CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page1/Line1-3	title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page3/Line1-2	Key words
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page2/Line6-24	Abstract
	3b	Main symptoms and/or important clinical findings	Page2/Line6-8	Abstract
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page2/Line8-10	Abstract
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page2/Line22-24	Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page4/Line2-16	Introduction
Patient Information	5a	De-identified patient specific information	Page4/Line19	Case/Paragraph1
	5b	Primary concerns and symptoms of the patient	Page4/Line20	Case/Paragraph1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page4/Line21-Page5/Line	Case/Paragraph1
	5d	Relevant past interventions with outcomes	Page4/Line23-24	Case/Paragraph1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page5/Line3-9	Case/Paragraph1
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page4/Line19-20 and Page	Case/Paragraph1
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page5/Line3-5 and	Case/Paragraph1,2
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Not involved	Nov invovled
	8c	Diagnosis (including other diagnoses considered)	Page5/Line18-21	Case/Paragraph2
	8d	Prognosis (such as staging in oncology) where applicable	Not invovled	Not involved
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page5/Line9-10	Case/Paragraph1
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page5/Line 11-12	Case/Paragraph1
	9c	Changes in therapeutic intervention (with rationale)	Not involved	Not involved

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page5/Line12-15	Case/Paragraph1
	10b	Important follow-up diagnostic and other test results	Not involved	Not involved
	10c	Intervention adherence and tolerability (How was this assessed?)	Not involved	Not involved
	10d	Adverse and unanticipated events	Not involved	Not involved
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page7/Line7-Page8/Line3;	Discussion/Paragraph1
	11b	Discussion of the relevant medical literature **with references**	Page7/Line7-Page10/Line	Discussion/Paragraph1-5
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page7/Line11-Page8/Line	Discussion/Paragraph1
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page10/Line4-7	Discussion/Paragraph6
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not invovled	Not involved
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☐	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.