

The predictive prognostic values of serum interleukin-2, interleukin-6, interleukin-8, tumor necrosis factor- α , and procalcitonin in surgical intensive care unit patients

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Background: The pathophysiological roles of serum cytokine levels in critically ill surgical patients has yet to be determined. This study aimed to determine the predictive prognostic values of serum interleukin IL-2, IL-6, IL-8, tumor necrosis factor- α (TNF- α), and procalcitonin (PCT) in surgical intensive care unit (ICU) patients.

Methods: Cytokine concentrations were measured with an IMMULITE 1000 Immunoassay System (Siemens Healthcare Diagnostics GmbH, Berlin, Germany). The study population was divided into quartiles according to the patients' cytokine levels: Q1, Q2, Q3, and Q4. The optimal cutoff values of IL-2, IL-6, IL-8, TNF- α , and PCT level for predicting mortality were established by drawing receiver operating characteristic curves.

Results: The levels of IL-2 in Q3 [odds ratio (OR) =4.434, 95% confidence intervals (95% CI): 1.527– 12.874] and Q4 (OR =7.715, 95% CI: 2.744–21.693) were significantly higher than those in the Q1. The same results were noted in IL-6 and IL-8, and only Q4 (OR =2.383, 95% CI: 1.419–4.001) showed significance in the level of TNF- α . For IL-2, a cutoff value of 930.5 U/mL yielded a sensitivity of 69.39% and a specificity of 80.16% for the prediction of clinical outcome [area under the curve (AUC): 0.822; 95% CI: 0.789–0.855]. For IL-6, a cutoff value of 50.95 pg/mL showed discrimination ability, yielding a sensitivity of 71.43% and a specificity of 61.75% for (AUC: 0.704; 95% CI: 0.660–0.748). For IL-8, a cutoff value of 44.1 pg/mL yielded a sensitivity of 57.82% and a specificity of 79.58% for predicting clinical outcome (AUC: 0.753; 95% CI: 0.713–0.793). For TNF- α , a cutoff value of 11.95 pg/mL yielded a sensitivity and specificity of 68.66% and 72.90%, respectively, in predicting clinical outcome (AUC: 0.758; 95% CI: 0.717–0.800). The positive likelihood ratios for IL-2, IL-6, IL-8, and TNF- α were 3.50, 1.87, 2.83 and 2.53, and the negative likelihood ratios were 0.38, 0.46, 0.53, and 0.43, respectively.

Conclusions: In critically ill patients, high levels of IL-2, IL-6, IL-8, and TNF- α in the first 24 h postoperatively were associated with clinical outcome. However, the effect of PCT level on prognosis still requires further study.

Keywords: Cytokine; predictive value; clinical outcome; critically ill patients

Submitted Aug 11, 2020. Accepted for publication Nov 09, 2020. doi: 10.21037/atm-20-6608 View this article at: http://dx.doi.org/10.21037/atm-20-6608

Introduction

Patients admitted to the intensive care unit (ICU) exhibit a high mortality rate regardless of the reason for admission. As well as providing useful information to improve therapeutic decision-making, the prediction of patient outcomes can help to guide the allocation of resources (1). However, the process of predicting morbidity and mortality in ICU patients following major surgery remains challenging. The extent to which levels of cytokines can inform the prediction of patient outcomes is still under debate.

Inflammatory response and immune system dysfunction have drawn an increasing amount of attention from researchers as important prognostic indicators (2,3). In critically ill patients, dysfunction of the immune system is characterized by abnormal function and increased expression of pro-inflammatory cytokines, damageassociated molecular patterns (DAMPs) and acutephase proteins (4,5). Habes et al. reported that a longer duration of extracorporeal circulation is associated with a more pronounced release of intestinal injury markers and the inflammatory cytokines interleukin (IL)-6 and IL-8 (6). Cytokines can regulate host response, immune response, inflammation, and trauma. IL-6 is a dominant inflammatory cytokine in the postoperative period as well as an early predictor of sepsis. IL-6 can activate acute-phase response proteins, such as C-reactive protein (CRP) and procalcitonin (PCT), along with negative feedback on IL-1 and tumor necrosis factor- α (TNF- α) production (7). IL-2 drives the growth, maturation, and differentiation of naive T cells into effector T cells (8), and directly affects immune function and local immune status (9).

Many studies have been conducted on inflammatory cytokines after surgery. Major surgery results in tissue injury, physical barriers, and potential exposure to environmental and commensal microbes, which can lead to local inflammation (7). Following surgery, excessive innate immune responses or the failure of adaptive immune responses induces the risk of significant morbidity and mortality from complications including inflammatory response syndrome (SIRS), infection, sepsis, and multiple organ dysfunction syndrome (MODS) (10,11).

Studies on cytokines related to major surgery have primarily examined fluctuations in the concentrations of cytokines. Dimopoulou *et al.* reported that the balance between TNF- α and IL-10 is associated with the occurrence of postoperative complications (12). Perioperative assessment of the levels of CRP, IL-6, IL-8, and IL-10 can help clinicians to predict and monitor postoperative atrial fibrillation (13). Various cytokines appear to be involved in the pathogenesis of systemic SIRS after major surgery (14); however, the pathophysiological process of their roles in the course of SIRS still needs to be explored.

In this study, we hypothesized that the serum levels of IL-2, IL-6, IL-8, TNF- α , and PCT could serve as useful tools for predicting clinical outcomes in critically ill patients following major surgery. To test this hypothesis, we sought to detect the expression of IL-2, IL-6, IL-8, TNF- α , and PCT, and to investigate the sensitivity and specificity of these cytokines for predicting mortality, in critically ill ICU patients after major surgery. Furthermore, we evaluated the prognostic significance of these cytokines to provide valuable information for the treatment of critically ill patients.

We present the following article in accordance with the STARD reporting checklist (available at http://dx.doi. org/10.21037/atm-20-6608).

Methods

Setting and patients

This retrospective study was conducted in a 50-bed surgery department and a 28-bed surgical ICU (SICU) in a teaching hospital (Clinical Trials Identifier: ChiCTR2000033894). The inclusion criteria were as follows: (I) consecutive adult patients; (II) patients undergoing elective or emergency major surgery; and (III) patients provided written informed consent. The exclusion criteria were: (I) a history of systemic inflammatory disease; (II) a history of glucocorticoid or cytokine/anti-cytokine therapy within the last year; or (III) baseline data or data on serum cytokine levels on SICU admission missing. Before the analysis, all patient data were anonymized and deidentified. All the patients received standard perioperative, anesthesia management and critical care.

This study was carried out retrospectively. All procedures performed in this study involving human participants were in accordance with the Declaration of Helsinki (as revised in 2013), and were in accordance with the standards of the Ethics Committee on Human Experimentation of Zhongshan Hospital, Fudan University (No. B2020-107R).

Data collection

Subjects were recruited and examined on the first day

after admission to the SICU. The following data were collected: demographic information, including age and sex; admission diagnosis; surgical status and urgency (emergency or elective surgery); cytokine levels (IL-2, IL-6, IL-8, TNF- α , and PCT), type of organ support [e.g., mechanical ventilation or continuous renal replacement therapy (CRRT)]. Between January 1, 2018, and June 30, 2019, data were collected daily by trained data collectors from the time of SICU admission to death or discharge from the SICU.

Cytokine measurements

Venous blood samples were obtained from the patients in the same time period (between 6:00 and 7:00 am) in the first 24 h postoperatively. Blood samples (5 mL) were collected into sterile tubes. After centrifugation, the serum was stored at -80 °C until it was assayed. Serum concentrations of IL-2, IL-6, IL-8, TNF- α , and PCT were measured with an IMMULITE 1000 Immunoassay System (Siemens Healthcare Diagnostics GmbH, Berlin, Germany), which uses chemiluminescent immunoassay technology. The normal ranges of detection were 223–710 U/mL for IL-2, <3.4 pg/mL for IL-6, <62 pg/mL for IL-8, <8.1 pg/mL for TNF- α , and <0.5 ng/mL for PCT. The investigators who conducted these tests were blinded to all clinical data.

Outcomes

The primary outcome was hospital mortality. Secondary outcomes included: SICU readmission; length of SICU stay; tracheostomy; total days of organ support; receipt of mechanical ventilation at any time during SICU stay and the duration of mechanical ventilation; and receipt and duration of renal replacement therapy. Mechanical ventilation was defined as positive pressure ventilation via endotracheal tube or tracheostomy. Renal replacement therapy included all forms of continuous renal replacement therapy and intermittent hemodialysis.

Statistical analysis

Statistical analysis was performed using the SPSS 26.0 statistical package (SPSS Inc., Chicago, IL, USA). Categorical variables were presented as percentages, and continuous variables were presented as mean ± standard deviation with normal distribution or median (interquartile range) with non-normal distribution. Average value was used to interpolate the missing data. The study population

was divided into quartiles according to the patients' cytokine levels: Q1 (which also included untested cases), Q2, Q3, and Q4. Statistically significant differences between groups were assessed by chi-square for categorical variables, and by *t*-test or Mann-Whitney U test for continuous variables. The odds ratio (OR) and 95% confidence intervals (95% CI) were calculated. Multivariate analyses were performed to determine independent risk factors for mortality, with adjustment for confounding variables according to the results of the univariate analysis. The optimal cutoff values of IL-2, IL-6, IL-8, TNF- α , and PCT level for predicting mortality were established by drawing receiver operating characteristic (ROC) curves. A P value <0.05 indicated statistical significance.

Results

Patient demographics and clinical characteristics

This study included 5,120 patients, of whom 4,972 patients survived and 148 patients died, yielding a mortality rate of 2.9%. The non-survivors were older than the survivors, with a mean age of 70.09 ± 17.70 years. The non-survivor group also had higher rates of SICU readmission, mechanical ventilation, CRRT, tracheotomy, and emergency surgery than the survivor group. The demographics and clinical characteristics of the surviving and non-surviving patients are shown in *Table 1*.

Cytokine levels in survivors and non-survivors

Serum levels of IL-2, IL-6, IL-8, TNF- α , and PCT in the non-survivors group were significantly higher than those in the survival group (P<0.001). The study population was divided into quartiles according to the patients' cytokine levels: Q1 (which also included untested cases), Q2, Q3, and Q4. Comparisons showed that the proportion of non-surviving cases showed an increasing trend in each interval, while no significant trend was observed in the survival group (*Table 2*).

Trend analysis of cytokine levels

Serum levels of IL-2, IL-6, IL-8, TNF- α , and PCT were fitted with logistic regression analysis in the form of grade variables and non-categorical variables, respectively. The results showed that the levels of IL-2, IL-6, IL-8, and TNF- α had a significant linear correlation with patient

Page 4 of 9

Yan et al. The predictive prognostic values of serum IL-2, IL-6, IL-8, and TNF-a

Variables	Crown	No $(0/)$	Outcome		$\chi^2/t/z$	P value
variables	Group	No. (%)	Non-survivors (n=148)	Survivors (n=4,972)	χ π/2	P value
Gender	Male	3,065 (59.9)	92 (62.2)	2,973 (59.8)	0.335	0.563
	Female	2,055 (40.1)	56 (37.8)	1,999 (40.2)		
Age (years)			70.09±17.70	62.19±16.22	5.839	<0.001
Length of SICU stay (h)			136.00 (47.00, 330.50)	28.00 (20.00, 65.00)	-12.248	<0.001
Emergency surgery	Yes	1,474 (28.8)	107 (72.3)	1,367 (27.5)	142.138	<0.001
	No	3,631 (70.9)	40 (27.0)	3,591 (72.2)		
	Unknown	15 (0.3)	1 (0.7)	14 (0.3)		
Mechanical ventilation	Yes	1,182 (23.1)	132 (89.2)	1,050 (21.1)	375.053	<0.001
	No	3,938 (76.9)	16 (10.8)	3,922 (78.9)		
CRRT	Yes	261 (5.1)	132 (89.2)	129 (2.6)	222.770	<0.001
	No	4,859 (94.9)	16 (10.8)	4,843 (97.4)		
Tracheotomy	Yes	241 (4.7)	48 (32.4)	193 (3.9)	261.185	<0.001
	No	4,879 (95.3)	100 (67.6)	4,779 (96.1)		
SICU readmission	Yes	188 (3.7)	26 (17.6)	162 (3.3)	83.199	<0.001
	No	4,932 (96.3)	122 (82.4)	4,810 (96.7)		

Table 1 Baseline patient characteristics (n=5,120)

SICU, surgical intensive care unit; CRRT, continuous renal replacement therapy.

outcomes. The levels of IL-2 in Q3 (OR =4.434, 95% CI: 1.527–12.874) and Q4 (OR =7.715, 95% CI: 2.744–21.693) were significantly higher than those in Q1. The same results were observed for IL-6 and IL-8, and only group Q4 (OR =2.383, 95% CI: 1.419–4.001) showed significant difference in the level of TNF- α . No statistically significant difference was observed in PCT between the groups (*Table 3*).

Predictive value of IL-2, IL-6, IL-8, and TNF-a

ROC curve analysis revealed that the area under the ROC curve of IL-2, IL-6, IL-8, and TNF- α was 0.822, 0.704, 0.753, and 0.758, respectively, indicating that these indicators carry diagnostic significance for patient outcomes. Take the maximum Youden index as the critical value, the optimal cutoff points for IL-2, IL-6, IL-8, and TNF- α were determined to be 930.5 U/mL, 50.95 pg/mL, 44.1 pg/mL, and 11.95 pg/mL, respectively. Under these critical values, the sensitivity of IL-2, IL-6, IL-8 and TNF- α was 69.39%, 71.43%, 57.82%, and 68.66%, respectively, and the specificity was 80.16%, 61.75%, 79.58% and 72.90%, respectively. The positive likelihood ratios for IL-

2, IL-6, IL-8, and TNF- α were 3.50, 1.87, 2.83 and 2.53, respectively, and the corresponding negative likelihood ratios were 0.38, 0.46, 0.53, and 0.43, respectively (*Table 4* and *Figure 1*).

Discussion

Surgical stress can influence cytokine levels, which reflected by the complexity of surgical procedure, the duration of the operation and the amount of blood transfused (12). Serum IL-2, IL-6, IL-8, TNF- α , and PCT indirectly reflect the clinical severity status and the degree of organ system dysfunction. This study evaluated the levels of these cytokines in critically ill surgical patients. On the first postoperative day, IL-2, IL-6, IL-8, and TNF- α were observed to be significantly elevated in non-survivors, suggesting a potential correlation between high levels of these cytokines on the first postoperative day and an increased risk of mortality.

Accurate prognostic indicators of survival in ICU patients are important and helpful in guiding clinical decisionmaking (15). Currently, severity scores (such as Acute

Cytokines group		Out	2/4/-		
	No. (%)	Non-survivors (n=148)	Survivors (n=4,972)	— χ²/t/z	P value
IL-2		1,314.00 (743.00, 2,335.00)	522.00 (364.00, 825.75)	-13.299	<0.001
Q1 (≤367)	1,292 (25.2)	4 (2.7)	1,288 (25.9)	188.681	<0.001
Q2 (368–530)	1,278 (25.0)	8 (5.4)	1,270 (25.5)		
Q3 (531–850)	1,274 (24.9)	30 (20.3)	1,244 (25.0)		
Q4 (>850)	1,276 (24.9)	106 (71.6)	1,170 (23.5)		
IL-6		112.00 (32.30, 393.00)	31.10 (11.30, 93.90)	-8.965	<0.001
Q1 (≤11.50)	1,295 (25.3)	9 (6.1)	1,286 (25.9)	69.717	<0.001
Q2 (11.60–31.90)	1,270 (24.8)	27 (18.2)	1,243 (25.0)		
Q3 (32.00–97.38)	1,277 (24.9)	35 (23.6)	1,242 (25.0)		
Q4 (>97.38)	1,278 (25.0)	77 (52.0)	1201(24.2)		
IL-8		54.60 (21.60, 126.00)	17.00 (9.00, 36.73)	-10.369	<0.001
Q1 (≤9.00)	1,390 (27.1)	8 (5.4)	1,382 (27.8)	104.992	<0.001
Q2 (9.10–17.00)	1,194 (23.3)	18 (12.2)	1,176 (23.7)		
Q3 (17.10–38.00)	1,261 (24.6)	35 (23.6)	1,226 (24.7)		
Q4 (>38.00)	1,275 (24.9)	87 (58.8)	1,188 (23.9)		
TNF-α		15.85 (10.13, 31.15)	8.10 (5.80, 12.50)	-10.216	<0.001
Q1 (≤5.90)	1,633 (31.9)	23 (1.4)	1,610 (32.4)	105.881	<0.001
Q2 (6.00–8.30)	1,188 (23.2)	10 (6.8)	1,178 (23.7)		
Q3 (8.40–13.00)	1,140 (22.3)	32 (21.6)	1,108 (22.3)		
Q4 (>13.00)	1,159 (22.6)	83 (56.1)	1,076 (21.6)		
PCT		1.00 (0.10, 5.24)	0.09 (0.04, 0.35)	-8.875	<0.001

28 (18.9)

20 (13.5)

19 (12.8)

81 (54.7)

Table 2 Cytokine	levels in	survivors and	l non-survivors	(n=5,120)
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IL, interleukin; TNF-α, tumor necrosis factor-α; PCT, procalcitonin.

1,742 (34.0)

1,188 (23.2)

1,060 (20.7)

1,130 (22.1)

Q1 (≤0.04)

Q4 (>0.38)

Q2 (0.05-0.10)

Q3 (0.11-0.38)

Physiology and Chronic Health Evaluation (APACHE) and Sepsis-related Organ Failure Assessment(SOFA) scores), along with clinical and laboratory variables, are commonly used to track the function of multiple organ systems (16-19). Cytokines have been indicated to play important roles in host defense and the maintenance of tissue homeostasis; however, abnormal cytokine production can damage these functions, resulting in inflammation and tissue injury (20). Studies correlated the severity scores and inflammatory markers had aroused more interesting. Presterl *et al.* (21) reported a correlation between the levels of CRP, IL-6, TNF, APACHE III, and mortality probability model II scores. Both scoring systems, as well as CRP, were significantly higher in non-survivors compared with survivors. Shimazui *et al.* (22) concluded that serum IL-6 was a more accurate predictor of the severity of organ dysfunction in critically ill patients than PCT or CRP, and rose more rapidly after the insult, reaching its peak earlier than SOFA score.

94.597

< 0.001

1,714 (34.5)

1,168 (23.5)

1,041 (20.9)

1,049 (21.1)

We found an increased rate of non-survivors

Page 6 of 9

Yan et al. The predictive prognostic values of serum IL-2, IL-6, IL-8, and TNF- α

Table 3 Logistic regression analysis of the relationships of IL-2, IL-6, IL-8, TNF-α, and PCT with patient outcomes

Variables —		OR (95% CI)				
	Q1	Q2	Q3	Q4	P value for trend	
Model I: IL-2	1.000	1.264 (0.365–4.384)	4.434 (1.527–12.874)	7.715 (2.744–21.693)	<0.001	
P values		0.712	0.006	<0.001		
Model II: IL-6	1.000	2.267 (0.957–5.370)	2.599 (1.126–5.999)	3.820 (1.709–8.538)	<0.001	
P values		0.063	0.025	0.001		
Model III: IL-8	1.000	1.762 (0.738–4.208)	2.477 (1.118–5.488)	4.241 (1.994–9.022)	<0.001	
P values		0.202	0.025	<0.001		
Model IV: TNF- α	1.000	0.683 (0.320–1.456)	1.446 (0.800–2.611)	2.383 (1.419–4.001)	<0.001	
P values		0.324	0.222	0.001		
Model V: PCT	1.000	0.873 (0.464–1.643)	0.770 (0.414–1.432)	1.516 (0.919–2.501)	0.052	
P values		0.675	0.409	0.103		

Age, length of SICU stay, Mechanical ventilation, CRRT, Tracheotomy had been adjusted. IL, interleukin; TNF- α , tumor necrosis factor- α ; PCT, procalcitonin; SICU, surgical intensive care unit; CRRT, continuous renal replacement therapy.

Table 4 Predictive values of IL-2, IL-6, IL-8, and TNF- α

Parameters	IL-2	IL-6	IL-8	TNF-α
AUC	0.822 (0.789–0.855)	0.704 (0.660–0.748)	0.753 (0.713–0.793)	0.758 (0.717–0.800)
Cutoff value	930.5 U/mL	50.95 pg/mL	44.1 pg/mL	11.95 pg/mL
Sensitivity	69.39%	71.43%	57.82%	68.66%
Specificity	80.16%	61.75%	79.58%	72.90%
+LR	3.50	1.87	2.83	2.53
–LR	0.38	0.46	0.53	0.43

+LR, positive likelihood ratio; –LR, negative likelihood ratio. IL, interleukin; TNF-α, tumor necrosis factor-α; PCT, procalcitonin; AUC, area under the curve.

in IL-2, IL-6, IL-8, and TNF- α from Q1 to Q4. IL-2 yielded an increased rate of non-survivors (2.7%<5.4%<20.3%<71.6%); IL-6 yielded an increased rate of non-survivors (6.1%<18.2%<23.6%<52.0%); IL-8 yielded an increased rate of non-survivors (5.4%<12.2%<23.6%<58.8%); TNF- α yielded an increased rate of non-survivors (1.4%<6.8%<21.6%<56.1%); PCT yielded rate of 54.7%, 12.8%, 13.5%, and 18.9% for Q4, Q3, Q2, and Q1, respectively. Our current data demonstrate a relationship between increased levels of IL-2, IL-6, IL-8, and TNF- α and mortality, which was consistent with previous studies (12,23,24). Our findings show that IL-2, IL-6, IL-8, TNF- α , and to a lesser extent PCT, are of crucial importance in the outcomes of critically ill surgical patients.

From the trend analysis, significant differences were observed in IL-2, IL-6, IL-8, and TNF- α levels according to quartile [Q3 versus Q1 (P=0.006), and Q4 vs. Q1 (P<0001) in IL-2; Q3 vs. Q1 (P=0.025), and Q4 vs. Q1 (P=0001) in IL-6; Q3 vs. Q1 (P=0.025), and Q4 vs. Q1 (P=0001) in IL-8; Q4 vs. Q1 (P=0001) in TNF- α]. No differences were found between the groups in relation to PCT, which has been widely used as a biomarker of bacterial infection (25). However, previous studies have reported that PCT is not an indicator of organ dysfunction (26), especially in severe patients, which could explain our result. Previous data on the cutoff values for these cytokines are inconsistent. Focusing on patients who underwent major abdominal

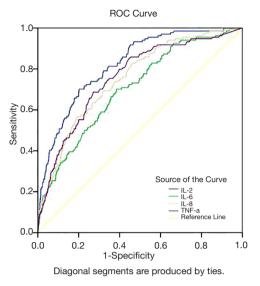


Figure 1 Receiver operating characteristic (ROC) curves showing the goodness of fit of the multivariable predictive model.

surgery, Rettig *et al.* (27) reported that IL-6 on the first day after surgery had the highest accuracy with a cutoff point of 432 pg/mL; however, the optimal cutoff value in Mokart *et al.*'s study was 310 pg/mL, as assessed using ROC curve analysis (28). Donati *et al.* (29) reported that the cutoff point for IL-8 was 60 pg/dL. Meanwhile, for critically ill surgical patients, our results demonstrated that the optimal cutoff points for IL-2, IL-6, IL-8, and TNF- α were 930.5 U/mL, 50.95 pg/mL, 44.1 pg/mL, and 11.95 pg/mL, respectively. It should note that the prognostic value of serum IL-2, IL-6, IL-8, TNF- α , and PCT may be inconsistent in different diseases, the reason may related to the disease itself and the therapy, especially in cancer patients. The exact predictive value and cutoff points of these cytokines in different diseases still need further studies.

Our study has several limitations. Firstly, the cytokine levels were detected in the first 24 h after the patients were admitted to the SICU. As cytokine levels can be inhibited by immunosuppressive drugs such as steroids, this may have introduced bias to the results. Sequential and dynamic assessments may provide further evidence for the prediction of patients' clinical outcome. Secondly, this is a single-center retrospective study of critically ill surgical patients, and we did not analyze the associations between complications and cytokines. Multiple methods should be used to test the results in the future. Finally, CRRT may influence the level of cytokines.

Conclusions

Q4 in IL-2, IL-6, IL-8, TNF- α , and PCT was associated with the highest mortality rate in the present study. Our results indicate that IL-2, IL-6, IL-8, and TNF- α have predictive value as biomarkers for mortality in critically ill surgical patients. However, the precise effect of PCT on clinical outcomes in SICU patients needs further investigation.

Acknowledgments

The authors sincerely thank Jian Gao for guiding the data collection and the statistical analysis for this study. *Funding:* This work was supported by the Youth Program of Zhongshan Hospital, Fudan University (no. 2019ZSQN01), the Fuxing Nursing Program of Fudan University (no. FNF201945), and Program of Fudan University "Double First-Class Discipline Construction" (no. 2018-40-22).

Footnote

Reporting Checklist: The authors have completed the STARD reporting checklist. Available at http://dx.doi.org/10.21037/atm-20-6608

Data Sharing Statement: Available at http://dx.doi. org/10.21037/atm-20-6608

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi. org/10.21037/atm-20-6608). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. This study was carried out retrospectively. All procedures performed in this study involving human participants were in accordance with the Declaration of Helsinki (as revised in 2013), and were in accordance with the standards of the Ethics Committee on Human Experimentation of Zhongshan Hospital, Fudan University (No. B2020-107R). Written informed consent was taken from patients.

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Page 8 of 9

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Cite this article as: Yan Y, Hu Y, Wang X, Yu Z, Tang Y, Zhang Y, Pan W. The predictive prognostic values of serum interleukin-2, interleukin-6, interleukin-8, tumor necrosis factor- α , and procalcitonin in surgical intensive care unit patients. Ann Transl Med 2021;9(1):56. doi: 10.21037/atm-20-6608

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