

Narrative Review Checklist

Section/Topic	Item No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
TITLE				
Title	1	Identify the report as a Narrative Review of ...	Page 1/ Line 1	Title page/ First section
ABSTRACT				
Unstructured summary	2	Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.	Page 2/ Line 6-20	Abstract/ Single paragraph
INTRODUCTION				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	P3/ L2 until P4/ L14	Intro/paragraph 1-3
Objectives	4	Specify the key question(s) identified for the review topic.	Page 4/ Line 15-17	Introduction/paragraph 4
METHODS				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	Page 4/ Line 19-21; Page 5/ Line 1-3	Methods/ Single paragraph
DISCUSSION/SUMMARY				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	Page 5/ Line 5 until Page 18 Line 21	Discussion/ All paragraphs
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	Page 19/ Line 1-9	Conclusion/ Single paragraph

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.