CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page1/Line 3-4	Title/Paragraph1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page2/Line 19-20	Key Words/Paragraph1
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page2/Line 1-3	Abstract/Paragraph1
	3b	Main symptoms and/or important clinical findings	Page2/Line 3-7	Abstract/Paragraph1
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page2/Line 7-13	Abstract/Paragraph1
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page2/Line 15-16	Abstract/Paragraph1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page2/Line 24-Page3/Line 11	Introduction/Paragraph 1
Patient Information	5a	De-identified patient specific information	Page3/Line15-16	case presentation
	5b	Primary concerns and symptoms of the patient	Page3/Line 15-18	case presentation
	5c	Medical, family, and psycho-social history including relevant genetic information	Page3/Line 22-25	case presentation
	5d	Relevant past interventions with outcomes	Page3/Line 17-21	case presentation
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page3/Line 27-Page4/Line 6	case presentation
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page3/Line15-Page4/Line 8	case presentation
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page3/Line28-Page4/Line 8	case presentation
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page4/Line 20-24	case presentation
	8c	Diagnosis (including other diagnoses considered)	Page4/Line 20-24	case presentation
	8d	Prognosis (such as staging in oncology) where applicable	Page5/Line 1-8	case presentation
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page4/Line 9-18	case presentation
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page4/Line 9-18	case presentation
	9c	Changes in therapeutic intervention (with rationale)	Page4/Line 9-18	case presentation

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	N/A	N/A
	10b	Important follow-up diagnostic and other test results	N/A	N/A
	10c	Intervention adherence and tolerability (How was this assessed?)	N/A	N/A
	10d	Adverse and unanticipated events	N/A	N/A
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page6/Line 12-24	Discussion
	11b	Discussion of the relevant medical literature **with references**	Page6/Line14-Page6/Line20	Discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page6/Line 1-11	Discussion
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page6/Line 26-28	Discussion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Page5/Line 1-2	Discharge
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☐	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.