

The ARRIVE Essential 10

These items are the basic minimum to include in a manuscript. Without this information, readers and reviewers cannot assess the reliability of the findings.

Item	Recommendation	Section/line number, or reason for not reporting
Study design	1 For each experiment, provide brief details of study design including: <ol style="list-style-type: none"> The groups being compared, including control groups. If no control group has been used, the rationale should be stated. The experimental unit (e.g. a single animal, litter, or cage of animals). 	Statistical Analysis/12-13 Statistical Analysis/8-9
Sample size	2 <ol style="list-style-type: none"> Specify the exact number of experimental units allocated to each group, and the total number in each experiment. Also indicate the total number of animals used. Explain how the sample size was decided. Provide details of any <i>a priori</i> sample size calculation, if done. 	Statistical Analysis/12-17 Statistical Analysis/11
Inclusion and exclusion criteria	3 <ol style="list-style-type: none"> Describe any criteria used for including and excluding animals (or experimental units) during the experiment, and data points during the analysis. Specify if these criteria were established <i>a priori</i>. If no criteria were set, state this explicitly. For each experimental group, report any animals, experimental units or data points not included in the analysis and explain why. If there were no exclusions, state so. For each analysis, report the exact value of <i>n</i> in each experimental group. 	Statistical Analysis/18 Statistical Analysis/18 Statistical Analysis/12-13
Randomisation	4 <ol style="list-style-type: none"> State whether randomisation was used to allocate experimental units to control and treatment groups. If done, provide the method used to generate the randomisation sequence. Describe the strategy used to minimise potential confounders such as the order of treatments and measurements, or animal/cage location. If confounders were not controlled, state this explicitly. 	Statistical Analysis/17-18 Ovine Models - Surgical Procedure/18-22
Blinding	5 Describe who was aware of the group allocation at the different stages of the experiment (during the allocation, the conduct of the experiment, the outcome assessment, and the data analysis).	Histological Analysis/1
Outcome measures	6 <ol style="list-style-type: none"> Clearly define all outcome measures assessed (e.g. cell death, molecular markers, or behavioural changes). For hypothesis-testing studies, specify the primary outcome measure, i.e. the outcome measure that was used to determine the sample size. 	Methods/P8L1-2, P8L12-13, P9L2, P9L17, P10L3-4, P11L4-6 Methods/P8L1-2, P8L12-13, P9L2, P9L17, P10L3-4, P11L4-6
Statistical methods	7 <ol style="list-style-type: none"> Provide details of the statistical methods used for each analysis, including software used. Describe any methods used to assess whether the data met the assumptions of the statistical approach, and what was done if the assumptions were not met. 	Statistical Analysis/8-18 Statistical Analysis/9-10
Experimental animals	8 <ol style="list-style-type: none"> Provide species-appropriate details of the animals used, including species, strain and substrain, sex, age or developmental stage, and, if relevant, weight. Provide further relevant information on the provenance of animals, health/immune status, genetic modification status, genotype, and any previous procedures. 	Ovine Models - Surgical Procedure/L16-17 Ovine Models - Surgical Procedure/P6L16-22, P7L1-13
Experimental procedures	9 For each experimental group, including controls, describe the procedures in enough detail to allow others to replicate them, including: <ol style="list-style-type: none"> What was done, how it was done and what was used. When and how often. Where (including detail of any acclimatisation periods). Why (provide rationale for procedures). 	Ovine Models - Surgical Procedure Ovine Models - Surgical Procedure/P6L17-22, P7L1-7 Ovine Models - Surgical Procedure/L9-13 Ovine Models - Surgical Procedure/L7-8
Results	10 For each experiment conducted, including independent replications, report: <ol style="list-style-type: none"> Summary/descriptive statistics for each experimental group, with a measure of variability where applicable (e.g. mean and SD, or median and range). If applicable, the effect size with a confidence interval. 	Biomechanical Results/2-13, Histology Results/Figure 3, Histomorphometry Results/13-20, RNA Sequencing/Figure 5, Figure 6, Correlation Analysis/Table 2 N/A

The Recommended Set

These items complement the Essential 10 and add important context to the study. Reporting the items in both sets represents best practice.

Item	Recommendation	Section/line number, or reason for not reporting
Abstract	11 Provide an accurate summary of the research objectives, animal species, strain and sex, key methods, principal findings, and study conclusions.	Abstract/P3L9-P4L3
Background	12 a. Include sufficient scientific background to understand the rationale and context for the study, and explain the experimental approach. b. Explain how the animal species and model used address the scientific objectives and, where appropriate, the relevance to human biology.	Background/P5L2-P6L8 Background/P5L16-P6L2
Objectives	13 Clearly describe the research question, research objectives and, where appropriate, specific hypotheses being tested.	Background/P6L3-8
Ethical statement	14 Provide the name of the ethical review committee or equivalent that has approved the use of animals in this study, and any relevant licence or protocol numbers (if applicable). If ethical approval was not sought or granted, provide a justification.	Methods/P6 L12-15, Footnote P22 L1-6
Housing and husbandry	15 Provide details of housing and husbandry conditions, including any environmental enrichment.	Ovine Model - Surgical Procedure/ P7 L12-13
Animal care and monitoring	16 a. Describe any interventions or steps taken in the experimental protocols to reduce pain, suffering and distress. b. Report any expected or unexpected adverse events. c. Describe the humane endpoints established for the study, the signs that were monitored and the frequency of monitoring. If the study did not have humane endpoints, state this.	Ovine Models - Surgical Procedure/P7 L13-15 Results/P12 L3-4 Ovine Models - Surgical Procedures/P7 L16-17
Interpretation/ scientific implications	17 a. Interpret the results, taking into account the study objectives and hypotheses, current theory and other relevant studies in the literature. b. Comment on the study limitations including potential sources of bias, limitations of the animal model, and imprecision associated with the results.	Conclusions/P16 L1 - P20 L11 Conclusions/P20 L12-17
Generalisability/ translation	18 Comment on whether, and how, the findings of this study are likely to generalise to other species or experimental conditions, including any relevance to human biology (where appropriate).	Conclusions/P16 L1 - P20 L11
Protocol registration	19 Provide a statement indicating whether a protocol (including the research question, key design features, and analysis plan) was prepared before the study, and if and where this protocol was registered.	Statistical Analysis/P11 L16
Data access	20 Provide a statement describing if and where study data are available.	N/A
Declaration of interests	21 a. Declare any potential conflicts of interest, including financial and non-financial. If none exist, this should be stated. b. List all funding sources (including grant identifier) and the role of the funder(s) in the design, analysis and reporting of the study.	Footnote/P21 L20-21 Acknowledgements/P21 L12-15

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Materials Design Analysis Reporting (MDAR) Checklist for Authors

The MDAR framework establishes a minimum set of requirements in transparent reporting applicable to studies in the life sciences (see Statement of Task: [doi:10.31222/osf.io/9sm4x](https://doi.org/10.31222/osf.io/9sm4x)). The MDAR checklist is a tool for authors, editors and others seeking to adopt the MDAR framework for transparent reporting in manuscripts and other outputs. Please refer to the MDAR Elaboration Document for additional context for the MDAR framework.

Materials

Antibodies	Yes (indicate where provided: section/paragraph)	n/a
For commercial reagents, provide supplier name, catalogue number and RRID, if available.		n/a
Cell materials	Yes (indicate where provided: section/paragraph)	n/a
Cell lines: Provide species information, strain. Provide accession number in repository OR supplier name, catalog number, clone number, OR RRID		n/a
Primary cultures: Provide species, strain, sex of origin, genetic modification status.		n/a
Experimental animals	Yes (indicate where provided: section/paragraph)	n/a
Laboratory animals: Provide species, strain, sex, age, genetic modification status. Provide accession number in repository OR supplier name, catalog number, clone number, OR RRID	Methods / 3 (Ovine model – surgical procedures / 1)	
Animal observed in or captured from the field: Provide species, sex and age where possible		n/a
Model organisms: Provide Accession number in repository (where relevant) OR RRID		n/a
Plants and microbes	Yes (indicate where provided: section/paragraph)	n/a
Plants: provide species and strain, unique accession number if available, and source (including location for collected wild specimens)		n/a
Microbes: provide species and strain, unique accession number if available, and source		n/a
Human research participants	Yes (indicate where provided: section/paragraph)	n/a
Identify authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval.	Methods / 1	
Provide statement confirming informed consent obtained from study participants.	Methods / 2 (Human tissue collection / 1)	
Report on age and sex for all study participants.	Methods / 2 (Human tissue collection / 1)	

Design

Study protocol	Yes (indicate where provided: section/paragraph)	n/a
For clinical trials, provide the trial registration number OR cite DOI in manuscript.		n/a
Laboratory protocol	Yes (indicate where provided: section/paragraph)	n/a
Provide DOI or other citation details if detailed step-by-step protocols are available.		n/a
Experimental study design (statistics details)	Yes (indicate where provided: section/paragraph)	n/a
State whether and how the following have been done, or if they were not carried out.		
Sample size determination	Methods / 12	
Randomisation	Methods / 12	
Blinding	Methods / 8	
Inclusion/exclusion criteria	Methods / 2	
Sample definition and in-laboratory replication	Yes (indicate where provided: section/paragraph)	n/a
State number of times the experiment was replicated in laboratory		n/a
Define whether data describe technical or biological replicates		n/a
Ethics	Yes (indicate where provided: section/paragraph)	n/a
Studies involving human participants: State details of authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval.	Methods / 1	
Studies involving experimental animals: State details of authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval.	Methods / 1	
Studies involving specimen and field samples: State if relevant permits obtained, provide details of authority approving study; if none were required, explain why.		n/a
Dual Use Research of Concern (DURC)	Yes (indicate where provided: section/paragraph)	n/a
If study is subject to dual use research of concern, state the authority granting approval and reference number for the regulatory approval		n/a

Analysis

Attrition	Yes (indicate where provided: section/paragraph)	n/a
State if sample or data point from the analysis is excluded, and whether the criteria for exclusion were determined and specified in advance.	Methods / 12	
Statistics	Yes (indicate where provided: section/paragraph)	n/a
Describe statistical tests used and justify choice of tests.	Methods / 12	
Data Availability	Yes (indicate where provided: section/paragraph)	n/a
State whether newly created datasets are available, including protocols for access or restriction on access.		n/a
If data are publicly available, provide accession number in repository or DOI or URL.		n/a
If publicly available data are reused, provide accession number in repository or DOI or URL, where possible.	Conclusion / 3	
Code Availability	Yes (indicate where provided: section/paragraph)	n/a
For all newly generated code and software essential for replicating the main findings of the study:		
State whether the code or software is available.		n/a
If code is publicly available, provide accession number in repository, or DOI or URL.		n/a

Reporting

Adherence to community standards	Yes (indicate where provided: section/paragraph)	n/a
MDAR framework recommends adoption of discipline-specific guidelines, established and endorsed through community initiatives. Journals have their own policy about requiring specific guidelines and recommendations to complement MDAR.		
State if relevant guidelines (eg., ICMJE, MIBBI, ARRIVE) have been followed, and whether a checklist (eg., CONSORT, PRISMA, ARRIVE) is provided with the manuscript.	ARRIVE reporting checklist was followed. ICMJE guidelines were followed, as the journal follows ICMJE recommendations for publication.	

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