



Predictive value of the serum anion gap for 28-day in-hospital all-cause mortality in sepsis patients with acute kidney injury: a retrospective analysis of the MIMIC-IV database

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Background: The kidney is one of the most vulnerable organs in sepsis patients, which mainly manifests as sepsis-associated acute kidney injury (SA-AKI). The case fatality rate of SA-AKI is high, and thus, predicting the risk of SA-AKI-related death is hugely significant. Anion gap (AG) is an important indicator in critical illness patients. The present study aimed to analyze the predictive value of the AG for the short-term prognosis of SA-AKI patients.

Methods: SA-AKI patient data from the Medical Information Mart for Intensive Care (MIMIC-IV) database were collected retrospectively. Hospitalized septic patients who meet the inclusion criteria were included in the final analysis. All laboratory test parameters only included the data generated within the first 24 hours after the patient entered the intensive care unit (ICU) and the extreme value. Univariate and multivariate logistic regression analyses were performed to analyze the risk factors related to the death of SA-AKI patients within 28 days during hospitalization in the ICU.

Results: A total of 3,684 SA-AKI patients were included, including 3,305 patients with low AG (<18 mmol/L) and 379 patients with high AG (≥ 18 mmol/L). Among these patients, 497 cases (13.5%) died during hospitalization, including 376 cases (11.4%) in the low AG group and 121 cases (31.9%) in the high AG group. Multivariate logistic regression analysis showed that elevated AG increased the risk of death in SA-AKI patients within 28 days during hospitalization in the ICU (odds ratio = 1.2, 95% confidence interval: 1.2–1.3). Further analysis showed that the risk of death of SA-AKI patients within 28 days during hospitalization in the ICU was increased when $AG \geq 14$ mmol/L. The relationship between AG level and the risk of death of SA-AKI patients during hospitalization was S-shaped.

Conclusions: In clinical practice, AG levels can serve as a valuable predictor of the death risk of SA-AKI patients during hospitalization.

Keywords: Anion gap (AG); sepsis; acute kidney injury; death

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Introduction

Sepsis is an immune reaction disorder syndrome in the body following bacterial invasion of the blood circulation, which causes a systemic inflammatory reaction. It is a common

complication in severe trauma, burn, shock, infection, and major surgery (1), and the main symptoms are fever, shortness of breath, and changes in the mental state. Severe sepsis patients often present with circulatory disorders and

(or) organ dysfunction (2). Sepsis, severe sepsis, and septic shock are three manifestations of the severity of sepsis. If further developed, these cases can lead to life-threatening organ dysfunction, which is one of the main factors leading to the death of severe sepsis patients (1,3).

The kidney is one of the most vulnerable organs in sepsis patients, which mainly manifests as sepsis-associated acute kidney injury (SA-AKI); that is, creatinine increases to 1.5 times or more than the basic level within 7 days, creatinine increases ≥ 26.5 within 48 hours $\mu\text{mol/L}$, or urine volume $< 0.5 \text{ mL}/(\text{kg}\cdot\text{h})$ for 6 hours (4). According to relevant data from the United States, Adhikari *et al.* estimated that there are about 19 million cases of sepsis globally every year (5). At least one of every three sepsis patients has SA-AKI. According to this estimate, there are approximately six million cases of SA-AKI worldwide annually (i.e., one case of SA-AKI per 1,000 people) (6). However, the actual number may be higher. It is estimated that there are about 4.2 million SA-AKI cases in the United States each year and about 98 million SA-AKIs worldwide (7). For patients receiving treatment in the intensive care unit (ICU), 40–50% of patients with acute kidney injury (AKI) have sepsis (7), and about 47.1–51% of sepsis patients have AKI (8,9). The case fatality rate of SA-AKI is also high, about 20.9–56.8% (10). Thus, predicting SA-AKI-related death risk has important clinical significance (11). Previous studies showed that some factors were associated with the death risk in SA-AKI patients, including age, related scores of critical illness, mechanical ventilation (7,8,10,11).

The serum anion gap (AG), as an easy to obtained

and important clinical indicator to evaluate the acid-base imbalance in the body, mainly reflects the difference between undetected cations and undetected anions in human plasma. Physiologically active ions are proteins, lactates, acetoacetates, sulfates, and other anions. At present, the pathogenesis of serum AG in sepsis is unclear. On the one hand, it is believed that sepsis can lead to abnormal energy metabolism, accompanied by changes in hemodynamics, and subsequently lead to microcirculation dysfunction under the condition of systemic inflammatory reaction (12,13). Insufficient tissue perfusion in sepsis patients will lead to different degrees of hypoxia, reduce the use of oxygen in tissues, accelerate the rate of glycolysis, and increase the production of Lac in the body. On the other hand, sepsis can result in high decomposition under persistent inflammation and immunosuppression, and the production of proteins such as α -ketoacids increases. In addition, body tissues are destroyed in large amounts due to persistent inflammation, leading to the decomposition of a series of substances. These acidic metabolites can consume the buffer HCO_3^- in the blood and produce anions such as lactate, acetoacetate, and sulfate, which will lead to increased AG (13,14). However, the specific mechanism still requires further research and exploration. At present, some studies have confirmed that serum AG can predict the prognosis of critically ill patients (15,16).

The Medical Information Mart for Intensive Care (MIMIC) database is one of the most important databases for research into critical care medicine. So far, it has been updated to the fourth edition, MIMIC-IV. Researchers have performed significant deep mining on the database and obtained several important research results. This study investigated the predictive effect of the AG on the in-hospital mortality risk of SA-AKI patients based on data obtained from the MIMIC-IV database. We present the following article in accordance with the TRIPOD reporting checklist (available at <https://atm.amegroups.com/article/view/10.21037/atm-22-5916/rc>).

Methods

Study population

This is a retrospective study involving data obtained from the MIMIC-IV (v0.4) database. This database collected the clinical information of more than 60,000 patients hospitalized in the ICU of Beth Israel Dikang Medical Center from 2008 to 2019.

Highlight box

Key findings

- Anion gap (AG) levels can predict the death risk of patients with sepsis-associated acute kidney injury (SA-AKI) during hospitalization.

What is known and what is new?

- The case fatality rate of SA-AKI is high.
- The risk of death of SA-AKI patients within 28 days during hospitalization in the ICU was increased when $\text{AG} \geq 14 \text{ mmol/L}$. The relationship between AG level and the risk of death of SA-AKI patients during hospitalization was S-shaped.

What is the implication, and what should change now?

- Clinicians should pay attention to the specific AG detection value, rather than just whether it is in the normal range.

The subjects of this study were sepsis patients who were admitted in the ICU. The inclusion criteria were as follows: (I) adult patients (age ≥ 18); (II) first stay in ICU (for those who had stayed in the ICU several times, only the first stay information was recorded); (III) first-time diagnosis of multiple organ dysfunction syndrome (MODS); and (IV) stay time in the ICU ≥ 24 hours. Patients were excluded based on the following criteria: (I) lack of key information, such as the severe illness score; and (II) discharged automatically. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

Data extraction

We used the Structured Query Language (SQL) to acquire the following clinical information from the MIMIC-IV database: demographic variables, laboratory test results including blood routine, liver function, renal function, blood lipid, blood sugar, serum electrolytes (potassium, sodium, calcium); AG; blood HCO_3^- ; sequential organ failure assessment (SOFA); length of stay in the ICU; death in the ICU; complications; the utility of mechanical ventilation, vasoactive drugs, and renal replacement therapy (RRT) during the ICU hospitalization; and major adverse events such as ventilator-associated pneumonia (VAP), urinary tract infection (UTI), diabetes ketoacidosis (DKA), and acute myocardial infarction (AMI). All laboratory test parameters only included the data generated within the first 24 hours after the patient entered the ICU (i.e., baseline value) and the extreme value [i.e., maximum value (max) and minimum value (min)] during hospitalization in the ICU.

Outcome

The main purpose of this study was to analyze the impact of AG on the short-term prognosis of SA-AKI patients after admission to the ICU. Therefore, the primary end point of observation was the mortality rate within 28 days after admission to the ICU.

Statistical analysis

SPSS software (version 23.0, IBM, Chicago, USA) was used for statistical analysis. Continuous variables were expressed as the mean [standard deviation (SD)], and comparisons between the two groups were conducted using an independent sample *t*-test. Categorical variables were expressed as the quantity (percentage), and comparisons

between the two groups were conducted using the χ^2 test. Univariate and multivariate logistic regression analyses were performed to analyze the risk factors related to the death of SA-AKI patients within 28 days during hospitalization in the ICU. A two-sided $P < 0.05$ was considered statistically significant.

Results

General information

According to the inclusion and exclusion criteria, we included 3,684 SA-AKI patients from the MIMIC-IV database in the final analysis (Table 1). According to the AG level, they were divided into low and high AG groups (Table 2). The AG of patients in the low AG group was < 18 mmol/L, and that of patients in the high AG group was ≥ 18 mmol/L. There were 3,305 cases in the low AG group, including 1,967 women (59.5%), and 379 cases in the high AG group, of which 217 were female (57.3%). The Simplified Acute Physiology Score (SAPS) [19.0 (17.0, 22.0) vs. 21.0 (18.0, 24.0), $P < 0.001$] and SOFA [5.0 (4.0, 7.0) vs. 6.0 (4.0, 8.0), $P < 0.001$] scores of patients with low AG were lower than those in patients with high AG. Patients in the low AG group received mechanical ventilation (88.0% vs. 82.1%, $P = 0.001$) significantly more frequently than those in the high AG group, while their rates of dobutamine (1.1% vs. 3.2%, $P = 0.003$) and norepinephrine (22.8% vs. 30.6%, $P = 0.001$) use were markedly lower than those in the high AG group. These results suggest that the condition of patients in the low AG group was not as serious as that in the high AG group (Tables 1,2). A total of 497 patients (13.5%) died during hospitalization, including 376 cases (11.4%) in the low AG group and 121 cases (31.9%) in the high AG group. The mortality rate in the low AG group was considerably lower than that in the high AG group ($P < 0.001$, Table 2).

Univariate analysis of the risk factors for death in SA-AKI patients during hospitalization

The univariate analysis results showed that multiple factors were related to the death of SA-AKI patients during hospitalization. The increase of AG elevated the risk of death of SA-AKI patients during hospitalization, as did the combination of underlying diseases (including chronic heart failure, cerebrovascular disease, liver disease, renal disease, and cancer). Furthermore, the use of adrenaline, increased creatinine levels, and the increase of international normalized

Table 1 Baseline characteristics of the included patients

Variables	Total (n=3,684)
Age (years), mean \pm SD	65.4 \pm 16.6
Gender, n (%)	
Female	2,184 (59.3)
Male	1,500 (40.7)
BMI (kg/m ²), mean \pm SD	27.4 \pm 5.3
Death in-hospital, n (%)	497 (13.5)
First care unit, n (%)	
CCU	1,151 (31.2)
NICU	1,939 (52.6)
MICU/SICU	170 (4.6)
TSICU	424 (11.5)
Ethnicity, n (%)	
Asian	119 (3.2)
Black	269 (7.3)
Hispanic	102 (2.8)
White	2,439 (66.2)
Other	755 (20.5)
Heart rate (beat/min), mean \pm SD	89.4 \pm 16.0
SBP (mmHg), mean \pm SD	119.0 \pm 15.6
Respiratory rate (times/min), mean \pm SD	21.0 \pm 4.4
Temperature (°C), Mean \pm SD	37.0 \pm 0.6
SpO ₂ (%), mean \pm SD	96.0 \pm 2.8
ICU days, median (IQR)	4.0 (2.3, 7.9)
Hospital days, median (IQR)	10.1 (6.5, 16.9)
RRT, n (%)	56 (1.5)
Ventilation, n (%)	3,220 (87.4)
Dobutamine, n (%)	48 (1.3)
dopamine, n (%)	121 (3.3)
Epinephrine, n (%)	210 (5.7)
Norepinephrine, n (%)	871 (23.6)
SOFA, ICU first day, median (IQR)	5.0 (3.0, 7.0)
APSOFA, ICU first day, median (IQR)	49.0 (36.0, 67.0)
Comorbidities, n (%)	
Myocardial infarction	656 (17.8)
Congestive heart failure	1,100 (29.9)
Cerebrovascular disease	612 (16.6)
Chronic pulmonary disease	989 (26.8)
Mild liver disease	483 (13.1)
Severe liver disease	221 (6.0)
Renal disease	625 (17.0)
Malignant cancer	471 (12.8)

Table 1 (continued)**Table 1** (continued)

Variables	Total (n=3,684)
Laboratory parameters	
Anion gap (mmol/L), mean \pm SD	13.6 \pm 3.2
Bicarbonate (mmHg), median (IQR)	23.0 (21.0, 26.0)
BUN (mmol/L), median (IQR)	18.0 (12.0, 29.0)
Calcium (mmol/L), median (IQR)	8.2 (7.8, 8.6)
Chloride (mmol/L), median (IQR)	106.0 (102.0, 109.0)
Creatinine (μ mol/L), median (IQR)	0.9 (0.7, 1.3)
Glucose (mmol/L), median (IQR)	126.0 (107.0, 153.2)
Sodium (mmol/L), median (IQR)	139.0 (136.0, 142.0)
Potassium (mmol/L), median (IQR)	4.1 (3.8, 4.4)
WBC (10^9 /L), median (IQR)	11.4 (8.5, 15.0)
INR, median (IQR)	1.3 (1.2, 1.4)
PT (s), median (IQR)	14.2 (13.3, 15.3)
PTT (s), median (IQR)	31.0 (28.6, 35.0)
Hematocrit, median (IQR)	30.8 (27.4, 34.7)
Hemoglobin (g/L), median (IQR)	10.3 (9.1, 11.6)
Platelet (10^9 /L), median (IQR)	172.0 (123.0, 237.0)
RBC (10^{12} /L), median (IQR)	3.4 (3.0, 3.9)
RDW, median (IQR)	14.6 (13.5, 16.0)
Magnesium (mmol/L), median (IQR)	2.1 (1.9, 2.3)
Phosphate (mmol/L), median (IQR)	3.2 (2.7, 3.8)

BMI, body mass index; SD, standard deviation; CCU, critical care unit; NICU, neurologic intensive care unit; MICU, medical intensive care unit; SICU, surgical intensive care unit; TSICU, transplantation surgical intensive care unit; SBP, systolic blood pressure; SpO₂, pulse saturation of oxygen; ICU, intensive care unit; IQR, interquartile range; RRT, renal replacement therapy; SOFA, sequential organ failure assessment; APSIII, acute physiological score; BUN, blood urea nitrogen; WBC, white blood cell; INR, international normalization ratio; PT, prothrombin time; PTT, partial thrombin time; RBC, red blood cell; RDW, red blood cell distribution width.

ration (INR), increased red blood cell distribution width, and increased phosphorus levels also increased the risk of death in these patients. However, higher body mass index (BMI) and elevated bicarbonate levels may reduce the risk of death of SA-AKI patients during hospitalization. Some factors, including age, urea nitrogen, and prothrombin time (PT), were statistically related to the risk of death, but the clinical significance of their odds ratio (OR) values was very small (*Table 3*). After adjusting for some risk factors, increased AG still increased the death risk of SA-AKI patients during hospitalization (*Table 4*).

Table 2 Comparison of the baseline characteristics between low and high AG groups

Characteristics	AG <18, mmol/L (n=3,305)	AG ≥18, mmol/L (n=379)	P value	Test
LOS ICU day, median [Q1, Q3]	4.0 [2.3, 7.9]	4.4 [2.8, 7.4]	0.046	Kruskal-Wallis
LOS hospital day, median [Q1, Q3]	10.0 [6.5, 16.8]	10.3 [6.6, 17.9]	0.700	Kruskal-Wallis
Female, n (%)	1,967 (59.5)	217 (57.3)	0.428	Chi-squared
Age (years), median [Q1, Q3]	67.0 [55.0, 78.0]	69.0 [56.5, 81.0]	0.002	Kruskal-Wallis
BMI (kg/m ²), median [Q1, Q3]	26.8 [25.4, 28.8]	26.8 [24.3, 26.8]	0.004	Kruskal-Wallis
Death during hospitalization, n (%)	376 (11.4)	121 (31.9)	<0.001	Chi-squared
Mean anion gap (mmol/L), median [Q1, Q3]	13.0 [11.0, 15.0]	19.0 [18.0, 20.0]	<0.001	Kruskal-Wallis
AKI stage, n (%)			0.631	Chi-squared
1	2787 (84.3)	313 (82.6)		
2	463 (14.0)	58 (15.3)		
3	55 (1.7)	8 (2.1)		
APSO ICU first day, median [Q1, Q3]	48.0 [36.0, 66.0]	57.0 [45.0, 73.5]	<0.001	Kruskal-Wallis
SAPS ICU first day, median [Q1, Q3]	19.0 [17.0, 22.0]	21.0 [18.0, 24.0]	<0.001	Kruskal-Wallis
SOFA sepsis first day, median [Q1, Q3]	5.0 [4.0, 7.0]	6.0 [4.0, 8.0]	<0.001	Kruskal-Wallis
CCI, median [Q1, Q3]	5.0 [4.0, 7.0]	6.0 [4.0, 9.0]	<0.001	Kruskal-Wallis
Myocardial infarct, n (%)	575 (17.4)	81 (21.4)	0.065	Chi-squared
Congestive heart failure, n (%)	945 (28.6)	155 (40.9)	<0.001	Chi-squared
Peripheral vascular disease, n (%)	385 (11.6)	39 (10.3)	0.484	Chi-squared
Cerebrovascular disease, n (%)	546 (16.5)	66 (17.4)	0.711	Chi-squared
Dementia, n (%)	136 (4.1)	16 (4.2)	0.970	Chi-squared
Chronic pulmonary disease, n (%)	891 (27.0)	98 (25.9)	0.691	Chi-squared
Rheumatic disease, n (%)	111 (3.4)	11 (2.9)	0.750	Chi-squared
Peptic ulcer disease, n (%)	80 (2.4)	22 (5.8)	<0.001	Chi-squared
Mild liver disease, n (%)	409 (12.4)	74 (19.5)	<0.001	Chi-squared
Paraplegia, mean (SD)	0.1 (0.2)	0.1 (0.3)	0.539	T-test
Renal disease, n (%)	502 (15.2)	123 (32.5)	<0.001	Chi-squared
Malignant cancer, n (%)	415 (12.6)	56 (14.8)	0.253	Chi-squared
Severe liver disease, n (%)	185 (5.6)	36 (9.5)	0.004	Chi-squared
Metastatic solid tumor, n (%)	209 (6.3)	30 (7.9)	0.279	Chi-squared
AIDS, n (%)	35 (1.1)	0	0.045	Fisher's exact
RRT, n (%)	56 (1.7)	0	0.020	Chi-squared
Ventilation, n (%)	2909 (88.0)	311 (82.1)	0.001	Chi-squared
Dobutamine, n (%)	36 (1.1)	12 (3.2)	0.003	Fisher's exact
Dopamine, n (%)	105 (3.2)	16 (4.2)	0.353	Chi-squared
Epinephrine, n (%)	197 (6.0)	13 (3.4)	0.058	Chi-squared

Table 2 (continued)

Table 2 (continued)

Characteristics	AG <18, mmol/L (n=3,305)	AG ≥18, mmol/L (n=379)	P value	Test
Norepinephrine, n (%)	755 (22.8)	116 (30.6)	0.001	Chi-squared
Mean heart rate (beat/min), median [Q1, Q3]	88.0 [78.0, 100.0]	87.0 [77.0, 99.0]	0.220	Kruskal-Wallis
Mean SBP (mmHg), median [Q1, Q3]	117.0 [108.0, 128.0]	117.0 [109.0, 128.0]	0.953	Kruskal-Wallis
Mean respiratory rate (times/min), median [Q1, Q3]	20.0 [18.0, 23.0]	20.0 [18.0, 23.0]	0.780	Kruskal-Wallis
Mean temperature (°C), median [Q1, Q3]	36.9 [36.7, 37.3]	36.9 [36.7, 37.3]	0.212	Kruskal-Wallis
Mean SpO ₂ , (%) median [Q1, Q3]	96.0 [95.0, 98.0]	96.0 [95.0, 98.0]	0.747	Kruskal-Wallis
Urine output sum (mL), median [Q1, Q3]	2,200.0 [1,541.0, 3,055.0]	2,095.0 [1,445.0, 2,990.0]	0.188	Kruskal-Wallis
Mean bicarbonate (mmHg), median [Q1, Q3]	24.0 [21.0, 26.0]	20.0 [18.0, 23.0]	<0.001	Kruskal-Wallis
Mean BUN (mmol/L), median [Q1, Q3]	17.0 [12.0, 27.0]	34.0 [20.0, 57.0]	<0.001	Kruskal-Wallis
Mean calcium (mmol/L), median [Q1, Q3]	8.2 [7.8, 8.5]	8.3 [7.8, 8.9]	<0.001	Kruskal-Wallis
Mean chloride (mmol/L), median [Q1, Q3]	106.0 [102.0, 109.0]	103.0 [98.0, 107.0]	<0.001	Kruskal-Wallis
Mean creatinine (μmol/L), median [Q1, Q3]	0.9 [0.7, 1.2]	1.4 [1.0, 2.2]	<0.001	Kruskal-Wallis
Mean glucose (mmol/L), median [Q1, Q3]	125.0 [106.0, 150.0]	145.0 [115.0, 191.5]	<0.001	Kruskal-Wallis
Mean sodium (mmol/L), median [Q1, Q3]	139.0 [136.0, 142.0]	139.0 [135.0, 142.0]	0.047	Kruskal-Wallis
Mean potassium (mmol/L), median [Q1, Q3]	4.1 [3.8, 4.4]	4.1 [3.7, 4.5]	0.077	Kruskal-Wallis
Mean WBC (10 ⁹ /L), median [Q1, Q3]	11.4 [8.4, 14.7]	12.6 [8.9, 17.6]	<0.001	Kruskal-Wallis
Mean INR, median [Q1, Q3]	1.3 [1.2, 1.4]	1.3 [1.2, 1.7]	<0.001	Kruskal-Wallis
Mean PT (s), median [Q1, Q3]	14.2 [13.2, 15.1]	14.3 [13.4, 18.4]	<0.001	Kruskal-Wallis
Mean PTT (s), median [Q1, Q3]	31.0 [28.6, 34.4]	31.0 [29.2, 42.3]	<0.001	Kruskal-Wallis
Mean hematocrit, median [Q1, Q3]	30.8 [27.5, 34.6]	31.0 [26.4, 36.2]	0.692	Kruskal-Wallis
Mean hemoglobin (g/L), median [Q1, Q3]	10.3 [9.1, 11.5]	10.3 [8.5, 12.0]	0.730	Kruskal-Wallis
Mean platelet (10 ⁹ /L), median [Q1, Q3]	172.0 [124.0, 235.0]	177.0 [114.0, 257.5]	0.390	Kruskal-Wallis
Mean RBC (10 ¹² /L), median [Q1, Q3]	3.4 [3.0, 3.8]	3.4 [2.9, 4.1]	0.454	Kruskal-Wallis
Mean RDW, median [Q1, Q3]	14.5 [13.5, 15.8]	15.0 [14.1, 17.1]	<0.001	Kruskal-Wallis
Mean magnesium (mmol/L), median [Q1, Q3]	2.1 [1.9, 2.3]	2.1 [1.9, 2.3]	0.013	Kruskal-Wallis
Mean phosphate (mmol/L), median [Q1, Q3]	3.2 [2.7, 3.7]	3.7 [3.1, 4.7]	<0.001	Kruskal-Wallis

AG, anion gap; LOS, length of stay; ICU, intensive care unit; BMI, body mass index; AKI, acute kidney injury; APSIII, acute physiological score; SAPS, simplified acute physiology score; SOFA, sequential organ failure assessment; CCI, Charlson comorbidity index; SD, standard deviation; AIDS, acquired immune deficiency syndrome; RRT, renal replacement therapy; SBP, systolic blood pressure; SpO₂, pulse saturation of oxygen; BUN, blood urea nitrogen; WBC, white blood cell; INR, international normalization ratio; PT, prothrombin time; PTT, partial thrombin time; RBC, red blood cell; RDW, red blood cell distribution width.

Multivariate analysis of the risk factors for the death of SA-AKI patients during hospitalization

Multivariate analysis of the further grouping of AG levels showed that the risk of death during hospitalization was still increased among patients with an AG <18 mmol/L or an

AG of 14–17 (OR =2.2, 95% CI: 1.6–2.9). After adjusting for age and gender, the OR was 2.0 (95% CI: 1.5–2.7), and after adjusting for more factors, the OR was 1.8 (95% CI: 1.3–2.6). No difference was observed in patients with an AG ≥18 mmol/L after further grouping (Table 5). The fitting analysis of AG and death risk showed that the level of AG

Table 3 Univariate analysis of the risk factors for in-hospital mortality

Variables	In-hospital death OR (95% CI)	P
Age (years)	1.0 (1.0, 1.0)	<0.001
Gender		
Female	1	
Male	1.1 (0.9, 1.4)	0.181
BMI (kg/m ²)	0.9 (0.9, 1.0)	<0.001
Anion gap (mmol/L)	1.2 (1.2, 1.3)	<0.001
Myocardial infarct	1.1 (0.9, 1.4)	0.413
Congestive heart failure	1.2 (1.0, 1.5)	0.039
Cerebrovascular disease	1.5 (1.2, 1.8)	0.002
Chronic pulmonary disease	1.2 (1.0, 1.5)	0.072
Mild liver disease	1.7 (1.3, 2.2)	<0.001
Severe liver disease	2.0 (1.5, 2.8)	<0.001
Renal disease	1.4 (1.1, 1.7)	0.008
Malignant cancer	2.6 (2.1, 3.3)	<0.001
RRT	0.9 (0.4, 2.0)	0.827
Ventilation	0.8 (0.6, 1.1)	0.222
Dobutamine	1.5 (0.7, 3.1)	0.286
Dopamine	0.6 (0.3, 1.1)	0.091
Epinephrine	0.7 (0.5, 1.2)	0.189
Norepinephrine	1.3 (1.0, 1.6)	0.020
Heart rate (beat/min)	1.0 (1.0, 1.0)	0.679
SpO ₂ (%)	1.0 (1.0, 1.1)	0.141
SBP (mmHg)	1.0 (1.0, 1.0)	0.833
Respiratory rate (times/min)	1.0 (1.0, 1.0)	0.845
Temperature (°C)	0.9 (0.8, 1.1)	0.26
Bicarbonate (mmHg)	0.9 (0.9, 0.9)	<0.001
BUN (mmol/L)	1.0 (1.0, 1.0)	<0.001
Calcium (mmol/L)	1.0 (0.9, 1.2)	0.574
Chloride (mmol/L)	1.0 (1.0, 1.0)	0.06
Creatinine (μmol/L)	1.4 (1.3, 1.6)	<0.001
Glucose (mmol/L)	1.0 (1.0, 1.0)	<0.001
Sodium (mmol/L)	1.0 (1.0, 1.0)	0.819
Potassium (mmol/L)	1.0 (0.8, 1.2)	1
WBC (10 ⁹ /L)	1.0 (1.0, 1.0)	0.193

Table 3 (continued)**Table 3** (continued)

Variables	In-hospital death OR (95% CI)	P
INR	1.2 (1.1, 1.4)	<0.001
PT (s)	1.0 (1.0, 1.0)	<0.001
PTT (s)	1.0 (1.0, 1.0)	0.078
Hematocrit	1.0 (1.0, 1.0)	0.457
Hemoglobin (g/L)	1.0 (1.0, 1.1)	0.757
Platelet (10 ⁹ /L)	1.0 (1.0, 1.0)	0.872
RBC (10 ¹² /L)	1.0 (0.9, 1.2)	0.535
RDW	1.1 (1.0, 1.1)	<0.001
Magnesium (mmol/L)	1.1 (0.8, 1.3)	0.612
Phosphate (mmol/L)	1.2 (1.1, 1.3)	<0.001

OR, odds ratio; CI, confidence interval; BMI, body mass index; RRT, renal replacement therapy; SpO₂, pulse saturation of oxygen; SBP, systolic blood pressure; BUN, blood urea nitrogen; WBC, white blood cell; INR, international normalization ratio; PT, prothrombin time; PTT, partial thrombin time; RBC, red blood cell; RDW, red blood cell distribution width.

had an S-shaped relationship with the death risk of SA-AKI patients during hospitalization. When the AG ≥ 14 mmol/L, the death risk of SA-AKI patients during hospitalization increased rapidly (*Figure 1*).

Discussion

In this study, we retrospectively analyzed the data of sepsis patients with acute kidney injury (SA-AKI) obtained from the MIMIC-IV database. A total of 3,684 patients were included based on the inclusion and exclusion criteria. The results showed that the 28-day mortality of patients in the low AG (<18 mmol/L) group was significantly lower than that in the high AG (≥ 18 mmol/L) group. After adjusting for other risk factors, the increase of AG was still a risk factor for the short-term death of SA-AKI patients. Further subgroup and curve fitting analyses of the AG level showed that when AG ≥ 14 mmol/L, the risk of short-term death of SA-AKI patients began to increase (*Table 4, Figure 1*). To our knowledge, this study is the first to analyze the risk factors related to short-term death of SA-AKI patients based on the MIMIC-IV database, and our findings suggested that when the AG was high in the normal range, the risk of death of patients might be increased. Evaluating the prognosis of patients and adjusting the treatment plan

Table 4 Threshold effect analysis of anion gap on in-hospital death using piece-wise linear regression

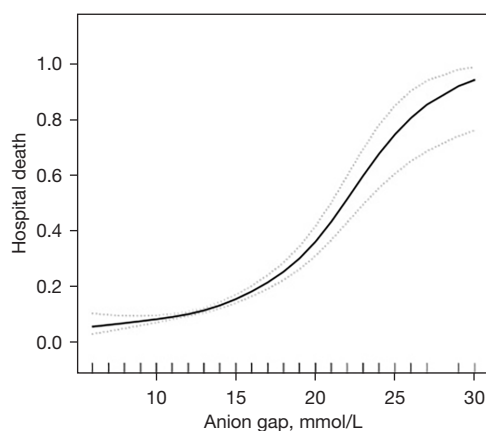
Anion gap	N	Crude		Crude	
		Crude OR (95% CI)	P	Adjusted OR (95% CI)	P
≥18 mmol/L	379 (10.3%)	1.4 (1.3, 1.5)	<0.001	1.4 (1.3, 1.6)	<0.001

An 18 mmol/L threshold for anion gap existed for in-hospital death. Adjusted: age, gender, BMI, congestive heart failure, cerebrovascular disease, chronic pulmonary disease, mild liver disease, severe liver disease, renal disease, malignant cancer, dopamine, norepinephrine. OR, odds ratio; CI, confidence interval; BMI, body mass index.

Table 5 Multivariate analysis of the effect of the anion gap on in-hospital death based on the anion gap groups

Variable	Crude Model		Adjusted Model 1		Adjusted Model 2	
	OR (95% CI)	P	OR (95% CI)	P	OR (95% CI)	P
Anion gap <18 mmol/L	1.2 (1.1, 1.2)	<0.001	1.2 (1.1, 1.2)	<0.001	1.1 (1.1, 1.2)	<0.001
6–11	1.0		1.0		1.0	
12–13	1.2 (0.8, 1.6)	0.359	1.1 (0.8, 1.6)	0.417	1.3 (0.9, 1.8)	0.171
14–17	2.2 (1.6, 2.9)	<0.001	2.0 (1.5, 2.7)	<0.001	1.8 (1.3, 2.6)	<0.001
P for trend	<0.001		<0.001		<0.001	
Anion gap ≥18 mmol/L	1.4 (1.3, 1.6)	<0.001	1.4 (1.3, 1.6)	<0.001	1.5 (1.3, 1.7)	<0.001
18	1.0		1.0		1.0	
19–30	1.6 (1.0, 2.5)	0.052	1.6 (1.0, 2.5)	0.052	1.6 (0.9, 2.7)	0.116
P for trend	0.052		0.052		0.116	

Crude Model: no adjustment. Adjusted Model 1: age, gender. Adjusted Model 2: age, gender, BMI, congestive heart failure, cerebrovascular disease, chronic pulmonary disease, mild liver disease, severe liver disease, renal disease, malignant cancer, dopamine, norepinephrine, SBP, bicarbonate, bun, creatinine, glucose, PT, PTT, RDW, phosphate, SOFA, APSIII. OR, odds ratio; CI, confidence interval; BMI, body mass index; SBP, systolic blood pressure; PT, prothrombin time; PTT, partial thrombin time; RDW, red blood cell distribution width; SOFA, sequential organ failure assessment; APSIII, acute physiological score.

**Figure 1** Relationship between the AG and the risk of death of SA-AKI patients during hospitalization. AG, anion gap; SA-AKI, sepsis-associated acute kidney injury.

promptly is hugely significant in clinical practice.

In severe patients, sepsis and AKI significantly increased the risk of death. When sepsis is complicated with AKI, the risk of death of patients is further increased. The risk of death of SA-AKI patients is 1.48 times that of AKI patients caused by other factors, and the average hospital stay is also markedly prolonged (17). However, some patients have undergone active treatment, and their renal function can be substantially improved or even cured, while at the same time providing notable survival benefits. Some studies have shown that if renal function can be recovered within 24 hours after shock, the risk of death during hospitalization will be significantly reduced (18). However, it should be noted that the renal function of some patients will deteriorate again after recovery (19). Therefore, predicting the death risk of SA-AKI patients more specifically has important clinical

significance. A previous study has conducted in-depth analyses of biomarkers related to SA-AKI, demonstrating that the plasma neutral gelatin associated lipocalin (pNGAL) level at discharge can predict the recovery potential of renal function in SA-AKI patients (20). A recent study showed that pNGAL can predict the risk of death of critically ill patients during hospitalization and ICU stay (21). However, for SA-AKI patients, it is unclear whether pNGAL can predict the risk of death. Other SA-AKI-related markers include urinary kidney injury molecule-1 (uKIM-1), urinary live type fat acid binding protein, urinary TIMP-2, and IGFBP7; however, there is no research on predicting the prognosis of SA-AKI patients (7). In the present study, AG was used to predict the prognosis of SA-AKI; the results showed that the AG level was related to the short-term mortality risk of patients.

There are numerous studies on predicting the prognosis of severe patients using the AG. Mitra *et al.* found that in the emergency department, the rate of patients with elevated AG requiring admission to the ICU and the mortality rate were significantly higher (22). In another cohort study, Mohr *et al.* found that the AG could predict the risk of death of septic patients during hospitalization (23). Some researchers believe that AG is weak in predicting prognosis, and studied the predictive value of albumin-corrected AG. Kim *et al.* found that the albumin-corrected AG for admission to the ICU can predict the mortality risk in children (24). Zhang *et al.* identified that the relationship between AG and 30-day all-cause mortality of severe patients with cardiogenic shock followed a J-shaped curve, and higher AG was associated with an increased risk of 30-, 90-, and 365-day all-cause mortality in these patients (25). In a recent retrospective propensity score-matching analysis, Hu *et al.* reported that albumin-corrected AG had a high predictive value for the risk of death of septic patients during hospitalization (26). In another albumin-corrected AG study, the authors observed that in critically ill AKI patients receiving continuous renal replacement therapy (CRRT), a higher albumin-corrected AG (>20 mmol/L) level at the beginning of CRRT was significantly associated with all-cause mortality in the ICU (27). In this study, we did not use albumin correction to simplify the use of AG.

In clinical practice, the normal range of AG is generally 8–16 mmol/L, and a study has even expanded the range to 7–18 mmol/L (28). However, most of these commonly used reference values are based on the statistical analysis of healthy people. For patients, especially those with severe diseases, we should be cautious as to whether these normal values can continue to be used. The normal range is only for

the whole population, while different individuals have certain variations in their physiological and metabolic processes. For specific individuals, there may be some differences in the appropriate AG levels. The results of this study highlight that the risk of death of SA-AKI patients may increase if the AG exceeds 14 mmol/L, which suggests that doctors should pay attention to the specific AG detection value, rather than just whether it is in the normal range.

Limitations of this study

This is a retrospective study based on the MIMIC database. Therefore, the research results may be influenced by two factors. Firstly, this database comprises data from a famous large medical center in the United States, which is a leading institution in the field of critical care. Their service level and experience with severely ill patients may be significantly superior to many other medical institutions, and their diagnostic and treatment models may also be markedly different from those of other medical institutions. These differences may have a notable impact on the prognosis of patients. Therefore, the representativeness of this sample is limited. Secondly, the retrospective nature of the study meant that many patients were not included in the final analysis due to incomplete clinical data, leading to a certain degree of patient selection bias. Thirdly, this study did not use the albumin-corrected AG for analysis, which may affect the prognostic value of AG in SA-AKI patients.

Conclusions

In this study, we found that AG levels can serve as a valuable predictor of the death risk of SA-AKI patients during hospitalization. We suggest that, in clinical practice, doctors pay some attention to AG when treat SA-AKI patients.

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Footnote

Reporting Checklist: The authors have completed the TRIPOD reporting checklist. Available at <https://atm.amegroups.com/article/view/10.21037/atm-22-5916/rc>

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amegroups.com/article/view/10.21037/atm-22-5916/coif). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

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