

Narrative Review Checklist

| Section/Topic | Item No | Item | Reported on Page Number/Line Number | Reported on Section/Paragraph |
|---------------------------|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|-------------------------------|
| TITLE | | | | |
| Title | 1 | Identify the report as a Narrative Review of ... | | |
| ABSTRACT | | | | |
| Unstructured summary | 2 | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development. | | |
| INTRODUCTION | | | | |
| Rationale/background | 3 | Describe the rationale for the review in the context of what is already known. | | |
| Objectives | 4 | Specify the key question(s) identified for the review topic. | | |
| METHODS | | | | |
| Research selection | 5 | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage). | | |
| DISCUSSION/SUMMARY | | | | |
| Narrative | 6 | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research. | | |
| Summary | 7 | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | | |