

## Narrative Review Checklist

| Section/Topic             | Item No | Item   | Reported on Page Number/Line Number | Reported on Section/Paragraph  |
|---------------------------|---------|--|-------------------------------------|--|
| <b>TITLE</b>              |         |  |                                     |  |
| Title                     | 1       | Identify the report as a Narrative Review of ...   | Page1/Line1-2                       | Title/Paragraph1   |
| <b>ABSTRACT</b>           |         |  |                                     |  |
| Unstructured summary      | 2       | Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.  | Page2/Line18-22                     | Abstract/Paragraph13   |
| <b>INTRODUCTION</b>       |         |  |                                     |  |
| Rationale/background      | 3       | Describe the rationale for the review in the context of what is already known.   | Page2/Line30-172                    | Introduction/Paragraph19-41  |
| Objectives                | 4       | Specify the key question(s) identified for the review topic.   | N/A                                 | Not applicable for our paper   |
| <b>METHODS</b>            |         |  |                                     |  |
| Research selection        | 5       | Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).   | Page18/Line224-246                  | Method/Paragraph215-219  |
| <b>DISCUSSION/SUMMARY</b> |         |  |                                     |  |
| Narrative                 | 6       | Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.  | Page18/Line247-300                  | Prospects and challenges of EMT-targeted treatment&Discussion/Paragraph220-229 |
| Summary                   | 7       | Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research. | Page20/Line301-312                  | Conclusion/Paragraph230  |

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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copy editing and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.