



Revisiting human liver anatomy: dynamic watershed theory

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The development of hepatic anatomy and its influence on hepatic surgery

The development of liver anatomy has occurred over hundreds of years, and a mature liver anatomy theory has been formed that was proposed by Couinaud, dividing the liver into 8 segments. However, many scholars have put forward opinions different from the “8 segments” theory (1).

Summing up the previous contributions, we can find several characteristics: (I) all liver anatomical models and vascular and biliary tract models are static in vitro models; and (II) scholars from various countries make use of various anatomical markers on the surface and inside of the liver to divide the liver into multiple independent functional units, namely liver segments, each of which has its own blood supply and drainage channels.

The direction of liver surgery has changed from non-anatomical resection to anatomical resection with changing anatomy. Theoretically, liver anatomical resection has several characteristics on the basis of the “8 segments” theory. (I) The metastasis of hepatocellular carcinoma spreads mainly along the segment portal vein, and intrahepatic bile duct stones are also distributed along the bile duct of the hepatic segment; therefore the lesion can be removed more thoroughly by anatomical resection; (II) there is an avascular area between liver segments; therefore, intraoperative bleeding can be better controlled during liver resection; (III) the different liver segments are essentially not related to each other. As independent functional units, if a liver segment is not completely resected, the affiliated residual liver segment may suffer ischemic necrosis or blood stasis due to insufficient blood supply or blocked outflow, while if a liver segment is completely resected, the

surrounding liver segment will not be affected (2).

After extensive clinical practice, we found many phenomena that could not be explained by the 8-segment theory (3).

- (I) The liver volume enlargement after associating liver partition and portal vein ligation for staged hepatectomy (ALPPS) are larger than that after portal vein ligation.
- (II) During hemi-hepatectomy, the amount of blood loss after half Pringle maneuver was significantly more than that after whole Pringle maneuver (4).
- (III) After embolization of left or right hepatic artery, postoperative angiography reexamination showed that the distal artery on the embolized side resumed blood supply even after the hepatoduodenal ligament was dissected and the perihepatic ligament was free (5).
- (IV) The resection of one hepatic vein will cause the blood stasis of drainage area for only a period of time, because the potential outflow tract will be opened, allowing the blood flow status of the liver to form a new equilibrium state (6).

“Static trunk type” and “Dynamic watershed type”

Traditional liver segment anatomy can be described as “trunk” structure. The main portal vein can be seen as the tree trunk, the portal vein of every segment can be seen as the branch of the trunk, and the blood of every segment is mainly supplied by the portal vein of the segment; there is no communication branch between the liver segments. Traditional liver segment anatomy regards the liver

segment as an independent functional unit, which to a certain extent ignores the relationship between the liver segments and between each segment and the whole liver, making every segment relatively isolated. The result of this theory is that surgeons are more inclined to treat the liver segment as an independent unit, diseases are distinguished by the liver segment, and surgery is also performed on the liver segment. This weakens the status of the liver as an independent organ.

After extensive clinical practice and summary, we believe that the relationship between liver segments should not be ignored, and the liver should be dissected as a whole organ. Compared with the “trunk type” theory, the inflow and outflow of blood in the liver more closely resemble the process of a river flowing through the land and eventually into the sea. The land around the river is irrigated jointly by adjacent tributaries, and the irrigation amount of different tributaries in this area is related to the distance to this area. Once a tributary is blocked and the water supply in the region is insufficient, other tributaries in the region will adapt to meet the irrigation needs of the region. However, if one tributary is blocked, it will cause a short-term stasis in the area, but as the adaptability of other tributaries changes, after this time window, the water in this area can also be drained through other adjacent tributaries and finally reach a new equilibrium state.

The concept of “dynamic watershed theory”

Liver dynamic watershed theory is used to redefine the distribution of blood vessels and blood flow in the liver and to change the description of blood vessels and blood flow in the liver from the traditional static trunk type to the dynamic watershed type. The blood vessels and blood flow in the liver are similar to the distribution of rivers in the watershed. Under normal conditions, the distribution in the liver watershed is relatively fixed. The liver tissue in a certain watershed is supplied by multiple peripheral hepatic artery branches and portal vein branches and is drained by several hepatic veins surrounding the watershed. The blood flow in the liver is in equilibrium under normal circumstances, and when one or several blood vessels (inflow or outflow vessels) in the watershed are blocked, the blood flow will be out of balance, and the liver tissues of the blocked watershed will suffer “islet effect”, which means that the liver tissues of the blocked watershed will be relatively ischemic or will experience blood stasis within a certain time window. However, to achieve a new balance of

inflow and outflow of the liver blood, other blood vessels in the watershed will provide additional blood supply or new outflow tracts for the liver tissue in the blocked watershed. After the “islet effect”, the blood flow of the liver will reach a new equilibrium state, and the distribution of watersheds will also change accordingly, forming a new distribution of liver watersheds, which is the liver dynamic watersheds theory.

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