



Rutaecarpine prevents the malignant biological properties of breast cancer cells by the miR-149-3p/S100A4 axis

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Background: Breast cancer (BC) is a frequent malignancy that endangers women's health, and its fatality rate ranks 1st among female malignancies. Research has shown that rutaecarpine (RUT), which is a Chinese herbal medicine, blocks the proliferation of cancer cells by a variety of molecular mechanisms. However, the possible effects and mechanism of RUT in the autophagy and angiogenesis of BC cells has not been clearly articulated.

Methods: MiR-149-3p and S100A4 expression levels were assessed by reverse transcription-quantitative polymerase chain reaction (RT-qPCR), and the optimal concentration and time of RUT was confirmed by Cell Counting Kit-8 (CCK-8) assays of the BC cells. After treatment, changes in cell proliferation and the cell cycle were evaluated by CCK-8 assays, clone formation assays, and flow cytometry, and the levels of apoptosis, autophagy, and angiogenesis-related proteins were identified by Western blot. The targeted regulation of miR-149-3p on S100A4 was also examined by luciferase reporter assays.

Results: We found that RUT inhibited cell growth and upregulated miR-149-3p in MDA-MB-231 cells. In relation to the biological function activity, RUT attenuated proliferation and angiogenesis, and induced cell-cycle arrest and autophagy by miR-149-3p in the MDA-MB-231 cells. Additionally, miR-149-3p downregulated S100A4 by targeting binding to S100A4, and S100A4 was required for miR-149-3p to play a role in BC progression. We also discovered that an autophagy agonist (rapamycin) or an angiogenesis inhibitor (TNP-470) changed BC progression mediated by the RUT/miR-149-3p/S100A4 axis.

Conclusions: RUT blocks the malignant behaviors of BC cells through the miR-149-3p/S100A4 axis and thus alters autophagy and angiogenesis. Thus, the RUT-mediated miR-149-3p/S100A4 axis might be an underlying therapeutic agent and target for BC.

Keywords: Rutaecarpine (RUT); breast cancer (BC); miR-149-3p; S100A4

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Introduction

Breast cancer (BC) is one of the most common cancers in women, and accounts for 30% of all female cancers (1). BC ranks 1st in morbidity and 2nd in mortality among female malignancies (2). A growing number of studies have shown that the main causes of BC include artificial abortion,

the use of clomiphene citrate and gonadotropin, ionizing radiation, alcohol abuse, and smoking (3). Currently, the therapy modalities of BC mainly include surgery, chemotherapy, radiotherapy, bio-targeted therapy, hormone therapy, and immunotherapy (4). As the prevention and treatment methods for BC continue to improve, the

mortality of BC patients continues to decline. However, some patients suffer from recurrence and metastasis for which the therapeutic effect is still poor. BC is a complex polygenic disease (5). Thus, in-depth explorations of the risk factors and internal pathogenesis of BC will have far-reaching effects in the prevention and therapy of BC.

Rutaecarpine (RUT), which is an indole quinazoline alkaloid, is one of the main active components in *evodiae fructus* (6). Recent research has confirmed that RUT exerts anti-tumor effects through multiple pathways, promoting tumor cell apoptosis and cell-cycle arrest and inhibiting tumor cell neovascularization (7). However, the effects and mechanism of RUT in the human BC process are still unclear. The further elucidation of the mechanism of RUT in BC is critical for the treatment of BC.

Micro ribonucleic acid (miRNA) is an endogenous, non-coding RNA, about 22 nt in length (8). MiRNA silences or degrades messenger RNA (mRNA) translation by binding to the target mRNA 3 prime untranslated region (9). Numerous miRNAs have been shown to play therapeutic roles in advanced cancers, including miR-124 in BC (10), miR-29 and miR-200a in ovarian cancer (11), and miR-21 in cervical cancer (12). In our pre-experiments, we found that miR-149-3p high expression was associated with long patient survival time by bioinformatics, and miR-149-3p was downregulated in BC cells by reverse transcription-quantitative polymerase chain reaction (RT-qPCR) verification. MiR-149-3p, a miRNA, has been shown to have an obvious inhibitory role on the progression of various cancers, including bladder cancer (13), lung cancer (14), and BC (15). However, the role and mechanism of miR-149-3p in the apoptosis and autophagy of BC cells are not clear, which is also the aim of our current study.

It has been reported that RUT regulates numerous downstream genes, such as vascular endothelial growth factor receptor 2 (VEGFR2) (16), Notch1 (17), NADPH oxidase 4 (NOX4) (18), A disintegrin and metalloproteinase 17 (ADAM17) (18), Transient receptor potential vanilloid member 1 (TRPV1) (19), calcitonin-gene related peptide (CGRP) (20), and adenosine monophosphate-activated protein kinase (AMPK) (21). Studies have also shown that Notch1 interacts with protein 53 (p53) (22), and p53 binds to the Nox4 promoter (23). P53, which is a key tumor suppressor gene, indirectly regulates miRNA. For example, wild-type (WT) p53 positively regulates miR-149-3p (24). Thus, we speculated that RUT would upregulate miR-149-3p. However, it was not clear whether RUT would block

BC progression by regulating miR-149-3p.

This study sought to further investigate the effects of RUT and miR-149-3p on the biological function of BC cells and their possible mechanisms. We first screened the optimal concentration and time of RUT in BC cells and examined the expression changes of miR-149-3p in BC cells. We also examined the regulatory role of RUT in miR-149-3p in BC cells and the effects of RUT and miR-149-3p on the proliferation, cycle, apoptosis, autophagy, and angiogenesis of BC cells. Further, we explored the possible target genes and regulatory pathways of miR-149-3p in BC. Our findings may provide effective drugs and targets for BC therapy. We present the following article in accordance with the MDAR reporting checklist (available at <https://atm.amegroups.com/article/view/10.21037/atm-22-3765/rc>).

Methods

Tissue samples

Sentinel lymph node and BC tissues were collected from 5 pairs of BC patients, who were diagnosed at the Wuhan Asia General Hospital between 2019 and 2020. None of the patients had undergone surgery, radiation, or chemotherapy. After collection, all the tissues were preserved in liquid nitrogen. All the patients who participated in this study signed an informed consent form, and this study was approved by the Institutional Ethics Board of Wuhan Asia General Hospital (No. WAGHMEC-KY-2022009). The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

Cell culture

human normal breast cells (MCF-10A; Cat. No. CRL-10317), and four breast cancer cell lines (ZR-75-1, Cat. No. CRL-1500; BCAP-37, Cat. No. CL1026; MCF-7, Cat. No. CL1123; and MDA-MB-231, Cat. No. HTB-26) were all provided by ATCC. MCF-10A and MCF-7 cells were cultured in Dulbecco's modified eagle medium (DMEM; Gibco, Cat. No. 12800017) with 10% fetal bovine serum (FBS, Sigma, Welwyn Garden City, UK) at 37 °C with 5% carbon dioxide (CO₂). ZR-75-1, BCAP-37, and MDA-MB-231 cells were incubated in Roswell Park Memorial Institute (RPMI)-1640 medium (Gibco, Cat. No. 31800022), including 10% FBS at 37 °C with 5% CO₂.

Table 1 The sequences of all primers in the RT-qPCR analysis

ID	Sequence (5'-3')
GAPDH (forward)	TGTTTCGTCATGGGTGTGAAC
GAPDH (reversed)	ATGGCATGGACTGTGGTCAT
S100A4 (forward)	GAAGACTCTCTTGTCTGTCCGGA
S100A4 (reversed)	AATGGCGGTACTGACTTGATG
U6 (forward)	CTCGCTTCGGCAGCAC
U6 (reversed)	AACGCTTACGAATTTGCGT
MiR-149-3p (forward)	CGGGCGAGGGAGGGACGGGG
MiR-149-3p (reversed)	CAGCCACAAAAGAGACAAT

RT-qPCR, reverse transcription-quantitative polymerase chain reaction.

Cell transfection and treatment

The negative control (NC), miR-149-3p inhibitors, and miR-149-3p mimics were provided by GenePharma (Suzhou, China). S100A4 complementary deoxyribonucleic acid (cDNA) was generated through polymerase chain reaction (PCR) using the following primers: S100A4-XhoI, 5'-ccgctcgagAAACTCCTCTGATGTGGTTGGGGGTCTGCCAG-3', and S100A4-NotRI, 5'-ataagaatgcggccgcAAAACCTTCCAAGAATCTTTATTGAACTTG-3'. Then the amplified fragment (138 bp) was cloned into the psiCHECK-2 plasmid. The MDA-MB-231 cells (1×10^5 cells/well) were evenly distributed in a 6-well plate for 8 h. Subsequently, the cells were transfected with the NC, miR-149-3p inhibitor, or S100A4-overexpressed plasmid with Lipofectamine 3000 (Invitrogen, Carlsbad, CA, USA) for 48 h in accordance with the manufacturer's instructions. Next, the transfected cells were processed with the autophagy agonist (rapamycin, Solarbio, Cat. No. R8140-25) or the angiogenesis inhibitor (TNP-470, TargetMol, USA, Cat. No. T17110). The BC cells were treated with 0, 1, 5, 10, 20, and 40 μ M RUT for 0, 12, 24, 48, and 72 h (25,26).

RT-qPCR

The BC cells in each group were collected, and Trizol (Invitrogen, MA, USA) was added to acquire the total RNAs using the conventional method. Next, we synthesized the cDNA using a reverse transcription kit (Takara, Tokyo, Japan), and the procedure was conducted in accordance with the kit instructions. qPCR was carried out using the

SYBR Green qPCR Master Mix (DBI Bioscience, cat. no. DBI-2043). The results were calculated using the $2^{-\Delta\Delta CT}$ method. The primer sequences are listed in *Table 1*.

Western blot

After cleaning, the treated cells were cleaved by adding radio-immunoprecipitation assay (RIPA) (Beyotime, China) on ice. After centrifugation at 4 °C, the supernatant solution was obtained. The protein samples were quantitatively tested using the bicinchoninic acid (BCA) method. After being boiled at 100 °C for 5 min with buffer, the protein was used for electrophoresis with 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) and then transferred to PVDF membrane (Millipore, Cat. No. IPVH00010). After blocking, the membranes were processed with the primary antibody overnight at 4 °C and the secondary antibody (1:10,000, Southern Biotech, China) for 1 h. The membranes were exposed to electrochemiluminescence (ECL) reagent (Millipore, Cat. No. WBKLS0500), and the blots were developed using X-ray film (Kodak, Rochester, NY, Cat. No. XBT-1).

CCK-8

The MDA-MB-231 cells were collected and counted with a cell counting plate. After treatment, the BC cells (5×10^3 cells/well, 100 μ L/well) were inoculated in 96-well plate and cultured at 37 °C with 5% CO₂. Next, 10 μ L of Cell Counting Kit-8 (CCK-8) reagent (Dojindo, Japan) was added to each well at the specified time point. After the 96-well plate was further incubated for 3 h, cell absorbance was determined using a microplate reader.

Clone formation assays

The MDA-MB-231 cells in each group were evenly added to a 6-well plate with 500 cells/well. All the cells were routinely cultured for 14 days at 37 °C. After washing, the cells in each group were fixed and stained using 0.2% crystal violet. After washing and drying, the cell clones were observed and photographed under a light microscope.

Flow cytometry

The treated BC cells were harvested and suspended with phosphate buffered solution. The MDA-MB-231 cells were fixed using 500 μ L of 70% ethyl alcohol. After

centrifugation, the cells were suspended and incubated with 100 μ L of RNase at 37 °C for 30 min and dyed with 200 μ L of V propidium iodide (PI) for 20 min. The cell-cycle rates were determined by flow cytometry (BD Biosciences, USA).

Luciferase reporter assays

On account of the predicted sites between miR-149-3p and S100A4, we constructed the WT and mutant (Mut) S100A4 plasmids with the psiCHECK-2 vector. The primer sequences for Mut-S100A4 were 5'-GTCTGCCAGCTGGGGTTTGTTTTGTGCGCCAGTGGGCACTTTTTTTTTCCACCCTG-3' (forward), 5'-GTGCCCCACTGGCGACAAAACAAACCCAGCTGGCAGACCCCAACACATCAGAG-3' (reverse). Subsequently, the MDA-MB-231 cells were co-transfected with miR-149-3p mimics or a miR-149-3p inhibitor and WT-S100A4 or Mut-S100A4 using Lipofectamine 3000 (Invitrogen) for 48 h. Subsequently, the dual-luciferase assay kit (Promega, Madison, WI, USA) was used to evaluate the luciferase activity in accordance with the manufacturer's instructions.

Immunohistochemistry (IHC) assays

As described previously (27), the paraffin-embedded tissue was cut into 4- μ m thick sections, which were then immersed in EDTA solution at pH8.0 for 10 min before undergoing microwave antigen repair. After washing, goat serum was successively added to the sections for 20 min. Then the sections were treated with anti-S100A4 (Abcam, Cambridge, UK; ab58597) overnight at 4 °C and secondary antibody (Abcam) for 30 min. A diffuse alveolar damage (DAB) kit was applied to treat the sections. Then the tissues were examined using an inverted microscope after neutral gum sealing.

Statistical analysis

The data are represented as the mean \pm standard deviation. The statistical analysis was conducted with SPSS21.0 (SPSS, Inc., Chicago, IL, USA), and a 1-way analysis of variance was also performed. A P value <0.05 indicated a statistically significant difference in the results.

Results

The expression levels of miR-149-3p and S100A4 in BC cells

In line with The Cancer Genome Atlas (TCGA) (28),

we found that the survival time in miR-149-3p high expression group was longer than that in miR-149-3p low expression group (see *Figure 1A*). Conversely, the high expression of S100A4 was correlated with a short survival time, and thus indicated a poor prognosis (see *Figure 1B*). Somewhat unexpectedly, we discovered that miR-149-3p was significantly downregulated in BC cells, including the ZR-75-1, BCAP-37, MCF-7, and MDA-MB-231 cells, and most especially, the MDA-MB-231 cells (see *Figure 1C*). Additionally, the RT-qPCR results revealed that relative to the MCF-10A cells, S100A4 was significantly upregulated in the 4 BC cell lines, especially in the MDA-MB-231 cells (see *Figure 1D*). Thus, we used the MDA-MB-231 cells for further experiments in this study.

Screening of the optimal concentration and time of RUT in BC cells

To determine whether RUT affected BC progression, the MDA-MB-231 cells were exposed to 0, 1, 5, 10, 20 and 40 μ M of RUT for 0, 12, 24, 48, and 72 h. After exposure to RUT, the growth abilities of the BC cells decreased in a dose- and time-dependent manner (see *Figure 2A*). Based on these results, we treated the BC cells with 20 μ M of RUT for 48 h in our subsequent experiments.

Inhibition of miR-149-3p significantly attenuated the inhibitory effect of RUT on the proliferation and induction of cell-cycle arrest in BC cells

We also found that RUT upregulated miR-149-3p in the MDA-MB-231 cells, while the reduction of miR-149-3p significantly weakened the upregulation of miR-149-3p mediated by RUT (see *Figure 2B*). Next, the CCK-8 results revealed that RUT significantly decreased cell viability, while a decrease of miR-149-3p significantly enhanced cell viability mediated by RUT in BC cells (see *Figure 2C*). The clone formation results indicated that RUT significantly reduced the clonality of MDA-MB-231 cells, while RUT-mediated reduction in cell clonality was significantly reversed by the miR-149-3p inhibitor (see *Figure 2D*). The flow cytometry results showed that RUT increased the G1-phase cells and decreased S-phase cells, while the changes in the number of G1- and S- phase cells mediated by RUT were reversed by using the miR-149-3p inhibitor in the MDA-MB-231 cells (see *Figure 2E*). Overall, these results showed that RUT significantly prevented proliferation and facilitated cell-cycle arrest by upregulating miR-149-3p in

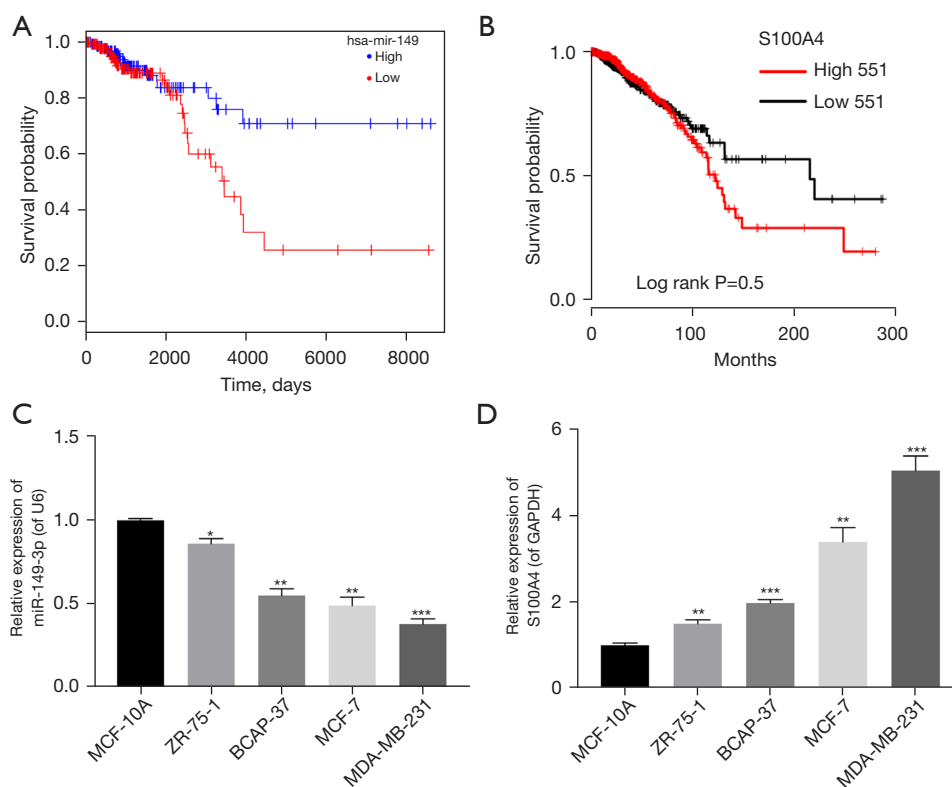


Figure 1 The expression and prognosis of miR-149-3p and S100A4 in BC. The survival probability of miR-149-3p (A) and S100A4 (B) were analyzed based on the TCGA database. RT-qPCR was used to monitor miR-149-3p (C) and S100A4 (D) expression levels in MCF-10A and 4 BC cell lines (ZR-75-1, BCAP-37, MCF-7, and MDA-MB-231). *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$. GAPDH, glyceraldehyde-3-phosphate dehydrogenase; BC, breast cancer; TCGA, The Cancer Genome Atlas; RT-qPCR, reverse transcription-quantitative polymerase chain reaction.

the MDA-MB-231 cells.

Inhibition of miR-149-3p significantly reversed the RUT-mediated expression of proteins related to apoptosis, autophagy, and angiogenesis in BC cells

Subsequently, we further examined the effects of RUT-mediated miR-149-3p on apoptosis, autophagy, and angiogenesis-related proteins in the MDA-MB-231 cells. As *Figure 3* shows, the RUT treatment significantly reduced B cell lymphoma 2 (Bcl-2), p62, vascular endothelial growth factor (VEGF), and polyclonal antibody to angiopoietin 1 (ANGPT1) expression levels, and elevated caspase-3, p53, and LC3B-II/I expression levels, while changes in the expression of these proteins were reversed by the miR-149-3p inhibitor in the MDA-MB-231 cells. Generally, these findings showed that RUT resulted in the prominent promotion of apoptosis and

autophagy, and suppressed angiogenesis in the MDA-MB-231 cells.

MiR-149-3p directly targeted S100A4

We further analyzed the possible target genes using bioinformatics software. Through screening, we discovered that there were underlying binding sites between miR-149-3p and S100A4, which has been reported as an oncogene (see *Figure 4A*). The luciferase reporter results showed that miR-149-3p ignorantly restrained the luciferase activity of WT-S100A4, but had no effect on that of Mut-S100A4 in the MDA-MB-231 cells (see *Figure 4B*). Similarly, the IHC results showed that S100A4 expression was significantly more increased in the BC tissues than the sentinel lymph node tissues (see *Figure 4C*). Thus, our current results showed that S100A4, as a target gene of miR-149-3p, was highly expressed in the MDA-MB-231 cells.

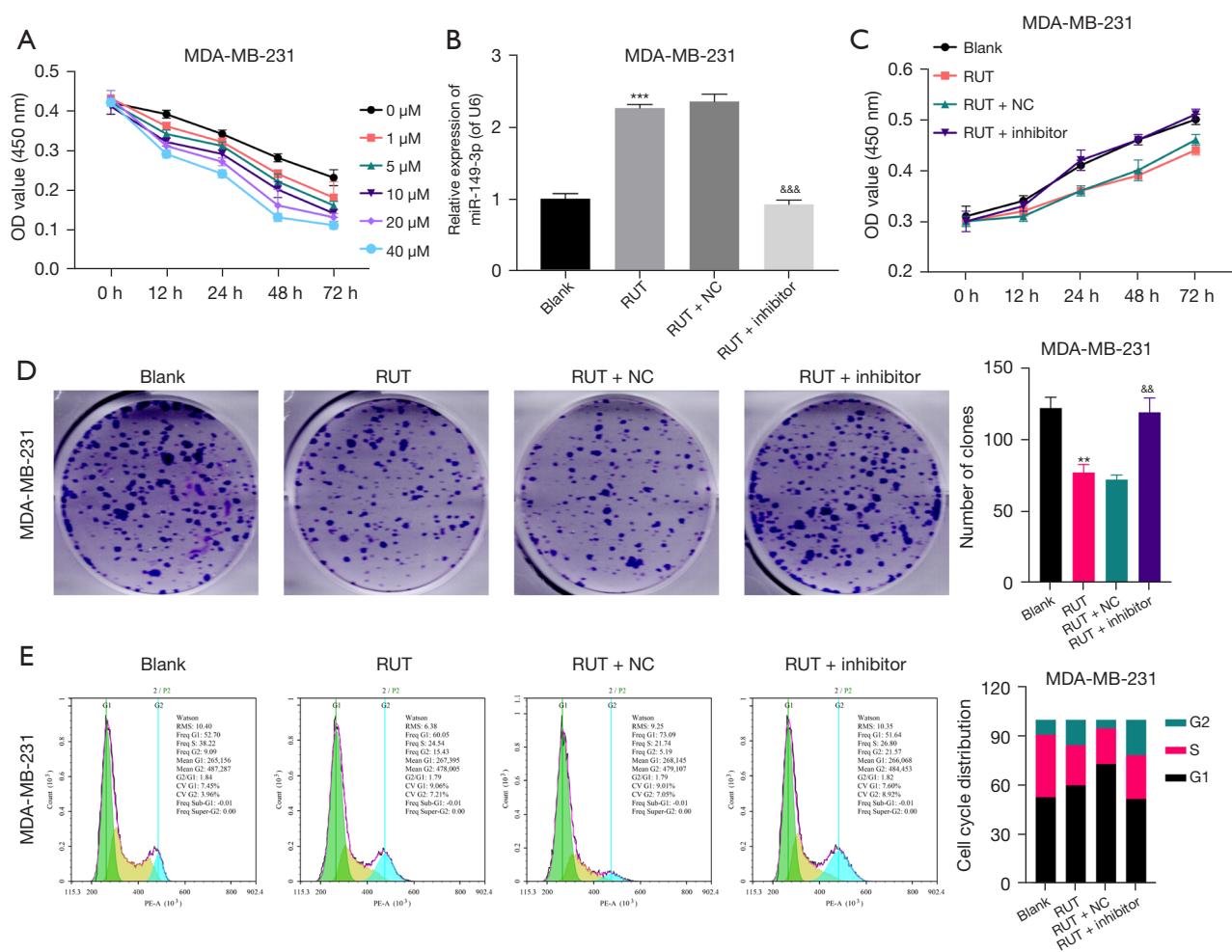


Figure 2 The inhibition of miR-149-3p significantly attenuated the preventative effect of RUT on the proliferation and acceleration of the cell-cycle arrest in the BC cells. (A) The MDA-MB-231 cells were treated with 0, 1, 5, 10, 20, and 40 μ M of RUT for 0, 12, 24, 48, and 72 h, and the changes in cell proliferative activity were confirmed using CCK-8 assays in the RUT-treated MDA-MB-231 cells. Next, RUT and the miR-149-3p inhibitor were used to treat the MDA-MB-231 cells. (B) RT-qPCR assays were performed to assess the miR-149-3p expression of the treated BC cells. (C) Cell proliferation in the treated BC cells was analyzed by CCK-8 assays. (D) Changes in clone formation ability were evaluated by clone formation assays (crystal violet staining). Magnification, $\times 1$. (E) Flow cytometry was conducted to certify cell-cycle changes. **, $P < 0.01$; ***, $P < 0.001$ vs. blank group; &&, $P < 0.01$; &&&, $P < 0.001$ vs. RUT + NC group. OD, optical density; RUT, rutaecarpine; NC, negative control; BC, breast cancer; CCK-8, Cell Counting Kit-8.

RUT inhibited the proliferation and accelerated cell-cycle arrest by miR-149-3p/S100A4 axis to regulate autophagy and angiogenesis pathways in BC cells

Based on the above research results, RUT upregulated miR-149-3p, S100A4 was a target gene of miR-149-3p, and RUT induced apoptosis and autophagy, and suppressed angiogenesis. We further investigated the regulatory relationships between these genes and pathways in MDA-MB-231 cells through rescue experiments. After transfection

with the miR-149-3p inhibitor, the RUT-treated MDA-MB-231 cells were processed with autophagy agonists (rapamycin) or an angiogenesis inhibitor (TNP-470). We confirmed that miR-149-3p/S100A4 axis participated in the RUT-mediated blocking of BC progression by regulating autophagy and angiogenesis pathways (Figure 5). As Figure 5A shows, the reduction in miR-149-3p significantly increased S100A4 expression, which was inhibited by RUT in the MDA-MB-231 cells; the overexpression of

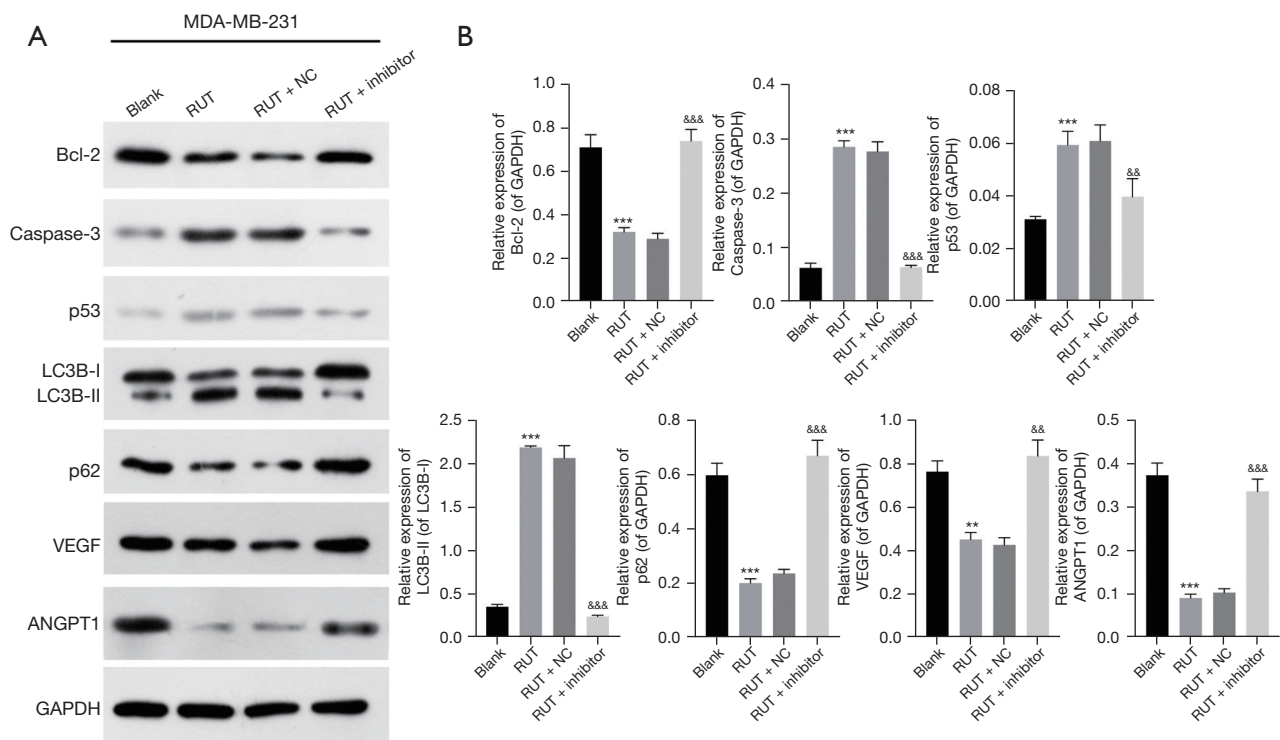


Figure 3 Inhibition of miR-149-3p significantly reversed the RUT-mediated expression of proteins related to apoptosis, autophagy, and angiogenesis in the BC cells. The RUT-treated BC cells were also transfected with the miR-149-3p inhibitor. (A) Western blot assays revealed changes in the protein expressions of Bcl-2, Caspase-3, p53, LC3B-I, LC3B-II, p62, VEGF, and ANGPT1 in the processed MDA-MB-231 cells. (B) The relative expression of the protein was calculated based on the gray value of western blot results. **, $P < 0.01$, ***, $P < 0.001$ vs. blank group; **, $P < 0.01$, ***, $P < 0.001$ vs. RUT + NC group. RUT, rutaecarpine; NC, negative control.

S100A4 also significantly increased S100A4 expression, which was upregulated by the miR-149-3p inhibitor; further, the upregulation of S100A4 as mediated by S100A4 overexpression and the miR-149-3p inhibitor was also significantly attenuated by rapamycin or TNP-470 in the RUT-treated MDA-MB-231 cells. The CCK-8 results showed that suppression of miR-149-3p significantly aggrandized cell viability, which was prevented by RUT in the MDA-MB-231 cells; the overexpression of S100A4 significantly enhanced cell viability, which was induced by the miR-149-3p inhibitor; additionally, the enhancement of cell viability mediated by S100A4 overexpression and the miR-149-3p inhibitor was also reversed by rapamycin or TNP-470 in the RUT-treated MDA-MB-231 cells (see *Figure 5B*). Similarly, the clone formation results also showed that RUT reduced cell clonality by the miR-149-3p/S100A4/autophagy and angiogenesis pathways in the MDA-MB-231 cells (see *Figure 5C, 5E*). Further, the flow cytometry results also showed that the overexpression of

S100A4 further enhanced the decrease of G1 phase cells mediated by the miR-149-3p inhibitor, while rapamycin or TNP-470 reversed the decrease of G1 phase cells by S100A4 overexpression and the miR-149-3p inhibitor in the RUT-treated MDA-MB-231 cells (see *Figure 5D, 5F*).

RUT regulated apoptosis, autophagy, and angiogenesis-related proteins by targeting the miR-149-3p/S100A4 axis in BC cells

We also discovered that decreased miR-149-3p increased S100A4, Bcl-2, p62, VEGF, and ANGPT1 expression levels, and decreased caspase-3, p53, and LC3B-II/I expression levels, which were mediated by RUT in the MDA-MB-231 cells. The overexpression of S100A4 further enhanced the changes in these proteins mediated by the miR-149-3p inhibitor, and rapamycin or TNP-470 also significantly reduced S100A4, Bcl-2, p62, VEGF, and ANGPT1 expression levels and elevated caspase-3, p53, and LC3B-

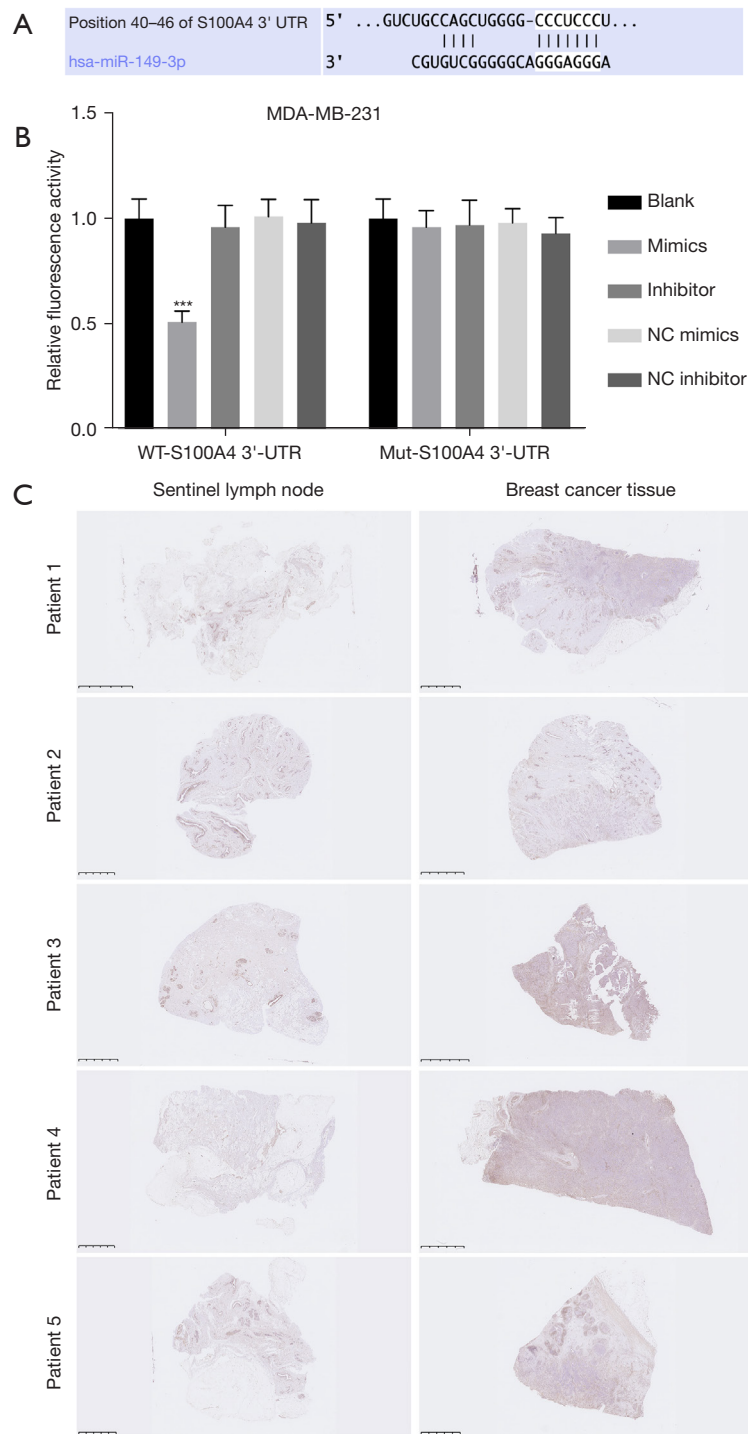


Figure 4 MiR-149-3p directly targeted S100A4. (A) The binding sites between miR-149-3p and S100A4 are presented. (B) The interaction between miR-149-3p and S100A4 was assessed by dual-luciferase reporter gene assays of the MDA-MB-231 cells. (C) S100A4 expression was assessed by IHC assays in the BC and sentinel lymph nodes (n=5). Scale bar =100 μ m. ***, P<0.001. NC, negative control; WT, wild-type; RUT, rutaecarpine; BC, breast cancer; IHC, immunohistochemistry.

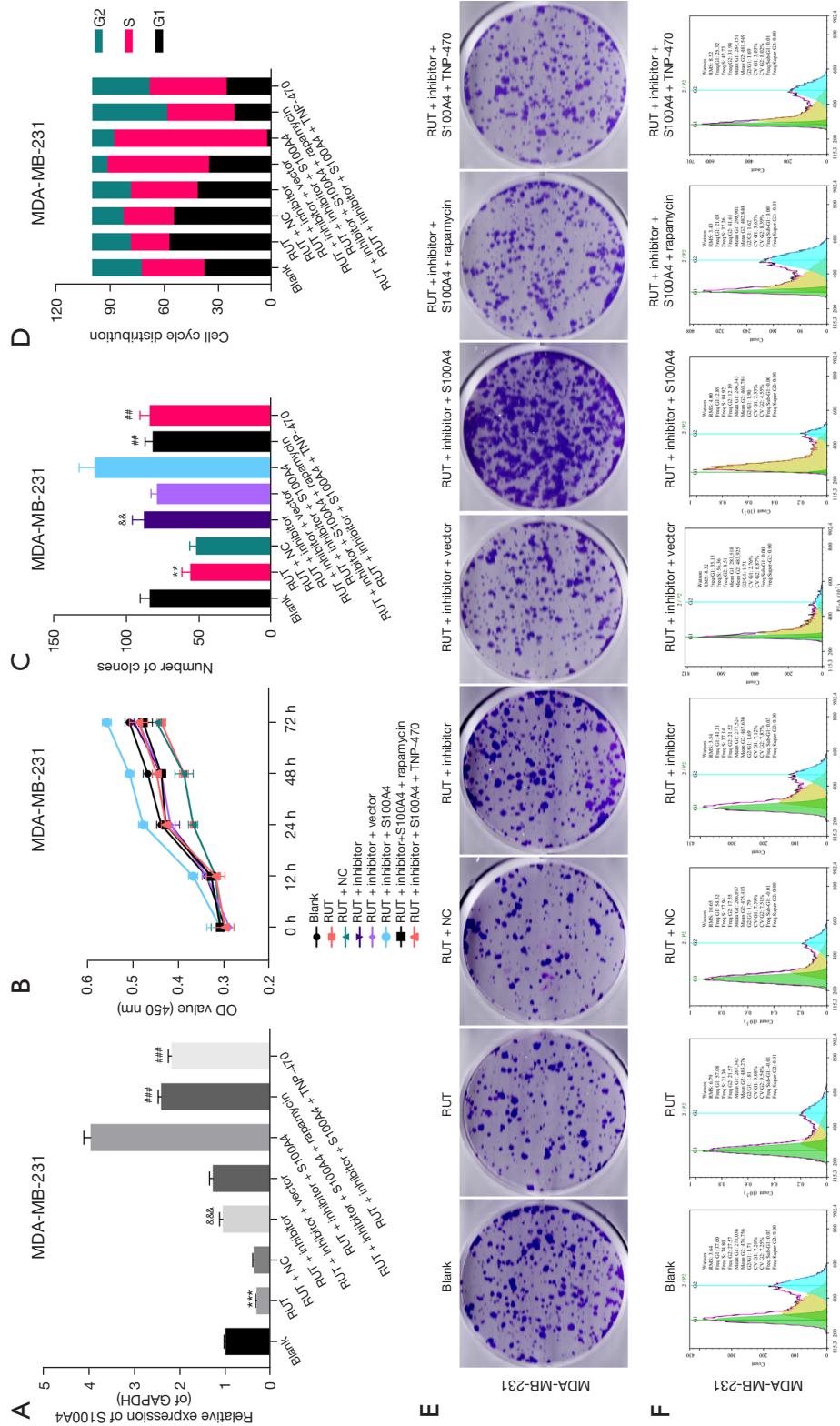


Figure 5 RUT significantly inhibited proliferation and accelerated cell-cycle arrest by the miR-149-3p/S100A4 axis to regulate the autophagy and angiogenesis pathways in the BC cells. The RUT-treated MDA-MB-231 cells were transfected with the miR-149-3p inhibitor, and an autophagy agonist (rapamycin) or an angiogenesis inhibitor (TNP-470) was added. (A) RT-qPCR showed the change in S100A4 expression. (B) Cell proliferation was monitored by CCK-8 assays. (C) Cell clones and (D) cell-cycle distribution were quantitatively analyzed. (E) Clone formation assays were used to analyze the change in cell clone formation ability (crystal violet staining). Magnification, $\times 1$. (F) The cell cycle of each group was evaluated using flow cytometry. **, $P < 0.01$, *** $P < 0.001$ vs. blank group; $\&\&\&$, $P < 0.01$, $\&\&\&$, $P < 0.001$ vs. RUT + NC group; ##, $P < 0.01$, ###, $P < 0.001$ vs. RUT + inhibitor + S100A4 group. RUT, rutacarpine; NC, negative control; TNP-470, methionine aminopeptidase-2 inhibitor; OD, optical density; BC, breast cancer; RT-qPCR, reverse transcription-quantitative polymerase chain reaction; CCK-8, Cell Counting Kit-8.

II/I expression levels, which were mediated by S100A4 overexpression and the miR-149-3p inhibitor in the RUT-treated MDA-MB-231 cells (see *Figure 6*). Thus, we found that the miR-149-3p/S100A4 axis was also involved in the RUT-mediated acceleration of apoptosis and autophagy, and the inhibition of angiogenesis in the MDA-MB-231 cells.

Discussion

BC, which is a unique solid tumor, has multiple complex mechanisms. Due to the heterogeneity of BC, it cannot be detected or treated simply by conventional indicators (1). Further, most anti-cancer drugs tend to be toxic to normal breast cells or the cancer cells become resistant to the drugs (29). Traditional Chinese medicine (TCM) therapy mainly emphasizes the goal of balancing Yin and Yang, thus healing and improving the internal immune ability of the body (30). To some extent, TCM has advantages in treating BC that modern medicine does not.

RUT has a wide range of physiological and pharmacological roles, including cardiac protection, lowering blood pressure, vasodilation, gastric mucosa protection, and the treatment of ulcerative colitis (31). RUT also has anti-depressant, anti-obesity, anti-tumor, analgesic, and anti-inflammatory effects (32). Recently, a number of studies have shown that RUT plays obvious blocking roles in multiple cancer processes. For example, RUT has an anti-proliferative role in ovarian cancer cells (33), RUT also prevents the growth of prostate cancer cells by regulating the T helper type 1 (Th1)-polarized immune balance (7). In our study, we first found that RUT prevented proliferation and accelerated the cell-cycle arrest of BC cells. However, the regulatory mechanism of RUT in BC remained unclear.

MiRNAs, which are small single-stranded RNAs, are highly conserved (9). Extensive research has shown that the dysregulation of miRNA is relevant to multiple cancer processes (11). The expression of miRNA is stable and is an important part of the gene regulation network. The deviation of miRNA has been proven to be relevant in many diseases, including cardiovascular disease, diabetes, kidney disease, and cancer (34). Studies have shown that miR-149-3p has significant inhibitory roles in cancer cell metastasis in ovarian cancer, colorectal cancer, and non-small cell lung cancer (24). Additionally, research suggests that the downregulation of miR-149-3p is also correlated to tumor size, invasion, and lymph node metastasis in BC (15). In our study, we also discovered that RUT upregulates miR-149-3p, and the reduction of miR-149-3p reverses the

inhibitory effect of RUT on proliferation, and the induction of cell-cycle arrest in BC cells. Thus, we showed that miR-149-3p is a regulatory gene of RUT in BC.

Tumor growth depends on the proliferation of tumor cells and the generation of tumor blood vessels. VEGF is the most crucial molecule for accelerating tumor angiogenesis and is also key in the growth and metastasis of cancer cells (35). VEGF mainly binds to VEGFR in a paracrine way in tumor cells to activate downstream pathways, thus inducing tumor angiogenesis (36). Studies have shown that the VEGF protein is highly expressed in malignant tumors, including BC, and is also related to tumor metastasis (37). Further, research has confirmed that RUT suppresses angiogenesis by the VEGFR2 (16). Our results also revealed that RUT suppressed the angiogenesis of BC cells by miR-149-3p.

Autophagy is a cellular metabolic process in which target substances in the cytoplasm are transported to lysosomes for degradation (38). Autophagy not only maintains cell homeostasis and physiological metabolism, but also facilitates apoptosis. Research has shown that autophagy plays a key role in multiple tumor processes, which might provide novel ideas for tumor research (39,40). Additionally, miRNA accelerates apoptosis by regulating autophagy, thus further improving the sensitivity of BC cells to radiotherapy and chemotherapy (41). Currently, the miRNAs known to regulate autophagy in BC include miR-142-3p (42), miR-27a (43), and miR-1910-3p (44). MiR-149-3p has also been confirmed to regulate autophagy in multiple studies (45). Similarly, we found that RUT induced the autophagy of BC cells by miR-149-3p.

Through bioinformatics prediction, we accidentally found that miR-149-3p potentially binds to the S100A4 promoter region, which suggests that S100A4 might be a targeted regulatory gene of miR-149-3p. S100A4 is a key member of the S100 protein family (46). It has been reported that S100A4 not only induces cell proliferation and metastasis, but also inhibits the apoptosis cascade, and the mechanism may be related to the binding of p53. P53 is a regulator of the cell cycle, DNA repair, and apoptosis. Additionally, S100A4 has also been confirmed to be involved in adhesion, angiogenesis, extracellular matrix remodeling, and the metastasis of cancer cells (47). Research has also shown that RUT prevents angiogenesis by the VEGFR2 (16). Thus, we hypothesized that S100A4 is related to BC progression, which may also be targeted by miR-149-3p. Notably, we discovered miR-149-3p directly targets S100A4, and S100A4 reverses the decrease of miR-

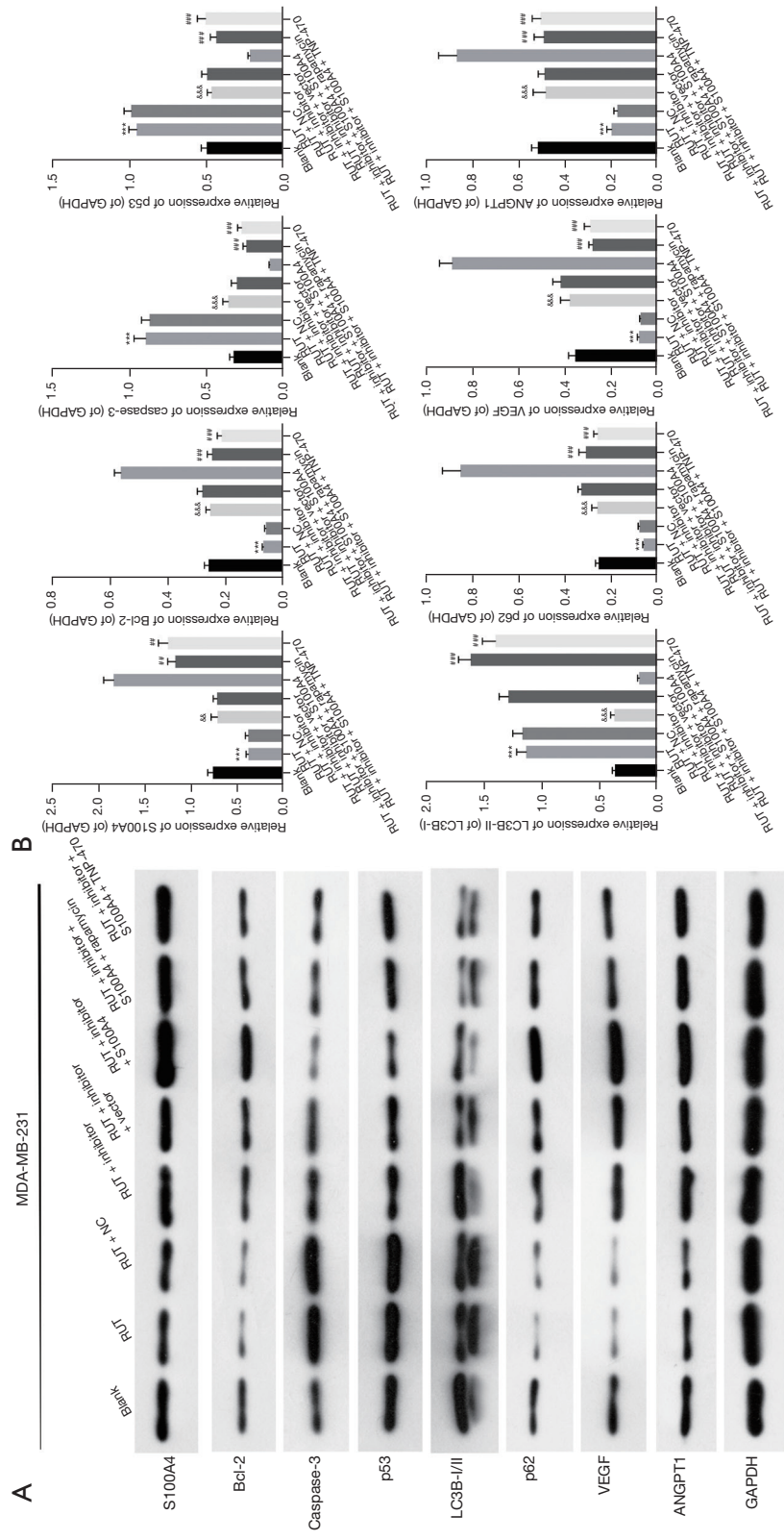


Figure 6 RUT regulated the apoptosis, autophagy, and angiogenesis-related proteins by targeting the miR-149-3p/S100A4 axis in the BC cells. The RUT-treated BC cells were treated with the miR-149-3p inhibitor, or rapamycin, or TNP-470. (A) Changes in Bcl-2, Caspase-3, p53, LC3B-I, LC3B-II, p62, VEGF, and ANGPT1 expression levels were examined by conducting western blot assays of the processed MDA-MB-231 cells. (B) The relative expression of protein was counted through the gray value of each group. ***, $P < 0.001$ vs. blank group; ♦, $P < 0.01$, ♧, $P < 0.001$ vs. RUT + NC group; ♨, $P < 0.01$, ♩, $P < 0.001$ vs. RUT + inhibitor + S100A4 group. RUT, rutecarpine; NC, negative control; p53, protein 53; VEGF, vascular endothelial growth factor; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; BC, breast cancer.

149-3p on the metastasis of BC cells, which suggests that the miR-149-3p/S100A4 axis may participate in the RUT-mediated blocking of BC progression by regulating the proliferation, cell-cycle arrest, apoptosis, autophagy, and angiogenesis pathways.

Conclusions

This study first proved that RUT has a certain therapeutic effect on BC to prevent the malignant behaviors (such as proliferation and apoptosis, autophagy and angiogenesis), and its mechanism may be related to miR-149-3p/S100A4 axis. Therefore, we suggested that the RUT-mediated miR-149-3p/S100A4 axis might be the underlying therapeutic and prognostic targets for BC. However, there are some limitations to the current study. For example, more experiments are needed to verify the autophagy and angiogenesis of BC cells. Additionally, the *in vivo* research will also be supplemented in future research. Besides, the study of lncRNA regulating the miR-149-3p/S100A4 axis is also the focus of our future research. And the signaling pathway can also be further investigated and verified in the miR-149-3p/S100A4-mediated BC process. According to literature reports (26,31,48-50), the research of RUT on various diseases (heart disease, ulcerative colitis, obesity, tumors) is still based on cell and animal models, and its therapeutic dose and effect on patients in clinical practice also need to be further explored.

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Footnote

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Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <https://atm.amegroups.com/article/view/10.21037/atm-22-3765/coif>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects

of the work, including ensuring that any questions related to the accuracy or integrity of any part of the work have been appropriately investigated and resolved. All patients who participated in this study signed an informed consent form, and this study was approved by the Institutional Ethics Board of Wuhan Asia General Hospital (No. WAGHMEC-KY-2022009). The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

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