р	β coefficient	OR (95% CI)	Р
Age (years)	0.02	1.02 (1.00–1.05)	0.089		NA	NA
Preoperative LDH (U/L)	0.01	1.007 (1.001–1.013)	0.025	0.01	1.006 (1.000–1.012)	0.061
ANS						
0		NA	NA		Reference	
1		NA	NA	0.70	2.02 (1.04–3.95)	0.038
2		NA	NA	0.99	2.69 (1.27–5.84)	0.011
Approach method						
Total laparoscopy		Reference			Reference	
Open	1.13	3.08 (1.63–5.96)	<0.001	1.04	2.82 (1.48–5.48)	0.002
Conversion to laparotomy	0.08	1.09 (0.36–3.13)	0.880	0.05	1.05 (0.35–3.07)	0.928
Estimated blood loss (mL)	0.001	1.0005 (0.9999–1.0011)	0.109		NA	NA
Intraoperative infusion rate [mL/(kg×h)]	-0.14	0.87 (0.79–0.96)	0.005	-0.09	0.91 (0.83–1.00)	0.045
Operation time (min)		NA	NA	0.003	1.003 (0.999–1.007)	0.111

OR, odds ratio; CI, confidence interval; AIC, Akaike information criterion; LDH, lactic dehydrogenase; ANS, albumin/NLR score.

A	Points	0 	10)	20	30	40		<mark>60</mark>	70	0	80	90	100
	Conver Approach method	sion to	laparot	omy		,								
	Total L	aparo	scopy			Ope	en							
	Age	15	25	35	45	55 6	5 75	85						
	LDH	50	10	0	150	200	250	300	350)	400	450		
	EBL	0	500	1000	1500	2000	2500	3000 3	500 4000	D				
	Intraoperative infusion rate	26	24	22	20	18	16	14	12	10	8	6	4	2
	Total Points	Г 0	20	40	60		100	120	140	160	180	200	220	 240
	Postopeative complication rate				0.05	0.1	0.	2 0.3	0.4 0.5	0.6	0.7	0.8	0.9	
В	Points	0	10		20	30	40	50	60	70	8	30 <u>9</u>	90	100
Approach method														
	Total	aparot	cop,			1	00							
	ANS	0					2							
	LDH	50	1	100	150	2	200	250	300		350	400	1	450
	Operation time	150	200	250	300 3	350 400	0 450	500	550					
	Intraoperative infusion rate	26	24	22	20	18	16	14	12	10	8	6	4	2
	Total Points	, 0		50		100	, , ,	150		200		250	· · ·	300
	Postopeative complication rate			0.05	0.1	0.	2 0.3	0.4	0.5 0.6	0.7	0.8	0.	9	

Figure 1 Nomograms derived from the AIC-based multivariate analyses. (A) The nomogram without ANS; (B) The nomogram incorporating ANS. AIC, Akaike information criterion; LDH, lactic dehydrogenase; EBL, estimated blood loss; ANS, albumin/NLR score.

Discussion

This study demonstrated that ANS had the highest predictive value for postoperative complications after PD among the 15 parameters. In addition, ANS was found to be an independent risk factor for postoperative complications in a multivariable logistic regression analysis. Combining ANS with other perioperative variables, this study further constructed a nomogram to predict postoperative complications, which showing good discrimination and good calibration. This applicable nomogram could be used to identify individuals at risk of postoperative complications, facilitating physicians' decision-making.

Previous studies showed that a couple of systemic inflammatory markers could be employed as predictive factor for complications after different surgeries (14,17,18).





B= 1000 repetitions, boot Mean absolute error =0.023 n=223

Figure 2 Calibration curves of the nomograms without ANS (A) and with ANS (B). Decision curves of the nomograms (C). ANS, albumin/ NLR score.

However, the cut-off values for the inflammatory markers varied among different studies, hampering their clinical applications. In addition, there is limited evidence that compared different inflammatory markers in terms of predictive values for postoperative complications after PD. In this study, ANS exhibited the highest AUC value (0.616) for predicting complications among 15 candidate parameters acquired from routine preoperative examination (*Table 2*). One rational explanation is that ANS is made up of albumin and NLR, representing the inflammatory response of liver and lymphoid tissue, respectively. Thus, ANS magnifies the predictive value of inflammatory markers for complications. In addition, the AUC value of NLR was higher than PLR in the present study, which was consistent with a previous study showing that NLR was a significant predictor of severe postoperative complications after PD, rather than PLR and PNI (16). This could be interpreted by the fact that neutrophilia has a faster response to changes than thrombocytosis (32). What's more, T-Bil had the third high value (0.592) for predicting complications (*Table 2*). For those who suffer from periampullary tumor, obstructive jaundice is the most common symptom causing hyperbilirubinemia. Previous studies showed that hyperbilirubinemia could increase overall postoperative complications after PD (33,34), which could explain the results in the present study.

In this study, the preoperative ANS was found to be independent risk factors for postoperative complications after PD. Subsequently, incorporating ANS into the AICbased multivariable analysis contributed to the increase C-index of 0.725, compare to 0.710 excluding ANS in the multivariable analysis. What's more, the result of calibration curve as well as NRI indicated that using ANS could significantly improve the predictive ability of the nomogram for postoperative complications. It is wellknown that Albumin exerts an important role in maintaining stable plasma colloid osmotic pressure and combining with many substances as a transport protein (35). Preoperative hypoalbuminemia is usually related to poor nutritional status and is found to be an independent risk factor for increased mortality and morbidity in patients (36,37). On the other hand, previous studies have shown that an elevated NLR is associated with increased morbidity or mortality of patients with different diseases (16,17,32,38). An increased NLR indicates an imbalance between the innate and adaptive immune systems, causing increased proinflammatory cytokine systemically (39). Even though the potential mechanisms between inflammation and complications remain unclear, but these findings in the present study demonstrated that ANS can be employed as an independent predictive factor for complications after PD.

Apart from the ANS, LDH was also incorporated into the nomograms through AIC-based multivariable logistic regression in the present study. The elevation of preoperative LDH has been demonstrated to be a prognostic factor for the prognosis of patients with pancreatic ductal adenocarcinoma after PD (40). In addition, LDH is a nonspecific inflammatory biomarker, which has been shown to be a powerful predictor for pneumonia with different causes (41-43). In this study, pneumonia is one of the most common complications with the third highest rate 13.0%, which could partially explain the result that LDH is an independent factor for postoperative complications after PD. Further study is pending to study the association between preoperative LDH and postoperative pneumonia after PD.

In addition to ANS, approach method was found to be another significant risk factor for postoperative complication after PD in this study (*Table 4*). All of the Whipple PDs in this study were performed by the same surgeon who has performed >100 PDs over the previous 3 years before 2014 and therefore, was considered to be beyond the learning curve, which was recorded in a multicenter analysis (13). Laparoscopic PD is being increasingly used worldwide. In this study, there was a rising tendency that choosing total laparoscopy as the approach method (Figure S1). Comparisons for the risk of complications between laparoscopic and open PD differs among different studies. While some studies have reported higher rates of complications after laparoscopic PD relative to open PD (44-46), several other studies have shown the opposite results (47,48). In this study, compared to those with laparotomy, patients underwent total laparoscopy had significant lower complication rate (39.6% vs. 67.7%; P<0.001). It could be partially explained by the fact that high-volume center and surgeon experiencing in minimally invasive surgery were reported to associated with lower risk of complication after laparoscopic PD (13). In addition, laparoscopic PD is applied routinely for periampullary lesions in our hospital, apart from some reasons (included large lesions, serious local inflammatory adhesions) leading to difficulty in minimally invasive surgery. This could result in lower incidence of complications after laparoscopic PD.

In order to evaluate the clinical utility of the nomograms in decision-making, the DCA for both nomograms were employed. The DCA showed that both nomograms were useful to predict postoperative complications after PD. More importantly, the nomogram incorporating ANS had higher net benefit compared to the one without ANS. This result indicated that combing inflammatory marker with other risk factors could improve patient outcomes based on nomogram-assisted decision.

There are several limitations in this study. Firstly, nomograms were constructed based on a retrospective study of medical records from a single institution. It is necessary to carry out prospective multicenter study to verify the results of this study. Secondly, the number of patients included in the study is relatively small, which could cause limited statistical power. In future studies, we will increase the sample volume to verify our predictive model.

Conclusions

In the present study, the preoperative ANS was found to be the most predictive systemic inflammatory marker for postoperative complications after PD. The nomogram with the ANS was built and shown to have better accuracy and superior clinical benefit for predicting postoperative complications, compared to the one without ANS. This nomogram could be applied to the informed consent process before PD and may facilitate physicians' decisionmaking.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by institutional ethics committee of Sun Yat-Sen Memorial Hospital (NO. SYSEC-KY-KS-2020-186) and individual consent for this retrospective analysis was waived.

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Table S1 Complications stratified by approach method

	Total laparoscopy (n=139)	Open (n=65)	Conversion to laparotomy (n=19)
Pancreatic fistula	18 (12.9%)	18 (27.7%)	2 (10.5%)
Biochemical fistula	2	2	1
Grade B	14	13	1
Grade C	2	3	0
Delayed gastric emptying	8 (5.8%)	10 (15.4%)	3 (15.8%)
Grade A	1	3	1
Grade B	4	1	1
Grade C	3	6	1
Bile leakage	6 (4.3%)	6 (9.2%)	2 (10.5%)
Postoperative bleeding	11 (7.9%)	7 (10.8%)	2 (10.5%)
Grade B	5	4	2
Grade C	6	3	0
Gastrointestinal anastomotic obstruction	1 (0.7%)	0 (0%)	1 (5.3%)
Wound infection	0 (0%)	1 (1.5%)	0 (0%)
Wound dehiscence	1 (0.7%)	0 (0%)	0 (0%)
Abdominal infection	18 (12.9%)	16 (24.6%)	2 (10.5%)
Sepsis	4 (2.9%)	2 (3.1%)	1 (5.3%)
Pneumonia	17 (12.2%)	10 (15.4%)	2 (10.5%)
Urinary tract infection	1 (0.7%)	1 (1.5%)	0 (0%)
Acute heart failure	1 (0.7%)	1 (1.5%)	0 (0%)
Acute liver failure	2 (1.4%)	0 (0%)	0 (0%)

Complication was defined as a Clavien-Dindo classification grade II or higher complication.



Figure S1 Approach methods over time.