CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page1/Line3	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page1/Line22-25	Key words
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page1/Line27-30	Abstract/Para1
	3b	Main symptoms and/or important clinical findings	Page1/Line30-31	Abstract/Para1
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page1/Line30-32	Abstract/Para1
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page1/Line32-34	Abstract/Para1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	P1/L38-P2/L18	Introduction/Para1-2
Patient Information	5a	De-identified patient specific information	Page2/Line22	Case presentation/Para1
	5b	Primary concerns and symptoms of the patient	Page2/Line22-24	Case presentation/Para1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page2/Line22-26	Case presentation/Para1
	5d	Relevant past interventions with outcomes	Page2/Line26-27	Case presentation/Para1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page2/Line28-29	Case presentation/Para1
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page2/Line29-30	Case presentation/Para1
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page3/Line2-5	Case presentation/Para3
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	NA	NA
	8c	Diagnosis (including other diagnoses considered)	Page2/Line30	Case presentation/Para1
	8d	Prognosis (such as staging in oncology) where applicable	NA	NA
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page3/Line5-6	Case presentation/Para3
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page3/Line9	Case presentation/Para3
	9c	Changes in therapeutic intervention (with rationale)	Page3/Line8	Case presentation/Para3

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page3/Line7-8	Case presentation/Para3
	10b	Important follow-up diagnostic and other test results	Page3/Line10	Case presentation/Para3
	10c	Intervention adherence and tolerability (How was this assessed?)	Page3/Line8	Case presentation/Para3
	10d	Adverse and unanticipated events	Page3/Line6	Case presentation/Para3
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page4/Line9-14, 27-29	Discussion/Para1,3
	11b	Discussion of the relevant medical literature **with references**	Page4/Line16-20	Discussion/Para2
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page4/Line22-27	Discussion/Para2,3
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page4/Line33-35	Discussion/Para3
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Page3/Line10-11	Case presentation/Para3
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copy editing and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.