Using arterial phase hyperenhancement on CT instead of gadoxetic acid arterial phase enhancement may improve the diagnostic performance for hepatocellular carcinoma

Hehan Tang^{1#}, Feifei Gao^{1#}, Yi Wei¹, Liping Deng¹, Qian Li¹, Yuan Yuan¹, Tong Zhang¹, Guoyong Chen¹, Shan Yao¹, Xiaocheng Wei², Lisha Nie², Bin Song^{1,3}, Zhenlin Li¹

¹Department of Radiology, West China Hospital, Sichuan University, Chengdu, China; ²GE Healthcare China, Beijing, China; ³Department of Radiology, Sanya People's Hospital, Sanya, China

Contributions: (I) Conception and design: Z Li, B Song; (II) Administrative support: Z Li, B Song; (III) Provision of study materials or patients: Fei Gao, Q Li, T Zhang, S Yao; (IV) Collection and assembly of data: H Tang, Y Yuan, L Deng, G Chen; (V) Data analysis and interpretation: H Tang, F Gao, Y Wei, L Nie, X Wei; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

[#]These authors contributed equally to this work.

Correspondence to: Zhenlin Li, PhD. Department of Radiology, West China Hospital, Sichuan University, No. 37, Guoxue Alley, Chengdu 610041, China. Email: lzlcd0l@126.com; Bin Song, MD. Department of Radiology, West China Hospital, Sichuan University, No. 37, Guoxue Alley, Chengdu 610041, China; Department of Radiology, Sanya People's Hospital, No. 558, Jiefang Road, Sanya 572000, China. Email: songlab_radiology@163.com.

Background: The diagnostic performance for hepatocellular carcinoma (HCC) is hampered using gadoxetic acid-enhanced magnetic resonance (MR) imaging due to the high incidence of transient severe motion in arterial phase (AP). Dynamic contrast enhanced computed tomography (CT) imaging yield high detection rate for hepatic nodules in AP, and the combined use of CT arterial phase (CTAP) imaging with gadoxetic acid-enhanced MR imaging may improve the diagnostic performance for HCC. Thus, this study aimed to determine whether the combined use of CTAP and gadoxetic acid-enhanced MR imaging can improve the diagnostic performance for HCC based on various imaging diagnostic criteria.

Methods: A total of 169 surgically histologically confirmed hepatic nodules (137 HCCs and 32 non-HCCnodules) were retrospectively enrolled. Two different imaging protocol sets were reviewed: (I) full gadoxetic acid-enhanced magnetic resonance imaging (MRI) sequences; and (II) CTAP imaging combined with the gadoxetic acid-enhanced MRI but excluding the MR imaging AP images. Three independent reviewers followed the 2018 Liver Reporting and Data System (LI-RADS), European Association for the Study of the Liver (EASL), and 2018 Korean guidelines to characterize these heaptic nodules by reviewing the two imaging protocol sets and the diagnostic peformance were compared by using McNemar test.

Results: The detection rate of AP hyperenhancement (APHE) was higher in CTAP than in the MR arterial phase (MRAP) for hepatic nodules (87.57% vs. 75.15%) and HCCs (97.08% vs. 82.48%) (all P<0.001). For the LI-RADS criteria, the Protocol-II increased the sensitivity to 75.91% from 70.80% of Protocol-I (P=0.016), with a minimal decrease of the specificity to 71.88% from 75.00% (P=1.000). For the EASL criteria, the numerical increases were found of Protocol-II than Protocol-I in both sensitivity (81.02% vs. 78.10%) and specificity (75.00% vs.71.88%), but with no statistical significance. For the Korean criteria, the Protocol-II increased the sensitivity to 94.89% from 83.21% of Protocol-I (P<0.001). The specificity increased to 65.63% from 62.50%, with no statistical significance (P=1.000).

Conclusions: Using CTAP instead of gadoxetic acid-enhanced MRAP can improve the diagnostic sensitivity for HCC and also yields a comparable specificity. Thus, the combined use of CTAP and gadoxetic acid-enhanced MR imaging may improve the diagnostic performance for HCC.

Keywords: Gadoxetic acid-enhanced MRI; dynamic enhanced CT; arterial phase; hepatocellular carcinoma (HCC)

Submitted Sep 23, 2022. Accepted for publication Nov 18, 2022. doi: 10.21037/atm-22-4968 View this article at: https://dx.doi.org/10.21037/atm-22-4968

Introduction

Despite the great advantages of gadoxetic acid-enhanced magnetic resonance imaging (MRI) in detecting and diagnosing hepatocellular carcinoma (HCC), particularly small HCCs, transient severe dyspnea-related motion (TSDM) artifacts in the arterial phase (AP) still remain a serious problem, as they may reduce the detection of HCC (1,2). Arterial phase hyperenhancement (APHE) is recommended as the major imaging feature in most major guidelines because of its high diagnostic sensitivity (3-5). In addition, when combined with the feature of portal venous or delayed phase hypointensity, it can reach the optimal diagnostic efficiency (5-7). Given the importance of the arterial phase in diagnosing HCC, the challenge of bridging the gap between transient severe motion artifacts and arterial phase image quality is an urgent one.

At present, several strategies are used to overcome this limitation, and these strategies are divided into 2 categories. First is the reduction of the incidence rate of transient severe dyspnea by lowering the injection rate, diluting the contrast agent, or performing respiratory exercises before magnetic resonance (MR) examination (8,9). Second is the

Highlight box

Key findings

• In conclusion, APHE in CTAP images showed a significantly higher detection rate than in MRAP images. The combined use of dynamic-enhanced CT vascular features for HCC diagnosis produced high sensitivity and comparable specificity when compared with the gadoxetic acid-enhanced MRI only.

What is known and what is new?

- The detection performance using gadoxetic acid-enhanced MR imaging for HCC is hampered due to the high incidence of transient severe motion in AP.
- Using CTAP instead of gadoxetic acid-enhanced MRAP can improve the diagnostic sensitivity for HCC and also yields a comparable specificity.

What is the implication, and what should change now?

• Dynamic-contrast-enhanced CT vascular features can be used as an important supplement in the diagnosis of HCC when transient severe dyspnea-related motion happened using gadoxetic acidenhanced MRI.

honing of the MR technique by shortening the scanning time, using a free breath-hold MR sequence, or achieving multiple arterial phase images (10-12). However, once transient severe dyspnea occurs, arterial phase images cannot be guaranteed for any of these strategies. Dynamic contrast-enhance computed tomography (CT) imaging can provide excellent AP images due to fewer adverse events and greater differences in lesion enhancement density. Thus, using the computed tomography arterial phase (CTAP) images instead of the magnetic resonance arterial phase (MRAP) with gadoxetic acid-enhanced imaging may improve the detection rate and diagnostic performance for hepatic nodules. Previous studies conducted by Basha et al. (13) and Kim et al. (14) investigated the combined use of MR and computed tomography (CT) imaging features for improving the diagnostic performance of the Liver Imaging Reporting and Data System (LI-RADS). Furthermore, Park et al. (15) compared the diagnostic efficiency of an abbreviated MR protocol combined with CT features with that of full gadoxetic acid-enhanced MR sequences, and comparable diagnostic performance was found with the combined imaging protocol set. To our knowledge, very few studies have investigated whether the use of CTAP images can be used as an alternative for the gadoxetic acid-enhanced AP images for the diagnostic performance of hepatic nodules based on various imaging diagnostic criteria.

Therefore, this study aimed to determine whether the combined use of CTAP and gadoxetic acid-enhanced MR imaging can improve the diagnostic performance for HCC based on various imaging diagnostic criteria. We present the following article in accordance with the STARD reporting checklist (available at https://atm.amegroups.com/article/ view/10.21037/atm-22-4968/rc).

Methods

Study population

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). This study was approved by the Institutional Review Board of West China Hospital [No. 2016(297)]. Due to our study's retrospective

nature, the requirement for written informed consent was waived. In addition, the sample size was estimated by using the clinical experience. This retrospective diagnostic study included 316 patients with a persistent history of chronic hepatic disease (CHD) or cirrhosis who underwent gadoxetic acid-enhanced MRI between January 2014 and December 2020. Of these patients, 174 were excluded for the following reasons: (I) history of liver resection (n=11), transarterial chemotherapy (n=22), and radiofrequency ablation (n=5); (II) patients lacked dynamic-enhanced CT examination (n=52); (III) hepatic nodules were typically hemangiomas (n=17) or cysts (n=24); and (IV) the final diagnosis was not confirmed by histopathological results or at the 12-month clinical follow-up (n=43). Finally, 142 patients with 169 hepatic nodules were enrolled.

Imaging technique

MRI was performed using 3.0 T MR systems (Discovery 750w, GE Healthcare, Milwaukee, USA; Skyra 3.0 T, Siemens Healthcare, Erlangen, Germany). All measurements were made using the 16-channel phase array torsor coils. A standard injection protocol of the contrast agent (Primovist, Bayer Pharma AG, Berlin, Germany) was used for all the patients by administering a bolus injection of 0.025 mmol/kg at an injection rate of 1 mL/s, followed by a 20-mL saline flush. The routine MR protocol for gadoxetic acid-enhanced MR imaging included the following: (I) inand out-of-phase T1-weighted imaging; (II) T2-weighted imaging with fat saturation; (III) diffusion-weighted imaging; (IV) axial non-enhanced T1-weighted imaging with fat saturation; and (V) enhanced T1-weighted imaging at the arterial phase (25-30 s), portal venous phase (60 s), delayed phase (180 s), and hepatobiliary phase (20 min). In addition, CT imaging was performed using multidetector CT scanners (Revolution, GE Healthcare, Milwaukee, USA; SOMATOM Definition, Siemens Healthcare, Erlangen, Germany). The pre-contrast images were initially acquired before the contrast agent injection (iodine concentration, 300-370 mg/mL; volume, 1.5-2.0 mL/kg of body weight; contrast type, Iopromide injection, Bayer Pharma AG) and the images in the arterial phase and portal venous phase were acquired with the following parameters: tube voltage, 100-120 kVp; tube current, 450 mA; slice thickness, 0.625 mm; pitch, 0.992:1; rotation speed: 0.5 s/rot; and volume-based adaptive statistical iterative reconstruction (ASIR-V): 30%.

Image analysis

On a per-lesion basis, a reference standard based on pathology was established and the pathological results were defined as the gold standard. All the MR and CT images were firstly anonymized. According to the different protocol sets, the MR sequences and CT images were combined into different categories. In this study, 2 different combined protocol sets were compiled, including: (I) Protocol-I: full gadoxetic acid-enhanced MR imaging sequences; and (II) Protocol-II: dynamic CT combined with the full gadoxetic acid-enhanced MR imaging but excluding the vascular features-related phase (arterial phase images). After reviewing these images, the reviewers characterized the nodules according to the LI-RADS v2018 and the European Association for the Study of the Liver (EASL) and 2018 Korean guidelines. Three independent reviewers were blinded to the histopathological findings and clinical data, and when the reviewers could not fully agree, a consensus was achieved by using the assessment results of the majority. The MR images were presented in a randomized fashion. In order to minimize recall bias, the reviews of the different combinations of protocols in the same patient were spaced 3-4 weeks. Additionally, all 3 reviewers were advised to read the MR images in a clinical manner, and were allowed to use the coronal and sagittal reconstructions.

Statistical analysis

Lesion detection and diagnosis status were summarized using frequencies and percentages for each protocol. To assess the clinical impact of arterial phase CT images on the detection of the APHE, paired comparisons of arterial phase images between CT and MRI were performed using the McNemar test. Furthermore, with regard to the diagnostic performance for HCC using the LI-RADS v2018 and the EASL and Korean guidelines, the sensitivity was calculated by using the formula:

$$Sensitivity = \frac{True \ positve}{True \ positve + False \ negative}$$
[1]

and specificity was calculated by using the formula:

$$Specificity = \frac{True \, negative}{True \, negative + False \, positive}$$
[2]

and the sensitivity and specificity were subsequently

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Table 1 Clinical characteristics of these 142 patients

	1			
Characteristics	Total (n=142)			
Sex				
Female	29 (20.42)			
Male	113 (79.58)			
Age, years	50.89±11.25			
AFP (ng/mL)	502.87±1,864.91			
CEA (ng/mL)	3.93±13.01			
CA19-9 (U/mL)	29.77±51.84			
HBSAG (COI)	1,724.31±1,412.44			
ALT (IU/L)	41.76±34.91			
AST (IU/L)	40.79±25.17			
TBIL (µmol/L)	15.72±7.28			
DBIL (µmol/L)	5.86±3.90			
IBIL (μmol/L)	9.86±4.69			
ALB (g/L)	42.49±4.53			
Pt (s)	12.17±1.02			
PLt (10 ⁹ /L)	148.27±67.09			
Number of nodules per patient				
Patients with 1 nodule	116			
Patients with 2 nodules	25			
Patients with 3 nodules	1			

Data are shown as n (%) or mean ± standard deviation. AFP, alpha fetoprotein; CEA, carcinoembryonic antigen; CA19-9, carbohydrate antigen 19-9; HBSAG, hepatitis B surface antigen; ALT, alanine aminotransferase; AST, aspartate aminotransferase; TBIL, total bilirubin; DBIL, direct bilirubin; IBIL, indirect bilirubin; ALB, albumin; Pt, prothrombin time; PLt, platelet.

compared by using the McNemar test. Interobserver agreement for APHE on the CT and MR arterial phase images, washout during the portal venous phase, and the enhancing capsule were all evaluated using an e-weighted k statistic. A two-sided P value of less than 0.05 was considered to be statistically significant. All statistical analysis were performed using a statistical software package (SPSS 23.0, SPSS Inc., Chicago, IL, USA).

Results

Patient characteristics

There were a total of 142 patients (mean age,

50.89±11.25 years; range, 26–83 years) with 169 nodules, including 113 men (50.70±11.16 years; range, 26–83 years) and 29 women (51.62±11.76 years; range, 30–67 years). Of these, 47 patients had hepatic cirrhosis (33.10%, 47/142). In addition, 116 patients (81.69%, 116/142) had 1 nodule and 26 patients (18.31%, 26/142) had 2 or 3 nodules, respectively. The 169 nodules comprised 137 HCC and 32 non-HCC nodules [23 intrahepatic cholangiocarcinomas (IHCCs), 2 focal nodular hyperplasias (FNHs), 3 dysplastic nodules (DNs), and 4 angiomyolipomas (AMLs)]. *Table 1* summarizes the clinical and MRI features of the 142 patients.

Comparison of the APHE

For the whole hepatic nodules, the detection rate of APHE on CT arterial phase (CTAP) images was significantly higher than that on the magnetic resonance arterial phase (MRAP) images [87.57% (148/169) vs. 75.15% (127/169); P<0.001; Table 2]. In the subgroup analysis, for the APHE of HCC, the CTAP images showed a significantly higher APHE detection rate than the MRAP images [97.08% (133/137) vs. 82.48% (113/137); P<0.001]. However, the detection rate for APHE was not significantly different between the CTAP and MRAP images for non-HCC lesions [46.88% (15/32) vs. 43.75% (14/32); P=1.000]. Additionally, the CTAP images showed a higher detection rate for APHE images less than or equal to 2.0 cm in diameter [92.31% (24/26) vs. 69.23% (18/26); P=0.031] and in HCCs greater than 2.0 cm in diameter [98.20% (109/111) vs. 85.59% (95/111); P<0.001] (Table 2). Interobserver agreement for the APHE of CTAP (Kappa value =0.87) was better than that of MRAP (Kappa value =0.74). Good interobserver agreement was also obtained for the portal venous/delayed phase washout appearance (Kappa value =0.83) and capsule appearance (Kappa value =0.81).

Diagnostic performance of various criteria for HCC

For the LI-RADS criteria (*Figure 1*), when the LI-RADS-5 (LR-5) was regarded to be HCC, the CTAP combined images significantly increased the sensitivity to 75.91% (104/137) from the 70.80% (97/137) of the MR-only images (P=0.016), with a slight decrease in the diagnostic specificity from 75.00% (24/32) to 71.88% (23/32) (P=1.000). Additionally, when the LR-4/5 were regarded to be HCC, MR-only images showed a sensitivity of 85.40% (117/137) and a specificity of 65.63% (21/32) for diagnosing HCC. However, when we determined APHE on the CTAP,

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Table 2 The detection rates for arterial hyperenhancements on magnetic resonance arterial phase images and computed tomographic arterial phase images

Category	Computed tomographic arterial phase images	Magnetic resonance arterial phase images	P value
Total nodules (n=169)	148 (87.57%)	127 (75.15%)	<0.001
Diagnosis			
HCC (n=137)	133 (97.08%)	113 (82.48%)	<0.001
Non-HCC (n=32)	15 (46.88%)	14 (43.75%)	1.000
HCC size			
≤20 mm (n=26)	24 (92.31%)	18 (69.23%)	0.031
>20 mm (n=111)	109 (98.20%)	95 (85.59%)	<0.001

HCC, hepatocellular carcinoma.



Figure 1 Histologically confirmed HCC in a 55-year-old man. The plain MR image (A) shows a hypointensity lesion with a size greater than 2 cm on the right liver robe. No typical arterial phase hyperenhancement and nonperipheral washout was obtained on the arterial phase (B) and portal venous phase (C) MR images. The typical nonperipheral washout was obtained on MR delayed phase (D), and the hepatobiliary phase showed hypointensity (H). On the CT images, the plain CT images (E) showed a hypointensity lesion, with arterial phase (F) hyperenhancement on the arterial phase CT image (F), but no typical nonperipheral washout was found on the portal venous CT image (G). Thus, using the LI-RADS v2018 criteria, the lesion was categorized as LR-4 on MR-only images, but on the CTAP-combined images, this lesion was categorized as LR-5. HCC, hepatocellular carcinoma; MR, magnetic resonance; CT, computed tomography; LI-RADS, Liver Imaging Reporting and Data System; CTAP, computed tomographic arterial phase.

the sensitivity of CTAP combined image sets showed a statistically significant increase to 96.35% (132/137; P<0.001), whereas the specificity decreased to 62.50% (20/32), but without statistical significance (P=1.000). For the EASL criteria (*Figure 2*), MR-only images showed a sensitivity of 78.10% (107/137) and a specificity of 71.88% (23/32) for the diagnosis of HCC. However, when the APHE was determined on the CTAP, the sensitivity

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Figure 2 Histologically confirmed HCC in a 43-year-old man. The plain MR image (A) shows a hypointensity lesion with a size greater than 2 cm on the right liver robe. No typical arterial phase hyperenhancement was obtained on the arterial phase (B), but on the portal venous phase (C) and delayed phase MR images (D), nonperipheral washout and enhancing capsule was obtained and the hepatobiliary phase showed hypointensity (H). On the CT images, the plain CT images (E) showed a hypointensity lesion, with nodular arterial phase (F) hyperenhancement on the arterial phase CT image (F), but no typical nonperipheral washout was found on the portal venous CT image (G). Thus, using the EASL criteria, the lesion was categorized as non-HCC on MR-only images, but on the CTAP-combined images, this lesion was categorized as HCC. HCC, hepatocellular carcinoma; MR, magnetic resonance; CT, computed tomography; EASL, European Association for the Study of the Liver; CTAP, computed tomographic arterial phase.

value increased to 81.02% (111/137) (P=0.152), whereas the specificity also increased to 75.00% (24/32), but without statistical significance (P=1.000).

For the Korean guidelines (*Figure 3*), the CTAPcombined images significantly increased the sensitivity to 94.89% (130/137) from the 83.21% (114/137) of the MR-only images (P<0.001). The specificity also increased to 65.63% (21/32) from 62.50% (20/32), which was not statistically significant (P=1.000) (*Table 3*).

Discussion

In the present study, we combined CTAP and MRAP images to explore whether this new diagnostic method could improve arterial phase enhancements in patients with HCC and the diagnostic performance of the various guideline criteria. The results demonstrated that compared with the MRAP images, the CTAP images showed significantly higher detection rates for APHE in both the total nodules and HCCs. Furthermore, the combination of vascular features on CTAP could significantly improve sensitivity for the diagnosis of HCC on the various criteria (LI-RADS criteria, EASL, and Korean guidelines), particularly for LI-4/5 and the 2018 Korean guideline. The study also showed that the specificity of the diagnosis was almost unaffected using this approach. Therefore, our study may be able to improve the diagnostic performance of gadoxetic acidenhanced MRI in patients with HCC and further affect the clinical treatment plan.

Hyperenhancement of the arterial phase is one of the most important imaging features for the diagnosis of HCCs (4). According to previous research, the APHE results from neoangiogenesis of the unpaired artery in the nodule during hepatocarcinogenesis (16), and APHE was shown in 68.4–82.7% of early-stage HCCs (17-23). Therefore, the detection of APHE is of great importance



Figure 3 Histologically confirmed HCC in a 49-year-old woman. The plain MR image (A) shows a hypointensity lesion on the right liver robe. No typical arterial phase hyperenhancement and nonperipheral washout was obtained on the arterial phase (B), portal venous phase (C), and delayed phase (D) MR images, but on the hepatobiliary phase (H), the lesion showed homogenous hypointensity. On the CT images, the plain CT images (E) showed a hypointensity lesion, with arterial phase (F) hyperenhancement on the arterial phase CT image (F), but no typical nonperipheral washout was found on the portal venous CT image (G). Thus, using the Korean criteria, the lesion was categorized as non-HCC on MR-only images, but on the CTAP-combined images, this lesion was categorized as HCC. HCC, hepatocellular carcinoma; MR, magnetic resonance; CT, computed tomography; CTAP, computed tomographic arterial phase.

	gnostie p	Table 5 The diagnostic performance of various criteria for TIGG								
Category	TP	FP	FN	ΤN	Sensitivity, %	Р	Specificity, %	Ρ	Accuracy, %	
LR-5										
MRAP	97	8	40	24	70.80 (63.09–78.15)	0.016	75.00 (59.14–90.86)	1.000	71.60 (64.73–78.47)	
CTAP	104	9	33	23	75.91 (68.66–83.16)		71.88 (55.41–88.34)		75.15 (68.57–81.73)	
LR-4/5										
MRAP	117	11	20	21	85.40 (79.41–91.39)	<0.001	65.63 (48.23–83.02)	1.000	81.66 (75.76–87.55)	
CTAP	132	12	5	20	96.35 (93.17–99.53)		62.50 (44.77–80.23)		89.94(85.36–94.52)	
EASL										
MRAP	107	9	30	23	78.10 (71.09–85.12)	0.152	71.88 (55.41–88.34)	1.000	76.92 (70.51–83.34)	
CTAP	111	8	26	24	81.02 (74.37–87.67)		75.00 (59.14–90.86)		79.88 (73.78–85.99)	
Korean										
MRAP	114	12	23	20	83.21 (76.87–89.55)	<0.001	62.50 (44.77–80.23)	1.000	79.29 (73.12–85.46)	
CTAP	130	11	7	21	94.89 (91.16–98.62)		65.63 (48.23–83.02)		89.35 (84.65–94.05)	

Table 3 The diagnostic performance of various criteria for HCC

HCC, hepatocellular carcinoma; LI-RADS (LR), Liver Imaging Reporting and Data System; EASL, European Association for the Study of the Liver; MRAP, magnetic resonance arterial phase images; CTAP, computed tomographic arterial phase images; TP, true positive; FN, false negative; FP, false positive; TN, true negative.

for the diagnosis of HCCs. In the comparison made for the APHE, we found that the CTAP images showed a better diagnostic performance for the identification of APHE in patients with HCCs than MRAP. For all the HCC lesions, the detection rate of APHE using CTAP was 14.6% higher than MRAP, 23.08% higher in HCCs less than or equal to 2.0 cm in diameter, and 12.61% higher in HCCs greater than 2.0 cm in diameter. Park et al. (15) reported that the nonrim APHE tended to be more common in abbreviated MRI with optional multiphasic CT than fullsequence gadoxetic acid-enhanced MRI, although there was no significant difference between both groups mentioned above. Our results were similar, and this can be attributed to the following 3 explanations: first, as reported in previous studies, there is a high frequency of transient serve motion (TSM) in gadoxetic acid-enhanced MRI. Therefore, about 30% of patients' arterial phase images are disturbed by respiratory motion artifacts, which seriously interfere with the diagnosis of APHE by radiologists. However, there was no report of TSM with CT contrast agents. Second, according to this principle, the degree of MRI enhancement following contrast agent administration is closely related to the amount and relaxation rate of the contrast agent. The gadoxetic acid used in this study had a high relaxation rate but with a small injection dose of 0.025 mol/kg, which is equal to 0.2 mL/kg of body weight. In contrast, the injection dose used in CT dynamic enhancement examination can be as high as 1.5-2.0 mL/kg of body weight, which leads to a more obvious transient liver perfusion effect in CTAP than in MRAP. Third, and more importantly, gadoxetic acid is a dual channel excretory contrast agent, about 50% of which is ingested by hepatocytes and excreted through the biliary system, and the uptake by hepatocytes can occur as early as 20–35 s after injection (24,25). This means that the extracellular enhancement effect of gadoxetic acid will be affected, resulting in less enhancement of MRAP.

In the evaluation of diagnostic efficacy for HCCs, we found that regardless of the 2018 Korean criteria or the LI-RADS criteria, particularly for LI-RADS 4/5, the sensitivity for the diagnosis of HCCs was higher using CTAP images than MRAP images, and the difference was statistically significant. This may be because sensitivity primarily reflects the ability to detect lesions, whereas the APHE sign is a very important indicator for judging HCC lesions in the LI-RADS criteria and the 2018 Korean criteria. The CTAP images can reflect the APHE of the lesions better than MRAP; therefore, it further improves the sensitivity of the LI-RADS criteria and the 2018 Korean criteria for HCC diagnosis. In the EASL criteria, the use of CTAP images tended to improve the sensitivity for HCC diagnosis compared with the MRAP images (81.02% vs. 78.10%), but without a significant difference (P=0.152). We speculate that this may be because, in the EASL criteria, the diagnosis of HCC emphasizes both the APHE and portal vein phase (PVP) washout. However, for some atypical HCC lesions, the PVP washout may not be obvious. Although the CTAP images improved their APHE display compared to MRAP, they still could not be used to diagnose HCCs using the EASL criteria, which required both APHE and portal PVP washout. Therefore, improvement of the sensitivity in EASL criteria was not clear.

Both the diagnostic sensitivity and specificity are important for hepatic nodule surveillance and treatment decisions. Our research demonstrated that when using CTAP instead of the MRAP image as the vascular feature of the lesion, whether for LR-5, LR-4/5, the EASL criteria, or the Korean guideline, the specificity of diagnosis for HCCs was not affected, but the sensitivity improved. Particularly for the EASL criteria and the Korean guideline, the CTAP images showed higher specificity than the MRAP image. We speculate that the reason may be because some of the lesions we included, such as IHCC, were caused by motion artifacts on the MRAP image, which manifested as arterial mass enhancement with HCC signs and were mistaken for HCC. However, because the CTAP image is not disturbed by respiratory artifacts, it presents true ring enhancement, which eliminates the possibility of the HCC lesions. Choi et al. (26) reported the inconsistency of arterial phase enhancement between MRI and CT, and speculated that the reasons for this may include the following: the difference in the underlying contrast-enhancement mechanisms between MR imaging and CT, better soft-tissue contrast in MR imaging compared to CT, narrower AP time window in MRI leading to difficulty in acquiring optimal AP MR images, and higher susceptibility to respiratory motion artifacts in MR imaging compared to CT. However, Choi et al. did not further explore the impact of replacing MRAP images with CTAP images on the diagnosis of HCC. Our results showed that CTAP was more effective in judging the arterial phase enhancement mode of HCCs than gadoxetic acid-enhanced MRAP, which may be helpful for discerning HCCs.

This study had several limitations. First, most of the lesions recruited in this study were HCCs, and the use of CTAP images combined with MRAP images for the diagnostic efficacy of non-HCCs needs to be further confirmed. However, the proportion of lesion types we included exactly

fit the current clinical situation in China. Second, the different parameters of the various MRI/CT machines in our study may have affected data consistency. However, our parameter optimization conducted for each machine to archive the best image quality in the early stages of this prospective study can avoid development of the bias seen in the results. Third, the diagnostic criteria used in our research were the LI-RADS, EASL, and Korean criteria, which led to uncertainty regarding whether gadoxetic acid-enhanced MRI combined with CTAP images can improve the efficacy of other diagnostic criteria for HCCs. However, the 3 diagnostic criteria we used were the international mainstream diagnostic criteria, which reflected evaluation of the diagnostic efficacy of HCCs, thereby affecting clinical diagnosis and treatment.

Conclusions

In conclusion, APHE in CTAP images showed a significantly higher detection rate than in MRAP images. The combined use of dynamic-enhanced CT vascular features for HCC diagnosis produced high sensitivity and comparable specificity when compared with the gadoxetic acid-enhanced MRI only.

Acknowledgments

Funding: This work was supported by National Natural Science Foundation of China (grant No. 82202117), Science and Technology Support Program of Sichuan Province (No. 2020YFS0121 and No. 2021YFS0144), China Postdoctoral Science Foundation (No. 2021M692289), and Post-Doctor Research Project of West China Hospital of Sichuan University (No. 2020HXBH130).

Footnote

Reporting Checklist: The authors have completed the STARD reporting checklist. Available at https://atm.amegroups.com/article/view/10.21037/atm-22-4968/rc

Data Sharing Statement: Available at https://atm.amegroups. com/article/view/10.21037/atm-22-4968/dss

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at https://atm. amegroups.com/article/view/10.21037/atm-22-4968/coif). XW and LN are from GE Healthcare China. The other authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). This study was approved by the Institutional Review Board of West China Hospital [No. 2016(297)]. Due to the study's retrospective nature, the requirement for written informed consent was waived.

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(English Language Editor: C. Betlazar-Maseh)

Cite this article as: Tang H, Gao F, Wei Y, Deng L, Li Q, Yuan Y, Zhang T, Chen G, Yao S, Wei X, Nie L, Song B, Li Z. Using arterial phase hyperenhancement on CT instead of gadoxetic acid arterial phase enhancement may improve the diagnostic performance for hepatocellular carcinoma. Ann Transl Med 2022;10(22):1229. doi: 10.21037/atm-22-4968