



Upfront surgery vs. neoadjuvant therapy for resectable pancreatic cancer: a narrative review of available evidence

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Background and Objective: Though the use of neoadjuvant therapy (NAT) is increasing in the setting of borderline resectable (BRPC) and locally advanced pancreatic cancer (LAPC), the role of NAT in resectable pancreatic cancer (RPC) remains uncertain.

Methods: This is a narrative review, summarising the contemporary evidence and emerging studies comparing neoadjuvant therapy to upfront resection and adjuvant therapy in RPC.

Key and Content and Findings: Upfront resection followed by adjuvant chemotherapy is currently the standard of care for RPC. Though BRPC and LAPC have reported significant overall survival benefits with NAT, those results have yet to be translated to RPC. Downstaging is only reported in a small proportion of patients who receive NAT; most have stable disease and a small number have progression. Preliminary trial data have largely been consistent with that observed in the past whereby a modest improvement in R0 resection rates and pathological findings is observed with NAT, however rates of distant recurrence and overall survival remain similar to upfront resection. A significant proportion further fail to achieve resection due to the side effects, deconditioning and delays to surgery. Most international recommendations have been guided by non-randomised data sets and long-term data from emerging phase III trials are yet to be published.

Conclusions: Although we have observed improved R0 resection rates with NAT, this has yet to translate to a robust improvement in overall survival. Concerns regarding delays to resection, and limited response to NAT remain a topic of ongoing investigation.

Keywords: Pancreatic cancer; neoadjuvant therapy; upfront surgery; outcomes

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Introduction

Pancreatic cancer is projected to become a leading cause of cancer related mortality in the next decade (1), contributed by a rising incidence, the lack of effective screening, and a limited improvement in treatment strategies (2). Indeed, the five-year survival is now approaching 10% (3) for all stages

of the disease. This modest improvement has been driven largely by the advent of modern chemotherapeutics (4).

Given most patients are asymptomatic or minimally symptomatic during the early stages of pancreatic cancer, patients are often diagnosed with metastatic or locally advanced disease (3). Only 10–15% are candidates for curative resection with tumour localised to the gland

Table 1 Literature search strategy

Items	Specification
Date of search (specified to date, month and year)	12 th September 2021
Databases and other sources searched	PubMed and Google Scholar
Search terms used (including MeSH and free text search terms and filters)	PubMed (RPC OR Resectable pancreatic cancer) AND (NAT OR neoadjuvant therapy OR upfront surgery OR adjuvant therapy) Scholar: 1. Upfront surgery for resectable pancreatic cancer 2. Neoadjuvant therapy for resectable pancreatic cancer
Timeframe	1995–September 2021
Inclusion and exclusion criteria (study type, language restrictions, etc.)	Inclusion: English, randomised controlled trials, literature reviews, resectable pancreatic cancer Exclusion: non-English, cohort studies, unresectable pancreatic cancer, borderline resectable pancreatic cancer and locally advanced pancreatic cancer
Selection process (who conducted the selection, whether it was conducted independently, how consensus was obtained, etc.)	CBBR did the study selection; this was then reviewed by KJR and SP

RPC, resectable pancreatic cancer; NAT, neoadjuvant therapy; CBBR, Chathura B. B. Ratnayake; KJR, Keith J. Roberts; SP, Sanjay Pandanaboyana.

without vascular involvement (3). Adjuvant therapy following resection for resectable pancreatic cancer (RPC) has been shown to prolong survival when compared to surgery alone and has since been the standard of care (5). Despite efforts to improve patient selection and achieve R0 resection margins, early recurrence is still common. Furthermore more than a third of patients fail to receive adjuvant therapy as a consequence of comorbidities, postoperative complications, and early metastases (6).

The use of neoadjuvant therapy (NAT) for RPC has been proposed as an additional strategy to improve survival following resection. Though the use of NAT in borderline resectable (BRPC) and locally advanced pancreatic cancer (LAPC) is being increasingly accepted (7), the role of NAT in RPC remains uncertain. This narrative review aimed to summarise the current literature on the use of NAT *vs.* upfront resection and adjuvant therapy in RPC. We present the following article in accordance with the Narrative Review reporting checklist (available at <https://cco.amegroups.com/article/view/10.21037/cco-21-161/rc>).

Methods

Articles were retrieved through the systematic search of two

literature databases: PubMed and Google Scholar on the 12th September 2021. Included in the review were English, randomised controlled trials (RCTs) or meta-analyses comparing upfront surgery to NAT for RPC published between January 1995 and September 2021. If articles did not specifically mention RPC they were excluded. The specific search strategy for this narrative review is summarised in *Table 1*.

Results

Definitions for non-metastatic pancreatic cancer

Definitions for staging and resectability have been repeatedly updated as our understanding of the underlying disease process and clinical observations have expanded. Historically, tumors within the limits of the pancreas without contact or involvement of surrounding vascular structures was the defining feature of RPC (8-10). As the importance of a microscopically clear, R0 resection margin in achieving durable long-term survival became clear, the terms BRPC and LAPC were established to denote tumors at a high risk of positive margins. Consequently, the National Comprehensive Cancer Network (NCCN) adopted the first widely accepted BRPC definition (11).

Table 2 International guideline definitions for resectable pancreatic cancer on computed tomography criteria

Guideline author	Celiac Axis/SMA/CHA	SMV/PV
MD Anderson Center (12,13)	No contact/involvement	No occlusion but includes contact/involvement
AHPBA/SSO/SSAT (14)	No contact/involvement	No contact/involvement
NCCN (15)	No contact/involvement	No contact/involvement or ≤ 180 -degree contact/involvement without vein contour irregularity
Alliance (16)	No contact/involvement	No occlusion but includes contact/involvement < 180 degrees

American Hepato-Pancreato-Biliary Association/Society of Surgical Oncology/Society for Surgery of the Alimentary Tract (AHPBA/SSO/SSAT) (14), the National Comprehensive Cancer Network (NCCN). SMA, superior mesenteric artery; CHA, common hepatic artery; SMV, superior mesenteric vein; PV, portal vein.

Currently there are four internationally recognised definitions for RPC: MD Anderson (12,13), American Hepato-Pancreato-Biliary Association/Society of Surgical Oncology/Society for Surgery of the Alimentary Tract (AHPBA/SSO/SSAT) (14), NCCN 2016 update (15), and the Alliance definitions (16). A summary of their definitions for RPC with respect to vessel involvement are summarised in *Table 2*.

There is consensus between definitions regarding the importance of no arterial involvement in defining RPC, however there is obvious uncertainty with respect to the degree of portal vein/superior mesenteric vein (PV/SMV) involvement. The AHPBA/SSO/SSAT (14) definition is strict, and RPC is denoted by the lack of any tumour involvement of SMV/PV when compared to the MD Anderson (12,13) definition; including all involvement that is not formally occlusive (*Table 2*). A failure to standardise these definitions has resulted in lack of clarity and questions regarding inter-study reliability. Indeed, Assifi et al reported up to nearly 40% of patients diagnosed as BRPC using the AHPBA/SSO/SSAT definitions could be reclassified as RPC (17). The contribution of these differences in definitions to the variances in outcomes observed between published international cohorts is unclear but puts into question the translatability and comparability of historical findings.

Recurrence patterns

Despite improved efforts to achieve R0 resection, disease control is often hampered by early recurrence and treatment failure. Recurrence after pancreatic resection is still frequent and is seen in approximately 20% of patients within the first 6 months and nearly 40% within the first 12 months (18). Locoregional recurrence is thought to be primarily contributed by poor tumor differentiation and

resection margin status (19,20), whereas tumor diameter, perineural invasion, and preoperative CA19-9 elevation are risk factors for distant recurrence (21). Distant recurrence is often encountered in the liver, lungs and peritoneum (7). It is hypothesised that this observation is due in part to micro metastatic disease that may be present at the time of presentation, undetectable by preoperative clinical imaging (22). NAT has been proposed as a method to achieve micro metastatic disease control and thereby improve rates of recurrence. In a recent meta-analysis of 26 studies comparing upfront surgery *vs.* NAT for PDAC, investigators showed an improvement in locoregional disease control for BRPC, however rates of distant disease recurrence remained unchanged (7). The weighted rate of locoregional and distant recurrence for RPC undergoing upfront resection was 12% and 37% respectively at approximately 3 years, however, the study was limited by its ability to compare upfront surgery *vs.* NAT for RPC due to a paucity of quantitative data. Indeed, only 23% of patients in the NAT cohort were RPC and the focus in recent trials have been largely BRPC and LAPC.

Upfront resection and adjuvant therapy *vs.* neoadjuvant therapy

Upfront resection and adjuvant chemotherapy has been the standard of care for well over a decade. This comes following the results of the CONKO-001 RCT in 2007 (5), where 368 patients were randomised to postoperative adjuvant gemcitabine or observation for 6 months. An improvement in overall survival was observed in those treated with Gemcitabine (22.8 *vs.* 20.2 months). In combination with the results of the ESPAC-1 trial in 2004 (23), guidelines and recommendations were subsequently transformed. In the intervening years,

subsequent trials including the ESPAC-4 (24) and PRODIGE-24 trials (4) confirmed the added benefit of multi-agent chemotherapy and the superiority of the FOLFIRINOX (folinic acid, 5-fluorouracil, irinotecan, and oxaliplatin) regimens to those with gemcitabine respectively. FOLFIRINOX is now the recommended first-line adjuvant chemotherapy in those with good postoperative functional status and gemcitabine/capecitabine is generally reserved for those for whom FOLFIRINOX is not an option (25).

Though NAT is gaining interest into the treatment of BRPC and LAPC (26), there are concerns that most patients observe a lack of a major response. In a recent retrospective study by Tajima and colleagues (27) comparing NAT *vs.* US for BRPC, only five out of initial 52 patients allocated to the NAT arm experienced a partial response defined as a greater than 30% reduction of the sum of two perpendicular dimensions on cross-sectional imaging. The vast majority (86.5%) had stable disease and two patients (3.9%) observed progression of disease. Post therapy imaging showed no improvement in tumour size and despite histopathological injury in all tumor cells, no complete response was found. Consequently 5-year survival was similar between arms (27). Though advances in medical imaging have allowed the use of multimodal techniques in cross-sectional imaging, faster data acquisition and improved image quality, response evaluation relies on radiology experience and observation by the naked eye (28). Despite this, in a recent study of 77 patients undergoing NAT for BRPC, CT was associated with a high inter-observer reliability in determining tumour response grade, and differentiating RPC, BRPC, and unresectable disease after NAT (29).

In a recent phase III trial by the DUTCH group [Preoperative Chemoradiotherapy Versus Immediate Surgery for Resectable and Borderline Resectable Pancreatic Cancer (PREOPANC-1) (30)], 246 BRPC and RPC patients were randomly allocated to NAT and US (119 *vs.* 127 respectively). R0 resection rates were markedly improved in NAT arm (71% *vs.* 40%) among those that made it to resection. Fewer surgical site infections (SSIs), and an earlier stage of disease was also observed with NAT. However, median overall survival did not differ (16.0 *vs.* 14.3 months, $P=0.096$). Furthermore, although not statistically significant due to the low-powered nature of the study, a trend towards fewer patients making it to surgery was observed with NAT (72% *vs.* 62%, $P=0.058$). These findings were also confirmed in the preliminary results of a recent phase II/III RCT (NEPAFOX) (31). Here, investigators randomised 40 patients with RPC to adjuvant

gemcitabine *vs.* neoadjuvant FOLFIRINOX. Though recruitment was abandoned early due to limitations with numbers, only 58% of patient made it to resection in the NAT arm *vs.* 79% in the adjuvant therapy arm and again comparable overall survival was observed. Conversely, in the Pact-15 trial by Reni and colleagues (32), among the 32 RPC receiving NAT, 29 were resected and 19 were event free at one year, higher than those in the two US cohorts (group A: 6/30 and group B: 15/30 respectively). The authors report lower grade 3 toxicities in the NAT cohort, however this was confounded by the fact only 21 of the 32 patients originally randomised received adjuvant therapy (32). Similarly, preliminary data in the four arm Phase II ESPAC-5F trial has shown an improved one-year survival between NAT (77%) and upfront surgery (40%) for BRPC. Though similar resection rates were achieved, only 79% of patients completed NAT and nine out of 51 patients who underwent NAT had serious adverse events. Long-term data is yet to be published (33). Indeed in the SWOG S1505 trial comparing two perioperative chemotherapy regimens, 72% (73/102) made it resection and only 33% (24/73) observed a complete or major pathological response on histology (34). An inadequate response or tumour progression rendering an originally resectable tumour, unresectable is a lingering concern.

Limitations in the previous trials

There is clearly much interest in NAT and a drive towards NAT in RPC. However, there are fundamental methodological issues which affect all trials in this area. Given more than a third of patients fail to receive adjuvant therapy (6), trials randomising patients prior to surgery *vs.* highly selected cohorts randomising after surgery will differ in their outcomes. Further, there are nuances of the patients pathway that are important to understand. Such issues include how obstructive jaundice are handled within treatment pathways.

Historically, trial data comparing NAT *vs.* upfront surgery have failed to reach recruitment targets and therefore have been underpowered to reach meaningful conclusions (35,36). They have often been supplemented by a number of non-randomised cohort studies in quantitative reviews, recruiting the vast majority of included patients in these reviews (37,38). In a recent systematic review by Lee *et al.*, 14 articles were included, containing a single RCT. An improvement in overall survival among those who completed NAT and were ultimately resected was observed compared to those

undergoing upfront surgery. However, this difference did not persist when comparing all those originally in the NAT and Upfront surgery cohorts (38). Similarly, another systematic review in 2019 containing mostly non-randomised data (8/11 studies) showed improved R0 resection rates among those who had NAT however, reported a comparable overall survival (37). This is in contrast to a recent meta-analysis of six RCTs containing both BRPC and RPC showing an improvement in R0 resection rates and overall survival independent of resectability (39). The study was limited by definitions for resectability, inclusion of largely low-powered, historical trials and a variety of chemotherapy and radiotherapy techniques.

‘Solution bias’ describes the desire for novel/attractive treatments to succeed and may be influencing practice and beliefs in RPC. In the case of RPC, where previous pathways have failed to improve outcomes for so long, clinicians and scientists want to adopt new solutions. Simplistically, NAT is attractive when one considers that many patients with RPC ultimately die of cancer recurrence and given that NAT is standard of care for other cancer sites (40-42), the potential benefits of NAT are assumed to translate to those with RPC. Treatment differences between cohorts exacerbating this problem. For example, in every RCT to date, the cohort randomised to receive NAT receives a different regimen to that randomised to receive adjuvant therapy. The NAT invariably comprises more agents and/or more effective agents (for example, NorPACT-1 NAT FOLFIRINOX + adjuvant gem/cap *vs.* adjuvant gem/cap and/or additional strategies (example PREOPANC NAT gem + radiotherapy + adjuvant gem *vs.* adjuvant gem). There is also evidence of ‘cherry picking’ data. In the PREOPANC study, for example where neoadjuvant radiotherapy was used, a key reported outcome was a R0 rate of 72% in the NAT cohort (51/72), *vs.* 40% (37/92) in the resection cohort. However, 43% more patients did not undergo surgery in the NAT cohort than in the upfront surgery cohort and thus those who eventually made it to surgery were perhaps advantaged in some way. Further, in that study there were significantly more patients with worse performance status (WHO ECOG 0 58.0% *vs.* 30.4% NAT *vs.* US) and a higher rate of suspicious lymph nodes on preoperative imaging in the upfront surgery cohort (34.6% *vs.* 22.7%) as well as having a higher CA19-9 level at baseline. Thus, the data from this study may not be generalizable. However, the R0 rate in the NAT that underwent surgery is a key ‘take home’ message whilst sources of bias or confounding are easily overlooked. The different regimen received by the cohorts in these trials

is typically loaded in favour of effectiveness of agents given to the NAT cohort. It is clear that FOLFIRINOX is highly effective in the adjuvant (4) and palliative settings (43), when compared to multi- or single agent based gemcitabine regimens. Thus patients randomised to receive such therapy in the neoadjuvant setting may simply be having benefit of a more effective therapy, than those randomised to receive gemcitabine based adjuvant therapies, and not a benefit from the timing of therapy in relation to surgery. This is an important point. With an upfront surgery cohort, biliary drainage can be avoided. This is a major cause of morbidity including pancreatitis (7%), cholangitis (26%), stent occlusion (15%), postoperative wound infection (13%) (44) which can delay surgery or chemotherapy (45). Thus a proportion of an upfront surgery group can avoid this intervention and proceed directly to surgery where benefits are clear; however in a neoadjuvant pathway every jaundiced patient will need to undergo biliary drainage. Whilst self expanding metal stents can reduce complications they are still associated with more complications than up front surgery (46), and often patients still undergo placement of a plastic stent (47).

Delays to treatment, particularly in the setting of RPC may once again alter the resectability of disease missing a potential ‘window of opportunity (48)’ and early data suggests fast-tracking to surgery in jaundiced RPC to avoid cholangitis also improves resection rates (47) and possibly survival (49). Though it must be recognised that those where resectability is at risk may represent highly aggressive tumour biology that may have limited benefit from surgery at all. The additional hurdle NAT poses may compound the failure to reach resection.

Emerging and ongoing trials

There is a severe paucity of level 1 evidence to guide NAT for RPC and most current recommendations are derived from largely non-randomised data (50) and trials that include BRPC and LAPC (7). There is now emerging randomised data comparing US *vs.* NAT for specifically RPC, however, they are yet to reach final publication (*Table 3*).

Preliminary data from the “Randomized phase II/III trial of neoadjuvant chemotherapy with gemcitabine and S-1 versus upfront surgery for resectable pancreatic cancer (Prep-02/JSAP-05)”, comparing neoadjuvant gemcitabine and S1 *vs.* upfront surgery was recently published. Here 364 patients were recruited in 57 centers. Two cycles of gemcitabine and oral S-1 was administered in the NAT arm

Table 3 Summary of emerging and ongoing trials comparing neoadjuvant therapy *vs.* upfront resection and adjuvant therapy for resectable pancreatic cancer

Trial name	Neoadjuvant therapy arm	Adjuvant therapy arm	Country	Patients	Stage of study
Prep-02/JSAP-05 (51)	Gemcitabine and S-1	Gemcitabine and S-1	Japan	364	Preliminary data
NEPAFOX (31)	FOLFIRINOX	Gemcitabine	Germany	40	Preliminary data
NEONAX (52)	Nab-paclitaxel/gemcitabine	Nab-paclitaxel/gemcitabine	Germany	127	Interim analysis data collection
Alliance A021806 (53)	Mod-FOLFIRINOX	Mod-FOLFIRINOX	United States	350	Recruitment
NorPACT-1 (54)	FOLFIRINOX	Capecitabine and Gemcitabine	Norway	140	Data collection

NAT, neoadjuvant therapy; AT, adjuvant therapy; mod, modified; FOLFIRINOX, folinic acid, 5-fluorouracil, irinotecan, and oxaliplatin.

then adjuvant S-1 for 6 months in both arms. Investigators observed an improvement in median overall survival among patients in the NAT arm (36.7 *vs.* 26.6 months, $P=0.015$) (51). Investigators further noted comparable resection rates, R0 resection rates, and morbidity between the two arms. This is in contrast to the preliminary results of the aforementioned NEPAFOX RCT (31). The final publications for both of these trials are eagerly awaited.

The interim analysis of the German NEONAX trial (NCT02047513) (52) have also been published. This is a phase II trial run by the Working Group for Medical Oncology from the German Cancer Society comparing neoadjuvant nab-paclitaxel/gemcitabine *vs.* the same combination in the adjuvant setting for RPC. Following the recruitment of 127 patients, investigators observed progression of disease seen at the time of surgery in 8% of patients in the NAT arm. Overall survival outcomes are not yet confirmed.

Two further ongoing trials remain in the recruitment and data collection phase at present: The Alliance A021806 Trial (Testing the Use of the Usual Chemotherapy Before and After Surgery for Removable Pancreatic Cancer NCT04340141) (53) by the National Cancer Institute (NCI) comparing neoadjuvant modified FOLFIRINOX with adjuvant modified FOLFIRINOX in RPC and the Nordic Pancreatic Cancer Trial (NorPACT-1, NCT02919787) comparing neoadjuvant FOLFIRINOX *vs.* adjuvant capecitabine and gemcitabine in RPC (54). The results of these trial will provide the necessary level 1 comparative data to guide further recommendations.

Conclusions

As NAT is becoming the standard of care for BRPC and LAPC, its role in RPC remains a topic of increasing

interest. Though we have observed improved R0 resection rates, this has yet to translate to a robust improvement in overall survival. Furthermore, it is becoming increasingly evident that a proportion of patients that have disease progression during the period of NAT may transition from once an RPC to an un RPC and we have yet to formulate a method to identify these patients. We eagerly await the results of ongoing trials to better guide international recommendations.

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aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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