



Comment on: “*Impact of portable normothermic blood-based machine perfusion on outcomes of liver transplant: the OCS Liver PROTECT randomized clinical trial*”

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We read with great interest the paper by Markmann *et al.* entitled “*Impact of portable normothermic blood-based machine perfusion on outcomes of liver transplant: The OCS Liver PROTECT randomized clinical trial*” (1). In this multicenter randomized clinical trial, the authors compared posttransplant outcomes for recipients who received donation after brainstem death (DBD) or donation after circulatory death (DCD) livers preserved using ischemic cold storage (ICS) or a portable normothermic machine perfusion (NMP) [Organ Care System (OCS) Liver]. The primary endpoint was the incidence of early allograft dysfunction (EAD) as defined by Olthoff *et al.* criteria (2). The trial was methodologically designed to test both non-inferiority on the primary endpoint, and superiority if non-inferiority was achieved. This study was conducted from 2016 to 2019 at 20 US liver transplant programs. From the 476 patients randomized after graft acceptance and before the harvesting team left, 300 recipients were included: 153 patients in the OCS group and 147 in the ICS group. Both groups were comparable, except for the proportion of DCD grafts, which was twice as high in the OCS group compared to the ICS control group (19% *vs.* 9%). The trial met its primary efficacy endpoint by demonstrating statistical non-inferiority and superiority of outcomes for the OCS group compared to the ICS group in the per-protocol population and also in the intention-to-treat analysis population. The incidence of EAD was significantly reduced in the OCS group compared to the ICS group in the per-protocol analysis (18% *vs.* 31%, respectively; $P=0.01$), as well as in

the intention-to-treat analysis with a relative decrease in EAD of 45% in the OCS group ($P=0.005$). Regarding the secondary endpoints, ischemia-reperfusion injury (6% *vs.* 13%; $P=0.004$), and the rate of non-anastomotic ischemic biliary complications at 6 months (1.3% *vs.* 8.5%; $P=0.02$) and at 12 months (2.6% *vs.* 9.9%; $P=0.02$) were significantly reduced in the OCS group, while 30-day patient survival was comparable between the 2 groups.

This is the first multicenter randomized controlled trial to test a portable NMP directly used at the donor hospital. Given the complexity of both the logistics and the normothermic perfusion process, the authors are to be congratulated on their success in conducting this trial, which included a substantial number of patients in a limited period of time at 20 US centers. Their important findings were awarded at the American Congress of Transplantation, and subsequently allowed the OCS Liver machine to be granted pre-market approval by the FDA (3). The OCS Liver machine is now the only FDA-approved *ex vivo* perfusion system for prolonging the viability of donor livers for transplantation.

This trial provides some new interesting data regarding normothermic perfusion of liver grafts compared to previous published randomized clinical trials (4,5).

Firstly, the authors chose EAD defined according to the Olthoff's criteria as primary endpoint. This is a more relevant clinical criterion for assessing the performance of the machine than the peak level of transaminases, as used in the trial published by Nasralla *et al.* (4). Although the

authors did not detail and explain the calculation of the sample size in order to validate the statistical hypothesis, they found that normothermic perfusion on the OCS Liver machine reduced EAD by nearly 45% compared with ICS. As already reported in the literature, EAD was associated in this trial with a significant reduction in the length of ICU stay, and with a worse graft survival at 12 months. However, at 12 months after transplantation, the use of the OCS liver did not affect graft and patient survival which were comparable with the ICS group, despite a significant decrease in the rate of ischemic biliary complications after normothermic perfusion (2.6% *vs.* 9.9%).

The main innovative aspect of this study concerns the modality of the normothermic perfusion of the liver graft, related to the portability of the machine. Despite a logically longer total preservation time in the OCS group, the mean duration of cold ischemia was significantly reduced, by almost 3 h compared to the ICS group (175 *vs.* 339 min, $P < 0.001$). In this trial, NMP was started directly at the hospital donor, without prior cold ischemic storage. In previously published studies, it was a post-cold storage NMP with a mean duration of cold ischemic storage ranging from 2 to 8 hours (4-6). The authors highlight the importance of avoiding this duration of cold ischemia to optimize outcomes, particularly for DCD grafts for which the incidence of EAD can reach up to 46% (7). In France, the incidence of EAD for DCD grafts is around 18% and similar to the OCS group, thanks to both the application of selection criteria for DCD grafts and the use of *in situ* normothermic regional perfusion (8).

Another advantage of the OCS machine highlighted by the authors was the increase in the number of DCD grafts used compared to the control group (51% *vs.* 26%; $P = 0.007$). This imbalance between both groups could be explained by the unblinded process of randomization, as the authors explained. For obvious logistical reasons related to the transport of the machine, randomization was performed before the departure of the harvesting team, potentially resulting in a stricter selection of grafts in the group without machine. This probably also explains the higher number of discarded grafts during assessment in the ICS group compared to the OCS group (22 *vs.* 9, respectively). Despite this potential selection bias, the use of the machine probably allowed more grafts to be accepted and the outcomes were not adversely affected by the higher proportion of DCD grafts in the OCS group.

Concerning the feasibility of the procedure, only 3 minor problems (2%) were reported, without any consequence on

the success of the transplantation. However, the lack of data on the transport of the perfused graft is regrettable. Given the complexity of perfusion in normothermic conditions and the logistics involved in transporting the machine, it would have been interesting to know how the machine was transported and monitored from the donor hospital site to the transplant center, the duration of transport, and what the learning curve was for its use.

In conclusion, The OCS Liver PROTECT trial is the first randomized controlled trial to demonstrate the reduction of early graft dysfunction by the use of a portable normothermic perfusion machine without prior ICS. The trial adds to previous randomized trials of normothermic (4,5) and hypothermic (9,10) perfusion machine and supports the benefit of machines in expanding the donor pool and in optimizing the outcomes of liver transplantation. Data are still needed to specify the complementarity of normothermic and hypothermic perfusion machines.

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Footnote

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