CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	page1/line1-2	title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	page3/line10	Key words
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	page2/line1-5	Abstract/paragraph1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	page2/line6-17, page3/line1-5	Abstract/paragraph2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	page3/line6-8	Abstract/paragraph3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	page3/line12-page4/line1	Introduction/paragraph4
Patient Information	5a	De-identified patient specific information	page4/line4	case presentation
	5b	Primary concerns and symptoms of the patient	page4/line4-5	case presentation
	5c	Medical, family, and psycho-social history including relevant genetic information	page4/line7-8	case presentation
	5d	Relevant past interventions with outcomes	N/A	NA
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	page4/line9-page5/line17	case presentation
Timeline	7	Historical and current information from this episode of care organized as a timeline	page7/line7-8	case presentation
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	page4/line11-page5/line17	case presentation
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A	NA
	8c	Diagnosis (including other diagnoses considered)	page6/line1	case presentation
	8d	Prognosis (such as staging in oncology) where applicable	page6/line1	case presentation
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	page6/line6-page7/line7	case presentation
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	page6/line6-9	case presentation
	9c	Changes in therapeutic intervention (with rationale)	N/A	NA

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	page6/line15-page7/line3	case presentation
	10b	Important follow-up diagnostic and other test results	page7/line7-8	case presentation
	10c	Intervention adherence and tolerability (How was this assessed?)	page10/line7-9	discussion/paragraph7
	10d	Adverse and unanticipated events	N/A	NA
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	page9/line3-page10/line7	discussion/paragraph6
	11b	Discussion of the relevant medical literature **with references**	page9/line3-page10/line10	discussion/paragraph6
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	page9/line3-page10/line10	discussion/paragraph6
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	page10/line12-15	discussion/paragraph7
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	NA
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

Article information: https://dx.doi.org/10.21037/gs-22-179
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.