

Narrative Review Checklist

Section/Topic	Item No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
TITLE				
Title	1	Identify the report as a Narrative Review of ...	Page 2/ Lines 34,35	Title
ABSTRACT				
Unstructured summary	2	Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.	Page 3/ Lines 71-93	Abstract
INTRODUCTION				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	Page 4/ Lines 95-140	Introduction/ Paragraphs 1-6
Objectives	4	Specify the key question(s) identified for the review topic.	Page 4/ Lines 141-142	Introduction/ Paragraph 7
METHODS				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	Page 5/ Lines 145-156	Methods/ Paragraph 8
DISCUSSION/SUMMARY				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	Page 5-7/ Lines 157-282	Discussion/Paragraphs 9-34
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	Page 8/ Lines 292-302	Conclusion/ Paragraphs 35-36

Article information: <http://dx.doi.org/10.21037/atm-21-65>

*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.