



# MicroRNA-30d target TIMP3 induces pituitary tumor cell growth and invasion

Bowen Sun<sup>1</sup>, Congxin Dai<sup>1</sup>, Shangfeng Zhao<sup>1</sup>, Hao Dong<sup>1</sup>, Haocheng Liu<sup>1</sup>, Yong Li<sup>1</sup>, Renzhi Wang<sup>2</sup>, Jun Kang<sup>1</sup>

<sup>1</sup>Department of Neurosurgery, Affiliated Beijing Tongren Hospital, Capital Medical University, Beijing, China; <sup>2</sup>Department of Neurosurgery, Peking Union Medical College Hospital, Chinese Academy of Medical Sciences, Peking Union Medical College, Beijing, China

**Contributions:** (I) Conception and design: J Kang, B Sun; (II) Administrative support: C Dai; (III) Provision of study materials or patients: J Kang, R Wang; (IV) Collection and assembly of data: H Dong, H Liu, S Zhao, Y Li; (V) Data analysis and interpretation: B Sun, Y Li; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

**Correspondence to:** Jun Kang. Department of Neurosurgery, Affiliated Beijing Tongren Hospital, Capital Medical University, Beijing 100730, China. Email: kangjuntr@163.com.

**Background:** As one of the most common intracranial tumors, pituitary adenomas, especially the Cushing's disease subtype, have been studied for many years. However, at present, effective methods for the early diagnosis of pituitary adenomas are very limited, especially for subtypes such as Cushing's disease. Therefore, it is of urgent importance to find effective molecular targets to develop new diagnostic and therapeutic methods for pituitary adenomas.

**Methods:** We showed the abnormally high expression of miR-30d in pituitary adenomas by analyzing data in the Gene Expression Omnibus (GEO) database and revealed a novel molecular mechanism of miR-30d in regulating the proliferation and invasion of a pituitary adenoma cell line (AtT-20). Cell culture and transfection, and RNA interference (RNAi) were used to treat AtT-20 cells to test the effects of miR-30d and TIMP3 on cells. Quantitative polymerase chain reaction (qPCR) was used to determine the messenger RNA (mRNA) expressions. We used 3-(4,5-diphenyltetrazolium bromide) (MTT) to determine cell viabilities. An invasion assay was performed using Transwell chambers. Luciferase activity was tested with a dual-luciferase assay.

**Results:** We found that the expression of miR-30d in pituitary adenoma was higher than that in normal pituitary tissues. It was revealed that miR-30d promoted the proliferation and invasion of AtT-20 cells by inhibiting the expression of TIMP3. In the above process, miR-30d could bind to the 3'-untranslated region (3'-UTR) of TIMP3 mRNA.

**Conclusions:** The miR-30d/TIMP3 signaling pathway plays an important regulatory role in pituitary adenomas. These new discoveries may reveal more functions of miR-30d and lay the foundation for future clinical development of new drug targets.

**Keywords:** miR-30d; TIMP3; invasion; pituitary adenoma

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## Introduction

The annual incidence of pituitary adenoma, one of the most common intracranial tumors, is as high as 16.7%. Approximately 10% of pituitary adenomas behave aggressively and 0.2% metastasize, being classified as pituitary carcinomas, which can lead to long hospital stays

and serious endocrine symptoms. Pituitary adenomas are divided into subtypes including prolactin (PRL) adenoma, adrenocorticotrophic hormone adenoma (Cushing's disease), growth hormone (GH) adenoma, thyroid stimulating hormone (TSH) adenoma, gonadotrophic hormone adenoma (PGA), and mixed hormone secreting adenoma (1-3).

Among them, Cushing's disease accounts for approximately 14% of all pituitary adenomas and is recognized as the most difficult pituitary adenoma subtype in terms of current diagnosis and treatment. Cushing's disease can cause extensive damage to various bodily systems and organs, resulting in complicated diagnosis and treatment, and requiring multi-departmental cooperation. Since its discovery and naming nearly 100 years ago, the diagnosis, operative difficulty, and high recurrence rate after operation have persistently posed significant challenges. Therefore, it is necessary to explore the molecular pathogenesis of pituitary adenomas and find effective molecular targets for early clinical diagnosis, as well as follow-up treatment.

MicroRNAs (miRNAs) are important gene expression regulators that consist of approximately 16–29 nucleotides and always bind to the 3'-untranslated regions (3'-UTRs) of target messenger RNAs (mRNAs), causing degradation of mRNAs, and resulting in the prevention of protein translation. This regulatory process plays an important role in the course of the occurrence and development of various diseases (4-6). With the development of sequencing technology, numerous miRNAs have been found. Through studies of leukemia, lung cancer, breast cancer, thyroid cancer, insulinoma, ovarian cancer, and pituitary adenoma, it has been confirmed that miRNAs can regulate cell proliferation, cell differentiation, cell death, and tumorigenesis, with differences in expression observed in the normal group compared to the disease group (7-19). Due to the significant differences in the expression of miRNAs in patients and their various functions, miRNAs are expected to become new targets for the diagnosis and treatment of various diseases.

In our previous studies, TIMP3 mRNA and protein expression were reduced in all types of pituitary adenomas compared to adjacent non-tumorous pituitary tissues. The expression of TIMP3 was significantly correlated with Ki-67 expression and the invasiveness of pituitary adenomas (20). We showed the abnormally high expression of miR-30d in pituitary adenomas by analyzing data in the Gene Expression Omnibus (GEO) database. Through TargetScan Human 7.0 ([http://www.targetscan.org/vert\\_70/](http://www.targetscan.org/vert_70/)), TIMP3 was identified as the direct target of miR-30d. Therefore, we posited that TIMP3 is regulated by miRNA-30d and participates in pituitary tumor growth. However, its potential mechanism has not been fully clarified.

In this article, we aimed to find a new miRNA related to the occurrence and development of pituitary adenomas and attempted to reveal the underlying molecular regulatory

mechanism to provide a theoretical basis for its clinical application as a molecular target. We present the following article in accordance with the MDAR reporting checklist (available at <https://dx.doi.org/10.21037/gS-21-720>).

## Methods

### *Participants and tissue samples*

Specimens were obtained from patients undergoing surgery in the Department of Neurosurgery of Beijing Union Medical College Hospital. In total, 3 normal pituitary glands were obtained from autopsy patients with no history of endocrine abnormality. Their families signed the informed consent form. None of these cases had a recognized pituitary disease, and their pituitaries exhibited a normal gland appearance. Tissue samples were immediately frozen in liquid nitrogen at the time of surgery and stored at  $-70^{\circ}\text{C}$  until RNA was extracted. A section of the tumor tissue was fixed in 10% formalin, paraffin embedded, and used for immunohistochemistry (IHC). Finally, informed consent for the present study was provided by all participants, and the present study was approved by the Research Ethics Committee of Beijing Tongren Hospital (No. TRECKY2018-012). The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

### *Cell culture and transfection*

The mouse pituitary adenoma cell line AtT-20 used in this study was purchased from American Type Culture Collection (ATCC, Manassas, VA, USA; CCL-89<sup>TM</sup>). The cells were seeded in F-12K medium (Gibco, Waltham, MA, USA) supplemented with 10% fetal bovine serum (FBS; Gibco) and maintained at  $37^{\circ}\text{C}$  in humidified air with 5%  $\text{CO}_2$ .

For transfection experiments, the AtT-20 cells were cultured in growth medium without antibiotics to 80% confluence and then transfected using a transfection reagent (Lipofectamine 3000, Thermo Fisher Scientific, Waltham, MA, USA) according to the manufacturer's instructions. The miR-30d mimic (cat. no. miR10000245-1-5), the negative control (NC) of the miR-30d mimic (NC miR-30d mimic; cat. no. miR01201-1-5), miR-30d inhibitor (cat. no. miR20000245-1-5), and inhibitor NC (cat. no. miR2N0000001-1-5) were purchased from Guangzhou RiboBio Co. (Guangzhou, China). After incubation for 6 h, the medium was removed and replaced with normal culture medium for 24 h.

**Table 1** Primers for the PCR analysis

Gene symbol	Primer F	Primer R
U6	CTCGCTTCGGCAGCACA	AACGCTTCACGAATTTGCGT
miR-30d	CTCAACTGGTGTCTGGAG	TCGGCAGGCGGGGATGTTTACA
GAPDH	GACAGGATGCAGAAGGAGATTACT	TGATCCACATCTGCTGGAAGGT
MMP3	CCAGGTGTGGAGTTCCTGAT	GGAGTCACCTCTCCAGAC
MMP9	GACAAGCTCTTCGGCTTCTG	CAAAGTTCGAGGTGGTAGCG
ADAM17	GCATGGATTCTGCATCGGTT	CCATTCTCTGGTGGTCCAGT
TIMP3	ATGTACCGAGGCTTCAACAA	CTCTCCACGAAGTTGCACAG

PCR, polymerase chain reaction.

### **Reverse-transcription polymerase chain reaction (RT-PCR) and quantitative real-time PCR (qRT-PCR)**

Total RNA was isolated from cells using TRIzol reagent (Invitrogen, Carlsbad, CA, USA), and 2 µg of each sample was reverse transcribed using M-MLV reverse transcriptase (Promega, Madison, WI, USA). Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was used as an internal control to show equal loading of the complementary DNA (cDNA) samples. Quantitative real-time polymerase chain reaction (qRT-PCR) was performed in an Applied Biosystems Step One Real-Time PCR System (Applied Biosystems, Waltham, MA, USA). The Fast SYBR® Green Master Mix was obtained from Applied Biosystems. Data were shown as the relative expression level after normalization to GAPDH expression. Each test was repeated 3 times. The primers for the PCR analysis are listed in *Table 1*.

### **Western blotting**

The prepared proteins were separated by sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to nitrocellulose membranes. The membranes were immunoblotted with anti-TIMP3 (Abcam, ab39184), anti-MMP3 (Abcam, ab53015), anti-MMP9 (Abcam, ab38898), anti-ADAM17 (Abcam, ab2051), and anti-GAPDH (Proteintech, Rosemont, IL, USA; 10494-1-AP) antibodies overnight at 4 °C and then incubated with IRDye-800-conjugated anti-mouse and anti-rabbit secondary antibodies (Jackson ImmunoResearch Laboratories, West Grove, PA, USA) for 30 min at room temperature. The specific proteins were visualized by the Odyssey Infrared Imaging System (Gene Company Limited, Shanghai,

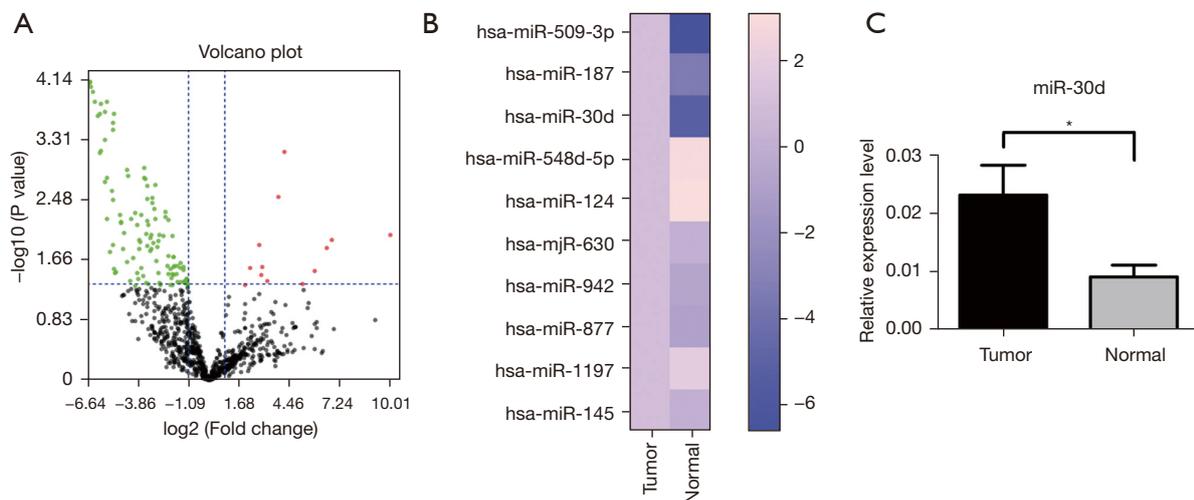
China). The expression of GAPDH was used as an internal control to show equal loading of the protein samples. Each test was repeated 3 times.

### **3-(4,5-diphenyltetrazolium bromide) assay**

Each cell group was plated into 96-well plate with 500 cells per well. When the cells adhered to the wall, we used 15 µL 3-(4,5-diphenyltetrazolium bromide) (MTT; 5 mg/mL, Promega Corp., USA) was added to culture the cells for 4 h in incubator with 5% CO<sub>2</sub> at 37 °C. Then, 150 µL dimethyl sulfoxide (DMSO) was added and the 96-well plate was shaken for 10 min. A microplate reader (BioTek Instruments, Winooski, VT, USA) was used to measuring the light absorbance at 490 nm, and the cell proliferation in 72 h of each group was also detected. Each test was repeated 3 times.

### **Transwell invasion assay**

The invasion assay was performed using Transwell chambers (Corning Inc., Corning, NY, USA) with polycarbonate membranes (8.0 µm pore size) pre-coated with Matrigel (50 µL; Becton, Dickinson, and Co. Biosciences, Franklin Lakes, NJ, USA). A total of 2×10<sup>4</sup> cells were suspended in 200 µL fetal bovine serum (FBS)-free Dulbecco's modified Eagle medium (DMEM) and added to the upper chamber. The lower chamber was filled with 500 µL DMEM containing 10% FBS. Following incubation for 24 h, cells on the lower surface of the membrane were fixed in 4% paraformaldehyde and stained with 0.1% crystal violet. Cells in 5 random microscopic fields (magnification, ×20) were counted in triplicate.



**Figure 1** The expression of miR-30d in pituitary adenoma was higher than that in normal pituitary tissues. High-throughput sequencing data of tumor tissues from pituitary adenoma participants were compared with those of normal pituitary tissues for which data sets were retrieved from the GEO database (GSE46294), and the data were generated as a volcano plot (A) and heat map (B). The expression of miR-30d in pituitary adenoma and normal pituitary tissues (\*,  $P < 0.05$ ) (C). GEO, Gene Expression Omnibus.

### *Luciferase constructs, site-directed mutagenesis, and luciferase assay*

The pmirGLO-TIMP3-WT, the fragment containing the TIMP3 3'-UTR, was ligated into the pmirGLO vector. The pmirGLO-TIMP3-Mut plasmid contained a mutated binding site of miR-30d (TGTAACA to CAACCCTT). Then, cos-7 cells ( $2 \times 10^5$ /well) were transfected with miR-30d mimics or its respective negative control RNA (RiboBio) in combination with pmirGLO-TIMP3-WT or pmirGLO-TIMP3-Mut. After 48 h, a dual-luciferase assay system (Promega) was used to test luciferase activity.

### *Statistical analysis*

Data were expressed as the mean  $\pm$  standard error (SE), accompanied by the number of experiments performed independently, and were analyzed by the *t*-test. Differences at  $P < 0.05$  were considered statistically significant.

## **Results**

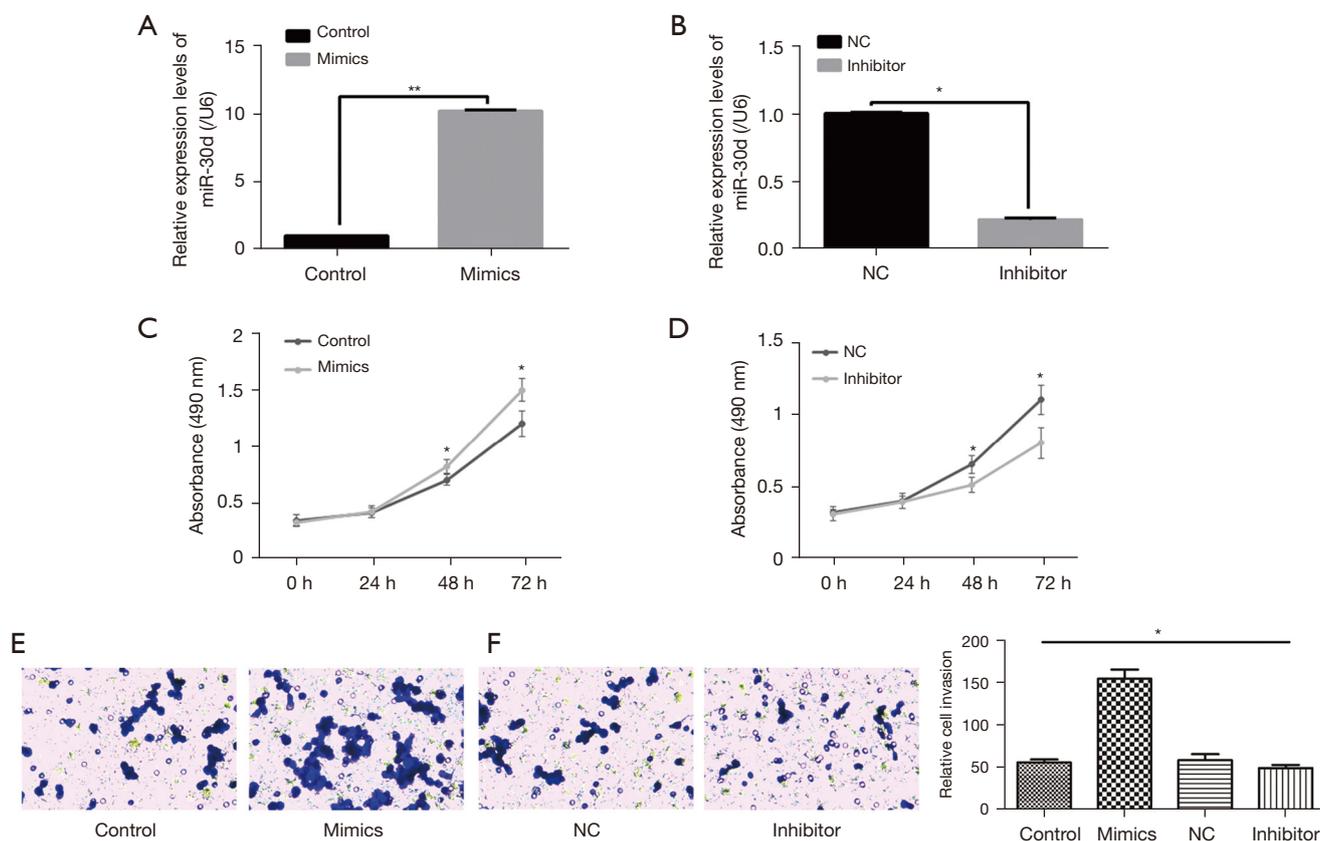
### *The expression of miR-30d in pituitary adenoma was higher than that in normal pituitary tissues*

A volcano plot was generated to elucidate the temporal pattern of miRNA changes between Cushing patients and patients with normal pituitary glands, the miRNA

expression level changes (Figure 1A). Among them, the expression level of miR-30d increased approximately 4-fold compared to the control, and the related data were plotted in a heat map (Figure 1B). The expression of miR-30d in pituitary adenoma was higher compared to that of normal pituitary tissues (Figure 1C).

### *Silencing of miR-30d could inhibit AtT-20 cell proliferation and invasion*

To further explore the function of miR-30d in pituitary adenomas, miR-30d mimics and an miR-30d inhibitor were used for additional experiments (Figure 2A, 2B). First, an MTT assay was used to detect whether miR-30d could regulate the proliferation of AtT-20 cells. The results showed that there was no significant change in the proliferation of AtT-20 cells regardless of whether miR-30d was overexpressed or silenced within 24 h, compared with the control group. However, after 48 h, overexpression of miR-30d significantly promoted the proliferation of AtT-20 cells, and silencing of miR-30d had the opposite effect (Figure 2C, 2D). Subsequently, a Transwell assay was used to detect the effect of miR-30d on the invasive ability of AtT-20 cells. The results showed that when miR-30d was overexpressed for 24 h, the invasive ability of AtT-20 cells was significantly enhanced (Figure 2E), and when miR-30d was silenced, AtT-20 cell invasion was



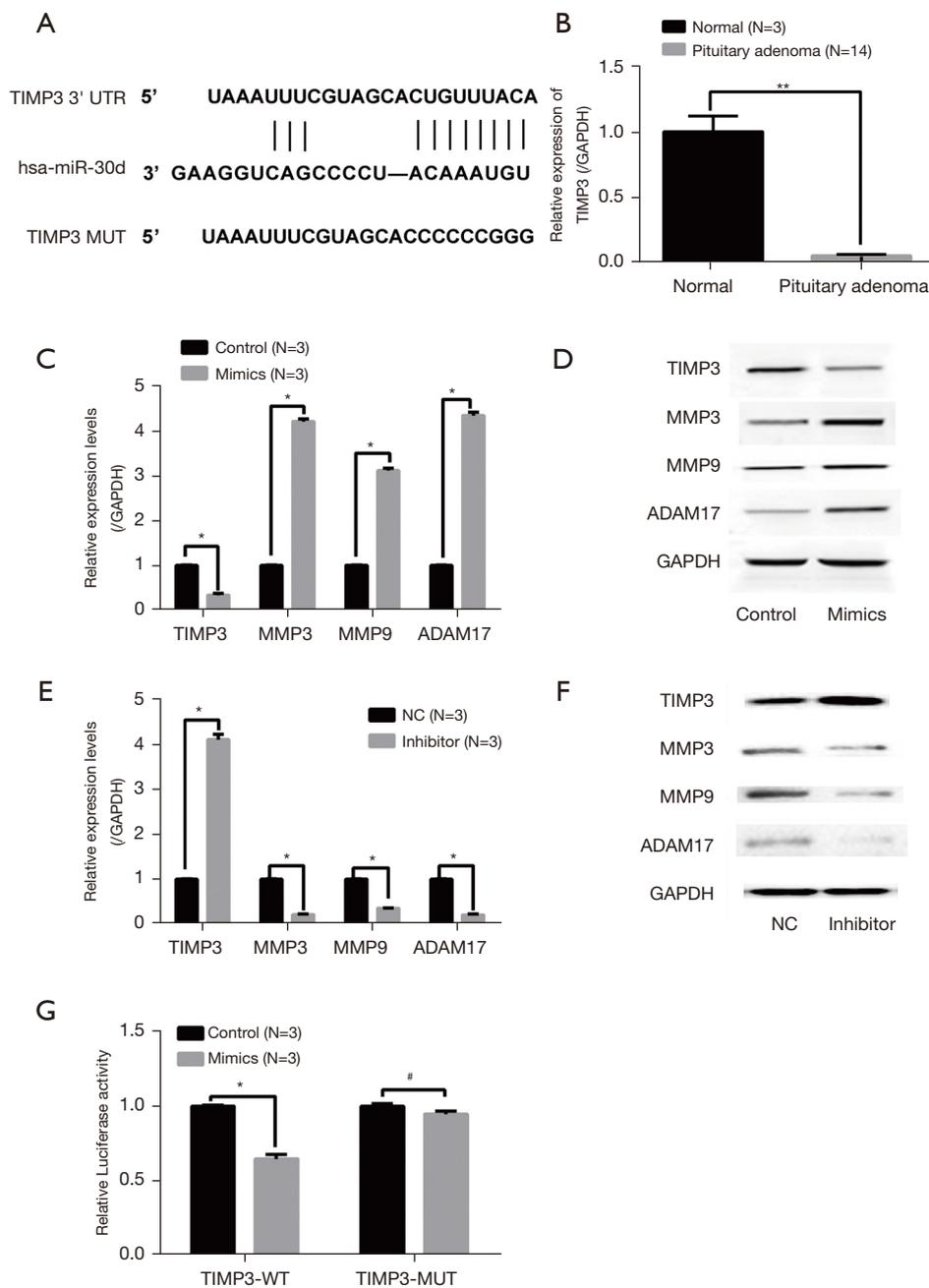
**Figure 2** Silencing of miR-30d could inhibit AtT-20 cell proliferation and invasion. (A,B) qRT-PCR was used to determine the expression of miR-30d after transfection with miR-30d mimics or inhibitor ( $n=3$ , \*,  $P<0.05$ ; \*\*,  $P<0.01$  compared with the normal control). (C,D) An MTT assay was used to determine the proliferation of AtT-20 cells after transfection with the miR-30d mimic or inhibitor ( $n=3$ , \*,  $P<0.05$  compared with the normal control). (E,F) The transwell assay was used to determine the invasion of AtT-20 cells with miR-30d overexpression or silencing (hematoxylin staining  $\times 200$ ). qRT-PCR, quantitative reverse transcription polymerase chain reaction; MTT, 3-(4,5-diphenyltetrazolium bromide).

significantly decreased (Figure 2F). These data preliminarily demonstrated that miR-30d could promote pituitary adenoma cell proliferation and invasion.

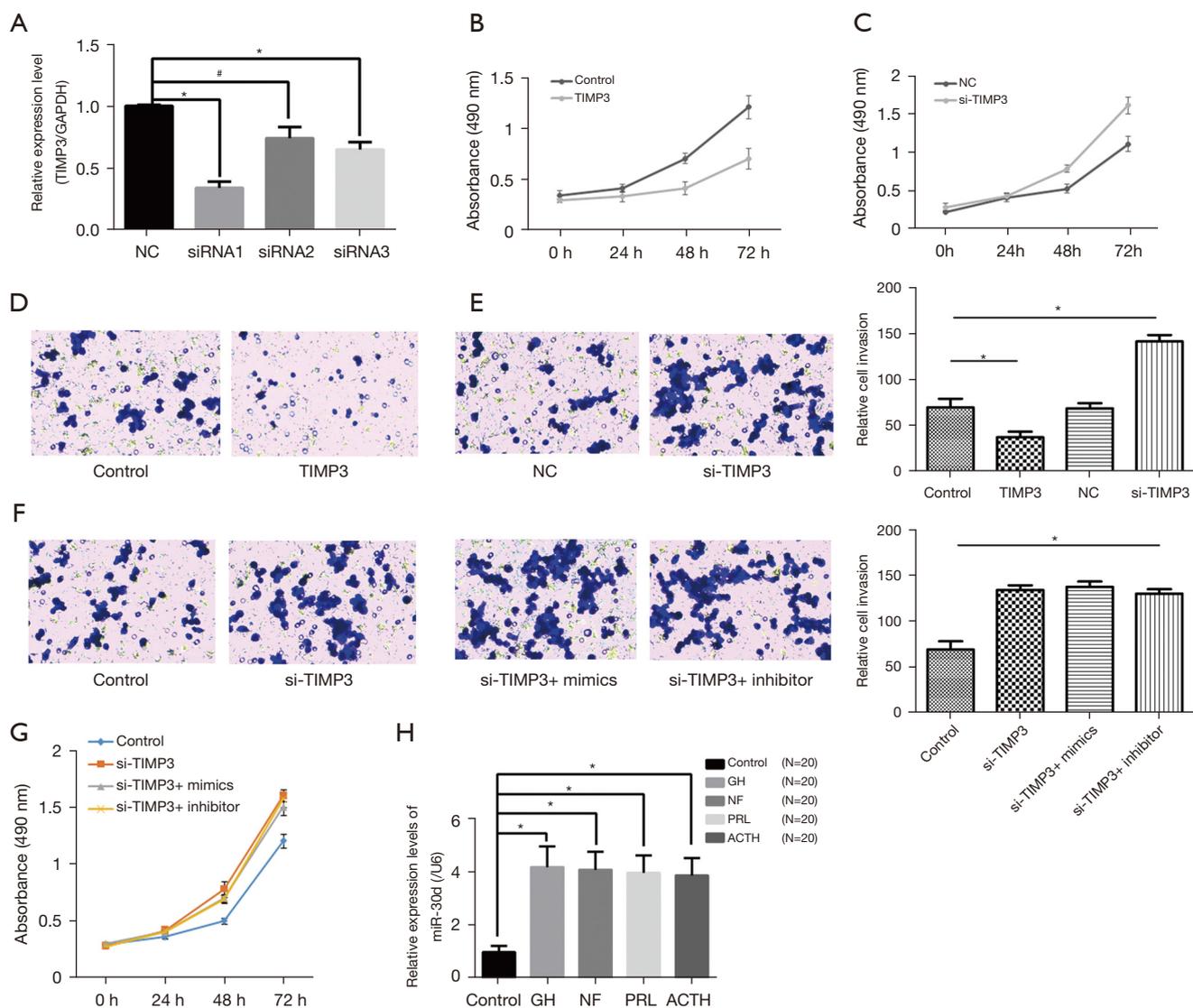
#### *MiR-30d could inhibit TIMP3 expression by binding to the 3'-UTR of TIMP3 mRNA*

To explore the molecular mechanism of miR-30d in regulating pituitary adenoma cell invasion, we analyzed potential downstream targets of miR-30d by TargetScan. We found that TIMP3 was a predicted target of miR-30d (Figure 3A). Then, we detected the expression of TIMP3 in normal human pituitary ( $n=3$ ) and pituitary adenoma ( $n=14$ ) tissues by real-time RT-PCR. The results confirmed that the expression of TIMP3 in pituitary adenomas was

significantly decreased (Figure 3B). To further confirm our prediction, the expression changes in TIMP3 and in genes associated with the TIMP3 pathway were detected in AtT-20 cells overexpressing miR-30d. The real-time RT-PCR and western blot results confirmed that when miR-30d was up-regulated, the expression of TIMP3 and its related genes was inhibited, both at the mRNA and protein levels (Figure 3C,3D). Consistent with previous results, the expression of TIMP3 and its related genes was up-regulated when miR-30d was silenced (Figure 3E,3F). Finally, we analyzed the molecular mechanism of miR-30d in regulating TIMP3, and the luciferase assay results confirmed our predictions that miR-30d regulated the expression of TIMP3 by binding to the 3'-UTR of TIMP3 mRNA (Figure 3G).



**Figure 3** MiR-30d could inhibit TIMP3 expression by binding to the 3'-UTR of TIMP3 mRNA. (A) TIMP3 was predicted to be the target gene of miR-30d by TargetScan. (B) The expression of TIMP3 in normal human pituitary (n=3) and pituitary adenoma (n=14) tissues was detected by qRT-PCR (\*\*, P<0.01). (C-F) qRT-PCR and western blot were used to detect the expression of TIMP3 and its related downstream genes in AtT-20 cells with miR-30d overexpression or inhibition (n=3, \*, P<0.05). (G) The luciferase reporter gene assay was used to determine the binding sites of miR-30d and TIMP3 (n=3, \*, P<0.05; #, P>0.05 compared with the control). 3'-UTR, 3'-untranslated region; mRNA, messenger RNA; qRT-PCR, quantitative reverse transcription polymerase chain reaction.



**Figure 4** MiR-30d could promote AtT-20 cell proliferation and invasion via TIMP3. (A) Detection of the interference effects of different TIMP3 siRNAs (\*,  $P < 0.05$ ; #,  $P > 0.05$ ). (B,C) The MTT assay was used to determine the proliferation of AtT-20 cells after transfection with TIMP3 or siRNA-TIMP3. (D,E) The transwell assay was used to determine the invasion of AtT-20 cells with TIMP3 overexpression or silencing. (F,G) The Transwell assay and MTT assay were used to explore the effect of miR-30d on the proliferation and invasion of AtT-20 cells with TIMP3 silencing. (H) qRT-PCR was used to detect the expression of miR-30d in the peripheral blood of patients with different pituitary adenoma subtypes compared with normal subjects (\*,  $P < 0.05$ ) (hematoxylin staining  $\times 200$ ). siRNAs, small interfering RNAs; MTT, 3-(4,5-diphenyltetrazolium bromide); qRT-PCR, quantitative reverse transcription polymerase chain reaction.

#### *MiR-30d could promote AtT-20 cell proliferation and invasion via TIMP3*

As the function of TIMP3 in pituitary adenoma has remained unclear, we examined the effect of TIMP3 on the proliferation and invasion of AtT-20 cells. The results showed that TIMP3 could effectively inhibit the

proliferation and invasion of AtT-20 cells (Figure 4A-4E). Then, in AtT-20 cells with silenced TIMP3, miR-30d was overexpressed or silenced to detect cell proliferation and invasion. The results confirmed that miR-30d could not regulate the proliferation (Figure 4F) or invasion (Figure 4G) of AtT-20 cells with TIMP3 silencing. Finally,

we also examined the peripheral blood of patients with other subtypes of pituitary adenomas and found that the expression of miR-30d increased to varying degrees compared with that in normal participants (*Figure 4H*).

## Discussion

The correlation between pituitary adenoma and miRNAs was first studied in 2005. In 10 growth hormone (GH)-secreting and 10 prolactin (PRL)-secreting adenoma patients, the expression levels of miR-15a and miR-16-1 were significantly down-regulated (63% and 73%, respectively) compared with those in normal pituitary tissues and were negatively correlated with the diameters of the tumors (7). Subsequently, 29 miRNAs were identified and considered as biomarkers of histological classification for pituitary adenomas. For example, the miR-23 family was only highly expressed in GH and PRL adenomas, while the miR-30 family was highly expressed in gonadotropic adenomas, and miR-24-2 was only expressed at low levels in nonfunctional adenomas. Moreover, the expression profile of miR-140 could differentiate between nonfunctional microadenomas and large adenomas (9). However, there are still many controversies regarding whether miRNA-30d is an oncogene or a tumor suppressor gene in the tumorigenesis and development. In previous studies, miRNA-30d was shown to promote aggressive tumor progression by targeting lactate dehydrogenase A (LDHA) in gallbladder carcinoma (21), and that it can contribute to angiogenesis and tumor growth via the MYPT1/c-JUN/VEGFA pathway in prostate cancer (22). However, in other reports, results showed that up-regulated miRNA-30d can attenuate the effects of overexpressing POU3F3 on cancer cell proliferation, migration, and invasion in non-small cell lung cancer (23). Also, miR-30d functions as a tumor suppressor against tumor cell development in colorectal cancer (24). These results indicate that the occurrence and development of tumors is regulated by a variety of genes, and miRNA, as a micro-regulatory link in the signaling pathway, may play different functions in different types of benign and malignant tumors. Furthermore, an increasing number of studies have shown that there are a large number of miRNAs in the serum of both healthy people and patients. It is worth noting that miRNAs are stable in human peripheral blood. Based on this, significant differences in the expression of miRNAs in the serum of patients with malignant or benign tumors and healthy controls can be used as specific tumor markers

(25-27). In this study, we found abnormal expression of miR-30d in pituitary adenoma based on high-throughput sequencing data. Then, the expression of miR-30d in the peripheral blood of Cushing patients and patients with other subtypes of pituitary adenomas was detected by qRT-PCR. The results showed that the expression of miR-30d in the peripheral blood of patients with different subtypes of pituitary adenomas was significantly increased compared with that in normal controls. This further demonstrates the importance of miR-30d in the occurrence and development of pituitary adenomas.

We also explored the molecular regulatory mechanism of miR-30d in pituitary adenoma *in vitro* and identified a new pathway in which miR-30d could inhibit the migration and invasion of pituitary adenomas via TIMP3. Matrix metalloproteinases (MMPs) are a family of proteases that require zinc ions as co-factors, and can degrade the extracellular matrix in normal physiological processes, such as embryonic development, tissue and bone remodeling, and angiogenesis. Human tissue metalloproteinase inhibitor 3 (TIMP3) is a natural MMP inhibitor that has been shown to play an important role in many tumorigenesis processes. Previous studies have shown that TIMP3 expression is low in breast cancer, colorectal cancer, and prostate cancer, and the decrease in its expression level has been related to the poor prognosis of tumors (28-30). Moreover, high expression of TIMP3 could inhibit angiogenesis in colorectal cancer (31). These reports confirmed that TIMP3 could act as an important anticancer molecule in many kinds of tumors. Our previous studies showed that TIMP3 expression was significantly correlated with Ki-67 expression and the invasiveness of pituitary adenomas. The expression of TIMP3 mRNA and protein were reduced in all types of pituitary adenomas compared to adjacent non-tumorous pituitary tissues (20). In this study, we investigated its clinical significance in pituitary adenomas and confirmed that TIMP3 could inhibit the proliferation and migration of the pituitary adenoma cell line AtT-20. This indicated that TIMP3 might play an important role in the occurrence and development of pituitary adenomas as a tumor suppressor. We also confirmed that miR-30d targeted TIMP3 to regulate the proliferation and migration of pituitary adenoma cells. Therefore, miR-30d and TIMP3 have potential as important molecular markers to evaluate the invasiveness of pituitary adenomas.

Generally, serum miRNA detection has received increasing attention since its discovery because of its advantages of stability, specificity, minimal trauma,

repeatability, and simplicity. Serum miRNA detection has been used not only in research on highly malignant cancers but also in research on benign tumors such as pituitary adenomas. In this study, we found that the miR-30d/TIMP3 signaling pathway plays an important regulatory role in pituitary adenomas. The findings also provide a theoretical basis for future clinical applications.

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### Footnote

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*Conflicts of Interest:* All authors have completed the ICMJE uniform disclosure form (available at <https://dx.doi.org/10.21037/gs-21-720>). The authors have no conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. Informed consent for the present study was provided by all participants, and the present study was approved by the Research Ethics Committee of Beijing Tongren Hospital (No. TRECKY2018-012). The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

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