

# BCNU/PLGA microspheres: a promising strategy for the treatment of gliomas in mice

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**Objective:** To investigate the effects of BCNU/PLGA microspheres on tumor growth, apoptosis and chemotherapy resistance in a C57BL/6 mice orthotopic brain glioma model using GL261 cell line.

**Methods:** BCNU/PLGA sustained-release microspheres were prepared by the water-in-oil-in-water emulsion technique. GL261 cells were intracranially injected into C57BL/6 mouse by using the stereotactic technology. A total of 60 tumor-bearing mice were randomly and equally divided into three groups: untreated control, PLGA treated, BCNU/PLGA treated. Magnetic resonance imaging (MRI) was taken to evaluate tumor volume. BCNU/PLGA sustained-release wafers were implanted in the treatment group two weeks after inoculation. Survival time and quality were observed. Specimens were harvested, and immunohistochemical staining was used to check the expression of Bax, Bcl-2, and O<sup>6</sup>-methylguanine-DNA methyltransferase (MGMT). Statistical methods was used for analysis of relevant data.

**Results:** BCNU/PLGA sustained-release wafers were fabricated and implanted successfully. There is statistical difference of survival time between the BCNU/PLGA treated group and control groups ( $P < 0.05$ ). MRI scan showed inhibitory effect of BCNU/PLGA on tumor growth. Compared to the group A and B, BCNU/PLGA decreased the expression of apoptosis related gene Bcl-2 ( $P < 0.05$ ), but did not elevate the expression level of Bax ( $P > 0.05$ ), with the ratio of Bax/Bcl-2 increased. For MGMT protein expression, no statistically significant change was found in treated group ( $P > 0.05$ ).

**Conclusions:** Local implantation of BCNU/PLGA microspheres improved the survival quality and time of GL261 glioma-bearing mice significantly, inhibited the tumor proliferation, induced more cell apoptosis, and did not increase the chemotherapy resistance.

**Keywords:** BCNU/PLGA microspheres; glioma; interstitial chemotherapy; apoptosis



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## Introduction

Gliomas, accounting for more than 40% of brain tumors, are the most common primary tumors of the central nervous system (CNS). Surgical resection and radiotherapy have provided mild survival benefit, however the chemotherapeutic strategies to treat malignant glioma, including glioblastoma multiforme (GBM), have long been limited. Two major obstacles, which restrict the efficacy of anti-tumor for gliomas, are their dose-limiting toxicities to systemic organs and poor delivery across the blood-brain

barrier (BBB). Furthermore, recent efforts have been put on designing polymer devices that release anti-neoplastic drugs sustainedly into the surgical cavity of resection, which is due to the features of malignant gliomas local recurrence.

BCNU (also called as carmustine), an important chemotherapeutic alkylating agent, is able to partially cross the BBB due to its low molecular weight and good lipid solubility (1). Even so, when treated systemically, the short elimination half-life of drug increases the administration frequency, and poor selectivity for tumor tissue, would lead

to severe adverse effects, such as myelosuppression, hepatic toxicity and pulmonary fibrosis (2,3). To a large extent, these prevent BCNU from being applied as a potential anti-glioma drug. Local delivery via biodegradable polymers could enhance local effective drug concentration and reduce the adverse effects. Local concentrations at the implantation site in experimental models achieve 1,300 times higher concentrations compared to concentrations achieved by intravenous administration of BCNU (4). Approved by FDA for the treatment of glioma in 1996, BCNU-loaded polyanhydride wafer (Gliadel) is used to implant into the tumor cavity after resection (5). Although Gliadel shows a promising prospect, only three-month increase in mean survival is far from satisfaction (6). Additionally, Gliadel may cause a series of complications, such as seizures, cerebral edema, infection and abnormal wound healing (7).

Poly (D,L-lactide-co-glycolide) (PLGA), which is capable of releasing drug in a diffusion-regulated, controlled, and hydrolyzed fashion, is a preferable biologically inert polymer among all the synthetic biodegradable polymers (8,9). Anti-tumor agents release period from the PLGA matrix can be modulated from days to years by different degradation period of PLGA. PLGA provides the additive advantages of being fully biodegradable without the problems of permanent implants based on non-biodegradable polymers (10). Especially, the biocompatible property of PLGA had been proven in the CNS of rodents and human (11).

In the present study, we investigated the effects of BCNU/PLGA on tumor growth, apoptosis and chemotherapy resistance in a C57BL/6 mice orthotopic brain glioma model using GL261 cell line. Our results show that local administration of BCNU/PLGA wafers improves the survival quality and time, inhibits the tumor proliferation, induces more cell apoptosis, and does not increase the chemotherapy resistance.

## Materials and methods

### *Preparation of BCNU/PLGA wafers*

All chemicals were reagent grade. PLGA, having molecular weight of 8,000 g/mol (50:50 mole ratio of lactide to glycolide), was purchased from Boehringer Ingelheim (Germany). BCNU was purchased from Sigma Chemical Co. (USA) and stored at  $-20^{\circ}\text{C}$ . BCNU-incorporated PLGA microspheres (BCNU/PLGA) were prepared by the water-in-oil-in-water (W/O/W) emulsion technique as described previously (12). Briefly, 6 mL dichloromethane containing 200 mg PLGA were mixed with 50 mg of the BCNU in 1 mL of 0.4% aqueous polyvinyl alcohol [The

composition ratio of PLGA to BCNU was 4:1 (w/w)]. The mixture was homogenized at 8,000 rpm for 5 min, and the resulting BCNU/PLGA emulsion was then mixed with 300 mL of 0.25% aqueous polyvinyl alcohol. The resulting mixture was homogenized with at 3,000 rpm for 3 min. In order to evaporate the dichloromethane, the final BCNU/PLGA/polyvinyl alcohol emulsion was stirred gently for 3 h. The BCNU/PLGA microspheres were centrifuged at 1,000 rpm for 10 min, washed three times with deionized water, and lyophilized. One milligram of BCNU/PLGA microspheres were compression molded into wafers using Carver Press (MH-50Y CAP 50 tons, Japan) at  $20\text{ kgf/cm}^2$  for 5 s at room temperature. The wafers were 1 mm (diameter)  $\times$  1 mm (thickness) in size with a flat surface and stored at  $0^{\circ}\text{C}$  until use. BCNU/PLGA wafers were sterilized in the clean bench prior to treatment by using UV sterilization for 30 min.

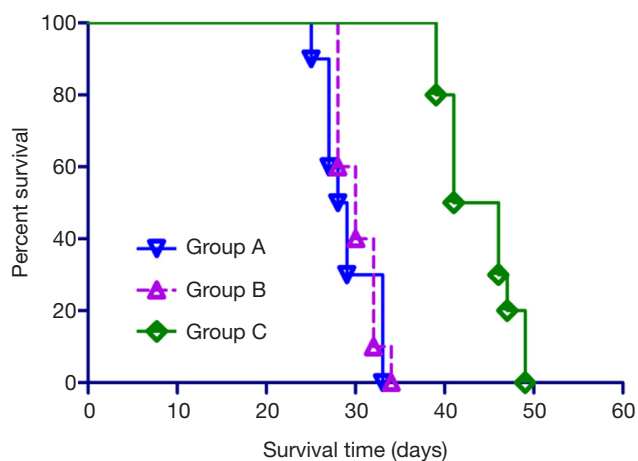
### *Establishment of GL261 glioma model*

GL261 glioma cells were purchased from Institute of Biochemistry and Cell Biology (IBCB), Shanghai Institutes for Biological Sciences, Chinese Academy of Sciences. The cells were cultured in DMEM medium with 10% FBS, penicillin (100 units/mL), and streptomycin (100 g/mL).

Male C57BL/6 mice, 6-8 weeks old and weighed 20-25 g, were used in the experiments. All surgical and experiment procedures were reviewed and approved by the Animal and Ethics Review Committee. C57BL/6 mice were anesthetized by injection of diazepam (5 mg/kg) and ketamine (50 mg/kg) intraperitoneally, and then immobilized on a stereotactic head frame (Thermo Fisher Scientific, IL, USA). A midline incision was made on the scalp and a burr hole was drilled 2.5 mm lateral to the sagittal sinus at the midpoint between bregma and lambda. GL261 cells ( $4 \times 10^5$  cells in 10  $\mu\text{L}$  PBS) were injected to a depth of 2.5 mm from the bone window by using a microsyringe for 10 min, and then the wound was closed.

### *Implantation of BCNU/PLGA wafers*

A total of 60 mice with tumor were equally randomized into three groups after intracranial tumor implantation. Group A served as an untreated control; Group B was treated with PLGA on postoperative day (POD) 14; Group C was treated with BCNU/PLGA wafers (1 mg) as interstitial chemotherapy on POD 14. On POD 14, all GL261 tumor-bearing mice of Groups B and C were anesthetized as described above. Around the burr hole which was made previously, we performed a small craniectomy, and then



**Figure 1** Kaplan-Meier survival curves of mice bearing intracranial GL261 glioma tumors in different groups.

made a cruciate incision into the dura. We aspirated the underlying brain tissue over the tumor gently, and exposed the surface of the tumor. In Groups B, we covered the surface of GL261 tumor with 1 mg PLGA. In Groups C, 1 mg BCNU/PLGA wafers containing 0.2 mg BCNU were added.

During the treatment, mice were assessed on a daily basis, including weight change, neurological functions and survival. The neurological status scale contained eye response, level of consciousness and motor response (13).

#### *Magnetic resonance imaging (MRI) scan*

During the survival study, five mice in each group were randomly selected to evaluate the tumor growth with MRI scans on POD 7, 14, 21 and 28. Before MRI examination, mice were anesthetized as described above. All MRI scans were performed on 7.0T Micro-MRI (Southeast University, China). T1 weighted MRI scans were performed after gadolinium administration (0.2 mmol/kg). T2 weighted MRI scans were performed to locate.

#### *Harvesting of specimens and Immunohistochemistry*

In order to evaluate survival time, ten mice in each group were treated without sacrifice. On the 28th POD, we killed the other mice, resected the brain, sectioned axially, fixed in 10% buffered formalin, and embedded with paraffin. Paraffin-embedded tissues were used to assay Hematoxylin and eosin (H&E) staining and expression of O<sup>6</sup>-methylguanine-DNA methyltransferase (MGMT),

Bax, Bcl-2 (Millipore, USA). Tissue sections (5 μm thick) were mounted on silanized glass slides, dried overnight, deparaffinized in xylene, treated with a graded series of alcohol, and rehydrated in PBS (pH 7.4). The antibody of MGMT, Bax and Bcl-2 were used to stain their respective antigens. For quantification of immunostaining, the number of stained cells was counted in ten random fields at 400× magnification.

#### *Statistical analysis*

ANOVA was used for comparisons among experimental data groups; meanwhile two-sided *t*-test was specialized in comparisons among two groups. Survival curve was presented by Kaplan-Meier survival and the differences among all the groups were compared using log-rank test in SPSS software (version 11). P value of or less 0.05 indicates statistical significant in differences.

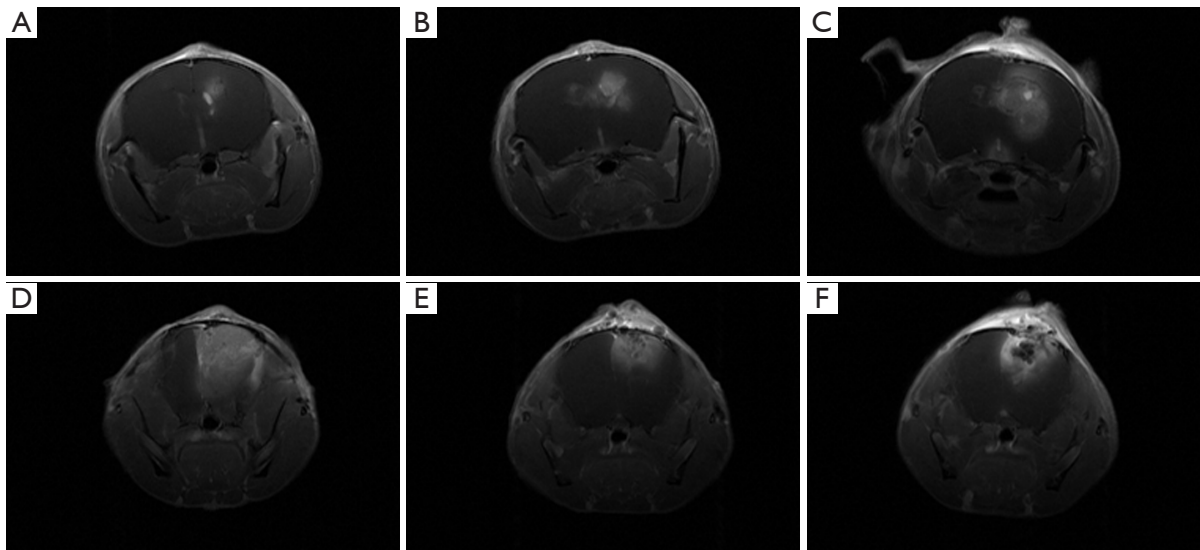
## **Results**

### *BCNU/PLGA wafers implantation improves survival quality and time*

For evaluating the survival quality, weight change and neurological function of mice were monitored daily after implantation of GL261 glioma cells. From day 15, the weight and the neuroscore of mice in control group started to decline rapidly. There was no significant difference in weight change and in neurological function between Group A and Group B, while the conditions of mice in Group C were much better. In treated group, the neuroscore of mice remained the highest among all the groups, and there were no noticeable decline of weight, which proved that BCNU/PLGA were safe to a large extent. Survival period of GL261 glioma-bearing mice receiving different treatments are presented in a Kaplan-Meier plot in *Figure 1*. In Group A and B, mice were uniformly fatal in 25-34 days (median survival: 28.5 and 30.0 days), the difference between the two treatment groups was not significant. Mice treated with BCNU/PLGA (median survival: 43.5 days) had statistical difference compared to control group ( $P < 0.05$ ).

### *BCNU/PLGA Wafers implantation inhibits tumor growth*

Meanwhile, five mice in each group were randomly selected for observing the tumor growth using 7.0T MRI. T1 weighted MRI images enhanced by gadolinium are shown



**Figure 2** Magnetic resonance imaging (MRI) of GL261 glioma-bearing C57BL/6 mice, (A-D), control group; (E,F), BCNU/PLGA treated group. Images were taken on POD 7, 14, 21 and 28 after tumor implantation.

Group	Tumor diameter (mm)			
	POD 7	POD 14	POD 21	POD 28
1	0.50±0.08	1.32±0.06	1.78±0.04	2.10±0.05
2	0.49±0.07	1.45±0.04	1.75±0.05	2.08±0.06
3	0.52±0.08	1.40±0.06	1.74±0.06	1.75±0.04

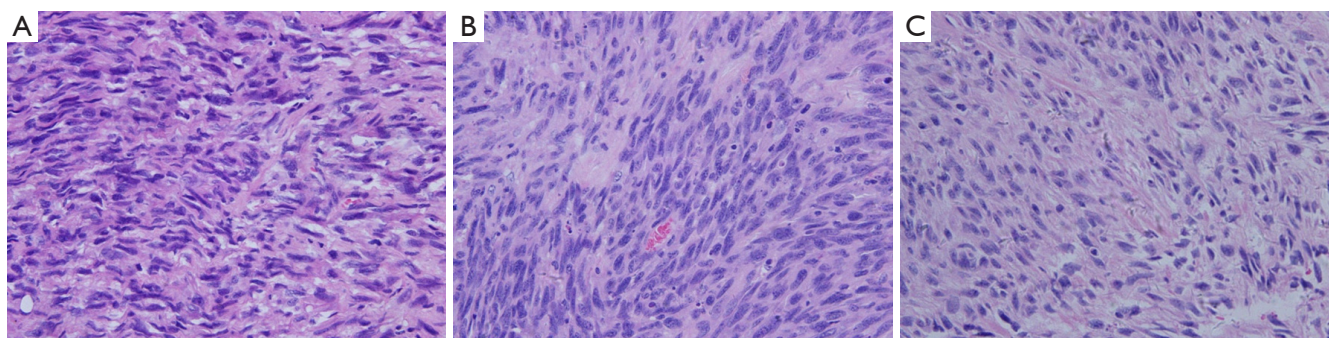
in *Figure 2* and the mean tumor diameters are listed in *Table 1*. The images of the four times scan (POD 7, 14, 21 and 28) showed that the size of intracranial tumor continue to increase (*Figure 2A-D*). With the enlargement of tumor size, necrosis and compression of cerebral ventricle could be observed in each group. On POD 28, the mean tumor diameter in control group was up to 2.10 mm, while the treatment group showed inhibitory capacity on tumor growth. The mean tumor diameter in BCNU/PLGA group remained at the size from 1.40 to 1.75 mm from POD 14 to POD 28 (*Figure 2E,F*), showing a statistical change comparing with control group ( $P<0.05$ ). The smaller tumor diameter in the treatment group demonstrated the inhibitory capacity of BCNU/PLGA.

#### ***BCNU/PLGA wafers implantation inhibits tumor cell proliferation and induces apoptosis***

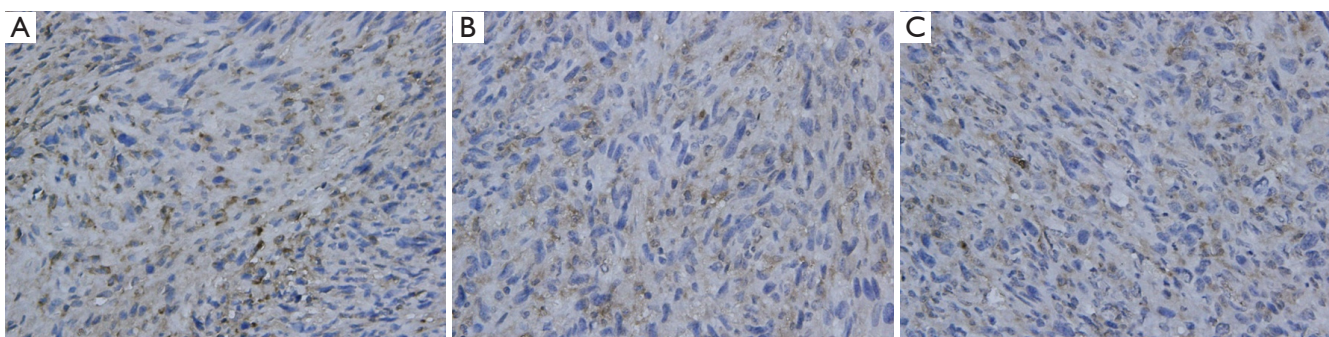
The histological examination (H&E) of tumor tissues was

performed on day 28 after tumor implantation (*Figure 3*). H&E staining showed the different proliferative levels of tumor cells in each group. The tumor revealed round nuclei with discernible chromatin staining, had uniform, dense cellularity and well vascularized with fibrillary background (*Figure 3A,B*). In contrast, tumors from animals treated with BCNU/PLGA showed polygonal condensed nuclei indicating apoptosis (*Figure 3C*). There were only a few tumor cells proliferating, which was consistent with the results of MRI, further demonstrating the best antitumor efficacy of BCNU/PLGA.

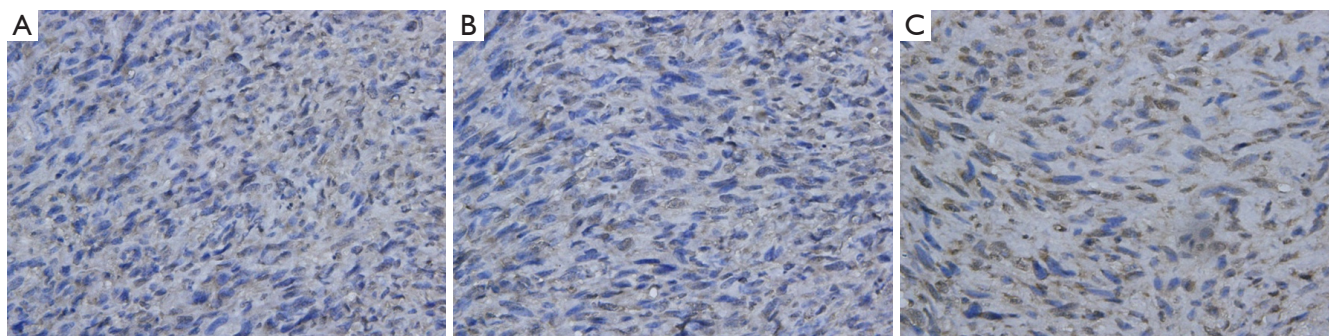
We examined the expression of Bcl-2 family-associated proteins for investigating the molecular mechanism of BCNU/PLGA-induced apoptosis of GL261 cells. Both control and treated groups showed positive expression on immunostaining. Compared to the group A and B, BCNU/PLGA decreased the expression of Bcl-2 ( $P<0.05$ ), but did not elevate the expression level of Bax ( $P>0.05$ ) (*Figures 4,5*). AS a result of immunohistochemical staining, treatment



**Figure 3** H&E staining of tumor tissues from GL261 glioma-bearing mice, BCNU/PLGA inhibits tumor cell proliferation (400×).



**Figure 4** The immunohistochemical staining of Bcl-2 in different groups, BCNU/PLGA decreased the expression of Bcl-2 ( $P < 0.05$ ) (400×).



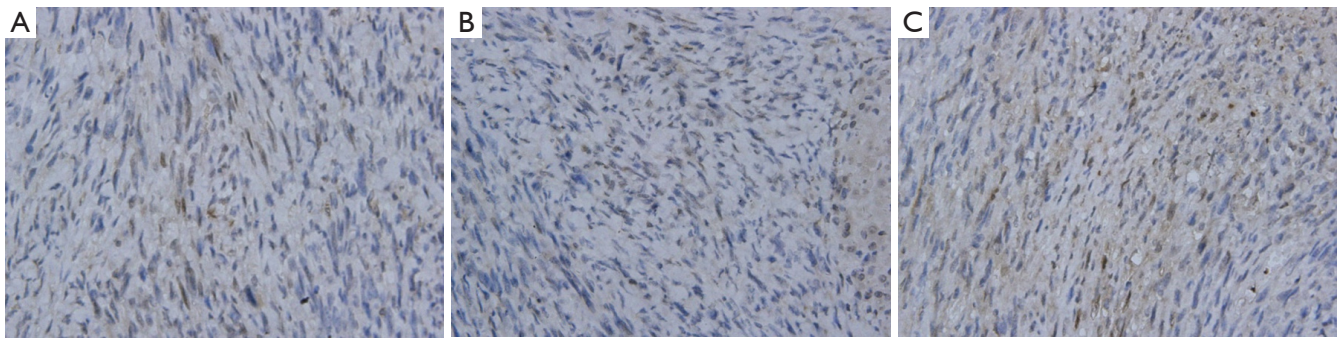
**Figure 5** The immunohistochemical staining of Bax in different groups, BCNU/PLGA did not elevate the expression level of Bax ( $P > 0.05$ ) (400×).

with implantation of BCNU/PLGA wafers did not alter the expression of Bax (pro-apoptotic protein) but reduced the expression of Bcl-2 (anti-apoptotic protein) in GL261 cells, thus resulted an increased ratio of Bax/Bcl-2.

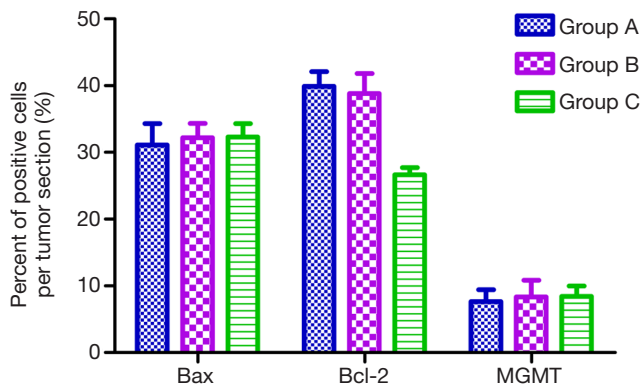
***BCNU/PLGA wafers implantation does not induce chemotherapy resistance***

To investigate whether BCNU/PLGA regulates GL261

glioma resistance to chemotherapy, we examined the immunohistochemical expression of MGMT after Interstitial treatment of BCNU/PLGA (Figure 6). However, the immunostaining examination was non-informative. GL261 glioma cells showed a weak MGMT expression in the tumor nuclei on immunostaining of all three groups. For MGMT protein expression, no statistically significant change was found in treated group compared to control groups ( $P > 0.05$ ) (Figure 7).



**Figure 6** The immunohistochemical staining of MGMT in different groups, weak expression and BCNU/PLGA did not alter the expression level of MGMT ( $P>0.05$ ) (400 $\times$ ).



**Figure 7** Percentage of positive cells of Bax, Bcl-2, MGMT in each group are shown (n=10).

## Discussion

Malignant glioma, due to its infiltrative property, cannot be completely cured by surgical interference, which makes it the main cause of death from brain tumors (14,15). Due to the advantage of without passing the BBB, interstitial chemotherapy can provide high local drug concentrations, improve patient drug compliance, and minimize systemic toxicities. BCNU is a chemotherapeutic agent, which has been proved to be effective for the treatment of malignant glioma (16). PLGA has been widely used for the long-term delivery of low molecular weight drugs and several therapeutic peptides for its biodegradable and sustained release property (17). The biodegradability and biocompatibility have been demonstrated when planting the blank PLGA microspheres into brain tissue in several studies (18). We fabricated BCNU/PLGA in the present study, which can locally release antitumor drugs for a long-term period of time. No significant difference of survival time was observed

between control group and blank PLGA group, the result of which suggesting that there is no inhibitory effect on GL261 cells by PLGA. The median survival time of the control, blank PLGA, and BCNU/PLGA groups in our study was 28.5, 30.0, and 43.5 days, respectively. The effectiveness of interstitial chemotherapy with BCNU/PLGA has been proven in our study. The tumor volume of BCNU/PLGA treated group did not increase significantly when compared with that of control group on MRI in our study, which indicating that BCNU/PLGA could inhibit tumor proliferation. The result of survival time and histological examination is consistent with the outcome of MRI scan.

A major goal of cancer therapy is the induction of tumor cell death by apoptosis, which makes the detection of apoptosis an important diagnostic parameter in tumor tissue. The proteins in Bcl-2 family are important regulators in the mitochondrial apoptosis pathway. These oncoproteins are mainly divided into two groups: pro-apoptotic and anti-apoptotic (19,20). Bax is a pro-apoptotic protein, which can homodimerize or heterodimerize with other pro-apoptotic members. Bax can translate to mitochondria and insert into the outer mitochondria membrane (OMM) under an apoptotic trigger. Then the pro-apoptotic members promote the release of cytochrome C by forming mitochondrial pores, disrupting the integrity of the OMM and increasing its permeability (21,22). Bcl-2, which is one of the anti-apoptotic proteins, can protect cells by inhibiting the release of cytochrome C. These proteins interact with mitochondrial proteins including adenine nucleotide translocase (ANT) and the voltage dependent anion channel (VDAC), then prevent them from forming mitochondrial pores and keep membrane integrity (23). The ratio of Bax/Bcl-2 is therefore an important index indicating the apoptosis progression of cancer cells (24).

The transcriptional and expressional Bax/Bcl-2 ratios were elevated by BCNU/PLGA interstitial chemotherapy in our present study. These findings suggest that BCNU/PLGA induces apoptosis in GL261 glioma cells by altering the expression level of mitochondrial proteins.

The major barrier to the successful treatment of malignant glioma is resistance to BCNU that is mediated by the activity of the MGMT within the tumor cells. O<sup>6</sup> position of guanine is one of the most frequent sites of DNA alkylation induced by chemotherapeutic agents. By removing these alkyl groups, MGMT, a DNA-repair enzyme, precludes the formation of crosslinks between adjacent strands of DNA (25). The expression of MGMT protects cancer cells from damages induced by chemotherapeutic alkylating agents, while protecting normal cells from carcinogens (26). Loss of MGMT expression has been reported in many tumor types, including glioma, lymphoma, prostate and breast cancer. This silencing, which preventing gene expression, is frequently related to the status of promoter methylation (25). In our study, GL261 glioma cells showed a weak MGMT expression on immunostaining of all three groups, and BCNU/PLGA treatment did not alter the expression level of MGMT protein. The result demonstrates that the interstitial chemotherapy of BCNU/PLGA does not increase the drug resistance of GL261 glioma cells. MGMT promoter methylation status is an important and verified predictive factor of response to alkylating agents in glioma. A large number of evidence showed that glioma cells with MGMT promoter methylation are more sensitive to BCNU (27,28). In order to figure out the mechanism of specific MGMT expression in our study, further investigations are needed to assess MGMT promoter status.

In conclusion, BCNU/PLGA improved the survival quality and time of GL261 glioma-bearing mice significantly, inhibited the tumor proliferation, induced more cell apoptosis, and did not increase the chemotherapy resistance. These results demonstrate that BCNU/PLGA local implantation could improve the efficacy of chemotherapy for malignant glioma. Our BCNU/PLGA wafer is, therefore, a promising option for the long-term interstitial chemotherapy for glioma. The results of our study provide an experimental basis for further clinical investigations of BCNU/PLGA, which could be a promising strategy for the treatment of malignant gliomas in future.

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