## **Narrative Review Checklist**

| Section/Topic        | Item<br>No | Item   | Reported on Page<br>Number/Line<br>Number | Reported on<br>Section/Paragraph |
|----------------------|------------|--|---|----------------------------------|
| TITLE                |            |  |   |                                  |
| Title                | 1          | Identify the report as a Narrative Review of   | 1   | TITLE                            |
| ABSTRACT             |            |  |   |                                  |
| Unstructured summary | 2          | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.  | page 1                                    | ABSTRACT                         |
| INTRODUCTION         |            |  |   |                                  |
| Rationale/background | 3          | Describe the rationale for the review in the context of what is already known.   | pages 1-2                                 | INTRODUCTION                     |
| Objectives           | 4          | Specify the key question(s) identified for the review topic.   | end of page 2                             | INTRODUCTION                     |
| METHODS              |            |  |   |                                  |
| Research selection   | 5          | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).   | page 3                                    | LITERATURE<br>REVIEW             |
| DISCUSSION/SUMMARY   |            |  |   |                                  |
| Narrative            | 6          | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.  | page 4                                    | DISCUSSION                       |
| Summary              | 7          | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | page 7                                    | DISCUSSION                       |

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<sup>\*</sup>As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.