Two-stage S⁷ sleeve resection of the right lower lobe and S¹⁺² and S³ segmentectomy of the left upper lobe: a case report

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Abstract: Synchronous multiple nodules in the lungs, such as peripheral ground-glass opacities (GGOs) and solid small nodules, are common, but only lesions suspected of being malignant should be surgically removed. The surgical strategy is anatomical sub-lobectomy in early stage of non-small cell lung cancer synchronously or asynchronously to decrease the impact of lung resection on the lung function. Here, we report a case of a 56-year-old man, who was a pack-a-day smoker, with endobronchial hamartomas the medial basal bronchus (B7). The patient underwent sleeve resection of the medial basal segment in the right lower lobe, followed by S¹⁺² and S³ segmentectomy because of early-stage lung adenocarcinoma (T1a), which presented as mixed GGOs located in the left upper lobe. The performance of S⁷ sleeve segmentectomy of the RLL is very rare. The main concern is stenosis of the anastomosis and the major technical striking point is the caliber discrepancy between proximal and distal bronchi. In our experiences, we used high-tech methods as three-dimensional reconstruction to provide a basis for our surgical planning and proper patient selection and a series of preventing measures taken for anastomotic stenosis, successfully avoided complications. This case provides a new strategy for the treatment of patient with multiple early-stage lung cancer and benign endobronchial tumors, simultaneously.

Keywords: Endobronchial hamartomas; lung adenocarcinoma; sleeve segmentectomy; ground-glass opacities, case report

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Introduction

For a patient with the small and peripheral lung cancers and/or GGOs in screening programs which might be diagnosed as stage I non-small cell lung cancer (NSCLC), surgical resection remains the first choice on the condition that the patient is functionally operable. In clinical practice, multiple primary pulmonary nodules often co-exist with benign and malignant nodules. The most common benign lung tumors are pulmonary hamartomas, which have an incidence of 0.025% and 0.32%. Although some studies have reported a higher incidence of 10%, endobronchial hamartomas (EHs) account for only 1.4% of pulmonary hamartomas (1). Low dose Computed tomography (LDCT) can detect small nodules with ground-glass opacities (GGOs) in the lung more effectively than conventional dose CT. With the application of high-resolution imaging systems worldwide, a large number of multiple lung nodules have been confirmed as synchronous multiple primary lung cancers (SMPLCs). Although the incidence rate of SMPLC varies from 0.2% to 8%, the 5-year overall survival rate of SMPLC can reach 82% after surgery (2). With an increased number of patients presenting with SMPLCs, the need for sub-lobar lung resection procedures, such as wedge resection and segmentectomy, instead of lobectomy, is increasing. Some benign lung tumors that block the bronchial orifice may also require surgical intervention. Based on the characteristics, location, and size of nodules, and the patient's status, therapy should be individualized



Figure 1 CT imaging features of basal hamartoma in right lower lung. (A) CT mediastinum window showed an ovoid low-density endobronchial lesion in the orifice of the medial basal bronchus in the right lower lobe, measured 1.4 cm in maximum diameter. (B) CT imaging features of basal hamartoma in the transverse section under the lung window. (C) CT imaging features of basal hamartoma in the coronal section under lung window. White and black arrows indicate the location of the hamartoma.



Figure 2 CT imaging features of early lung adenocarcinoma in the S^{1+2} and S^3 of the left upper lobe. (A) mGGO were detected in the left upper lobe located in S^{1+2} and S^3 (1.6 cm × 1.8 cm). (B) CT imaging features of mixed ground-glass opacity in the median sagittal section. White arrows indicate the location of mGGO. mGGO, mixed ground-glass opacities.

as much as possible to reserve the function of lungs and prolong overall survival. We present the following article in accordance with the CARE reporting checklist (available at http://dx.doi.org/10.21037/atm-21-1570).

Case presentation

A 56-year-oldman, who was a pack-a-day smoker, presented with a complaint of persistent cough for 10 days. He denied fever, chill, chest pain, or weight loss and showed no abnormal physical findings, including abnormal breathing. The patient had a family history of lung cancer, and one of his direct relatives had died of lung cancer. Plate fixation was performed because his left upper limb (LUL) was fractured 15 years prior. The patient was evaluated for various etiologies of cough to obtain the correct diagnosis. No obvious abnormalities were detected by way of hemogram, blood biochemistry, or blood gas analysis. Pulmonary function tests did not show any obstruction. Vital capacity and forced expiratory volume in 1 s (FEV1) were 3.82 and 2.96 L, respectively. Chest CT scan showed an endobronchial nodule in the medial basal bronchus (B⁷) in the right lower lobe (RLL) (*Figure 1A,B,C*). Mixed GGOs (mGGOs) were detected in the LUL (16×18 mm) (*Figure 2A,B*). The CT did not suggest obstructive atelectasis or pneumonia in the RLL. CT was followed by bronchoscopy, which revealed a smooth hyperemic mass occluding the orifice of the B⁷ in the RLL (*Figure 3*). The

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standard approach of removing the tumor with biopsy forceps through thin flexible bronchoscopy was rejected due to the size and location of the tumor. Pathological examinations of specimens obtained by bronchoscopy did not reveal a definite diagnosis. Preoperative 3D reconstruction revealed the location and size of lesions of the B⁷ in the RLL and mGGOs of S¹⁺² and S³ in the LUL, which may provide guidance for surgical treatment (*Figure 4A,B,C*). Sleeve segmentectomy was then performed on the medial basal segment (S⁷) in the RLL via muscle-sparing incision and a thoracoscope.



Figure 3 Bronchoscopic findings of basal hamartoma in the lower lobe of the right lung. A polypoid tumor in the right lower lobe (RLL) that completely obstructed the medial basal bronchus.

The diagnosis of hamartoma of lesions located in the B⁷ following analysis of the intraoperative frozen section. There were no tumors in the residual edge of the B⁷. The patient was discharged from hospital after 14 days following an uneventful postoperative period. The final diagnosis confirmed hamartoma in the B⁷ via postoperative histopathology (*Figure 5A,B*). 10 days later ,postoperative bronchoscopy showed there was no stenosis and occlusion in anastomotic stoma(*Figure 6*). After 3 months, the patient underwent video-assisted S¹⁺² and S³ segmentectomy of the LUL. Intraoperative pathology showed invasive adenocarcinoma as the postoperative histopathology (*Figure 7A,B*). The patient recovered well and was discharged after 17 days. His symptoms improved significantly after surgery.

At the 3-month follow-up, CT and bronchoscopy indicated no stenosis of anastomosis in the RLL (Figure 2B), and there was no evidence of disease recurrence (Figure 8A,B). The patient underwent a lung function test and the results were compared with the preoperative lung function test. Forced vital capacity(FVC), forced expiratory in first second (FEV1), maximal ventilatory volume (MVV), and diffusion capacity of the lung for carbon monoxide (DLCO) did not significantly decrease and the patient was in good condition at follow-up. At present, the patient is still being followed. All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Written informed consent was obtained from the patient.



Figure 4 Preoperative 3D reconstruction of the lung. (A,B) The location and size of lesions of the medial basal bronchus in the right lower lobe and S^{1+2} and S^3 in the left upper lobe. (C) The adjacent anatomic relationship of intrapulmonary vessels. White arrows indicate the location of hamartoma and mGGO, respectively.

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Figure 5 H&E staining of hamartoma in the lower lobe of the right lung. (A,B) Hamartoma was a round tumor consisting of cartilage tissue with regions containing fat cells and a cleft lined with small cylindrical epithelial cells in the medial basal bronchus in the right lower lobe (A, 40×; B, 400×).



Figure 6 Bronchoscopy showed no stenosis of anastomosis after medial basal segment sleeve segmentectomy in the RLL. RLL, right lower lobe.

Discussion

Endobronchial mass can vary depending on the location and size of the tumor. Differential diagnoses for such lesions are bronchogenic carcinoid, non-small or small cell carcinoma, arteriovenous malformation, lymphoma, and metastases in the lung (3). The patient may be asymptomatic, especially in early stages, but may develop a persistent cough, as was the case with our patient. Airway obstruction can manifest as dyspnea, atelectasis, and recurrent pneumonias. EHs usually have clear boundaries and are small, with an average size of 1.5 cm. However, some have been reported to grow to about 6 cm (4,5). Due to extensive growth, EHs is prone to an atelectasis of the lung, resulting in respiratory insufficiency. However, in 30% of cases, CT findings clearly indicate the absence of a benign lesion (calcifications, fat) (6); only 15% of EHs are diagnosed prior to surgery (7). Therefore, bronchoscopy or open biopsy may be required



Figure 7 Postoperative pathology indicated invasive adenocarcinoma from S^{1+2} and S^3 in the left upper lobe.(A, 40×; B, 400×). (A,B) The lung tissues were fixed to perform H&E staining.



Figure 8 Postoperative computed tomography of chest after second-stage operation. (A) CT showed bronchi of S^8 , S^9 , and S^{10} in the right lower lobe. (B) CT in coronal section showed stump of S^{1+2} and S^3 , bronchi of S^4 and S^5 in the left upper lobe.

for a definitive diagnosis.

In the present case, the diagnosis was made via biopsy of intraoperative rapid frozen sections. Treatment should be individualized on the basis of the site, size, and extent of the tumor, as well as the patient's comorbidities. In the present case, the bronchoscopic resection was rejected after considering the size and location of the tumor, together with the risk of the atelectasis and pneumonia due to recent bleeding, as well as the impact on the treatment of possible malignant tumors in the RLL.

Surgery is still the recommended treatment for an endobronchial tumor that is difficult to be diagnosed or removed by bronchoscopic approach (8), especially when the tumor causes irreversible lung damage and recurrent infections at the distal site of obstruction. By avoiding lobectomy, sleeve segmentectomy becomes possible in this case of compromised pulmonary function, while also benefiting patients with mGGO who need further treatment. The reasons for selecting sleeve segmentectomy following intraoperative diagnosis in the present study were as follows: (I) to preserve as much lung parenchyma as possible if further surgeries for early-stage carcinoma in other lobes were required; (II) the patient had no previous history of respiratory infections and no adjacent trachea injuries, and there were no signs of inflammation and edema in the specimen during the operation; (III) although there was a very low probability of EH recurrence and malignant degeneration in hamartomas, the recurrence of tumor growth with narrowing of the RLL bronchus may cause atelectasis and an ongoing cough; (IV) post-obstructive pneumonia cannot be treated with antibiotics alone because of poor drainage of pulmonary parenchyma related to edema of anastomotic stoma, and can lead to rehospitalization, increased medical costs, and adverse outcomes; and (V) the purpose of reconstruction of the anatomical structure of the trachea or bronchus is to decrease the impact of surgery on lung function. These reasons indicate that surgical treatment with sleeve segmentectomy of S^7 in the RLL was suitable in our patient.

Sleeve resection was initially offered as an alternative to patients with marginal pulmonary function. The key point is the tumor extension from segmental bronchi to the lobar or main bronchial orifice. Currently, it is increasingly applied to patients with more normal functions, and preserves pulmonary parenchyma (9). However, the performance of S^7 sleeve segmentectomy of the RLL is rare. Liao *et* al. reported a 42-year-old man was discovered to have an endobronchial tumor, and performed the left lower lobe sleeve resection (10). Postoperative histopathological findings confirmed a benign schwannoma. Common complications include sputum retention and secondary atelectasis, bronchovascular and bronchopulmonary fistula, and anastomotic failure. The main concern is stenosis of the anastomosis, and the major technical striking point is the caliber discrepancy between proximal and distal bronchi (11). To avoid postoperative complications and ensure a good functional result, anastomosis between bronchi must be performed precisely. Several techniques, such as telescoped bronchial anastomosis, enlarging the circumference of the small bronchus with an oblique section, or reducing the caliber of the larger bronchus by crimping its posterior membrane, have been described to resolve this problem (12). In our experience, a series of preventive measures was taken for anastomotic stenosis. First, after adjusting the proximal bronchial stump by bending and then suturing the non-cartilaginous posterior part of the bronchial wall, anastomosis between the basal bronchus was performed with continuous and repeated suture using a 4-0 polydioxanone suture. Second, to prevent anastomotic stenosis of organs of the middle lobar bronchus, and anterior-, lateral-, and posterior-basal bronchi, preoperative 3D reconstruction, owing to its capacity to fully identify the abovementioned structures, was performed to ensure that the distance from those to the B^7 was >3 mm. Third, at the commencement of anastomosis, a traction line is sutured on the cartilage side at the junction of the segmental bronchial membrane. This is more conductive to the smooth anastomosis and prevention of twining of suture lines. Furthermore, it is necessary to pay attention to the anastomosis of the end-toend anastomosis, as well as the anastomosis of the segmental bronchial membrane to membrane and cartilage to cartilage. Finally, during the operation, 4-0 sliding sutures are used to continuously suture the end of the anastomosis, with consideration of the spacing. The anastomosis of the cartilage is completed first, followed by the tensionless anastomosis of the membrane.

Bronchoplastic procedures for benign and low-grade malignant tumors of the airway and benign stenosis allow preservation of maximum amount of pulmonary parenchyma. Benign and low-grade malignancies require only minimally clear margins for cure and are ideally suited to bronchoplastic resections. Resection was considered complete and efficient when the margins were free of disease and achieve considerable long-term prognosis. The results of the present study support the view that, with high-tech methods, such as 3D reconstruction, and proper patient selection, complications related to S^7 sleeve segmentectomy in the RLL can be avoided. This case provides a novel approach for the treatment of patients with multiple primary early-stage lung cancer and benign endobronchial tumors. Furthermore, it is worth emphasizing that regular follow-up and CT of ≤ 1.5 mmthick sections are also important for long-term results.

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Footnote

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