

#### **Instructions**

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This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

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Huang 1



Section 1.	Identifying Inform	ation			
1. Given Name (Fir Yilong	st Name)	2. Surname ( Huang	(Last Name)		3. Date 18-January-2021
4. Are you the corr	esponding author?	Yes	<b>√</b> No	Corresponding Author's Nar Bo He, Zhenguang Zhang	
5. Manuscript Title Muscular Blood C		ent MRI Is Ben	eficial to Eval	uate Effectiveness of An Ex	sercise Prescription
6. Manuscript Iden	itifying Number (if you kn	ow it)			
Section 2.	The Work Under Co	onsideratio	n for Public	ation	
any aspect of the su statistical analysis, e	ubmitted work (including	but not limited	d to grants, dat		mmercial, private foundation, etc.) for sign, manuscript preparation,
Section 3.	Relevant financial	activities ou	utside the s	ubmitted work.	
of compensation) clicking the "Add	) with entities as descri	bed in the insport relationsh	structions. Us hips that were	e one line for each entity; a	ationships (regardless of amount odd as many lines as you need by nonths prior to publication.
Section 4.	Intellectual Proper	ty Patent	s & Copyrig	hts	
Do you have any	patents, whether plan	ned, pending	or issued, bro	oadly relevant to the work?	Yes 🗸 No

Huang 2



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Dr. Huang has nothing to disclose.

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Wei 1



Section 1. Identifying Inform	ation					
1. Given Name (First Name) Jialu	2. Surname (Last Name) Wei	3. Date 18-January-2021				
4. Are you the corresponding author?	Yes ✓ No	Corresponding Author's Name Bo He, Zhenguang Zhang				
5. Manuscript Title Muscular Blood Oxygen Level–dependent MRI Is Beneficial to Evaluate Effectiveness of An Exercise Prescription						
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	but not limited to grants, da	a third party (government, commercial, private foundation, etc.) for ata monitoring board, study design, manuscript preparation,				
Section 3. Relevant financial	activities outside the :	submitted work.				
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patent

Han 1



Section 1. Identifying Inform	mation	
1. Given Name (First Name) Dan	2. Surname (Last Name) Han	3. Date 18-January-2021
4. Are you the corresponding author?	☐ Yes ✓ No	Corresponding Author's Name Bo He, Zhenguang Zhang
5. Manuscript Title Muscular Blood Oxygen Level–depend	lent MRI Is Beneficial to Eva	aluate Effectiveness of An Exercise Prescription
6. Manuscript Identifying Number (if you k	(now it)	_
Section 2. The Week Under C	Consideration for Publi	
Did you or your institution <b>at any time</b> rece any aspect of the submitted work (includin statistical analysis, etc.)? Are there any relevant conflicts of inter	eive payment or services from g but not limited to grants, da rest? Yes 🗸 No	a a third party (government, commercial, private foundation, etc.) for ata monitoring board, study design, manuscript preparation,
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Jiang 1



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4. Are you the cor	responding author?	Yes ✓	No	Corresponding Author's Name Bo He, Zhenguang Zhang		
5. Manuscript Title Muscular Blood Oxygen Level–dependent MRI Is Beneficial to Evaluate Effectiveness of An Exercise Prescription						
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Section 3.	Relevant financial	activities out	tside the su	ubmitted work.		
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Section 4.	Intellectual Proper	ty Patents	& Copyrig	hts		
Do you have any	patents, whether plan	ned, pending o	r issued, bro	oadly relevant to the work? Yes V No		

Jiang 2



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**Non-Financial Support:** Examples include drugs/equipment supplied by the entity, travel paid by the entity, writing assistance, administrative support, etc.

**Other:** Anything not covered under the previous three boxes

**Pending:** The patent has been filed but not issued **Issued:** The patent has been issued by the agency

**Licensed:** The patent has been licensed to an entity, whether

earning royalties or not

**Royalties:** Funds are coming in to you or your institution due to your

patent



Section 1. Iden	tifying Information				
Given Name (First Nam Zhenguang	e) 2. Surnan Zhang	ne (Last Name)	3. Date 18-January-2021		
4. Are you the correspond	ding author?	No			
5. Manuscript Title Muscular Blood Oxyger	n Level–dependent MRI Is E	eneficial to Evaluate Effectiveness	of An Exercise Prescription		
6. Manuscript Identifying	Number (if you know it)				
Section 2. The	Work Under Considerat	ion for Publication			
Did you or your institution <b>at any time</b> receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?  Are there any relevant conflicts of interest?  Yes  Ves					
Section 3. Rele	vant financial activities	outside the submitted work.			
of compensation) with	entities as described in the x. You should report relatio	instructions. Use one line for each	ancial relationships (regardless of amount entity; add as many lines as you need by the 36 months prior to publication.		
Section 4. Intel	lectual Property Pate	nts & Copyrights			
Do you have any paten	ts, whether planned, pendi	ng or issued, broadly relevant to th	ne work? ☐ Yes 🗸 No		



Section 5. Polotionships not solvered above
Relationships not covered above
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Discissure statement
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Dr. Zhang has nothing to disclose.

### **Evaluation and Feedback**

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#### **Instructions**

The purpose of this form is to provide readers of your manuscript with information about your other interests that could influence how they receive and understand your work. The form is designed to be completed electronically and stored electronically. It contains programming that allows appropriate data display. Each author should submit a separate form and is responsible for the accuracy and completeness of the submitted information. The form is in six parts.

### Identifying information.

### The work under consideration for publication.

This section asks for information about the work that you have submitted for publication. The time frame for this reporting is that of the work itself, from the initial conception and planning to the present. The requested information is about resources that you received, either directly or indirectly (via your institution), to enable you to complete the work. Checking "No" means that you did the work without receiving any financial support from any third party -- that is, the work was supported by funds from the same institution that pays your salary and that institution did not receive third-party funds with which to pay you. If you or your institution received funds from a third party to support the work, such as a government granting agency, charitable foundation or commercial sponsor, check

### Relevant financial activities outside the submitted work.

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Report all sources of revenue paid (or promised to be paid) directly to you or your institution on your behalf over the 36 months prior to submission of the work. This should include all monies from sources with relevance to the submitted work, not just monies from the entity that sponsored the research. Please note that your interactions with the work's sponsor that are outside the submitted work should also be listed here. If there is any question, it is usually better to disclose a relationship than not to do so.

For grants you have received for work outside the submitted work, you should disclose support ONLY from entities that could be perceived to be affected financially by the published work, such as drug companies, or foundations supported by entities that could be perceived to have a financial stake in the outcome. Public funding sources, such as government agencies, charitable foundations or academic institutions, need not be disclosed. For example, if a government agency sponsored a study in which you have been involved and drugs were provided by a pharmaceutical company, you need only list the pharmaceutical company.

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#### Definitions.

**Entity:** government agency, foundation, commercial sponsor, academic institution, etc.

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Section 1. Identifying Inform	nation	
1. Given Name (First Name) Bo	2. Surname (Last Name) He	3. Date 18-January-2021
4. Are you the corresponding author?	✓ Yes No	
5. Manuscript Title Muscular Blood Oxygen Level–dependent MRI Is Beneficial to Evaluate Effectiveness of An Exercise Prescription		
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Did you or your institution <b>at any time</b> receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?  Are there any relevant conflicts of interest?  Yes  No		
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Dr. He has nothing to disclose.

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