CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/Line 3-4	Title Page
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2/Line 52-53	Title Page
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 2/Line 38-40	Abstract
	3b	Main symptoms and/or important clinical findings	Page 2/Line 40-42	Abstract
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2/Line 42-48	Abstract
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page 2/Line 49-50	Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 2-3/Line 59-88	Introduction
Patient Information	5a	De-identified patient specific information	Page 3/Line 93-94	Case Description/Paragraph 1
	5b	Primary concerns and symptoms of the patient	Page 3/Line 94	Case Description/Paragraph 1
	5c	Medical, family, and psycho-social history including relevant genetic information	NA	NA
	5d	Relevant past interventions with outcomes	Page 3/Line 95-97	Case Description/Paragraph 1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 3-4/Line 97-105	Case Description/Paragraph 1
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 3-4/Line 95, 100, 116, 121, 124, 133	Case Description/Paragraph 1-2
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4/Line 117, 121, 124-125, 129-131	Case Description/Paragraph 1-2
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 4/Line 100-101, 117-121	Case Description/Paragraph 1
	8c	Diagnosis (including other diagnoses considered)	Page 4/Line 124-125, 129-131	Case Description/Paragraph 2
	8d	Prognosis (such as staging in oncology) where applicable	NA	NA
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 4/Line 100, 122, 134	Case Description/Paragraph 1-2
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 4/Line 100, 122, 134	Case Description/Paragraph 1-2
	9c	Changes in therapeutic intervention (with rationale)	Page 4/Line 132-134	Case Description/Paragraph 2

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	NA	NA
	10b	Important follow-up diagnostic and other test results	Page 4/Line 136	Case Description/Paragraph 2
	10c	Intervention adherence and tolerability (How was this assessed?)	NA	NA
	10d	Adverse and unanticipated events	NA	NA
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 6/Line 170-180	Discussion/Paragraph 4
	11b	Discussion of the relevant medical literature **with references**	Page 5-6/Line 151-169	Discussion/Paragraph 2
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 6/Line 186-191	Discussion/Paragraph 6
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	NA	NA
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Page 6/Line 188	Discussion/Paragraph 6
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.