



Wuzhi capsule increased systemic exposure to methotrexate by inhibiting the expression of OAT1/3 and P-gp

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Background: Methotrexate (MTX) is an important anticancer agent and immunosuppressant with a narrow therapeutic window. Wuzhi capsule (WZC) is an extract of Schisandra which is widely used to treat liver diseases. Co-administration of MTX and WZC is common in the clinical setting, but research on the interaction between WZC and MTX is limited. This study aimed to investigate the effects of WZC on the pharmacokinetics of MTX in rats and to explore the role of membrane transport proteins OAT1/3 and P-gp in the interaction of these drugs.

Methods: Plasma MTX concentration was detected by ultra-performance liquid chromatography-tandem mass spectrometer (UPLC-MS/MS), and the messenger RNA (mRNA) and protein expression of OAT1/3 and P-gp was evaluated by reverse transcription quantitative polymerase chain reaction (RT-qPCR) and western blotting analyses, respectively.

Results: The study results revealed that co-administration of WZC decreased the $CL_{z/F}$ and $V_{z/F}$ of MTX, increased the C_{max} and area under the curve $[(AUC)_{0-24 h}]$ of MTX, and inhibited OAT1/3 expression in the kidney and P-gp expression in the small intestine.

Conclusions: The findings suggested that there is a drug interaction between WZC and MTX and that OAT1/3 in the kidney and P-gp in the small intestine may be the main targets mediating the drug interaction, and attention should be paid when they are used in combination.

Keywords: Wuzhi capsule (WZC); methotrexate (MTX); pharmacokinetic study; herb-drug interaction; Organic Anion Transporters (OATs); P-gp

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Introduction

Methotrexate (MTX), an immunosuppressant and anticancer agent, can affect DNA biosynthesis and inhibit cell proliferation by inhibiting the synthesis of tetrahydrofolic acid (1). In the clinical setting, it is widely used in the treatment of psoriasis, rheumatoid arthritis, acute lymphoblastic leukemia, breast cancer, and other diseases (2). Excretion of MTX happens mainly via urine as the unchanged form, and transporters are known to play major roles in the disposal of MTX (3,4).

The drug MTX is the substrate of the transporters P-gp and OAT1/3, which are important transporters in the absorption and excretion of MTX (5,6). When MTX is used in combination with inhibitors or inducers of P-gp and OAT1/3, the plasma concentration of MTX can be increased or decreased, and transporter-based drug interactions may easily occur. Puerarin has been shown to inhibit P-gp expression in the small intestine and OAT1/3 expression in the kidney, resulting in increased systemic exposure to MTX (7). This drug interaction may threaten the life and health of patients, because MTX has a

narrow therapeutic window and severe side effects, such as hepatotoxicity and nephrotoxicity (6,8).

Wuzhi capsule (WZC) contains the ethanol extract of the active component of *Schisandra chinensis*. Its active ingredients are mainly lignans, including schisantherin A, schisandrin A, schizandrol B, and deoxyschizandrin (9,10). Not only can WZC reduce transaminase level and promote the regeneration of liver cells, it can also effectively inhibit drug-induced damage to liver cells (11,12). In the clinical setting, WZC is often used in combination with MTX to prevent and treat MTX-induced liver damage. In recent years, studies have shown that the active ingredients of *S. chinensis* or the related preparations not only significantly enhance the uptake of P-gp substrate by Caco-2 cells and inhibit its efflux, but also increase systemic exposure to digoxin, vincristine, FK506, and ginsenosides by inhibiting the expression of P-gp (13-15). Thus, we speculated that WZC may also inhibit the expression of P-gp. Moreover, co-administration of WZC may cause changes in the pharmacokinetics of MTX *in vivo* by affecting the expression of P-gp, but the effect of WZC on the pharmacokinetics of MTX has not been studied. Furthermore, OAT1/3 are other important transporters in the disposal process of MTX *in vivo*; however, there are limited studies on the effects of WZC on OAT1/3 expression.

Considering that MTX has a narrow therapeutic window, fluctuations in its blood concentration will limit its efficacy or cause serious side effects (16). In addition, the possibility of a drug interaction when WZC is combined with MTX necessitates the assessment of potential drug interactions between WZC and MTX. Thus, we conducted this study to investigate the effects of WZC on the pharmacokinetics of MTX. We also clarified the molecular mechanism by examining the messenger RNA (mRNA) and protein expression of OAT1/3 in the kidney and P-gp in the small intestine via reverse transcription quantitative polymerase chain reaction (RT-qPCR) and western blotting analyses to provide a reference for the clinical combination therapy of the 2 drugs and promote rational clinical use of MTX.

We present the following article in accordance with the ARRIVE reporting checklist (available at <http://dx.doi.org/10.21037/atm-21-1303>).

Methods

Chemicals and reagents

The WZC was provided by Hezheng Pharmaceutical

Company (Chengdu, Sichuan, China). Reference standard of MTX (purity >99%) was purchased from the National Institutes for Food and Drug Control (Beijing, China). Aminopterin [internal standard (IS), purity >98%] was purchased from Shanghai Yuanye Bio-Technology Co., Ltd. (Shanghai, China). High performance liquid chromatography (HPLC)-grade acetonitrile, methanol, and formic acid were obtained from Thermo Fisher Scientific (Pittsburgh, PA, USA). Ultrapure water was obtained from Wahaha Group Co., Ltd. (Hangzhou, China). The TRNzol Universal Reagent, FastQuant RT Kit (with DNase), and SuperReal PreMix Plus (SYBR Green) were purchased from Tiangen Biotech Co., Ltd. (Beijing, China). Primers were purchased from Wuhan Servicebio Technology Co., Ltd. (Wuhan, China). A bicinchoninic acid (BCA) Protein Assay Kit was obtained from Wuhan Servicebio Technology Co., Ltd. Anti-OAT1/3 was purchased from Abcam (Shanghai, China). Anti-P-gp antibodies and anti-actin were purchased from Wuhan Servicebio Technology Co., Ltd.

Animal experiments

Male Sprague-Dawley rats weighing 220–250 g were provided by the Experimental Animal Center of Hebei Medical University (Shijiazhuang, Hebei, China). The animal experiment protocol was approved by the Hebei General Hospital Ethics Committee (Shijiazhuang, Hebei, China). All experimental procedures were fulfilled based on the FDA Guide for the Care and Use of Laboratory Animals (USA 1985).

All rats were fed in a breeding room with controlled environmental conditions (25±2 °C, 50%±10% relative humidity, and 12-h dark-light cycle) and acclimatized for 5 days. Standard water and chow were provided ad libitum. The animals were fasted for 12 h before the experiment, during which time they were allowed only water.

Instrumentation and conditions

The chromatographic analysis was performed using a Shimadzu UPLC system (Shimadzu Corporation, Kyoto, Japan) and an AB Sciex 5500 triple quadrupole tandem mass spectrometer equipped with an electrospray ionization interface (Framingham, MA, USA). The sample was separated on a Waters Xbridge C18 column (100×2.1 mm, i.d.; 2.5 µm) (Milford, MA, USA) at column temperature of 40 °C and eluted with a step gradient mobile phase consisting of 0.1% formic water (solvent A) and acetonitrile

Table 1 Primer sequences used in RT-qPCR

mRNA	Forward primer (5'-3')	Reverse primer (5'-3')
Rats- β -actin	TGCTATGTTGCCCTAGACTTCG	GTTGGCATAGAGGTCTTTACGG
Rats-Mdr1a	TCTGGTATGGGACTTCCTTGGT	TCCTGTATGTTGTCGGGTTTG
Rats-Slc22a6	GTCTACTGCGTTTTCCGGCT	GGCTGACTCAATGAAGAACCAAG
Rats-Slc22a8	CAGTCTTCCCAATGACACCCAG	GATCGACTGGGCCATCTCCT

RT-qPCR, reverse transcription-quantitative polymerase chain reaction.

(solvent B): 0–0.3 min, 5% B; 0.3–2.5 min, 5–85% B; 2.5–2.8 min, 85% B; 2.8–3.5 min, 85–5% B; 3.5–5 min, 5% B. The flow rate was 0.5 mL/min, and the injection volume was 5 μ L. Mass spectrometric detection was performed with electrospray ionization in the positive ion multiple reaction monitoring mode. The transitions of the precursor ion and production of the analyte were m/z 455.1 \rightarrow 308.2 for MTX [declustering potential (DP), 100 V; collision energy (CE), 25 V] and m/z 441.3 \rightarrow 294.2 for aminopterin (DP, 116 V; CE, 25 V).

In vivo pharmacokinetic experiment

To evaluate the effects of WZC on the pharmacokinetics of MTX, 36 rats were divided randomly into 6 groups of 6 rats each as follows: Group I received a single dose of 0.5% sodium carboxymethyl cellulose (CMC-Na) via oral gavage and 2 mg/kg MTX (dissolved in 0.5% CMC-Na) via oral gavage 20 min later; Group II-III received a single dose of WZC (dissolved in 0.5% CMC-Na; 150 and 450 mg/kg for Group II and III, respectively) via oral gavage and 2 mg/kg MTX via oral gavage 20 min later; Group IV received multiple doses of 0.5% CMC-Na via oral gavage for 7 consecutive days and 2 mg/kg MTX via oral gavage on the 7th day, at 20 min after CMC-Na administration; Group V-VI received multiple doses of WZC (150 and 450 mg/kg) via oral gavage for 7 consecutive days and 2 mg/kg MTX via oral gavage on the 7th day, at 20 min after WZC administration. Blood samples were collected into a heparinized tube via the oculi choroidal vein before (at 0 h) drug administration and at 0.083, 0.17, 0.33, 0.67, 1, 1.33, 1.67, 2, 2.33, 3, 5, 7, 9, 12, and 24 h after oral MTX administration. The blood samples were centrifuged at 3,500 rpm for 10 min, and the supernatant was then collected and frozen at -80°C until analysis. To precipitate the proteins in the plasma samples, 50 μ L of plasma sample was mixed with 10 μ L of IS working solution (200 ng/mL) in a 1.5 mL centrifuge tube, and 150 μ L of methanol was

added to the tube. The mixture was then vortex-mixed for 1 min and centrifuged at 12,000 rpm or 10 min. The supernatant was then added to UPLC sample vials.

RT-qPCR

The kidney and small intestine of rats were collected and homogenized in TRNzol Universal to extract the total RNA. Next, 2 μ L of the total RNA solution was taken and analyzed on a Thermo NanoDrop 2000c (Thermo Fisher Scientific, Inc., Waltham, MA, USA) by a 260/280 nm absorbance ratio to determine the RNA concentration and purity. Next, 2 μ g of the total RNA was used to synthesize first-strand cDNA using a FastKing RT Kit, and the remaining RNA solution was stored at -80°C for later use. We performed qPCR using SuperReal PreMix Plus on an ABI Prism TM 7500 Real-Time qPCR system (Thermo Fisher Scientific, Inc., Waltham, MA, USA). The final reaction system (20 μ L) was prepared according to the manufacturer's instructions and added to optical 96-well reaction plates covered with plate sealers. Each tube contained 10 μ L of 2 \times SuperReal PreMix Plus, 0.6 μ L of forward primers, 0.6 μ L of reverse primers, 0.5 μ L of 50 \times ROX Reference Dye, 0.5 μ L of cDNA, and 7.8 μ L of RNase-free ddH₂O. We used β -actin as an internal reference for normalization. The sequences of the primers used are listed in *Table 1*. The PCR cycling conditions were as follows: 95 $^{\circ}\text{C}$ for 15 min, followed by 40 cycles of 95 $^{\circ}\text{C}$ for 10 s and 60 $^{\circ}\text{C}$ for 32 s. The relative expression of mRNA was analyzed using the $2^{-\Delta\Delta\text{CT}}$ method.

Western blotting analysis

Rat tissue samples were added to 10 times the volume of radio-immunoprecipitation (RIPA) Lysis Buffer and fully homogenized. The homogenate was centrifuged at 12,000 rpm for 10 min after a 30 min ice bath to extract the total protein. A BCA Protein Assay Kit

was used to determine the total protein concentration. Protein samples were loaded onto 10% sodium dodecyl sulphate-polyacrylamide gel at 120 V until the indicator bromophenol blue appeared. Next, the samples were transferred to a polyvinylidene fluoride (PVDF) membrane. The PVDF membrane was then blocked with 5% skimmed milk powder dissolved in tris-buffered saline with Tween 20 (TBST) solution in a shaker for 1 h, followed by incubation with primary antibodies of OAT1 (1:1,000) (Abcam, Shanghai, China), OAT3 (1:1,000) (Abcam, Shanghai, China), P-gp (1:1,000) (Wuhan Servicebio Technology Co., Ltd., Wuhan, China), and ACTIN (1:1,000) (Wuhan Servicebio Technology Co., Ltd., Wuhan, China) overnight at 4 °C. After that, the membrane was washed with TBST solution 3 times (for 5 min each time), incubated for 30 min at room temperature with a secondary antibody diluted 3,000 times in TBST, and washed with TBST solution again 3 times. Mixed electrochemiluminescence solution was added to the membrane for color development. AlphaEaseFC (Alpha Innotech, Shanghai, China) was used for gray level analysis. Then calculated the gray value ratio between the target strip and actin to normalized all target protein with actin. Each sample was repeated three times.

Statistical analysis

The pharmacokinetic parameters of MTX were analyzed using the DAS 2.1.1 software (Mathematical Pharmacology Professional Committee of China, Shanghai, China). All results were expressed as means \pm standard deviation (SD). Statistical analysis was performed using the SPSS 21.0 software (SPSS Inc., Chicago, IL, USA). Differences between groups were compared by *t*-test and nonparametric rank-sum test. Differences with $P < 0.05$ were considered statistically significant.

Results

Effects of WZC on the Pharmacokinetics of MTX

The mean plasma concentration-time curves of MTX after oral administration, with or without co-administration of WZC, are shown in *Figure 1*. The pharmacokinetic parameters were calculated using the non-compartmental method with the DAS 2.1.1 pharmacokinetic software, and the results are summarized in *Tables 2* and *3*.

The results of pharmacokinetic analysis showed that

single-dose administration of 150 mg/kg WZC had no significant effect on the pharmacokinetic parameters of MTX. Following a single-dose administration of 450 mg/kg WZC, the $AUC_{(0-24\text{ h})}$ of MTX increased significantly from 468.4 ± 188.4 to $1,024.8 \pm 173.6$ $\mu\text{g}\cdot\text{h}/\text{L}$ ($P < 0.01$), the C_{max} increased from 150.3 ± 49.5 to 269.3 ± 32.9 ng/mL ($P < 0.01$), the $V_{z/F}$ decreased from 50.2 ± 22.5 to 11.1 ± 5.9 L/kg ($P < 0.01$), and the $CL_{z/F}$ decreased from 4.54 ± 1.76 to 1.98 ± 0.37 L/h/kg ($P < 0.05$). Moreover, multiple-dose administration of 150 mg/kg WZC led to a decrease in the $CL_{z/F}$ of MTX from 4.65 ± 1.12 to 3.06 ± 1.3 L/h/kg ($P < 0.05$). After multiple doses of 450 mg/kg WZC, the $AUC_{(0-24\text{ h})}$ of MTX increased significantly from 440.2 ± 96.1 to $1,116 \pm 323.7$ $\mu\text{g}\cdot\text{h}/\text{L}$ ($P < 0.01$) and the C_{max} increased from 162.3 ± 11.2 to 261 ± 74.1 ng/mL ($P < 0.05$), whereas the $CL_{z/F}$ decreased from 4.65 ± 1.12 to 1.86 ± 0.46 L/h/kg ($P < 0.01$).

WZC inhibited OAT1 mRNA expression in the kidney and P-gp mRNA expression in the small intestine

Pharmacokinetic analysis results showed that WZC greatly affected the pharmacokinetics of MTX *in vivo*. Subsequently, we studied the mRNA expression of the transporters associated with the pharmacokinetics of MTX. The transporters were examined based on their tissue distributions; the expression of OAT1 and OAT3 in the kidneys as well as P-gp in the small intestine was determined. The effect of WZC on the mRNA expression of the transporters is shown in *Figure 2*. The results of qPCR analysis revealed that 450 mg/kg WZC inhibited the mRNA expression of OAT1 in the kidney by 57% ($P < 0.05$) after a single dose and 67% ($P < 0.01$) after multiple doses, but had a marginal effect on the mRNA expression of OAT3. Furthermore, 450 mg/kg WZC reduced the mRNA expression of P-gp in the small intestine by 54% ($P < 0.05$) after a single dose and by 64% ($P < 0.01$) after multiple doses.

WZC inhibited OAT1/3 protein expression in the kidney and P-gp protein expression in the small intestine

Based on the results of qPCR analysis, we measured the protein expression of OAT1/3 in the kidney and P-gp in the small intestine. The effect of WZC on the protein expression of the transporters is shown in *Figure 3*. Western blotting results showed that the protein expression of OAT1 and OAT3 in the kidney was inhibited by 64% ($P < 0.05$)

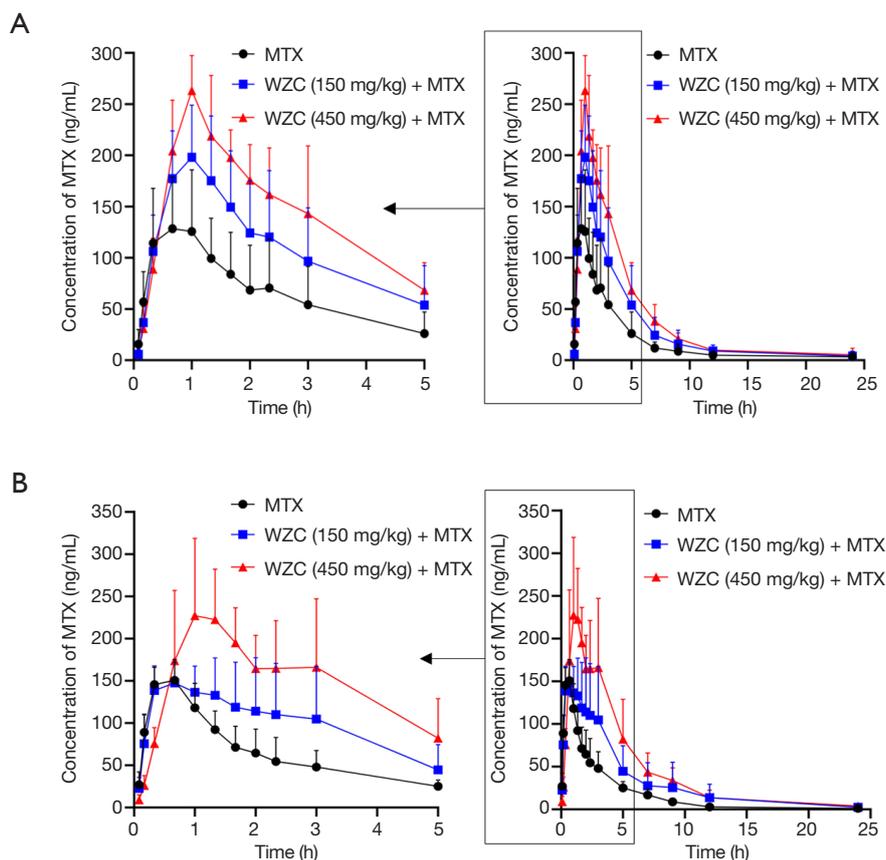


Figure 1 Mean plasma concentration-time curves of MTX in rats (6 rats in each group) after the oral administration of 2 mg/kg MTX with or without co-administration of (A) single-dose WZC and (B) multiple-dose WZC. Each point with a bar represents the mean \pm SD of 6 rats. MTX, methotrexate; WZC, Wuzhi capsule.

Table 2 Pharmacokinetic parameters of MTX in rats after intragastrical administration of MTX (2 mg/kg; n=6, mean \pm SD) with or without co-administration of single-dose WZC

Parameter	MTX	WZC (150 mg/kg) + MTX	WZC (450 mg/kg) + MTX
T_{max} (h)	0.72 \pm 0.25	0.94 \pm 0.25	1.33 \pm 0.84
C_{max} (μ g/L)	150.3 \pm 49.5	202.8 \pm 49.9	269.3 \pm 32.9**
$t_{1/2}$ (h)	8.39 \pm 4.04	6.67 \pm 6.24	4.08 \pm 2.33
$AUC_{(0-24\text{ h})}$ (μ g \cdot h/L)	468.4 \pm 188.4	783.7 \pm 338.6	1,024.8 \pm 173.6**
$C_{L/F}$ (L/h/kg)	4.54 \pm 1.76	2.75 \pm 0.89	1.98 \pm 0.37*
$V_{z/F}$ (L/kg)	50.2 \pm 22.5	29.3 \pm 35.1	11.1 \pm 5.9**

*, $P < 0.05$; **, $P < 0.01$ indicate significant differences from the MTX group. MTX, methotrexate; WZC, Wuzhi capsule; AUC, area under the curve.

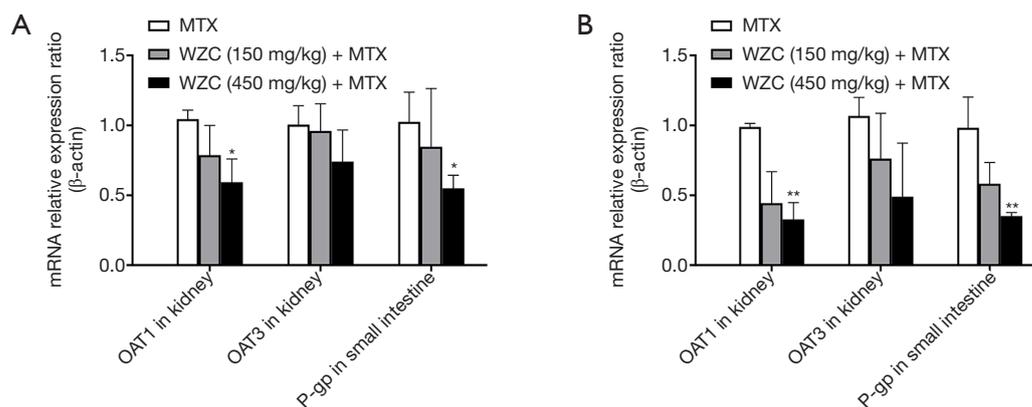
and 57% ($P < 0.05$) after multiple-dose treatment with 150 mg/kg WZC and by 81% ($P < 0.01$) and 89% ($P < 0.05$) after multiple-dose treatment with 450 mg/kg WZC.

Moreover, 150 mg/kg WZC inhibited the protein expression of P-gp in the small intestine by 37% ($P < 0.05$) and 45% ($P < 0.05$) after a single- and multiple-dose

Table 3 Pharmacokinetic parameters of MTX in rats after intragastrical administration of MTX (2 mg/kg; n=6, mean \pm SD) with or without co-administration of multiple-dose WZC

Parameter	MTX	WZC (150 mg/kg) + MTX	WZC (450 mg/kg) + MTX
T_{max} (h)	0.5 \pm 0.18	0.89 \pm 0.52	1.39 \pm 0.83
C_{max} (μ g/L)	162.3 \pm 11.2	170.8 \pm 35	261 \pm 74.1*
$t_{1/2}$ (h)	5.7 \pm 3.54	5.34 \pm 1.02	4.49 \pm 1.17
$AUC_{(0-24\text{ h})}$ (μ g \cdot h/L)	440.2 \pm 96.1	781.6 \pm 466	1,116 \pm 323.7**
$CL_{z/F}$ (L/h/kg)	4.65 \pm 1.12	3.06 \pm 1.3*	1.86 \pm 0.46**
$V_{z/F}$ (L/kg)	40.5 \pm 34.4	24.8 \pm 12.3	12.6 \pm 5.9

*, $P < 0.05$; **, $P < 0.01$ indicate significant differences from the MTX group. MTX, methotrexate; WZC, Wuzhi capsule; AUC, area under the curve.

**Figure 2** mRNA relative expression ratio of OAT1/3 in the kidney and P-gp in the small intestine at 24 h after the administration of MTX with or without co-administration of (A) single-dose WZC and (B) multiple-dose WZC. *, $P < 0.05$; **, $P < 0.01$. MTX, methotrexate; WZC, Wuzhi capsule.

treatment, respectively. Furthermore, 450 mg/kg WZC inhibited P-gp protein expression in the small intestine by 66% ($P < 0.01$) after a single dose and 83% ($P < 0.01$) after multiple doses.

Discussion

It has been widely acknowledged that WZC is an effective drug for the prevention and treatment of various kinds of drug-induced liver injury (17-19). The drug MTX is a chemotherapeutic agent that often causes adverse reactions, such as liver and kidney injury, during clinical treatment (8). However, although WZC is often used clinically in combination with MTX to prevent and treat MTX-induced liver injury, studies on the interaction between MTX and WZC are scarce. Considering that MTX has a narrow

therapeutic window, and drug interactions associated with transporters are likely to occur when MTX is used in combination with other drugs (20-22), we conducted this study to investigate the effects of WZC on the pharmacokinetics of MTX.

We compared the effects of single- and multiple-dose treatment with WZC at different dosages on the pharmacokinetics of MTX. 2 mg/kg MTX and 150 mg/kg WZC were consistent with the clinical concentration of drug use. According to previous studies, high-dose WZC was set as 450 mg/kg (10). Pharmacokinetics results revealed that the combination of MTX and 450 mg/kg WZC reduced the $CL_{z/F}$ and increased the C_{max} and $AUC_{(0-24\text{ h})}$ of MTX, regardless of whether WZC was administered in a single dose or multiple doses. It was shown that only the single dose of 450 mg/kg WZC reduced the $V_{z/F}$ of MTX.

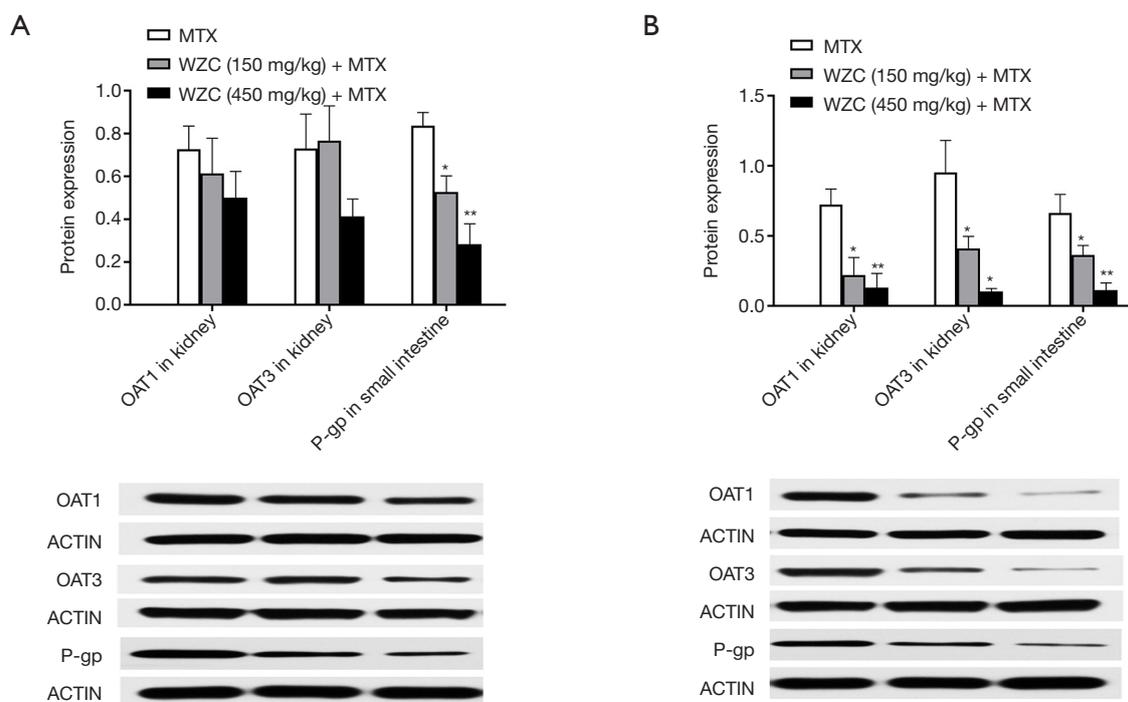


Figure 3 Protein expression ratio of OAT1 in the kidney and P-gp in the small intestine at 24 h after the administration of MTX with or without co-administration of (A) single-dose WZC and (B) multiple-dose WZC. *, $P < 0.05$; **, $P < 0.01$. MTX, methotrexate; WZC, Wuzhi capsule.

Though the difference in MTX plasma concentration between the control (CMC-Na-treated) group and the group treated with 150 mg/kg WZC was not significant, the trend of change in $CL_{z/F}$, $V_{z/F}$, C_{max} , and $AUC_{(0-24\text{ h})}$ was obviously the same as that in the group treated with 450 mg/kg WZC. This implied that although the impact of 150 mg/kg WZC has no statistically significant effect on the blood concentration of MTX, it still has the potential to increase the systemic exposure to MTX *in vivo*.

The transporters OAT1/3 belong to the Solute Carrier Family 22 (SLC22) (23,24). They are distributed in many tissues, but mainly act in the kidney (25). In the kidney, they are expressed in the basal lateral membrane of renal tubular epithelial cells (26,27), which promote the uptake of MTX from blood into renal tubular epithelial cells and mediate the urine excretion of MTX (28,29). Previous studies have shown that puerarin can inhibit the renal excretion of MTX by inhibiting the expression of OAT1/3, resulting in increased plasma MTX level (7). In addition, bestatin inhibits the uptake of MTX in the kidney and increases blood MTX concentration by inhibiting the expression of OAT1/3 (20). In the present study, the mRNA and protein

expression of OAT1 and the protein expression of OAT3 in the kidney was inhibited by WZC, which can lead to a reduction in the uptake of MTX in the kidney and might be an important reason for the decreased $CL_{z/F}$ and increased systemic exposure to MTX.

The efflux transporter P-gp belongs to the adenosine triphosphate (ATP)-binding cassette transporter family (ABC) (27). It is mainly distributed in the small intestine and affects the reabsorption of MTX in the intestine (30,31). Several studies have shown that the expression of P-gp greatly affects the plasma concentration of MTX, which may reduce the efficacy of MTX or promote serious side effects (20,21,32). Thus, considering that many active ingredients of Schisandra are potent inhibitors of P-gp (13,15,33), we speculated that when used in combination with MTX, WZC may affect the pharmacokinetics of MTX by inhibiting the expression of P-gp. In our current study, the mRNA and protein expression of P-gp was inhibited by WZC, which was consistent with the findings of previous research. The inhibition of P-gp expression by WZC might cause a decrease in the non-renal clearance of MTX and an increase in the intestinal reabsorption of MTX. This may

be another important reason for the increased systemic exposure to MTX.

Our study was the first to investigate the effect of WZC on the pharmacokinetics of MTX in rats. Although only high-dose WZC showed a statistically significant effect on the pharmacokinetics of MTX, the normal clinical dose of WZC (150 mg/kg) also resulted in a significant increase in systemic exposure to MTX and inhibited the protein expression of OAT1/3 and P-gp. Owing to the narrow therapeutic window of MTX and the large individual differences in the pharmacokinetics of MTX, it is still imperative to pay attention to drug interactions between WZC and MTX and to explore the safety of MTX when it is combined with WZC.

Conclusions

In conclusion, the effect of WZC on the pharmacokinetics of MTX is mediated by the action of multiple transporters in different tissues. Single- and multiple-dose administration of WZC had the same effect on the trends of MTX pharmacokinetics and transporter expression. As the dosage of WZC was increased, these effects became more obvious. In summary, we speculated that OAT1/3 in the kidney and P-gp in the small intestine are the main targets mediating the drug interaction between WZC and MTX. The inhibition of OAT1/3 and P-gp expression by WZC led to a decrease in the $CL_{r/F}$ and increases in the C_{max} and $AUC_{(0-24\text{ h})}$ of MTX. These results might help to provide a reference for the rational use of these two drugs in clinical practice. The interval of administration might be necessary when MTX and WZC are used together and further study is needed to explore the safety of MTX when it is combined with WZC.

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Footnote

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Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <http://dx.doi.org/10.21037/atm-21-1303>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The animal experiment protocol was approved by the Hebei General Hospital Ethics Committee (Shijiazhuang, Hebei, China). All experimental procedures were fulfilled based on the FDA Guide for the Care and Use of Laboratory Animals (USA 1985).

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