



A narrative review of intrahepatic cholangiocarcinoma: a surgical curative option

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Background and Objective: Cholangiocarcinoma (CCA) is the second commonest primary liver malignancy. Nowadays, the only available treatment with curative intent of intrahepatic cholangiocarcinoma (iCCA) is surgical resection, with a 5-year overall survival (OS) of 25–40%. However, recurrence rate remains high. In this comprehensive review, we describe the newest surgical strategies for iCCA management, including vascular resection, the role of mini-invasive surgery, liver transplant, strategies for future liver remnant augmentation, and the role of neoadjuvant therapies.

Methods: A review of medical databases (PubMed, Scopus and Cochrane Database) was conducted selecting most relevant articles in English language without a specific timeframe.

Key Content and Findings: Multifocal presentation, vascular, perineural invasion, and lymph nodes involvement are associated with poor outcome. Prognostic factors are being investigated to improve therapeutic approach and outcomes. The role of lymph nodes dissection remains debated. Harvesting at least 6 lymph nodes is recommended to ensure accurate nodal staging. Liver transplantation (LT) recently represented a treatment option only in patients with unresectable early disease (≤ 2 cm).

Conclusions: Surgical resection remains the only potentially curative treatment for patients with CCA, but continue understanding in diagnosis, operative technique and chemotherapies are changing the landscape in the prognosis. Multicentric and randomized studies are necessities in the future research with the intent to personalize the treatments, improve patient selection for the resection and reduce recurrence rate.

Keywords: Cholangiocarcinoma (CCA); hepato-pancreatico-biliary surgery (HPB surgery); intrahepatic cholangiocarcinoma (iCCA); hepatic surgery

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Introduction

Intrahepatic cholangiocarcinoma (iCCA) is the second commonest hepatic malignancy, with a reported mortality

increasing in several areas of the world, likely due to increased prevalence of risk factors and improved cancer diagnosis and classification. The peak age of incidence for

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iCCA is the seventh decade and the disease affects both genders, with a slight male preponderance (1).

The pathogenesis of iCCA is linked to a multifactorial process characterized by genetics and environmental factors. Several risk factors are associated with the development of iCCA, including cirrhosis, hepatitis B and C, diabetes, metabolic syndrome, and alcohol excess.

In Eastern countries, parasitic infections (i.e., *Opisthorchis viverrini* and *Clonorchis sinensis*), congenital biliary cystic diseases and hepatolithiasis are involved in the disease.

Recently, novel risk factors are detected, such as asbestosis, nitrosamine-contaminated food, dioxins, and vinyl chlorides (2).

In 10–15% of cases jaundice is the presentation symptom of iCCA; biliary obstruction is often related to compression of the liver hilum by lymph nodes (LNs) or large mass compressing biliary tree.

Other frequent initial symptoms are abdominal pain, asthenia, and weight loss, acholia and/or pruritus (3).

When localized, potentially-resectable disease is diagnosed, surgery represent the treatment of choice. Nevertheless, in only 35% of patients, surgical resection is feasible at the time of diagnoses (4,5).

Five years survival rate is 30–40% in patients with a R0 surgical resection. Disease recurrence is the main factor affecting survival and was reported from 43% to 66% of patients (6–8).

Resectability of iCCA depends on several factors including tumour size, number of lesions, localization, vascular involvement, and LNs status. Assessment of surgical treatment requires specialized hepato-biliary multidisciplinary team (i.e., oncologists, surgeons, radiologists, and pathologists) to select the best treatment strategy.

Patient performance status and risk factors evaluation are pivotal and mandatory to select patients with adequate liver function reserve and to minimize peri-operative mortality (9).

In this review, we discuss the outcomes of surgery for iCCA and explore the treatment procedures that may improve the prognosis. We present this article in accordance with the Narrative Review reporting checklist (available at <https://cco.amegroups.com/article/view/10.21037/cco-22-85/rc>).

Methods

A literature review of the published literature focused on the surgical aspects of iCCA was carried out on the 14th of

February 2023.

A search of the PubMed, Scopus and Cochrane Database was conducted using the following terms: (“intrahepatic cholangiocarcinoma”) AND (“liver transplantation” or “surgery” or “resection” or “laparoscopic” or “robotic” or “neoadjuvant” or “epidemiology” or “diagnosis”).

The qualitative review included a priori search criteria of journal articles among adult (age ≥ 18 years) human patients; studies were limited to the English language. Published reports were excluded in the following cases: (I) data on animal models; (II) overlapping data; (III) lacked sufficient clinical details.

Studies originating from the same centres were analysed and overlapping of clinical cases was taken into account.

Following the review of the full text from eligible studies, two independent authors (FM and RAN) performed the data extraction and cross-checked all outcomes. During the selection of articles and extraction of the data, potential discrepancies were resolved with the consensus of a third reviewer (MG).

Epidemiology

Cholangiocarcinoma (CCA) are a group of malignancies arising from the biliary epithelium and represent at least 3% of all gastrointestinal malignancies.

CCA is classified on the anatomical site of origin: intrahepatic; perihilar and distal CCA. This review will focus on iCCA. iCCA origin from the second order bile ducts (10), and comprises approximately 10% of primitive liver cancers, the second disease after hepatocellular carcinoma (HCC) (1).

In this review the authors will focus on the management of iCCA and in *Figure 1* we summarized the treatment algorithm.

Diagnostic assessment

Carefully preoperative staging, CT-scan based, should be aimed with the aim of facilitating clinical detection of distant metastasis and assessment of tumour local extension.

In the evaluation of patients presented with signs and symptoms of biliary obstruction a resonance cholangiopancreatography (MRCP) is the imaging modality of choice.

Fluorodeoxyglucose positron emission tomography (FDG-PET) imaging should be considered when evaluating newly diagnosed biliary malignancy, to identify distant

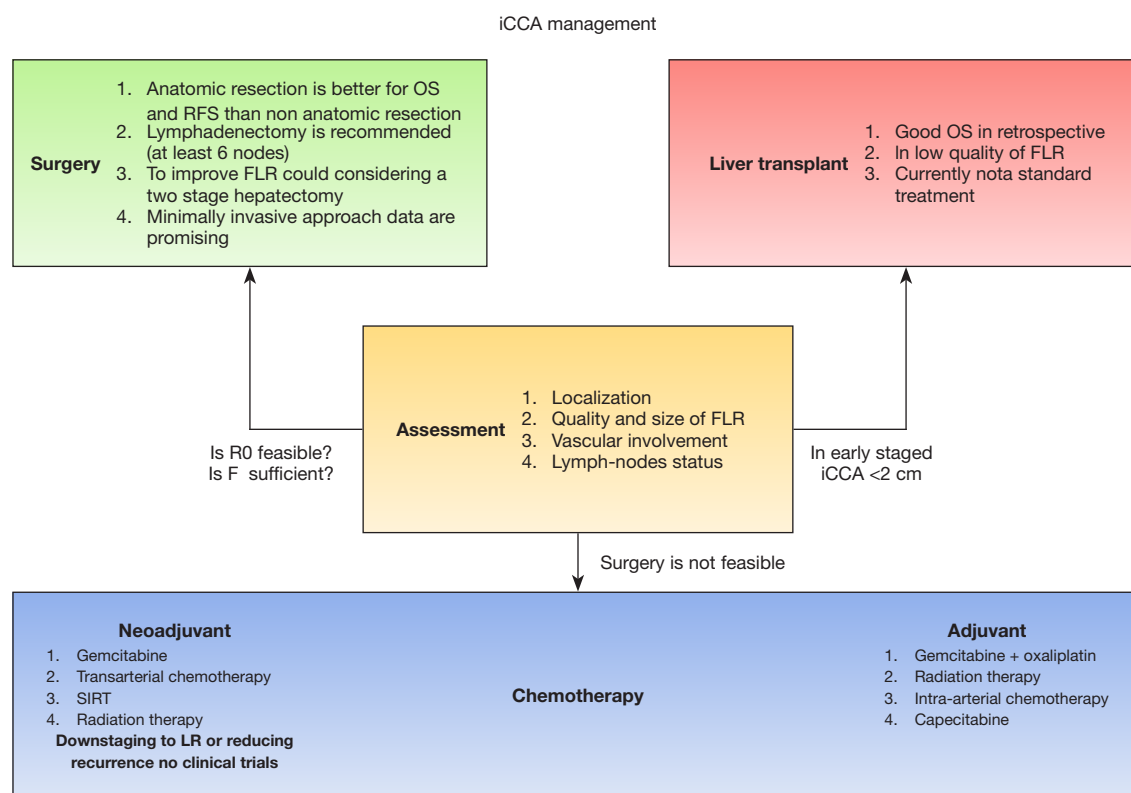


Figure 1 Algorithm of assessment and therapeutic options in intrahepatic cholangiocarcinoma. iCCA, intrahepatic cholangiocarcinoma; OS, overall survival; FLR, future liver remnant; LR, liver resection.

metastasis and to obtain more information about primitive disease.

Serum tumour markers have not high specificity and sensibility in iCCA: carcinoma embryonic antigen (CEA) is altered only in one third of patients (11). Carbohydrate antigen 19-9 (CA19-9), is marker associated with several types of adenocarcinomas as well as in conditions causing cholestasis or cholangitis. Moreover, CA19-9 is not measurable in Lewis A antigen negative population (12).

Histological confirmation with biopsy (percutaneous or surgical) of malignancy is not mandatory. With no suggestive past medical history, such as prior biliary tract operation; primary sclerosing cholangitis (PSC); hepatolithiasis, the finding of focal stenotic lesion combined with the appropriate clinical presentation is sufficient for a presumptive diagnosis in iCCA.

Multiples attempts are moving to obtain an earlier diagnosis. New tumoral features and genetic material are pivotal for the diagnosis, management, and selection of addressed therapies: but sampling tumour tissue could be

unsafe (13).

Liquid biopsy is considered a less invasive, attractive, new tool to investigate the tumour genetic profile and open new opportunity to treat disease and understanding the response to therapy (14).

Curative surgery

In the last years the outcomes, after hepatic resection, are improving through technical advances in the hepatobiliary surgery, improvement of peri-operative management, and combination of locoregional and systemic therapies.

R0 is the goal of the surgical treatment. Free surgical margin is a well described factor influencing recurrence-free survival (RFS) and overall survival (OS). Indeed, positive margin status was identified as strong factors for unfavourable prognosis in patients underwent resection (15,16). Moreover, surgical margins <1 cm is linked to worse prognosis compared to margin more than 1 cm (17).

Kosaka *et al.* (18) proposed a specific therapeutic

strategy based on tumour localization. The liver was divided into three areas based on the distance from the first and second portal vein branches, so we can define a central, intermediate, or peripheral area. Vascular invasion and regional LNs metastasis show a significant difference between tumour location groups. Surgical treatment differs by tumour location. Peripheral iCCA was treated by anatomical sectionectomy. Intermediate iCCA deserved bisectionectomy, regional lymphadenectomy and adjuvant chemotherapy; in the case of central tumor was suggested bisectionectomy or major liver resection, *en bloc* extrahepatic bile duct resection, caudatectomy, regional lymphadenectomy, and adjuvant chemotherapy.

Treatment at high volume centres has also been associated with a lower incidence of a positive surgical margin, as well as decreased 90-day mortality, and improved OS in surgically treated patients (19).

The role of tumour burden score (TBS), a new score incorporating tumour size and number, was recently investigated in large multicentre cohort. High TBS affected 5-year OS of patients underwent resection. In the same study, high CA19-9 is another factor that influence the prognosis, showing that biological and morphological factors affect long term prognosis in these patients (20).

Moreover, in patients with high TBS, unfavourable prognosis is described irrespective to margin status (21).

Multifocal presentation has been independently associated with poor outcome in iCCA patients and often is considered as a contraindication for the curative surgery.

A meta-analysis (22), described the harmful role of multiple and satellite lesions in tumour recurrence and patient death rate.

Spolverato *et al.* (23) showed negative impact on disease free survival (DFS) and OS of two or more nodes in patient underwent surgical resection. Moreover, multiple lesions are also associated with early recurrence (less than 12 months) after resection.

Conci *et al.* (24), observed the association between clinical and pathological features and long-term outcomes in resected iCCA and different LNs status. Two hundred and fifty-one patients were classified in 3 groups: (I) patients with single lesion; (II) single lesion with satellites; (III) multifocal lesions. Five-year OS rate were 49.4%, 34.2%, and 9.9%, in group I, II and III respectively ($P < 0.001$). Moreover, at multivariate analysis, groups II and III as the strongest independent prognostic factors for poor survival. Worse prognosis has showed in group III patients with LNs metastases and R1 resections.

Vascular and lymphatic involvement are associated with a better outcome, in terms of OS, compared to perineural invasion. The OS at 1-, 3-, and 5-year were 80%, 35%, and 23% *vs.* 75%, 23% and 0%, respectively ($P = 0.027$) (25).

Vascular invasion is even associated with better survival compared to multiple lesions in patients with stage II iCCA [1-, 3-, and 5-year OS of 60.8%, 32.1%, and 22.0%, respectively *vs.* 41.4%, 13.4%, and 10.0% respectively, $P < 0.001$; hazard ratio (HR), 1.61] (26).

The role of explorative laparoscopy is not worldwide accepted. American Hepato-Pancreato-Biliary Association (27) statement recommended performing laparoscopy only in high-risk candidates (i.e., high CA19-9, multifocal disease, suspected vascular invasion).

Since surgery represent the only curative option in iCCA management, combined vascular and/or biliary reconstruction with or without resection of surrounding organs seems justified to achieve complete tumour removal.

When major hepatic veins or inferior cava vein are involved, it may be required a complete vascular exclusion such as hypothermic perfusion, *ex situ* surgery or autologous, heterologous, or synthetic grafts reconstruction. However, this aggressive surgery doesn't decrease tumour recurrence rate and the long-term disease-free survival remain worse (28).

Anatomical vs. non-anatomical liver resection

Si *et al.* (29), demonstrated the importance of anatomic liver resection (ALR): in a study on 671 patients, ALR were associated with improved OS and DFS compared to non-anatomic liver resection (NALR) (1-, 3-, and 5-year OS 58.1%, 35.7% and 28.1% *vs.* 44.1%, 23.9% and 18.0%; $P = 0.002$; DFS 72.9%, 45.7% and 36.0% *vs.* 62.0%, 30.8% and 25.3%; $P = 0.002$). Moreover, NALR was an independent factor of poor OS and DFS at multivariate analysis.

The oncological advantage of ALR is confirmed in another recent, large, Chinese single-centre experience on 3,880 patients (30). The results demonstrate that AR improved long-term survival in terms of 1-, 3- and 5-year OS (70%, 46% and 34%, respectively) and a DFS (61%; 21% and 10%, respectively) with a statistical significance after PSM analysis. Postoperative complications are comparable between AR and NAR with similar recurrence rate.

On the other hand, Li *et al.* (31), in a study of 150 iCCA, showed no significant differences in OS and DFS between NALR and ALR 1-, 3-, and 5-year (OS: 70.2%, 22.9% and 22.9% *vs.* 71.1%, 51.7% and 51.7%, $P = 0.229$; DFS 53.2%,

19.2% and 19.2% *vs.* 58.6%, 41.0% and 41.0%, $P=0.370$); furthermore, at multivariate analysis, surgical approach was shown to not be predictors of survival.

Role of lymphadenectomy

LN status is a determinant prognostic factor in iCCA management. Forty-five to 65% of patients are affected by LN metastases at the time of surgery. Five years survival in pN1 stage is 0–20% (32,33).

CEA, CA19-9, and lymphadenopathy on imaging are prognostic factors for lymph node metastasis (34).

According to “8th American Joint Committee on Cancer Staging Manual (AJCC)” (35), standard lymphadenectomy is defined as surgical step including porta hepatis nodes, along common hepatic artery (station 8) and hepatoduodenal ligament nodes (station 12), regardless of tumour location (36). In left-sided tumour, inferior phrenic, hilar, and gastro-hepatic nodes should be considered as regional LNs. In right-sided hilar, peri-duodenal, and peripancreatic are considered regional LNs. Positive celiac, periaortic, and pericaval nodes should be considered as metastatic disease.

Current guidelines recommend retrieval of at least 6 LNs for a correct staging (37). The presence of at least one positive LN constitutes N1 and consequently stage IIIB disease (37,38).

Zhang *et al.* (39) showed comparable survival in patients with no LN involvement *vs.* 1–2 lymph nodes metastasis (LNM) whereas a detection of three positive LNs was related to worse survival.

The role of adequate lymphadenectomy (≥ 6 retrieved LNs) in survival is still debating in literature.

No advantages in overall and disease-free survival for patient underwent lymph nodes dissection (LND) were found in recent meta-analysis published by Zhou *et al.* (40).

Conversely, a French/Japanese study that considers 192 patients with clinical node-negative iCCA of a cohort of 258 suggest that LND seems to be associated with more favourable outcome in patients with clinical absence of LNM (41).

Recently, Sposito *et al.* (42), using Italian multicentre retrospective database, concluded that adequate lymphadenectomy improves staging and survival in patients with N1 status, but no difference in recurrence is demonstrated.

Zhang *et al.* (39), found that, in patient with an adequate lymphadenectomy the localization changes the OS: patient with LNs metastasis within the hepatoduodenal ligament

had a better OS than patients with LNs metastasis beyond the hepatoduodenal ligament.

Analysis carried out in 1,138 Korean and Japanese resected patients, demonstrated that removal of more than four positive lymph-nodes had a beneficial effect in terms of median survival compared to less than four retrieval lymph-nodes (30 *vs.* 13 months, $P=0.001$) (43).

Lymphadenectomy could be affected by intra and perioperative complications. In this setting, Vitale *et al.* (44), analysed a cohort of 826 patients underwent to surgical resection. After a propensity score (PS) matching, the authors concluded that LND survival benefit is positive in patients aged less than 60 years and in those with tumour size more than 5 cm.

Another retrospective experience by Kim *et al.* (36), obtained similar conclusions on 34 patients who underwent LND (stations 7, 12a-p-b and 13) with retrieval of more than 6 LNs, compared to 34 patients who did not receive LND. The authors found better OS (90 *vs.* 44 months) and DFS (64 *vs.* 20 months) in LND group. Notably, this is the only study in which a systematic LND is defined by both anatomical and numeric criteria.

Staged hepatectomies

In the setting of curative surgery, patient undergoing to extend hepatectomy could develop a post-operative liver failure. The preoperative study of future liver remnant (FLR) is pivotal to avoid this occurrence. Several strategies could improve FLR including portal vein embolization (PVE), venous deprivation of the liver (LVD), and recent assessed technique named associating liver partition and portal vein ligation (ALPPS).

The more recently published multi-centre study about ALPPS for iCCA including 102 patients reported higher rate of R0 resection (87.85%) and an improved OS when compared with palliative care (1-, 2-, and 3-year survival of 82.4%, 70.5%, and 39.6% *vs.* 51.2%, 21.4%, and 11.3%, respectively, $P<0.01$). On the other hand, 90-day mortality and morbidity after second stage were reported of 77% (45).

Bednarsch *et al.* (46), in a retrospective single-centre experience confirmed an advantageous outcome in patients undergoing ALPPS without lymph-nodes involvement (median OS of 4.2 years and a 3-year survival of 64%). No patients with lymph node metastases ($n=5$) were alive 1 year after surgery.

The importance of patient selection and ratio between FLR and body weight play a pivotal role in achieving

acceptable outcomes in this procedure.

Liver transplantation

Nowadays hepatocellular carcinoma (HCC) has become a common indication for liver transplant (LT) for malignancy, iCCA was historically considered a contraindication due to its aggressive behaviour.

Some experiences published in the early era of LT showed a poor outcome reporting a 5-year survival ranged between 10% and 18% (47,48).

In 2014, a Spanish multicentre study (49), evaluated the outcome of cirrhotic patients with mixed hepatocellular carcinoma—CCA or iCCA on pathological finding after LT for HCC.

No significant differences in the survival rates between patients with a single iCCA ≤ 2 cm and patient with HCC was observed (5-year OS of 73%).

Afterwards, Facciuto *et al.* (50), in a series of 32 patients with cirrhosis and iCCA on explant specimens, showed a 10% recurrence rate and 78% of survival rate after five years of follow-up in patients with iCCA fulfilling Milan Criteria, comparable with patients with HCC selected by Milan Criteria.

In 2018, Lunsford *et al.* (51), reported a series of 6 iCCA patients receiving gemcitabine-based neoadjuvant chemotherapy before LT, with an OS of 100% at 1 year and 83.3% after 3 and 5 years; Three patients experienced recurrence after a median of 7.6 months from LT.

Gruttadauria *et al.* (52), recently reported an Italian experience with 14 LT performed for iCCA, 12 detected after transplantation based on histologic findings and two cases of unresectable iCCA transplanted after neoadjuvant selective internal radiation therapy (SIRT) and a period of clinical observation. The two patients were alive after 19 and 2 months of follow-up, respectively.

These results suggest that in patients where liver resection is not feasible (e.g., due to cirrhosis), LT might be an option in very early iCCA.

Minimally invasive surgery

Minimally invasive surgery guarantees similar results in terms of OS, DFS, RFS compared to open approach, and improve the short-term outcomes.

As reported in a meta-analysis conducted by Guerrini *et al.* (53), and in three more, Western and Eastern, recent experiences, laparoscopic surgery was consistently associated

with better outcome compared with open surgery in terms of blood loss, transfusions, numbers of Pringle manoeuvres, hospital stay, and postoperative morbidity (54–56).

Regarding oncological outcomes, recent experience from three large international databases comparing laparoscopic and open surgery, showed an excellent OS in laparoscopic group [1-, 3-, 5-year survival 92%, 75%, and 63% *vs.* 92%, 58%, and 49% in open group ($P=0.0043$)]. Transfusions, major postoperative complications, and liver steatosis were statistically related to patient death and recurrence (57).

Ratti *et al.* (58), in a series collected in a high volume-centre with several laparoscopic procedures, reported 446 liver resections performed for iCCA, 179 were performed with laparoscopic approach and 267 with the open approach. No differences were shown in terms of median OS and disease-free survival between laparoscopic and the open group.

Robotic resection for iCCA is limited to few small experiences. Recently Magistri *et al.* (59), reported two robotic right hepatectomies for this indication with acceptable perioperative outcome.

An US national cohort on 77 robotic resection showed similar oncological results compared to open procedures and less length of hospital stay (robotic approach: 5.8 ± 4.6 days *vs.* open approach: 8.9 ± 10.2 days; $P=0.012$) (60).

Neoadjuvant therapy (NT)

The role of NT is debated in clinical practice; to date, currently guidelines do not recommend NT for resectable iCCA. However, the NT usage in patients with clinical nodal involvement (cN) and advanced clinical T stage increased over the time.

Patients underwent NT showed significant higher 5-year OS compared to upfront surgery (37.2 *vs.* 29.9 months; log rank =0.001). NT had a decreased risk of death in overall cohort, cN-, cN+, cT2 and cT3 patients [HR 0.79 (0.69–0.89), HR 0.76 (0.66–0.89), HR 0.75 (0.57–1.00), HR 0.63 (0.51–0.79) and HR 0.71 (0.53–0.95), respectively]. Stratified by NT protocol, risk of death decreases significantly both in chemotherapy or chemotherapy and radiation [HR 0.81 (0.69–0.95) and HR 0.69 (0.54–0.88), respectively] (61).

In a single-centre study by Le Roy *et al.* (62), on unresectable disease, no differences in terms of median survival (24.1 *vs.* 25.7 months, $P=0.391$) and post-operative complications were found between 39 patients underwent surgery following chemotherapy or locoregional treatments and 35 patients managed by upfront resection.

NT can be an effective approach in patients with locally advanced iCCA. Ongoing clinical trials based on the combination of gemcitabine-cisplatin are trying to explore the role of systemic chemotherapy as neoadjuvant setting.

Repeated resection for treatment of intrahepatic recurrence

Postoperative recurrence, which is reported at 50–70%, influences the long-term survival of patients underwent surgery. When the site of recurrence is the liver, repeated resection could play a role for the control of disease. Spolverato *et al.* (63), in a multicentre study, reported a 26.1 months median survival in 41 repeated resections performed on 400 cases of recurrence, statistically better than 9.6 and 16.8 months median survival in patients treated by intra-arterial or systemic chemotherapy. Bartsch *et al.* (64), recently reported 113 re-resections in patient with iCCA resulting in a 1-, 3- and 5-year OS of 86%, 51% and 34% respectively. Factors related to repeated resectability were CA19-9 and R status at the time of first resection, and median time to recurrence.

Patients with recurrent iCCA may benefit from repeated surgical resection. In this setting, further studies involving systemic therapies are required.

Strengths and limitations

The idea of this paper was to provide a comprehensive and concise overview of the surgical treatment and neo-adjuvant therapies, reporting relevant literature in terms of original article and meta-analysis in the field of iCCA. Despite this, we are aware that most articles included in this narrative review are retrospective studies and most studies reported single centre data; most of them are limited to small samples and there is a lack of confirmation of large samples and high-quality prospective randomized trial. Moreover, the narrative nature of this review could be limited by selection bias of the included studies.

Conclusions

iCCA management remains challenging due to low rate of resectability at time of diagnosis. To date, in well selected patients, vascular resection, neoadjuvant chemotherapy and liver transplantation could offer an option to provide survival benefit in locally advanced stage. A comprehensive evaluation of patient's liver functional status and tumour

burden are pivotal for optimal patient and oncologic outcomes. Genetic profile combined with tumour response could drive in selection of resectable patients with favourable outcome.

Local or systemic neoadjuvant protocols potentially improves resectability rate (65).

Management of iCCA has evolved resulting in improved outcomes. However overall prognosis is still poor. To improve our results, we need to upgrade in accuracy and timing of diagnosis, optimizing surgical approaches and a more effective neoadjuvant and adjuvant therapies. So, multidisciplinary approach is pivotal to select the best strategy in each step (diagnosis, chemotherapy, and surgery) for patients with iCCA.

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