

CARE Checklist of information to include when writing a case report



Торіс	ltem No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	Page 1 Line 1	1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 3 Line 45	1
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 3 Line 34	Abstract
	3b	Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 3 Line 35-43	Abstract
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 3 Line 43-44	Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	Page 4	Introduction
Patient Information	5a	De-identified patient specific information	Page 5 Line 66	Case Presentation/1
	5b	Primary concerns and symptoms of the patient	Page 5 Line 66-68	Case Presentation/1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 5 Line 68	Case Presentation/1
	5d	Relevant past interventions with outcomes	Page 5 Line 68	Case Presentation/1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	1	1
Timeline	7	Historical and current information from this episode of care organized as a timeline	Figure 2A	Figure 2A
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 5 Line 70-72	Case Presentation/2
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 5 Line 72-76	Case Presentation/2
	8c	Diagnosis (including other diagnoses considered)	Page 5 Line 76-77	Case Presentation/3
	8d	Prognosis (such as staging in oncology) where applicable	1	1
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 5 Line 77-78	Case Presentation/4
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	1	Case Presentation/4
	9c	Changes in therapeutic intervention (with rationale)	Page 5 Line 78-82	Case Presentation/4

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	1	/
	10b	Important follow-up diagnostic and other test results	Page 5 Line 82-84	Case Presentation/5
	10c	Intervention adherence and tolerability (How was this assessed?)	/	/
	10d	Adverse and unanticipated events	/	/
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 6 Line 89-93	Discussion/1-2
	11b	Discussion of the relevant medical literature with references	Page 6-7 Line 93-125	Discussion/3-5
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 7 Line 126-130	Discussion/6
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 8 Line 131-133	Discussion/7
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	/	/
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes 🖌	No

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