CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1 / Line 2-3	Title Page / Paragraph 1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 1/ Line 34-35	Title Page
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 2 / Line 48-51	Abstract /Paragraph 1
	3b	Main symptoms and/or important clinical findings	Page 2/ Line 51-56	Abstract / Paragraph 1
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2/ Line 57-59	Abstract / Paragraph 1
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page 2/ Line 56-66	Abstract / Paragraph 1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3 / Line 83-101	Introduction / Paragraph 1
Patient Information	5a	De-identified patient specific information	Page 4 / Line 104	Case discussion/Paragraph
	5b	Primary concerns and symptoms of the patient	Page 4 / Line 105-107	Case discussion/Paragraph
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 4 / Line 105-107	Case discussion/Paragraph
	5d	Relevant past interventions with outcomes	Page 4 / 105-106	Case discussion/Paragraph
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4 / Line 106-107	Case discussion/Paragraph
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 4 /Line 108-120	Case discussion/Paragraph
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4 / Line 108-123	Case discussion/Paragraph
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 4/ Line 114-115	Case discussion/Paragraph
	8c	Diagnosis (including other diagnoses considered)	Page 4-5/ Line 123-126	Case discussion/Paragraph
	8d	Prognosis (such as staging in oncology) where applicable	Our patient ended in	Our patient ended in
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 4 -5/ Line 111-114,	Case discussion/Paragraph
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 4-5/ line 115,	Case discussion/Paragraph
	9c	Changes in therapeutic intervention (with rationale)	Page 4-5/ Line 125-129	Case discussion/Paragraph

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 5/ Line 144-150	Case discussion/Paragraph
	10b	Important follow-up diagnostic and other test results	Page 5/ Line 128-131	Case discussion/Paragraph
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 5/ Line 128-131	Case discussion/Paragraph
	10d	Adverse and unanticipated events	Page 4-5/ Line 104-135	Case discussion/Paragraph
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 5-8/ Line 137-197	Discussion / Paragraph 1-3
	11b	Discussion of the relevant medical literature **with references**	Page 5-8/ Line 137-197	Discussion / Paragraph 1-3
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 8/ Line 200-209	Conclusion/Paragraph 1
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 8/ Line 200-209	Conclusion/Paragraph 1
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Patient prespective was	Patient prespective was
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.