

Cholangiocarcinoma: a review of the literature and future directions in therapy

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Abstract: Cholangiocarcinomas (CCA) are a group of rare cancers with an incidence of about 1.26 per 100,000 people. The disease reflects one of three different subtypes: intrahepatic, perihilar or hilar and distal cholangiocarcinoma. The preferred modality of definitive therapy is surgical resection with or without adjuvant therapy, however the majority of patients with this disease do not present at an early stage. Some efforts to improve survival rates have come in the form of offering neoadjuvant therapy prior to surgical resection or liver transplantation. Some new protocols are in the process of development for neoadjuvant therapy. Despite advancements in locally advanced or borderline resectable lesions, most patient present at an advanced stage. The mainstay of treatment for advanced stage disease is chemotherapy regardless of location. The mainstay of treatment in fit patients is the combination of gemcitabine and cisplatin. The addition of nab-paclitaxel to this backbone is currently being evaluated in phase III trial. In addition, the role of targeted therapy is currently being studied extensively through multiple different mutational pathways including isocitrate dehydrogenase-1 (IDH1), fibroblast growth factor receptor (FGFR), epidermal growth factor receptor (EGFR) and ERBB2 (HER2/neu). CCA remains a significant challenge in medicine, however recent studies have shown that there is significant interest in advancing therapy in the form of neoadjuvant, adjuvant and palliative intent treatment.

Keywords: Cholangiocarcinoma (CCA); rare cancers; targeted therapy; liver directed therapy; liver transplantation

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Introduction

Cholangiocarcinoma (CCA) is a group of heterogeneous, rare cancers with an incidence of about 1.26 per 100,000 people (1). The term CCA represents tumors in the intrahepatic or extrahepatic [perihilar (pCCA) *vs.* distal (dCCA)] bile ducts. Intrahepatic cholangiocarcinoma (iCCA) can often present as an incidental hepatic lesion (2). Saha *et al.* found an overall growth in the incidence of iCCA in the U.S. over both 40- and 10-year time periods (between 1973 and 2012), with minimal change in the incidence of perihilar and distal CCA (3).

Patients with CCA often present at late stages of the disease with nonspecific symptoms, such as painless jaundice, weight loss, or cholangitis. Prognosis is therefore guarded as these cancers are difficult to diagnose and treat; in fact, approximately half of untreated patients die within 3–4 months due to local tumor progression, bile duct **556**

obstruction, liver failure, or sepsis from cholangitis and abscesses. Treatment is palliative in these advanced cases (4) and may be limited to chemotherapy such as gemcitabine and cisplatin *vs.* upcoming targeted therapies. We present the following article in accordance with the Narrative Review reporting checklist (available at https://hbsn. amegroups.com/article/view/10.21037/hbsn-20-396/rc).

Objectives

The objective of our review of cholangiocarcinoma is to identify important literature over the past 20 years in the form of published research studies, both prospective and retrospective, and highlight the studies we felt were important to the advancement of treatment in cholangiocarcinoma during that time. We focused on surgical studies as well as medical based studies in the realm of palliative treatment.

Methods

We performed a thorough literature search focusing on both retrospective and prospective studies in cholangiocarcinoma. We queried PubMed as well as Google Scholar for our literature search. The literature reviewed primarily consisted of publications from the year 2000 to present published in English. Our discussion included primarily completed studies whose results were published but also included some studies current accruing.

Surgical treatment

Curative intent surgical resection is the standard of care for patients with iCCA (5). Because biliary tract cancers present at an advanced stage, only approximately 20% of tumors are considered resectable (6) compared with 70% for distal biliary duct carcinoma (7).

Pre-operative diagnostic workup (*Figure 1*) (10) in patients with iCCA involves evaluation of radiographic imaging, functional status, and routine blood work. Initial workup identifies a suspicious mass on imaging in the appropriate clinical setting and must be treated as malignancy (8). The typical radiographic characteristics of iCCA on contrast-enhanced imaging studies show a hypodense hepatic lesion without a capsule, and distal biliary dilatation. Rim enhancement can be seen in both arterial and venous phases after administration of the contrast agent (11). Biopsy of the mass to determine diagnosis is necessary prior to surgical resection (8). Radiographic data is a key aspect of surgical planning, as it assesses the potential of a radical R0 tumor resection. Endo *et al.* demonstrated that multiple hepatic tumors (P<0.001), regional nodal involvement (P=0.012), and large tumor size (P=0.016) independently predicted poor recurrence-free survival (12). A patient's function status, including ECOG scores, nutritional status, and co-morbidities are also important components of the pre-operative workup (8).

Albumin and total bilirubin levels can be used to predict the risk of post-operative hepatic failure, and preoperative serum albumin less than 3 g/dL often indicate poor prognosis of iCCA patients (7). Therefore, jaundicereducing strategies must be pursued in the pre-operative setting. Patients presenting with obstructive jaundice caused by hilar duct invasion should be considered for pre-operative biliary drainage (13). Pre-operative portal vein embolization (PVE) can be performed for patients who are estimated to have a post-operative residual liver deficiency, especially for patients with future liver remnant (FLR) volume less than 30%; this strategy has been observed to promote compensatory proliferation of the reserved residual liver and reduce post-operative complications and mortality (14).

A diagnostic laparoscopy may be considered to rule out unresectable widely metastatic or disseminated disease. The role of a staging laparoscopy in the management of iCCA is not well documented, but may be beneficial in some cases to identify intrahepatic metastases and vascular invasion. Goere et al. demonstrated that 36% of patients with iCCA were found to be unresectable due to laparoscopic detection of peritoneal or intrahepatic metastasis (15). It can serve as an important tool to assess contraindications to surgical resection, including multifocal hepatic disease, lymph nodes metastases beyond the porta hepatis and distant metastatic disease (16). Pre-operative biopsies are not always necessary before proceeding with resection (15). Biopsy should only be pursued once transplant and/or respectability status has been determined. Typically, for patients undergoing resection, a biopsy is not usually necessary. When done, the preferred biopsy approach is an intraluminal biopsy for potential transplant patients (8).

Until 1979, the surgical treatment of iCCA included only bile duct resection, which was associated with numerous debilitating post-operative complications and increased morbidity and mortality. Launois *et al.* demonstrated the improvement in overall survival (OS) when bile duct resection was combined with hepatic resection (17). Current surgical treatment for iCCA includes R0 resection,



Figure 1 Suggested treatment pathways for subtypes of cholangiocarcinoma adapted from NCCN Guidelines (8) and ASCO Clinical Practice Guidelines (9). Patients with unresectable hilar cholangiocarcinoma who meet the criteria based on Mayo's clinical protocol (10) are considered for referral to a liver transplantation center.

lymphadenectomy, total gross resection of the involved biliary tracts, blood vessels and surrounding tissues in adjacent organs, and reconstruction (13). The overall goal of surgery is hepatic resection with negative margins and while major resections are often necessary, wedge and segmental resections are pursued if a negative margin can be achieved (12).

Surgical intervention ideally involves hepatic resection with negative microscopic margins (R0) and a porta hepatis lymphadenectomy (18). Radical resection offers a 5-year survival ranging between 25-45% (19). Most tumors, however, are diagnosed at an advanced stage and the respectability rate is low (6). Compared to patients who undergo R0 resection, R1 resections that result in a microscopically positive margin are associated with a higher risk of recurrence and a shorter overall survival (20). Furthermore, Kim and colleagues demonstrated that adjuvant radiation after surgical resection improves recurrence-free survival in R1 disease due to improvement in loco-regional control (21).

PCCA represents more than 50% of all biliary tract cancers for which radical surgical resection is the only treatment offering a chance of long-term survival (22). Nuzzo *et al.* conducted an Italian multicenter analysis of 440 patients to evaluate improvements in operative and longterm post-operative results following surgery for pCCA (23). The group found that although surgical techniques have become more aggressive (including more frequent caudate lobectomies, vascular resections, and resections for advanced tumors), median overall survival has increased. In addition, intraoperative blood transfusion rates decreased from 81.0% to 53.2% and mortality decreased from 13.6% to 10.8%; median overall survival significantly increased from 16 to 30 months (P=0.05). For dCCA, pancreaticoduodenectomy procedures are indicated in patients who are considered surgical candidates (21).

Liver transplant (LT)

Although surgical resection is a curative treatment for a number of patients, extensive hilar invasion, bilateral liver involvement, and vascular encasement often preclude curative resection. There are no clearly defined criteria for selecting patients who are candidates for transplant in the setting of cholangiocarcinoma, however based on the Mayo clinic data, patients should have a lesion no larger than 3 cm, without evidence of metastatic disease [based on full body imaging and endoscopic retrograde cholangiopancreatography (ERCP)]. The Mayo protocol also excludes iCCA as well as gall bladder carcinoma (10).

In addition, many patients with underlying primary sclerosing cholangitis (PSC) are unable to successfully undergo surgical resection due to advanced tumor stage (24). LT is efficacious in these patient populations with unresectable iCCA because it avoids the need to achieve tumor-free margins within the liver (25). However, due to highly controversial outcomes, LT is generally not recommended as a routine procedure for iCCA (26).

Currently most patients with iCCA are excluded from transplantation. However, one early report demonstrated that among 28 transplant patients with PSC, 10 patients had small incidental iCCA measuring <1.0 cm in diameter which were found intra-operatively. None of these patients experienced tumor recurrence; the 5-year survival rate was 83%, comparable to that of patients without iCCA. Four patients in this study with known tumors prior liver transplantation had tumor recurrence within 6 months and had a significantly worse outcome (P<0.0001) (27). A Spanish multicenter study reported the outcomes of solitary iCCA <2 cm, referred to as "very early," in cirrhotic patients and among eight patients with "very early" iCCA, including four incidental tumors, there was a 5-year survival of 73% without tumor recurrence (28). Although further studies are needed to elucidate the selection criteria for LT among patients with iCCA, current literature supports LT in a select patient population with small

solitary tumors.

Initial attempts at liver transplantation alone for the treatment of iCCA were faced with high rates of early disease recurrence and poor patient survival (24). The Cincinnati Transplant Registry reported a 28% 5-year survival with a 51% tumor recurrence rate in patients who underwent liver transplantation with no other treatments (29). Spanish liver transplant centers reported similar results with a 30% 3-year survival for their patient cohort that underwent a LT alone (30).

Between 1993 and 2004, Rea and colleagues (31) analyzed combining the benefits of radiotherapy, chemosensitization, and liver transplantation for patients with unresectable iCCA compared to surgical resection. Patient survival was significantly higher after liver transplantation compared to potentially curative resection (P=0.022), with a lower incidence of tumor recurrences in the transplant patients than resection patients, 13% vs. 27%, respectively. Five-year survival after resection in this study was 20%, whereas neoadjuvant therapy in 71 patients followed by subsequent transplantation (in 38 patients) resulted in a five-year survival rate of 82%. This study suggested that LT with neoadjuvant therapy appeared to have a greater efficacy than resection for selected patients with localized, node-negative hilar cholangiocarcinoma. The biggest disadvantage of LT for iCCA is the limitation of donor organ availability (25).

A small single institution experience demonstrated that among twelve patients with iCCA who underwent LT after neoadjuvant chemotherapy in the pre-transplantation setting, there was an overall survival of 100% [95% confidence interval (CI): 100–100%] at 1 year, 83.3% (95% CI: 27.3–97.5%) at 3 years, and 83.3% (95% CI: 27.3–97.5%) at 5 years (32). This study suggested that selecting patients with locally advanced IHCC who show pre-transplant disease stability on neoadjuvant therapy may benefit from liver transplantation. In addition, patients with small solitary tumors or well-differentiated iCCAs could have a more favorable long-term survival after LT (33).

Adjuvant therapy

Several large randomized control trials have been published recently clarifying the role of adjuvant therapy for iCCAs (34), many of these studies are reviewed in our text (*Table 1*).

In 2019, Primrose *et al.* were one of the first teams to demonstrate efficacy of adjuvant therapy for resected cholangiocarcinoma or gallbladder cancer. In their phase 3 study, the BILCAP trial, 447 patients with R0 (complete resection with negative margins) disease were randomized to receive capecitabine at a dose of 1,250 mg/m² 14 days out of a 21-day cycle for a total of 6 months compared to observation. Although the intentionto-treat analysis was negative and this study did not meet its primary endpoint of improving overall survival, results demonstrated an improvement in median overall survival (OS) for capecitabine compared to observation alone with median overall survival of 51.5 and 36.4 months, respectively (P=0.097) (41). Prespecified sensitivity and perprotocol analyses suggest that capecitabine can improve overall survival in patients with resected iCCA when used as adjuvant chemotherapy following surgery. Based on these data, capecitabine has become the new standard of care after curative intent resection of biliary tract cancer according to the ASCO guidelines (34).

This publication was soon followed by two gemcitabinebased chemotherapy regimens. As part of the Bile Duct Cancer Adjuvant Trial (BCAT), Ebata *et al.* (9) published data from Japan in 2018 with 225 patients randomized to gemcitabine at a dose of 1,000 mg/m² on days 1, 8, and 15 of a 28-day cycle for 6 cycles. The results showed no significant difference in overall survival between the gemcitabine adjuvant chemotherapy group and the observation group (P=0.964).

Next was the PRODIGE-12 trial by Edeline *et al.* (6) that randomized 196 patients who underwent R0/R1 resection across 33 centers to receive gemcitabine 1,000 mg/m² on day 1 and oxaliplatin 85 mg/m² on day 2 of a 14day cycle for 12 cycles compared to surveillance. Median OS in the chemotherapy group was 75.8 *vs.* 50.8 months in the observation arm, though this was not statistically significant (P=0.74). While the study was negative, this was a smaller number of patients with lower numbers of nodepositive disease and a high proportion of iCCA, which could have underestimated the true benefit of gemcitabine and platinum chemotherapy in the adjuvant setting.

The most current phase III trial is ongoing. ACTICCA-1, adjuvant chemotherapy with Gemcitabine and Cisplatin Compared to the newly established standard regimen of adjuvant Capecitabine is currently in the recruitment stage (42) to clarify the role of standardized adjuvant chemotherapy, particularly in high-risk patients with node positive disease (5). This trial aims to elucidate the superiority of the combination regimen versus the oral monotherapy.

Neoadjuvant therapy

Most patients with iCCA have advanced disease at presentation and relapse despite surgical interventions (18).

Until 2010, there was no specific first-line treatment for metastatic or locally advanced biliary carcinomas. Gemcitabine had been increasingly used to treat hepatobiliary cancer based on its known efficacy in pancreatic cancer (2). Cisplatin is well-known to have a synergistic effect in combination with gemcitabine in other tumors types, including lung (49), bladder (50), and head and neck cancers (51). This is believed to be because of the interactions of these agents within the stroma and effects on tumor-associated macrophages and tumor-associated fibroblasts, augmenting the uptake of chemotherapeutic drugs by tumor cells, leading to apoptosis and depletion of cancerous collagen deposition (52). The Advanced Biliary Cancer (ABC)-01 trial was among the first to show an improvement in 6-month progression-free survival rate from 45.5% (95% CI: 30.5-59.3%) to 57.1% (95% CI: 41.0-70.3%) in a randomized, phase 2 trial comparing gemcitabine alone to gemcitabine in combination with cisplatin in a cohort of 86 patients (38). A similar study design was used in the phase III ABC-02 with a total of 400 patients, which confirmed a significant survival advantage in patients treated with gemcitabine and cisplatin compared to gemcitabine alone for the treatment of advanced biliary cancer (P<0.001) (2).

Prior to these landmark trials, a Japanese trial in 2010 utilized the same treatment regimens as those used in ABC-02 trial and demonstrated a median overall survival of 11.2 months in the cisplatin-gemcitabine group compared with 7.7 months in the gemcitabine-only group (P=0.139) (39). The BINGO trial in 2014 randomly assigned 101 patients to receive gemcitabine plus oxaliplatin with or without cetuximab and found 4-month progression-free survival rates of 54% (95% CI: 43–65%) in the gemcitabine-oxaliplatin only group and 63% (95% CI: 52–74%) in the gemcitabine-oxaliplatin plus cetuximab group (48). To date, the ABC-02 study remains the benchmark for treating newly diagnosed, advanced ICCs.

In 2019, the MD Anderson group of Shroff *et al.* (40) tested if the addition of nano-albumin bound paclitaxel (nab-paclitaxel) would improve outcomes when added to gemcitabine and cisplatin. Their single-arm, phase II trial enrolled 60 patients and the cohort were compared to historical controls. After an initial concern with

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Table 1 Neoadjuvant therapies

Study	Type of study	Subtype	Number of patients eligible for treatment	Treatment	Comparator group	Outcome (resectable after treatment)	Median overall survival	Follow up treatment
leoadjuvant ther	apies							
Le Roy <i>et al.</i> 2017, (35)	Neoadjuvant	iCCA	74 vs. 82 (surgery alone)	Gemcitabine/Oxaliplatin [44]; Gemcitabine based regimen NOS [4]; Gemcitabine [3]; TACE/ RFA [4]; FOLFOX/FOLFIRI [19]	Surgery alone	53%	OS: 24.1 (Chemotherapy then surgery) <i>vs.</i> 25.7 in surgery group (P=0.391)	Surgery if amenable, chemotherapy if unresectable
Zaborowski <i>et al.</i> 2020, (36)	Neoadjuvant	pCCA	37	5-FU + Radiation followed by maintenance capecitabine	None	70% Response rate (43% pCR)	OS: 83.8 months (pCR), 20.9 months (residual disease)	Surgery
Wiedmann <i>et al.</i> 2003, (37)	Neoadjuvant	pCCA	7	Photodynamic therapy	None	83% 1-year disease free survival	N/A	Surgery
Rea <i>et al.</i> 2005, (31)	Neoadjuvant	pCCA, iCCA	71	5-FU/Capecitabine+ Radiation followed by Liver Transplant	Resection			
Valle <i>et al.</i> 2009, ABC-01 (38)	, Palliative	iCCA, pCCA, dCCA or ampullary carcinoma	86	Gemcitabine 1,000 mg/m ² or preceded by cisplatin 25 mg/m ² (on a 2-week in every three-week cycle, 8 cycles)	Gemcitabine 1,000 mg/m ² as a single agent		PFS: 6-month progression-free survival rate from 45.5% (95% CI: 30.5–59.3%) to 57.1% (95% CI: 41.0–70.3%)	Surgery was an option for some patients eligible but was not the end point
Valle e <i>t al.</i> 2010, ABC-02 (2)	, Palliative	iCCA, pCCA, dCCA or ampullary carcinoma	410	Cisplatin (25 mg per square meter of body- surface area) followed by gemcitabine (1,000 mg per square meter), each administered on days 1 and 8, every 3 weeks for eight cycles	Gemcitabine alone (1,000 mg per square meter on days 1, 8, and 15, every 4 weeks for six cycles) for up to 24 weeks		OS: 11.7 months among the 204 patients in the cisplatin– gemcitabine group and 8.1 months among the 206 patients in the gemcitabine group (hazard ratio, 0.64; 95% CI: 0.52–0.80; P<0.001)	
Okusaka <i>et al.</i> 2010 (39)	Palliative	Unresectable CCA	84	Cisplatin 25 mg/m ² followed by gemcitabine 1,000 mg/m ² on days 1, 8 of a 21-day cycle (GC-arm)	Single-agent gemcitabine 1,000 mg/m 2 on days 1, 8 and 15 of a 28-day cycle (G-arm)		OS: 11.2 months in the cisplatin-gemcitabine group compared with 7.7 months in the gemcitabine-only group (P=0.139)	
Shroff <i>et al.</i> 2019, (40)	Palliative	iCCA, pCCA, dCCA	60	Gemcitabine, 1,000 mg/m ² , cisplatin, 25 mg/m ² , and nab-paclitaxel, 125 mg/m ² , on days 1 and 8 of 21-day cycles			OS: 19.2 months, (95% CI: 13.2 months to non-estimable) with 12-month OS rate of 66% (95% CI: 51–78%). Among high-dose recipients, OS was 19.5 months (95% CI: 10.0–NE), with 15 patients having died, and 15.7 months (95% CI: 8.7–NE) among reduced-dose recipients, with 10 patients having died (P=0.39)	Curative surgery
djuvant therapie	es							
Primrose <i>et al.</i> 2019, BILCAP trial (41)	Adjuvant	iCCA	447 total (223 received treatment)	Capecitabine 1,250 mg/m ² 14 days out of a 21-day cycle for a total of 6 months	Observation	Improved OS in patients with resected cancer when capecitabine used as adjuvant chemotherapy	OS: 51.5 (treatment group) and 36.4 months (observation) (P=0.097)	None
Ebata <i>et al.</i> 2018, BCAT (9)	Adjuvant	iCCA	225 total (117 received treatment)	Gemcitabine 1,000 mg/m ² on days 1, 8, 15 for 28-day cycle for total 6 cycles	Observation	No significant difference in OS between Gemcitabine adjuvant chemotherapy group and observation group	OS: 62.3 vs. 63.8 months in treatment vs. observation group, respectively; hazard ratio 1.01, 95 per cent c.i. 0.70 to 1.45; P=0.964)	None
Edeline <i>et al.</i> 2019, PRODIGE (6)	Adjuvant	iCCA	196	Gemcitabine 1,000 mg/m ² on day 1 and oxaliplatin 85 mg/m ² on day 2 of a 14-day cycle for 12 cycles	Observation	No benefit of adjuvant GEMOX in resected biliary tract cancers despite adequate tolerance and delivery of the regimen	OS: 75.8 months (treatment arm) vs. 50.8 months in observation arm (P=0.74)	None
Stein <i>et al.</i> 2015, ACTICCA-1 (42)		iCCA, pCCA	781	Gemcitabine 1,000 mg/m ² and cisplatin 25 mg/m ² on days 1 and 8 every 3 weeks for 24 weeks	Capecitabine 1,250 mg/m ² on day 1 to 14 every 3 weeks for 24 weeks	Ongoing trial	Ongoing trial	None

Table 1 (continued)

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Table 1 (continued)

Study	Type of study	Subtype	Number of patients eligible for treatment	Treatment	Comparator group	Outcome (Resectable after treatment)	Median overall survival	Follow up treatment
argeted therapie	es							
Lowery <i>et al.</i> 2019 (43)	Palliative/ Targeted	IDH1 + CCA		IDH1	Ivosedinib 500 mg daily	No dose-limiting toxicities were reported and maximum tolerated dose was not reached	N/A	None
Abou-Alfa et al. 2019 ClarlDHy (44)		iCCA	185 (124 received treatment)	IDH1	Ivosedinib 500 mg daily	PFS was significantly improved with ivosidenib compared with placebo	PFS: 2.7 [95% CI: 1.6–4.2] months vs. 1.4 [1.4–1.6] months; hazard ratio 0.37; 95% CI: 0.25–0.54; one-sided P<0.0001	None
Jayle et al. 2018 (45)	Palliative/ Targeted	iCCA	71	FGFR2 fusions	Infigratinib 125 mg orally daily for 21 days of 28-day cycles	Clinically meaningful activity after chemotherapy in pts with intrahepatic cholangiocarcinoma containing <i>FGFR2</i> fusions with ORR (confirmed and unconfirmed) was 31.0% (95% CI: 20.5–43.1%) and the cORR (in pts with potential for confirmation) was 26.9% (95% CI: 16.8–39.1%)	N/A	None
Philip <i>et al.</i> 2006 (46)	Palliative/ Targeted	Unresectable iCCA	42	Epidermal growth factor receptor/human epidermal growth factor receptor 1	Erlotinib 150 mg daily	Therapeutic benefit for EGFR blockade with erlotinib	PFS: 6 month PFS 17% (95% CI: 7-31%)	None
Gruenberger <i>et al.</i> 2010 (47)	Palliative/ Targeted	Unresectable CCA	30	Epidermal growth factor receptor/human epidermal growth factor receptor 1	Cetuximab 500 mg/m ² and gemcitabine 1,000 mg/m ² on day 1 with oxaliplatin 100 mg/m ² on day 2, every 2 weeks for 12 cycles	Cetuximab plus GEMOX was well tolerated and had encouraging antitumor activity, leading to secondary resection in a third of patients. Objective response in 19 patients (63%; 95% CI: 56.2–69.8%), of whom three (10%; 3.2–16.8%) achieved complete response, and 16 (53%; 46.2–59.8%) achieved partial response	N/A	Curative surgery, eligible
Malka <i>et al.</i> 2014 (48)	Palliative/ Targeted	Unresectable CCA	150	Epidermal growth factor receptor/human epidermal growth factor receptor 1	Gemcitabine 1,000 mg/m ² and oxaliplatin 100 mg/m ² with or without cetuximab 500 mg/m ² repeated every 2 weeks until disease progression or unacceptable toxicity	The addition of cetuximab did not improve OS in EGFR+ Cholangiocarcinoma	PFS: 6.1 months (experimental) vs. 5.5 months (chemo alone). OS: 11.0 months in experimental vs 12.4 months in chemotherapy group	None

iCCA, intrahepatic cholangiocarcinoma; pCCA, perihilar cholangiocarcinoma; dCCA, distal cholangiocarcinoma; pCR, pathological complete response; OS, overall survival; PFS, progression-free survival; IDH1, isocitrate dehydrogenase-1; FGFR, fibroblast growth factor receptor; EGFR, epidermal growth factor receptor; ORR, overall response rate.

hematologic toxicities from higher doses of gemcitabine and nab-pacitaxel, these doses were adjusted and the triplet regimen was found to be safe and well-tolerated. In the experimental group, the median overall survival of the entire cohort was 19.2 months, (95% CI: 13.2 months to non-estimable) with 12-month OS rate of 66% (95% CI: 51-78%). Post hoc analysis showed that median OS among high-dose recipients was 19.5 months (95% CI: 10.0 months to NE), with 15 patients having died, and 15.7 months (95% CI: 8.7 months to NE) among reduceddose recipients, with 10 patients having died (P=0.39) Median progression-free survival was 11.8 months (95% CI: 6.0 to 15.6 months). In this study, 12 patients out of 60 (20%) were converted from unresectable to resectable disease and subsequently underwent curative surgery; of the twelve, 2 patients achieved a pathologic complete response. These results suggest a synergistic association between the triple combination therapy and patients' treatment responses and was felt to merit further investigation.

These initial findings have led to the recently opened pivotal phase III study, SWOG 1,815 comparing gemcitabine, cisplatin versus gemcitabine, cisplatin and nab-paclitaxel (53). This study is planned to enroll 268 patients across the United States with a primary endpoint of median overall survival. If positive, this could represent a new standard of care for newly diagnosed, advanced iCCA patients.

The impressive response and conversion rates noted in the phase 2 Shroff study has led to the hypothesis that the same triplet chemotherapy regimen in patients with highrisk, resectable iCCA given in the neoadjuvant setting could improve recurrence free and overall survival. An ongoing multicenter study is thus assessing the feasibility of using gemcitabine, cisplatin and nab-paclitaxel in patients with resectable iCCA. Patients with histologically confirmed iCCA should have: solitary lesions greater than 5 cm, clinically T1b or higher, multifocal disease or satellite lesions within the same lobe but still resectable, presence of major vascular invasions, suspicious regional lymph nodes (N1), absence of distant extrahepatic disease (54). This study could lead to a major breakthrough in neoadjuvant therapy based on a high response rate for patients who have borderline resectable cancer that may not have responded to gemcitabine/cisplatin alone.

The study design calls for four 21-day cycles with the chemotherapy given once per week for 2 weeks with a week off. The doses reflect the triplet dosing that was moved forward for SWOG 1815. Following 4 cycles of treatment, patients will have re-staging scans and surgery if they are surgical candidates. Adjuvant treatment will be allowed per NCCN guidelines and at the discretion of the treating physician. The plan is to enroll 34 patients in the initial phase of the study while monitoring safety data as well as responses. This study will be important in determining the feasibility, safety and efficacy of neoadjuvant therapy in this disease (54).

Targeted therapy

The molecular understanding of iCCA pathogenesis has improved, allowing for new potential molecular biomarkers and novel targeted and immunotherapies (55). The most commonly identified mutations are isocitrate dehydrogenase isoenzyme (IDH1) and KRAS (56). Mutations in IDH1 are present in approximately 15-25% of iCCA tumors, leading to epigenetic and genetic changes promoting oncogenesis via the production of oncometabolite 2-hydroxyglutarate (2-HG) (57). Ivosidenib (AG-120) is an IDH-1 inhibitor that was evaluated in iCCA patients in a phase I trial and 56% of patients treated with this drug had stable disease and 5% had a partial response (43). ClarIDHy, a phase 3 clinical trial which assessed progression-free survival as a primary endpoint in patients receiving AG-120 versus matched placebo found that PFS with AG-120 versus placebo was 2.4 vs. 1.4 months, with 95% CI: 0.25-0.54; P<0.001. There was a trend towards improved median overall survival with ivosidenib (10.8 vs. 9.7 months for placebo; HR 0.69; one-sided P=0.06), with 57% of placebo-treated patients crossing over to ivosidenib (crossover-adjusted median overall survival was 6 months for placebo; HR 0.46; P=0.0008) (44). Based on these data, there may be a role for AG-120 in the neoadjuvant setting in the future.

Fibroblast growth factor receptor 2 (*FGFR2*) fusions occur in 13–17% of IHCC. In 2018, a phase II trial evaluated infigratinib, an *ATP*-competitive *FGFR1-3*-selective oral tyrosine kinase inhibitor, in patients with refractory advanced ICC following chemotherapy with positive *FGFR2* fusions. Primary endpoint in this study was confirmed overall response rate (ORR), which was 31% (95% CI: 20.5–43.1%) and in patients with potential for confirmation, confirmed ORR was 26.9% (95% CI: 16.8–39.1%); this study's findings suggest clinically meaningful activity following chemotherapy in patients with *FGFR2* fusion positive IHC (45). The impressive ORR also suggests there may be utility for these targeted agents in the neoadjuvant setting.

Other targeted therapies are aimed at epidermal growth

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factor receptors (EGFR) and HER2/neu receptor blockers which harbor erbB2 mutations. Erlotinib and cetuximab are EGFR inhibitors and have been tested as second-line monotherapy or in combination with cytotoxic therapy. Philip et al. demonstrated that erlotinib monotherapy resulted in an overall response rate of 10% in patients with advanced iCCA (46). Gruenberger and colleagues further showed that when the EGFR inhibitor cetuximab was combined with gemcitabine oxaliplatin, the overall response rate was 63%, among whom 10% achieved a complete response; one-third of patients who received the combination therapy were able to undergo surgical resection due to dramatic response (47). However, when cetuximab was combined with gemcitabine/cisplatin in a phase II trial, the addition of the EGFR inhibitor did not result in differences in outcomes or disease control (48). Thus, the potential roles for these agents in both the advanced and neoadjuvant settings remain unclear.

In the case of *erbB2* mutations, these mutations are significantly less prevalent in patients with iCCA compared to breast and other gastrointestinal malignancies. However, when they are present, they appear to confer a worse prognosis (58). Wiggers *et al.* also reported a statistically significant higher expression of *HER2* in pCCA and dCCA [risk ratio 0.22 (95% CI: 0.07–0.65)] than in iCCA (59). Ongoing trials are testing the efficacy of *HER2* targeting agents in pCCA and dCCA. This is also the case in patients with mutations in the *AKT/mTOR* pathway. Presence of these mutations are associated with a worse prognosis; Goyal *et al.* conducted a phase II trial in 2017 of an allosteric *AKT* inhibitor (MK2206) which was prematurely terminated due to no objective clinical activity in patients with cholangiocarcinoma (60).

Immunotherapy

As seen with other gastrointestinal malignancies, mismatch repair (*MMR*) deficiency is present in only 5% of iCCAs (61). The KEYNOTE-016 and KEYNOTE-158 trials demonstrated that among patients with *MMR*deficient tumors, these tumors are sensitive to immunecheckpoint blockade with overall response rates ranging from 37–57% (62). Although *MSI-H* tumors are rare, anti-*PD-1/PD-L1* monoclonal antibodies exert some antitumor activity in a subset of advanced biliary tract cancers (63). Ueno *et al.* reported the results of KEYNOTE-158 study evaluating antitumor activity and safety of pembrolizumab in 104 patients with advanced biliary tract cancers with prior progression/intolerance on standard therapy. ORR was 5.8% and found that among the 99 patients in whom MSI status was evaluated, none were MSI-H. PD-L1 expression by IHC assay demonstrated that 61 of 95 tumor samples expressed PD-L1 and ORR was 6.6% (95% CI: 1.8–15.9%) and 2.9% (95% CI: 0.1–15.3%) among patients who were PD-L1 positive and negative, respectively (64). Given limited single agent activity, ongoing studies are looking at novel immunotherapy combinations to enhance efficacy. However, only if improved ORRs are noted could these approaches be considered in the neoadjuvant setting.

Conclusions

iCCA, while rare, is a significantly understudied malignancy. The poor overall survival makes this a disease state that needs significant improvement in the treatment algorithm. Studies showing the addition of chemotherapy to current backbones or new backbones are necessary given that recent studies have shown overall survival benefit (40). The advent of next generation sequencing and mutation detection has allowed us to identify potential therapeutic targets and ongoing studies have shown limited success to date. The best data supporting current treatment modalities remains in the transplant space. Currently, most patients present at advanced stage disease, therefore improving detection methods in the future including with circulating tumor DNA or better screening modalities could increase the number of patients found in early stages that may allow us to treat more patients with surgical resection or transplantation. The role of targeted treatment will also improve and the field may see a silver bullet similar to other diseases in the future, but that may be years away. Current treatments have improved survival marginally with targeted therapy. With newer therapies being directed towards CCA specific mutations, we hope to see larger survival benefits and also improved quality of life.

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Footnote

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