



Investigation of hub ferroptosis-related genes and the immune landscape in recurrent pregnancy loss and unexplained infertility using bioinformatics analysis

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Background: Recurrent pregnancy loss (RPL) and unexplained infertility (UI) are common pregnancy disorders that affect women's physical and mental health and lack effective treatment. Endometrial factors are one factor that leads to RPL. The latest research indicates that ferroptosis and immunity are closely related to the normal physiological function of the endometrium and may play a role in the pathogenesis of RPL and UI. Therefore, the present study analyzed the relationship between ferroptosis genes and immune infiltration in RPL and UI.

Methods: We downloaded the GSE165004 dataset and analyzed differences in ferroptosis-related genes (FRGs) between RPL and UI patients and healthy controls. Hub differentially expressed ferroptosis-related genes (DE-FRGs) were screened using the LASSO algorithm, the SVM-RFE algorithm and the protein-protein interaction (PPI) network. Differences in immune infiltration between healthy endometrium and RPL and UI endometrium was analyzed, and the relationship between hub DE-FRGs and immune cell infiltration was examined.

Results: We extracted 409 FRGs and identified 36 up-regulated and 32 down-regulated DE-FRGs in RPL and UI. Twenty-one genes were screened using the LASSO regression algorithm, and 17 genes were screened using the SVM-RFE algorithm. We intersected the LASSO genes, SVM-RFE genes and PPI network proteins to obtain 5 hub DE-FRGs. Gene set enrichment analysis (GSEA) functional enrichment analysis results indicated that the cytokine-cytokine receptor interaction signaling pathway was the common pathway for hub DE-FRGs. T follicular helper cells were highly infiltrated in RPL and UI, and M1 and M2 macrophages were highly infiltrated. The expression levels of *MAPK1* and *RELA* positively correlated with T follicular helper cells.

Conclusions: Ferroptosis-related genes may disrupt endometrial functions and signaling pathways and lead to the occurrence of RPL and UI.

Keywords: Ferroptosis; immune landscape; recurrent pregnancy loss; unexplained infertility; endometrium

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Introduction

The endometrium plays an important role in the reproduction and continuation of human species. Estrogen and progesterone levels regulate the endometrium, which undergoes dynamic functional changes throughout the menstrual cycle (1,2). However, abnormal endometrial function leads to miscarriage or infertility. For example, a thin endometrium is a critical cause of unexplained infertility (UI), recurrent pregnancy loss (RPL), and placental abnormalities (3). RPL is defined as two or more clinically confirmed pregnancy failures before 20–24 weeks of pregnancy, including embryo and fetal loss, and the incidence rate among women suitable for pregnancy is approximately 2.5% (4,5). UI is another pregnancy disorder and is defined as women with normal follicle-stimulating hormone (FSH), luteinizing hormone (LH), estradiol (E2), prolactin (PRL), and thyroid stimulating hormone (TSH) levels, normal uterine cavity shape and size, and bilateral tubal patency on a hysterosalpingogram, and their partners have normal spermiogram results (6). UI represents up to 30% of all cases of infertility (7). RPL and UI are diagnosed when current diagnostic methods do provide an explanation, and there is no clear cause. These diseases have a significant impact on women's physical and mental health and the social economy.

Due to an insufficient understanding of the pathogenesis of RPL and UI, treatment is challenging. The pathogenesis of RPL and UI is multifactorial, and recurring fetal chromosomal abnormalities, the presence of antiphospholipid antibodies, and clinical thyroid disorders are considered risk factors for RPL and UI (8,9).

However, the endometrium is a critical factor in RPL and UI because it receives embryos (10,11). Pirtea *et al.* reviewed the endometrial causes of recurrent pregnancy losses, including endometriosis, adenomyosis, and chronic endometritis (12). Therefore, abnormalities in the physiological function or anatomy of the endometrium may lead to pregnancy disorders. The endometrium has a physiological mechanism, programmed cell death. The mechanism of endometrial programmed cell death is not clear, but it is related to periodic changes in ovarian nest hormones (13). Programmed cell death is the orderly death of cells autonomously controlled by gene programming and includes ferroptosis, cuproptosis, autophagy, pyroptosis and apoptosis (14–17). Few studies investigated the relationship between ferroptosis and the endometrium. Therefore, we focused on the relationship between ferroptosis and endometrium-related infertility and miscarriage.

Ferroptosis is a new type of programmed cell death, and its main mechanism is under the action of divalent iron or ester oxygenase, which catalyze the high expression of unsaturated fatty acids on the cell membrane and results in lipid peroxidation and cell death (18–20). Many studies have shown that ferroptosis is closely related to the prognosis of many kinds of tumors. For example, Ma *et al.* created an ferroptosis-related prognostic signature that can accurately predict the prognosis of patients with lung cancer (21); He *et al.* comprehensively analyzed the relationship between sideroptosis and tumor immune infiltration and cell mutation in breast cancer, and divided breast cancer into two different types, which provided a new idea for immunotherapy of breast cancer patients (22). Recent findings suggest that ferroptosis is closely related to endometrial-related infertility and miscarriage. Ni *et al.* revealed that iron-overloaded follicular fluid increased the risk of endometriosis-related infertility (23). Hu *et al.* indicated that an increase in uterine and placental iron prolapse was related to oxidative stress-induced fetal loss (24). Li *et al.* demonstrated that iron overload in endometriosis disrupted blastocyst formation, decreased glutathione peroxidase 4 (*GPX4*) expression and induced lipid peroxidation in mice, which suggests that iron overload causes embryotoxicity and induces ferroptosis (25). This evidence suggests that ferroptosis is associated with abnormalities in endometrial function and embryos, which lead to infertility or miscarriage.

Gene microarray sequencing technology has introduced great resource sharing and convenience to many scientific researchers. We can use the Gene Expression Omnibus

Highlight box

Key findings

- Ferroptosis-related genes may disrupt endometrial functions and signaling pathways and lead to the occurrence of RPL and UI.

What is known and what is new?

- Ferroptosis and immunity are closely related to the normal physiological function of the endometrium and may play a role in the pathogenesis of RPL and UI.
- This research provides novel potential ferroptosis-related biomarkers for the diagnosis and treatment of RPL and UI.

What is the implication, and what should change now?

- Ferroptosis and immunity are closely related to the occurrence of RPL and UI. On this basis, we seek novel measures for the treatment and diagnosis of RPL and UI.

(GEO) database to mine a large amount of data for preliminary screening and analyses to prepare for subsequent research. The present study downloaded GSE165004 from the GEO database to compare the differentially expressed ferroptosis-related genes (DE-FRGs) in healthy, RPL and UI endometrial samples and identify hub DE-FRGs to provide potential biomarkers for the diagnosis and treatment of RPL and UI. We present the following article in accordance with the STREGA reporting checklist (available at <https://atm.amegroups.com/article/view/10.21037/atm-23-97/rc>).

Methods

Raw data download

We downloaded the GSE165004 dataset from the Gene Expression Omnibus (GEO) database, which contained the transcriptome data of 72 endometrial samples, including 24 healthy controls. There were 24 samples of recurrent pregnancy loss (women under 35 years of age who lost at least two consecutive pregnancies in a regular menstrual cycle of 20 weeks or less) and 24 samples of unexplained infertility (women under 35 years of age in a regular menstrual cycle with normal levels of FSH, LH, E2, PRL and TSH on the second to third days, normal shape and size of the uterine cavity, and unobstructed bilateral fallopian tubes on hysterosalpingography). We downloaded a list of ferroptosis-related genes from the Zhounan website (<http://www.zhounan.org/ferrdb/current/>). The study was performed in accordance with the Declaration of Helsinki (as revised in 2013).

Extraction of FRGs and analysis of differentially expressed ferroptosis-related genes (DE-FRGs)

The GSE165004 dataset was standardized using the `normalizeBetweenArrays` function of R statistical analysis software (<https://cran.r-project.org/>), and 409 FRGs were extracted. The differential expression of FRGs in healthy controls and RPL and UI was analyzed using the `limma` package, and the \log_2 -fold change (\log_2FC) >0 and a false discovery rate (FDR) <0.05 were regarded as DE-FRGs. A heatmap and volcano map of DEGs were created in the `ggplot2` package.

Screening of disease characteristic genes in DE-FRGs

We used the least absolute shrinkage and selection

operator (LASSO) algorithm and support vector machine-recursive feature elimination (SVM-RFE) machine learning algorithm in the `glmnet` package to screen for disease (RPL and UI) characteristic genes.

Construction of the protein-protein interaction network

We constructed a PPI network of DE-FRGs using the STRING (<https://cn.string-db.org/>) online website, and the `cytoHubba` plug-in in Cytoscape software was used to identify the top 10 maximum margin criterion (MMC) proteins.

Screening, expression and ROC curve construction of hub DE-FRGs

We obtained the hub DE-FRGs from the intersection of the top 10 genes in the PPI network and the disease characteristic genes identified using LASSO regression and SVM-RFE. The expression of the hub DE-FRGs between the healthy control group and the patients with RPL and UI is displayed using a box plot. The `pROC` package was used to draw the ROC curve for the diagnosis of RPL and UI via single genes and multiple genes of hub DE-FRGs.

GO function enrichment analysis and GSEA function enrichment analysis of DEGs

GO is a database set up by the Gene Ontology Consortium, which aims to define and describe the functions of genes and proteins for a variety of species. We used the `clusterProfiler` package for GO functional enrichment analysis of DE-FRGs. GSEA is a computational method used to assess whether there is a statistically significant and consistent difference between two biological data sets in a preset gene set. We used the `clusterProfiler` package to analyze GSEA gene functional enrichment in hub DE-FRGs (grouped by median expression level).

Analysis of immune cell infiltration in the endometrium of RPL and UI

The CIBERSORT algorithm was used to calculate the relative content of 22 types of immune cells in each of the 72 samples and analyze the correlation between the expression of hub DE-FRGs and the content of immune cells. Differences in the expression of immune cell content between healthy controls and RPL and UI were also analyzed.

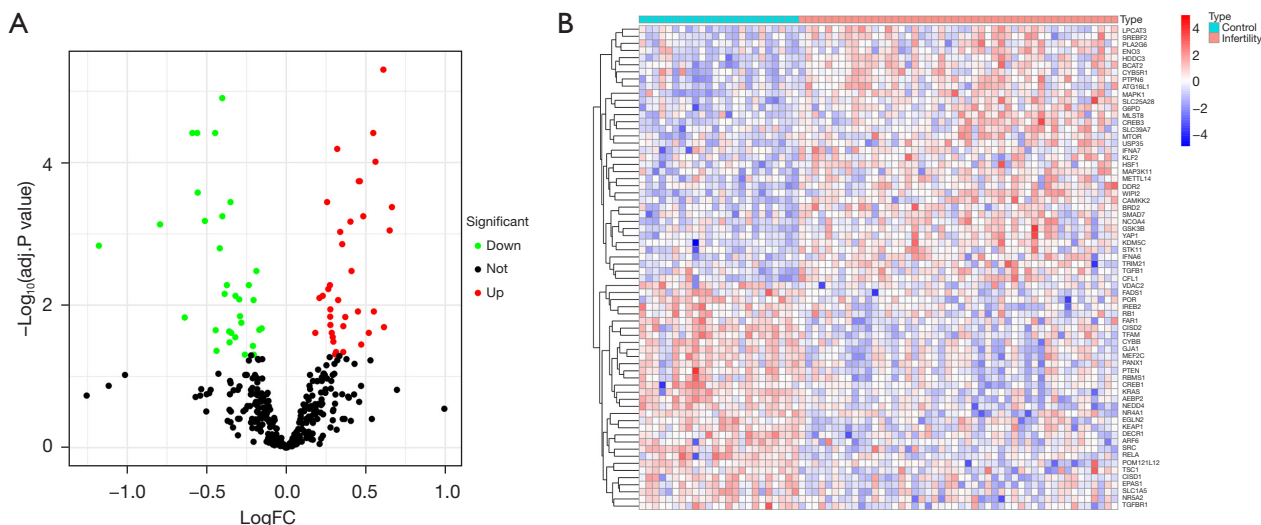


Figure 1 DE-FRGs between healthy controls and RPL and UI patients. (A) Volcano plot of the DE-FRGs; (B) Heatmap of the DE-FRGs. DE-FRGs, differentially expressed ferroptosis-related genes; RPL and UI, recurrent pregnancy loss or unexplained infertility; logFC, log₂-fold change.

Statistical analysis

All statistical methods were performed in R software. The limma package was used for differential gene expression analysis. LogFC >0 and a FDR <0.05 were regarded as statistically significant differences. The wilcox.test function was used for comparisons between groups. Correlations were analyzed using Spearman's correlation. P<0.05 was considered a significant difference.

Results

DE-FRGs in RPL and UI

Integrated analysis of the list of ferroptosis-related genes and the GSE165004 dataset extracted 409 FRGs. The results of the difference analysis showed 36 up-regulated DE-FRGs and 32 down-regulated DE-FRGs in the RPL and UI groups compared to the healthy group (Figure 1A,1B).

Screening of hub DE-FRGs in RPL and UI

Twenty-one genes were screened using the LASSO regression algorithm (Figure 2A,2B), and 17 genes were screened using the SVM-RFE algorithm (Figure 2C,2D). The LASSO genes and SVM-RFE genes were intersected with the top 10 MMC proteins of the PPI network to obtain 5 hub DE-FRGs, *SRC*, *KRAS*, *RELA*, *MAPK1*, and *STK11* (Figure 3A,3B).

The diagnostic value of hub DE-FRGs in RPL and UI patients (ROC curve)

At the single-gene expression level, the AUC values of the ROC curve for RPL and UI patient diagnosis were *KRAS* =0.908, *MAPK1* =0.811, *RELA* =0.760, *SRC* =0.849, and *STK11* =0.709 (Figure 4A).

For the multigene expression model, the AUC value of the ROC curve for RPL and UI patient diagnosis was 0.996 (95% CI: 0.984–1.000) (Figure 4B).

The expression levels of 5 hub DE-FRGs in healthy controls and RPL and UI patients

Among the 5 hub DE-FRGs, *KRAS*, *RELA* and *SRC* were expressed at low levels in RPL and UI patients, and *MAPK1* and *STK11* were expressed at high levels in RPL and UI patients (Figure 5A–5E).

GO and GSEA functional enrichment analysis of DE-FRGs

The GO functional enrichment analysis results of DE-FRGs indicated that striated muscle tissue development, muscle tissue development, positive regulation of catabolic process, cardiac muscle tissue development, regulation of cardiac muscle tissue growth, regulation of heart growth, cardiac muscle tissue growth, heart growth, regulation of

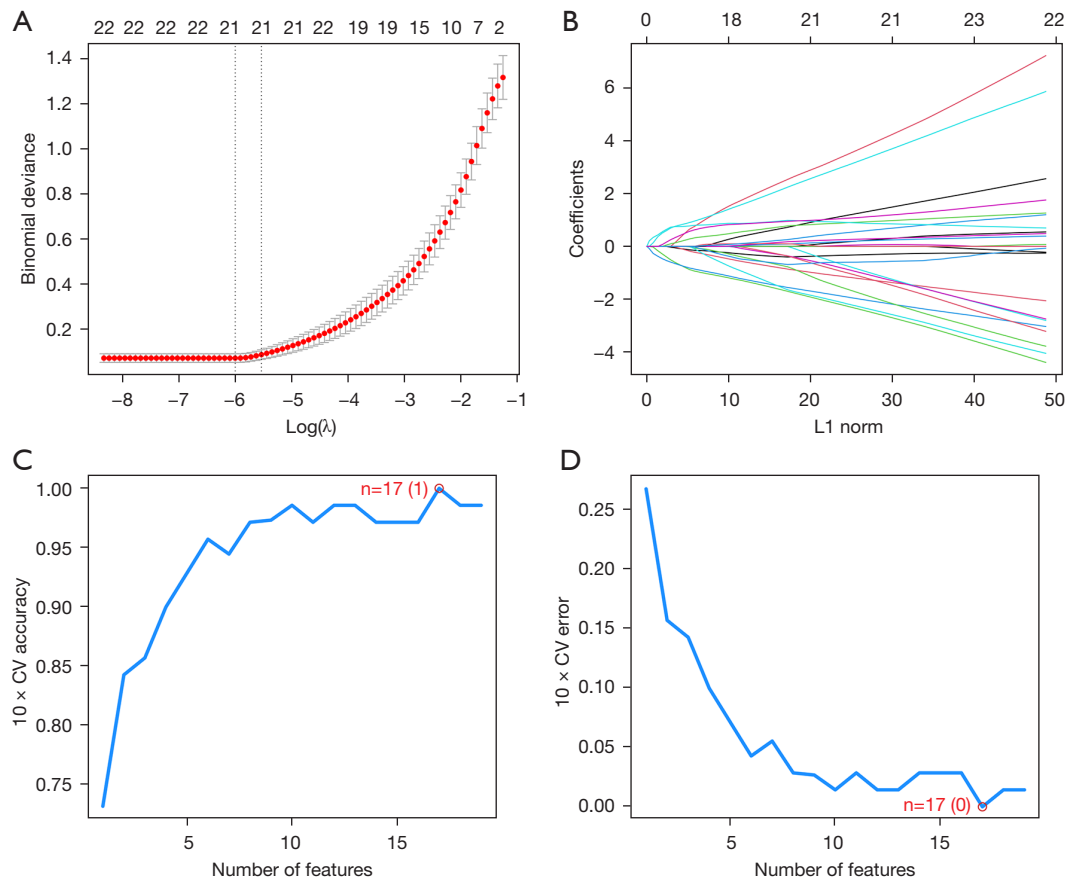


Figure 2 LASSO algorithm and SVM algorithm to screen for disease feature genes. (A) LASSO coefficient profiles of 68 DE-FRGs; (B) LASSO model 10-time cross-validation for tuning parameter selection; (C) The accuracy of the estimate generation for the SVM-RFE algorithm; (D) The error of the estimate generation for the SVM-RFE algorithm. LASSO, least absolute shrinkage and selection operator; SVM-RFE, support vector machine recursive feature elimination; DE-FRGs, differentially expressed ferroptosis-related genes; CV, Cross Validation.

organ growth and response to fluid shear stress were the top 10 biological processes (BPs). Transcription regulator complex, focal adhesion, cell-substrate junction, RNA polymerase II transcription regulator complex, cytoplasmic side of membrane, mitochondrial outer membrane, organelle outer membrane, outer membrane, PML nuclear body scaffold (PML body) and CREB regulated transcription coactivator 2 (TORC2) complex were the top 10 cell components (CC). DNA-binding transcription factor binding, protein serine/threonine kinase activity, RNA polymerase II-specific DNA-binding transcription factor binding, phosphoprotein binding, activating transcription factor binding, transforming growth factor beta receptor binding, transcription coactivator binding, wide pore channel activity, disordered domain specific binding and

NADP binding were the top 10 molecular functions (MFs) (Figure 6A,6B).

GSEA functional enrichment analysis results indicated that the cytokine-cytokine receptor interaction signaling pathway was the common pathway for hub DE-FRGs (Figure 7A-7E).

Immune cell infiltration in healthy controls and RPL and UI patients

Immune cell infiltration analysis showed that T follicular helper cells had high infiltration in RPL and UI patients compared to healthy samples, and M1 and M2 macrophages had low infiltration in RPL and UI patients (Figure 8A).

Correlation analysis of DE-FRGs and immune cells

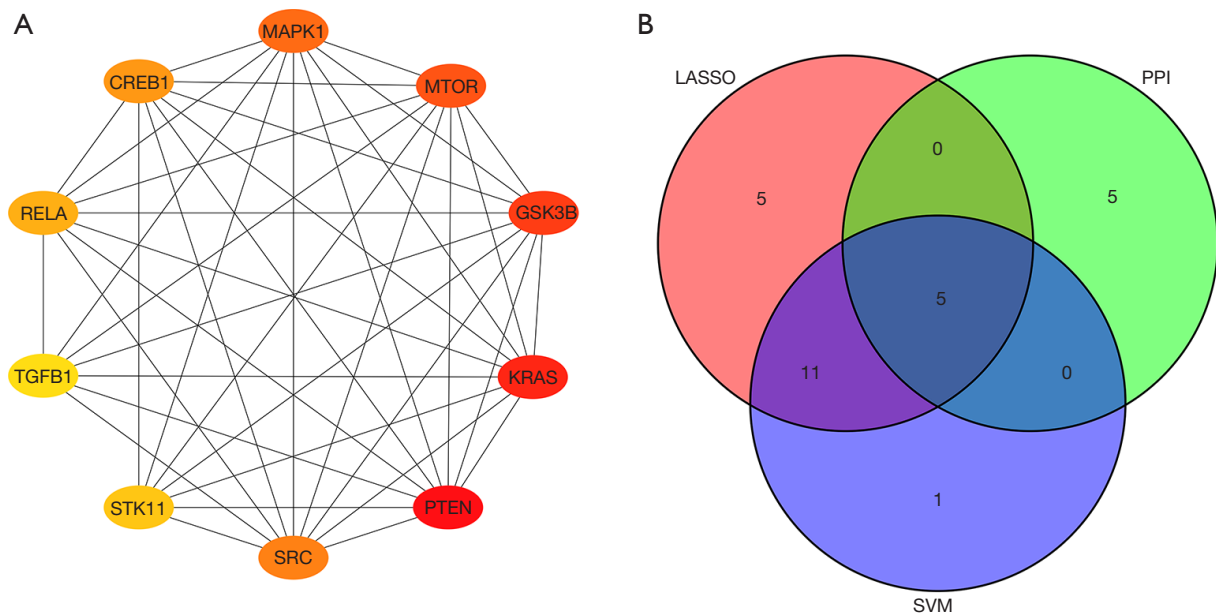


Figure 3 Construction of the PPI network and screening of hub DE-FRGs. (A) PPI network of DE-FRGs; (B) Venn diagram of intersecting genes of the top 10 MMC PPI networks, LASSO algorithm and SVM-RFE algorithm genes. PPI, protein-protein interaction; MMC, maximum margin criterion; DE-FRGs, differentially expressed ferroptosis-related genes; LASSO, least absolute shrinkage and selection operator; SVM-RFE, support vector machine-recursive feature elimination.

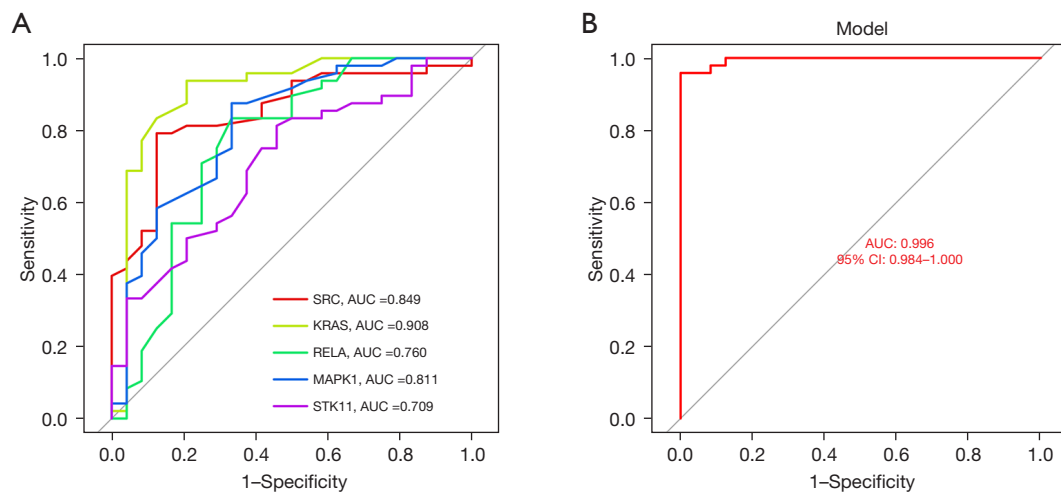


Figure 4 The diagnostic value of hub DE-FRGs in RPL and UI patients. (A) ROC curve of 5 hub DE-FRGs at the single-gene expression level; (B) ROC curve of the multigene expression model. RPL and UI, recurrent pregnancy loss and unexplained infertility; DE-FRGs, differentially expressed ferroptosis-related genes; ROC, receiver operator characteristic; AUC, area under the curve.

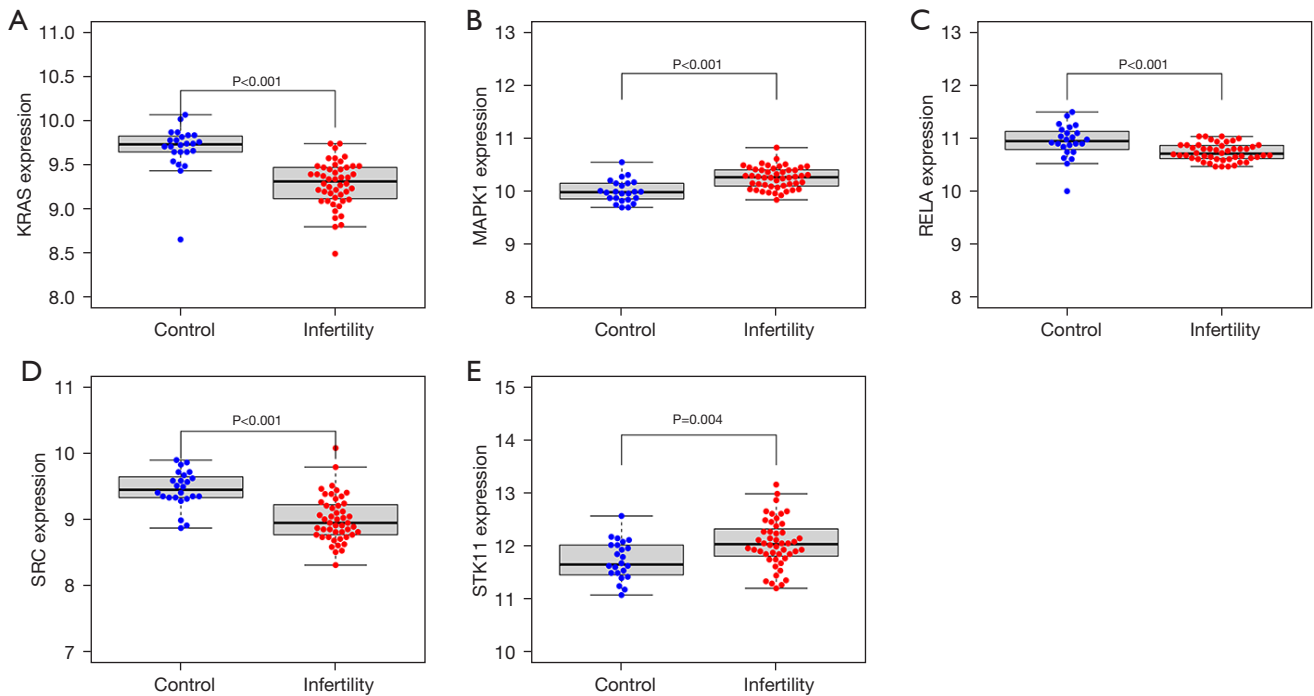


Figure 5 The expression levels of 5 hub DE-FRGs in healthy individuals and RPL and UI patients. (A) *KRAS*; (B) *MAPK1*; (C) *RELA*; (D) *SRC*; (E) *STK11*. RPL and UI, recurrent pregnancy loss and unexplained infertility; DE-FRGs, differentially expressed ferroptosis-related genes; *KRAS*, *KRAS* proto-oncogene, GTPase; *MAPK1*, mitogen-activated protein kinase 1; *RELA*, *RELA* proto-oncogene, NF-KB subunit; *SRC*, *SRC* proto-oncogene, nonreceptor tyrosine kinase; *STK11*, serine/threonine kinase 11.

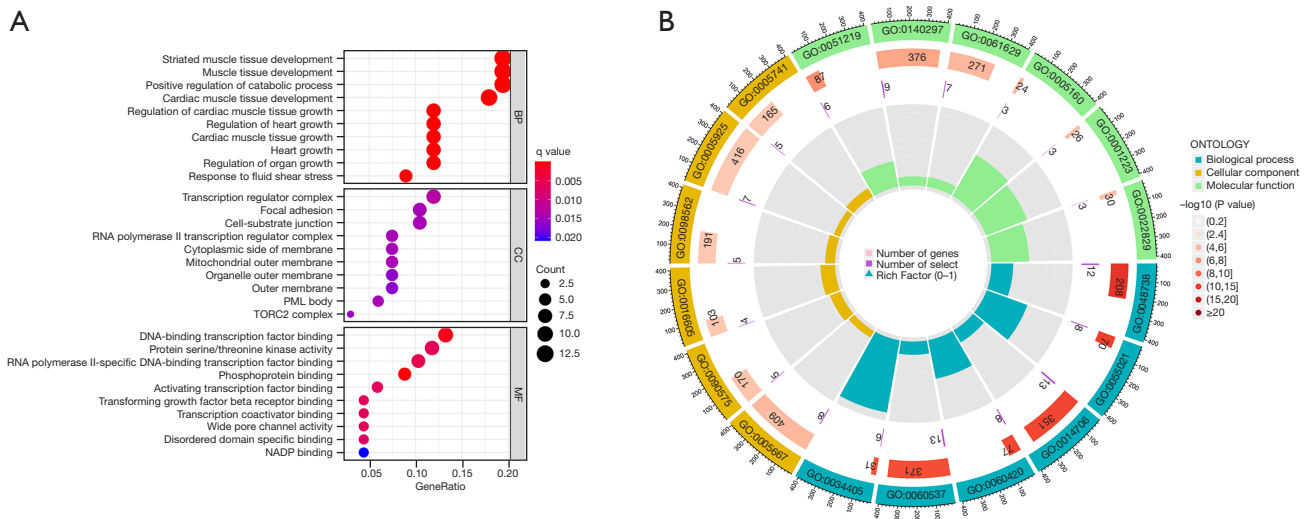


Figure 6 GO functional enrichment analysis of DE-FRGs. (A) Bubble diagram of GO enrichment function analysis; (B) Circle diagram of the top 6 BP, CC, MF. GO, Gene Ontology; DE-FRGs, differentially expressed ferroptosis-related genes; BP, biological process; CC, cell component; MF, molecular function.

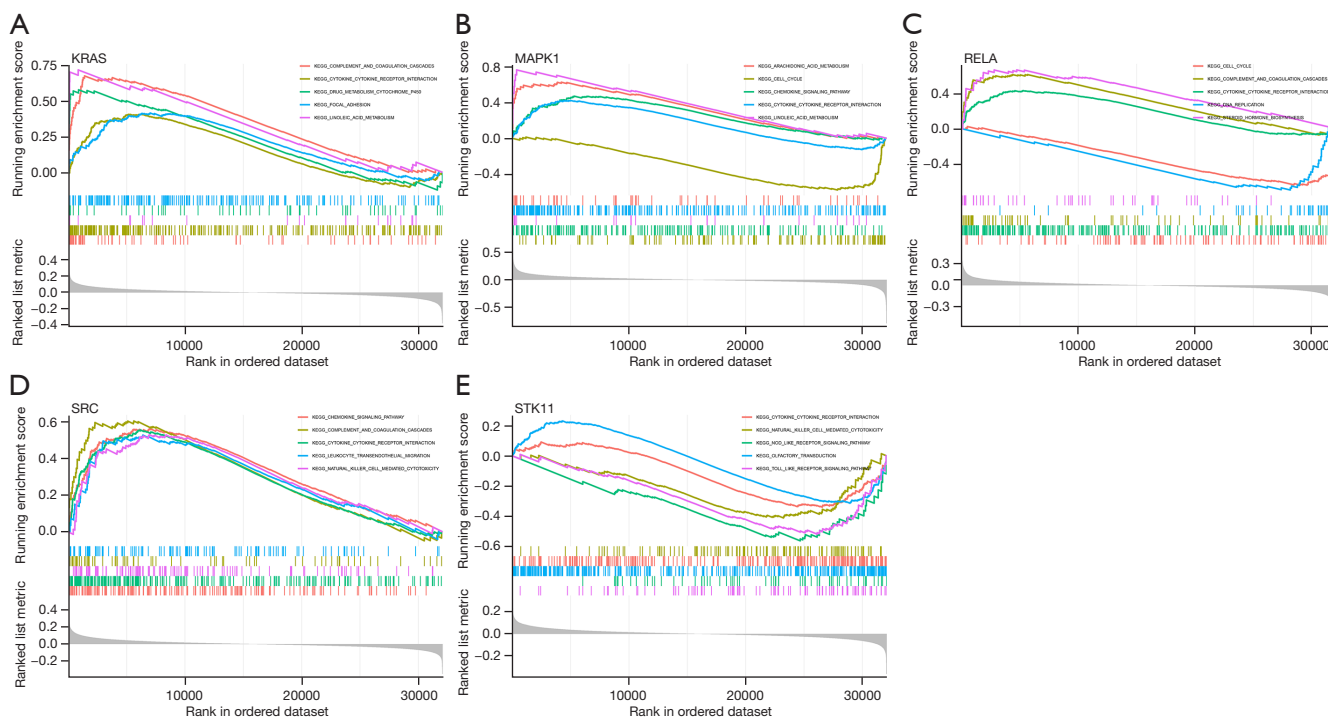


Figure 7 GSEA functional enrichment analysis of hub DE-FRGs. (A) *KRAS*; (B) *MAPK1*; (C) *RELA*; (D) *SRC*; (E) *STK11*. GSEA, gene set enrichment analysis; DE-FRGs, differentially expressed ferroptosis-related genes; *KRAS*, *KRAS* proto-oncogene, GTPase; *MAPK1*, mitogen-activated protein kinase 1; *RELA*, *RELA* proto-oncogene, NF- κ B subunit; *SRC*, *SRC* proto-oncogene, nonreceptor tyrosine kinase; *STK11*, serine/threonine kinase 11.

showed that the *MAPK1* expression level positively correlated with T follicular helper cell and activated NK cell infiltration but negatively correlated with CD4 T memory activated cells. The expression of *RELA* positively correlated with T follicular helper cells (Figure 8B).

Discussion

Miscarriage and infertility are two major problems that continue to affect the physical and mental health of young women. An estimated 23 million miscarriages occur annually worldwide, which translates to 44 pregnancy losses each minute (5). Two of the more intractable problems in miscarriage and infertility are recurrent pregnancy loss and unexplained infertility, and endometrial factors are one cause of these pregnancy disorders (26). To understand the differences between the endometrial transcripts in RPL and UI and healthy controls, we downloaded the GSE165004 dataset from the GEO database and investigated differences in ferroptosis-related genes between RPL, UI and healthy controls to identify key biomarkers.

The present study screened 68 DE-FRGs between the RPL and UI groups and the healthy group. Five hub DE-FRGs were identified via the intersection of the LASSO algorithm, the SVM-RFE algorithm and the PPI network. We performed GO functional enrichment analysis on 68 DE-FRGs, and the results indicated that these DE-FRGs were primarily enriched in the following biological processes: striated muscle tissue development, muscle tissue development, positive regulation of catabolic process, cardiac muscle tissue development, regulation of cardiac muscle tissue growth, regulation of heart growth, cardiac muscle tissue growth, heart growth, regulation of organ growth and response to fluid shear stress. DE-FRGs were primarily concentrated in the growth and development of muscle tissue, the heart and organs. Perez-Garcia *et al.* showed that defects in heart development led to fetal miscarriage in mice, which is consistent with our findings (27). A study from the University of Leeds showed that the main structure of the fetal heart formed in just four days of pregnancy in many cases of miscarriage and abnormal fetal heart development. One in 10 miscarriages is

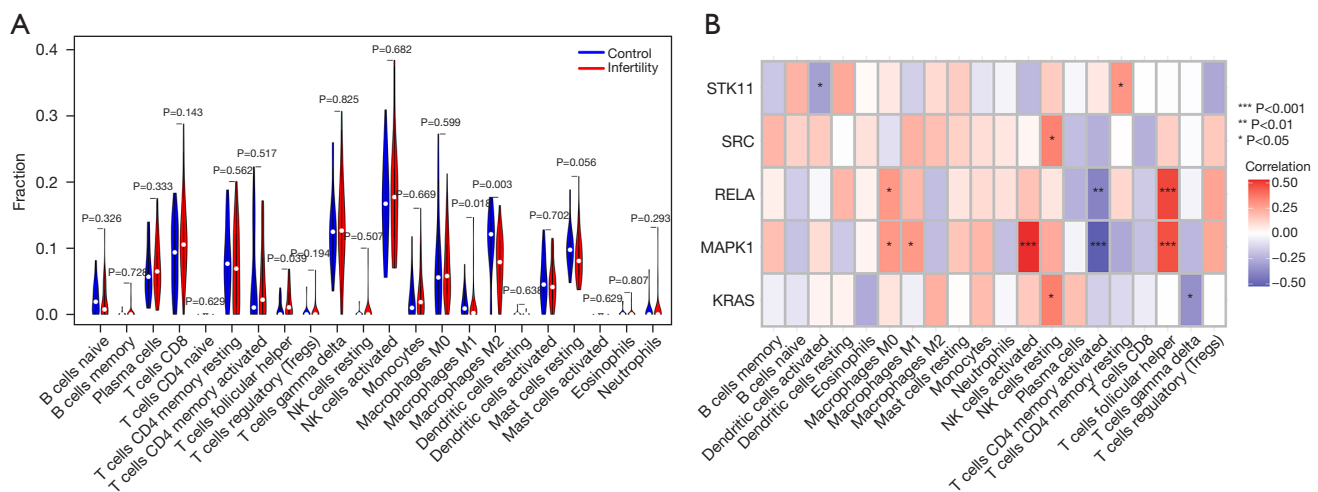


Figure 8 Immune cell infiltration in RPL and UI patients. (A) Violin diagram of differential infiltration levels of 22 types of immune cells in healthy control and RPL and UI samples; (B) Heatmap of correlation between expression of 5 hub DE-FRGs and infiltration level of 22 types of immune cells. RPL and UI, recurrent pregnancy loss or unexplained infertility; DE-FRGs, differentially expressed ferroptosis-related genes.

likely caused by abnormal fetal heart development (28). This new discovery provides a better understanding of the causes of miscarriage. Our GSEA functional enrichment analysis found that the cytokine-cytokine receptor interaction signaling pathway was the common pathway of the hub DE-FRGs. Several studies showed that the cytokine-cytokine receptor interaction signaling pathway was a common pathogenic mechanism of miscarriage, spontaneous preterm delivery and infertility (29-33). Therefore, the dysregulation of gene expression leads to the dysfunction of biological processes and signaling pathway functions, which lead to the abnormal execution of normal physiological functions of the endometrium. These alterations may lead to pregnancy disorders, such as miscarriage or infertility.

The journal *Cell* confirmed that ferroptosis was an iron-dependent form of nonapoptotic cell death in 2012 (34). Since 2019, some studies showed that endometriosis was closely related to ferroptosis (35-37). We identified 5 hub DE-FRGs in the present study. Among the 5 hub biomarkers, *KRAS*, *RELA* and *SRC* were expressed at low levels in RPL and UI patients, and *MAPK1* and *STK11* were expressed at high levels in RPL and UI patients. Inoue *et al.* showed that mutation of the ferroptosis gene *KRAS* produced an approximately 11% higher incidence of miscarriage than wild type (38). Skliutė suggested that *RELA* was highly expressed in the infertile endometrium,

which is consistent with our study (39). Wieser *et al.* suggested that *SRC* played a role in the regulation of human endometrial remodeling (40). Kaczynski *et al.* indicated that prostaglandins stimulated the MAPK1/3 pathway in endometrial luminal epithelial cells and participated in the embryo-maternal implantation process (41). However, there is no relevant study on *STK11* and infertility and miscarriage. One study showed that the ferroptosis-related NLR family pyrin domain containing 1 (NLRP1) inflammasome led to adverse pregnancy outcomes (42). Ni *et al.* revealed that iron-overloaded follicular fluid increased the risk of endometriosis-related infertility (23). Hu *et al.* indicated that an increase in uterine and placental iron prolapse was related to oxidative stress-induced fetal loss (24). Li *et al.* showed that iron overload in endometriosis disrupted blastocyst formation, decreased glutathione peroxidase 4 (*GPX4*) expression and induced lipid peroxidation in mice, which suggest that iron overload causes embryotoxicity and induces ferroptosis (25). The results of a study show that the microenvironment of hyperandrogenemia and insulin resistance can regulate the iron prolapse of pregnancy uterus and placenta (43). However, there are no studies on the role of ferroptosis-related genes in predicting the therapeutic effect and drug sensitivity of RPL and UI patients. Therefore, the five hub DE-FRGs

we screened were likely to cause recurrent pregnancy loss and unexplained infertility due to dysregulation and mediation of endometrial dysfunction. These biomarkers may be used as molecular markers for the diagnosis and treatment of RPL and UI in the future.

We also investigated differences in endometrial immune cell infiltration between healthy controls and RPL and UI patients and the relationship between hub biomarkers and immune cell infiltration. Our results indicated that T follicular helper cells had high infiltration in RPL and UI patients, and M1 and M2 macrophages had low infiltration in RPL and UI patients. The *MAPK1* expression level positively correlated with T follicular helper cell and activated NK cell infiltration but negatively correlated with CD4 T memory activated cells. The expression of *RELA* positively correlated with T follicular helper cells. Recent findings suggest that embryo implantation is an inflammatory response (44-46). Many types of immune cells play a crucial role in embryo implantation and placenta formation, including macrophages, T cells, natural killer cells, monocytes, mast cells, dendritic cells, B cells and neutrophils. Many cytokines have been identified in the implant site (39,47,48). During pregnancy, various immune effectors and molecules involved in the immune microenvironment establish specific maternal tolerance to the semiallogeneic fetus (49). For example, Th1 immunity favors invading trophoblasts rather than harming it, and Treg and Th9 cells regulate local inflammatory immune responses that may be harmful to the fetus (49). Therefore, the dysregulation of endometrial immune cell infiltration caused by inflammation will affect the implantation and growth of the embryo and lead to infertility, miscarriage and other pregnancy disorders. Some studies showed that people with recurrent implantation failure and recurrent pregnancy loss may be treated with immune cells (e.g., peripheral blood mononuclear cells, platelet-rich plasma and subcutaneous granulocyte colony-stimulating factor) or immunomodulators (e.g., paternal leukocyte immunity, intravenous immunoglobulin (IVIg), lipolactone and fagastine) (50,51). These effective immunotherapies demonstrated that miscarriage and infertility were closely related to endometrial immune function. Our results provide novel ideas for immunotherapy of RPL and UI. However, our research still lacks the cellular function of iron death or animal experiments *in vivo* and *in vitro*, and then we will start to carry out related experimental studies.

Conclusions

The present study identified five hub ferroptosis-related genes using bioinformatics analysis that may cause dysfunction of endometrial functions and signaling pathways and lead to the occurrence of RPL and UI. This research provides potential biomarkers for the diagnosis and treatment of RPL and UI.

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Footnote

Reporting Checklist: The authors have completed the STREGA reporting checklist. Available at <https://atm.amegroups.com/article/view/10.21037/atm-23-97/rc>

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Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <https://atm.amegroups.com/article/view/10.21037/atm-23-97/coif>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was performed in accordance with the Declaration of Helsinki (as revised in 2013).

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