CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	1/1	Title/Paragraph1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	3/51	Keywords/Paragraph1
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	2/25-27	Abstract/Paragraph1
	3b	Main symptoms and/or important clinical findings	2/28-33	Abstract/Paragraph1
	3c	The main diagnoses, therapeutic interventions, and outcomes	2/33-42	Abstract/Paragraph1
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	2/42-44	Abstract/Paragraph1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	3/54-64	Introduction/Paragraph1
Patient Information	5a	De-identified patient specific information	3-4/75-121	Case
	5b	Primary concerns and symptoms of the patient	3/75-86	Case
	5c	Medical, family, and psycho-social history including relevant genetic information	3-4/75-121	Case
	5d	Relevant past interventions with outcomes	3-4/87-121	Case
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	3-4/87-121	Case
Timeline	7	Historical and current information from this episode of care organized as a timeline	3-4/87-121	Case
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	3/75-86	Case
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	4/87-121	Case
	8c	Diagnosis (including other diagnoses considered)	3/75-78	Case
	8d	Prognosis (such as staging in oncology) where applicable	4/118-121	Case
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	4/87-121	Case
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	4/87-121	Case
	9c	Changes in therapeutic intervention (with rationale)	4/87-121	Case

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	4/87-121	Case
	10b	Important follow-up diagnostic and other test results	4/87-121	Case
	10c	Intervention adherence and tolerability (How was this assessed?)	4/87-121	Case
	10d	Adverse and unanticipated events	4/87-121	Case
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	5-6/123-173	Discussion/Paragraph1-6
	11b	Discussion of the relevant medical literature **with references**	6-7/186-223	References/Paragraph1
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	5-6/123-173	Discussion/Paragraph1-6
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	6/175-173	Discussion/Paragraph6
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	6/175-180	Ethical
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.